

GALIA

MESSAGES FROM HEAVEN

Communication With A Soul

With the help of Hashem Yitbarach:

GALIA
MESSAGES FROM HEAVEN

Dialogs With A Girl Suffering From Brain-Damage And Autism
An Amazing Personal Story

Galia, a 10-year old girl, communicates with her mother
by pointing to letters on alphabet board and spelling out words,
using a technique for communicating with people suffering from brain-damage and autism,
called
FACILITATED COMMUNICATION OR FC.

FC Evidence Has Been Accepted As Admissible Evidence In A Variety Of US Courts.

The book is in 3 parts:

PART 1 - MY STORY. DISCOVERING FC.

PART 2 - GALIA'S MESSAGES. MESSAGES FROM THE WORLD OF TRUTH

PART 3 - 25 PROOFS OF THE AUTHENTICITY OF FC

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Visit our Internet site: www.signsfromheaven.com.

GALIA

Galia: Mum, my name, Galia, says everything. It tells you who I am and my role in this world: to reveal the word of Hashem [in Hebrew, *Galia*, is based on the word root, *to reveal*].

Praise and thanks to HaKadosh Baruch Hu for all Your kindnesses and wonders and for giving me my Galia; for the great *zechut* [merit] which fell to my lot of becoming religious, communicating with Galia, publishing her messages, and participating in the movement to spread Torah and all the help which I was privileged to receive from Heaven.

Thanks and my blessing to a number of rabbanim *shilta* for their approval, recommendation, and help in my attempt to help spread Torah.

For Rabbis Yehuda Srevnik *shilta*, Yisrael Lugasi *shilta* and Uri Zohar *shlita* for their letters of commendation for the books on Galia, *Galia*.

For Rabbi Menachem Grilack, editor of religious books and magazines, for reading and checking the manuscript of the first book on Galia.

For R' Reuven Salman *shilta* for his help in editing the second book on Galia.

For R' Daniel Makover for translating the book.

For Rabbi Yechiel Sitzman for all his advice.

INTRODUCTION

This book gives the reader messages from the world of truth! — the astonishing messages of Galia, a child who suffers from brain damage, with a 100% physical disability, and serious mental retardation. Today she is fourteen and a half and communicates with her mother (an academic and teacher of many years with the Ministry of Education) by means of an amazing communication method which was discovered recently in various places in the world, **Facilitated Communication** or, for short, **FC**, an alternative method of communication enabling the brain-damaged to convey words and thoughts.

Facilitated Communication was discovered by chance around 14 fourteen years ago, around the same time, in the US and other continents. The same communication discipline was developed by different people with no link to each other who arrived at the same results: in Sweden in 1985, in Canada, 1982, in Denmark, 1988, in Australia by Rosemary Crossley, in 1986; also in the United States in four different States by different people, Carol Lee Berger in 1987, Professor Schawlow, winner of the Nobel prize for physics, who discovered the method with his autistic son in 1985, L.V. in 1990; while Mrs. Oppenheim, in 1974, discovered FC using pencil or pen, as opposed to the method of pointing to letters on an alphabet board or typing on a keyboard which came later.

No army in the world, not even all the armies of the world together, can stop the discovery of an idea when its time has come. Victor Hugo

Mrs. Rosemary Crossley, discoverer of the method in Australia, in Melbourne set up The Center For Facilitated Communication called DEAL, short for Dignity Through Education and Language. In Australia, the authenticity of the method was challenged and the issue reached the courts: FC was put on trial as being a deception. The high court of Victoria tried the case and ruled in favor of Rosemary Crossley, declaring that her students were the authors of the written messages produced in the communication sessions and that FC was authentic.

Mrs. Crossley gives lectures throughout the world. She has written many articles and books which prove the authenticity of the method and documented the proofs on video.

Mrs. Carol Lee Berger, of the state of Oregon in the US, one of the discoverers of FC in the U.S., has set up the National Autism And Communication Research Institute and written articles and books on the subject and produced videos and tapes which document FC.

Professor Douglas Biklin, known as one of the world's leading experts in this field, has devoted himself to a thorough examination of the application of FC by institutions and individuals in the States and Australia and coordinated all findings and knowledge. On the basis of this, as well as his own research, he has set up the Facilitated Communication Institute in the University of Syracuse in New York State.

The Internet address of the institute is: <http://soeweb.sy.edu/thefci>. It is important to note that there are hundreds of sites on FC, reporting on this astonishing method of communication, providing a great deal of updated information on the subject.

Through the Facilitated Communication Institute site (and others), you can obtain a catalog and order a large variety of reading material and audio and video tapes on the subject of Facilitated Communication, and of course obtain a long bibliography also.

The Institute's US telephone is: 315-443-9657.

The address of the Institute is The Facilitated Communication Institute, Syracuse University, 370 Huntington Hall, Syracuse, New York 13244-2340, USA.

The institute regularly organizes lectures, committees, training, demonstrations and workshops throughout the US and the world, especially in the framework of a large number of important organizations, including the American Association of Psychiatry, the Handicapped Union, the American Association for Hearing, Speech and Language, the American Association For Mental Retardation, the World Institute For Special Education, Yokosoka, Japan, World Committee For Technical Support For Parents in Washington DC, the Society for Autism in America, and others.

The communication method has been featured in a number of TV programs on local US networks, as well as other national and international networks, such as, *Evening Edition* with Dan Retter on CBS 7/21/1993; *How Do They Do It?*, CBS 9/21/1993; *Frontline*, WGBH 10/19/1983; the famous *60 Minutes*, February 1994; etc.

The *New York Times*, the *Washington Post*, *Post Standard* and the *Herald Journal* have all published articles.

One of the articles available on the Facilitated Communication Institute Internet site, notes, "Some courts are now accepting testimony given through facilitated communication," and provides details of cases in the Court of Wichita, Kansas, and the Supreme Court of New York.

In the Wichita case, FC evidence was deemed admissible evidence in a case of abuse of a brain-damaged boy. The jury found the accused guilty (Randall, March 1993). The case was filmed for a cinema film which was shown round the world, including on cable TV in Israel.

In addition, the Supreme Court Of New York authorized a petition confirming that all evidence given through Facilitated Communication should be assessed on its merits.

In the case of Luz P. (1/14/1993), Luz P., a brain-damaged girl, was examined in court and through different tests, succeeded in convincing the court of his ability to express her thoughts through FC. Her evidence, given by pointing at letters on a spelling board and spelling out words, was accepted as admissible evidence in the Supreme Court Of New York.

Following is an extract from the article:

"SOME COURTS ARE NOW ACCEPTING TESTIMONY GIVEN THROUGH FACILITATED COMMUNICATION

Testimony was given in an abuse case in Wichita, Kansas. A jury found the accused guilty (Randall in *Wichita Eagle*, March 30 and 31, 1993). Also the Supreme Court, Appellate Division, in New York State, ruled that testimony given by such alternative means must be evaluated in each individual case (in the matter of Luz P. (*Opinion & Order*, January 14, 1993, Martin 1993). To prove his competence to be a witness in his own case, Luz P. took and passed tests verifying her ability to

communicate his own thoughts through facilitation. (See Martin, “*Facilitation Theory Tested*”, the *Times Herald Record*, July 31, 1993.)”

Facilitated Communication is recognized and in use in most of the countries of the western world. In the U.S., 38 States include it in their education program.

Today, in the University of Syracuse, 7 students are researching their doctorate in FC.

Despite the fact that research has still not proved the authenticity of FC, its existence is a fact which today is very hard to ignore. FC institutes are being continually opened in most of the countries of the western world.

Today there is certified evidence of people who were thought to be retarded and incapable of learning anything and turned out to be, through use of Facilitated Communication, gifted. They learn math, biology, etc., study in regular schools, write poems and articles which are published all over the States.

In Israel, a pioneering M.A. study was written in Summer 1998 by Mrs. Channi Chukat, daughter of Professor Simpson, head of the faculty for special education in Bar Ilan University, on the subject of this alternative education method. The project title is *Parents’ Attitudes To Their Severely Retarded Children After The Children’s Exposure To An Alternative Communication Channel*.

The thesis was accepted by the examining panel made up of senior academics (a professor and doctors of the School of Education of the university). Copies of the thesis are available for perusal in the School of Education’s library in Bar Ilan U, Ramat Gan.

In the work, among other things, you can see a table in which Mrs. Chukat examines the progress of a number of children with serious brain damage. After exposure to FC, professional assessors considered most of the children as having sound intelligence. (See the chart on p.34 of the thesis)

At the time of writing, another M.A. thesis is close to completion for the Communications Faculty of Tel Aviv University.

FC was brought to Israel seven years ago by two facilitators who learned the method in the U.S.

In Israel, people with brain damage, as well as communicating everyday messages, also write out extraordinary spiritual messages and deep insights into Torah which are beyond the ability of the facilitators to comprehend. (See the messages of Galia.)

Communication of deep spiritual messages occurs mostly in Israel, although 2 books have recently been published in the U.S. which contain spiritual messages: *A Child Of Eternity* (by Kristi Jorde, a mother of a brain damaged child) and *Memoirs Of An Autistic Child* (John Chambers).

Another book, recently published in France, *I Choose Your Hand To Talk*, is written by a communication teacher, Anne-Marguerite Vexiau. She discusses telepathy and other supernatural issues in FC communication.

In *A Child Of Eternity*, the child wrote to her mother that one of her purposes in coming to this world is to influence people to love God. She also writes of the importance loving one’s fellow man.

Another book, recently published in France, *I Choose Your Hand To Talk*, is written by a communication teacher, Anne-Marguerite Vexiau. She discusses telepathy and other supernatural issues in FC communication

Facilitated Communication or FC is an alternative method of communication meant to help people with brain damage to communicate. The method successfully assists children and adults with brain damage of all ages, including people with autism, language and speech difficulty and limited ability to communicate (including the serious difficulty created by Down's Syndrome) Rett's, cerebral palsy, and in cases of a comatose, "vegetable" condition.

Non-verbal people with brain damage, or who are very limited in their use of words, convey their thoughts and desires through FC by pointing at an alphabet board or typing on a home or portable computer.

The child with brain damage pushes his hand to the alphabet board and points at the letters on the board. By combining letters, words are spelled out, and this leads to sentences. People with brain damage throughout the world write in this way. By pointing at letters or typing on a keyboard, brain-damaged people (of all ages) write hundreds of poems and articles on many and varied subjects, learn math, biology, even order a meal at a restaurant by pointing at the words on the menu.

Children with brain damage in Israel also write extraordinary, mystic, spiritual messages, messages from the world of truth! They study Torah with advanced students in a yeshiva for students with autism and write out original insights. And, as we see, the *Talmud* in *Massechet Baba Batra*, p.12, states, "From the day the *beit hamikdash* was destroyed, prophesy was given to imbeciles and infants."

The facilitator gives support (not in every case) to the hand of the brain-damaged person, by holding or steadying the back of the hand, the palm or forearm; and this is the reason for calling the technique Facilitated Communication.

Over the course of time, it is possible to reduce the amount of support some brain-damaged persons receive; and some overcome need of physical support and manage with just the facilitator standing beside them or touching their shoulder, head, hand or garment. There are brain-damaged people who communicate without any need for hand support or any other kind of support at all. All this can be seen on video films which have been shown throughout the world, and at times on Israeli TV too, on the information channel and educational television.

I possess films which show brain-damaged people in the U.S., Australia, England and Canada. Among the shots to be seen are brain-damaged people communicating before an audience of thousands in a conference in the University of Syracuse, New York, in 1993, without any hand support.

I personally met in Israel a young man with a severe case of brain damage, 100% disability and strapped into a wheelchair, who communicates independently, that is, he points at the spelling board and writes out his thoughts and wishes, without any facilitator help at all.

MESSAGES OF SUPPORT

FACILITATED COMMUNICATION (FC) FROM THE TORAH'S POINT OF VIEW

MESSAGES OF SUPPORT

FACILITATED COMMUNICATION (FC) FROM THE TORAH'S POINT OF VIEW

RABBI YEHUDA SREVNIK - AUTHOR OF SECRETS OF THE SOUL

Message Of Support And Introduction To The Book

Today we live in a world in which what a person sees is the be all and end all. Most people think that what they see is all that exists; and if you can't see something, it doesn't exist. That's why they lead materialistic lives and completely ignore the spiritual life. In recent years, the Creator opened the eyes of the blind, those who think what a person sees is the be all and end all, through a newly developed technique of communication with the brain-damaged called Facilitated Communication.

Through this method of communication, the supremacy of the spiritual over the material is revealed when we see a person who on the one hand is terribly deprived on the material level but, on the spiritual level, has astonishing powers. This fact, and in particular, the messages which the brain-damaged pass on are able to make many of those sunk in the mire of materialism re-think their lives and face the truth. It is therefore a big and important *mitzva* to publicize the messages of these beings who, by their own testimony, live in the world of truth and their messages come from the upper world.

Indeed through a meticulous check of the messages written by the brain-damaged, we find that they correspond amazingly with texts in classic religious works, despite the fact that these children never studied these texts. The fact that they write out things found in various texts written by our great scholars and that those who help them to write (called facilitators) are completely unfamiliar with these topics is a proof that we live in a world where everything which the eyes see is but a small part of it. Because we are confronted with children suffering from brain-damage, appearing to be severely retarded, who never learned to read or write and never studied religious literature — who reveal themselves as great experts in this field. Where do they get this vast knowledge and how do they succeed in expressing themselves with such richness of language, style and content? Is this not a proof of the limits to our powers of perception?!

Galia is a girl who suffers from severe brain damage. She is classed as totally incapacitated. This girl, who has never studied in any educational institution, reveals an extremely rich spiritual world. She has succeeded in bringing her mother to do *tshuva*, raising her from the “the deep pit to the lofty heights.” Not only did she remove her from the world of falsity to the world of eternity, she made of her one of the public campaigners for Torah, who are dedicated to waking up those who are sleeping and walk in darkness, and bringing them back to their Father in Heaven. These public campaigners are fortunate in this world and the next world.

I, therefore, fully recommend to every Jew, even those who are in the light and walk on the path of truth, to read carefully and attentively the important messages of Galia now made available to the public in this important book. The messages are able to inspire all of us, each at his level, especially in these mad times when we need special guidance and when we need to give our attention to rectifying various spiritual failings which will enable the individual and the nation to get through the difficult days preceding the arrival of Mashiach in peace.

Concerned for the ailing spiritual condition of the people and waiting for its merciful salvation,
Yehuda SREVNIK

RABBI YAAKOV YISROEL LUGASI

To the author of *Galia. Messages From Heaven*, I looked through this wonderful book and without any doubt whatsoever, it will be of enormous benefit, inspiring faith and the fear of Heaven. Herein is one of the many ways the Creator has provided in our period to draw people closer and strengthen them and bring them to tshuva.

It is a great mitzva to circulate and praise this book highly. It is a very great service to the public good.

Yours sincerely,

Yaakov Yisroel LUGASI

RABBI URI ZOHAR

It is clear that I am not qualified to provide letters of recommendation. But since the author, the *tzadaiket* and campaigner for Torah, Shulamit Gad, asked me, I am not able to refuse.

Thus, I add just the following remark to what the Torah leaders have already noted. What I managed to read in *Galia* (and similarly in *Secrets of the Soul*) shocked me to the depths of my soul.

And since it is clear that the author, Shulamit Gad, wrote the book and is distributing it only for the purpose of spreading Torah, I therefore enthusiastically support buying the book and reading it and anyone who has the *zechut* to read it should pass it on to others.

Yours sincerely,

Uri ZOHAR

FACILITATED COMMUNICATION (FC)
FROM THE TORAH'S POINT OF VIEW

One should not ask a person with brain damage questions of any kind, and especially not personal questions or questions about the future. One should not rely on their statements in matters of halacha, health, marriage partners, etc.

One should address any question to a proper rabbi. This will provide the Torah view. The messages, which are meant for families and the nation, are for their tikun, the tikun of the family and help in the tikun of the nation.

STATEMENTS OF APPROVAL BY TORAH LEADERS OF OUR TIME

HAGAON RAV ARYEH LEIB STEINMAN SHLITA OF BNEI BRAK

Speaking about Facilitated Communication with the brain-damaged, Rav Steinman personally informed Rabbi Srevnik that “he sees in this the great mercy of Heaven to wake up the sleeping who forget the truth amid the ephemerality of routine life, and abuse their whole life with empty pursuits and indulgences. It is also a source of moral inspiration for the Torah community, who today are also in need of strengthening. The statements of the brain damaged are fiery *mussar* [admonition, i.e., inspiration to search one’s soul and improve conduct] and bestir all those who read them. It is a worthy cause to distribute and publicize these statements.

Rav Steinman has personally attended communication sessions with the brain damaged and was very impressed by the answers they gave to his questions.

In Rav Steinman’s opinion, it is very important to contemplate their messages and search one’s soul. One should not ignore them.

He also warned that one should not use the statements of the brain damaged for any specific purpose or halachic ruling. He also warned against asking them about the future.

“We have had the *zchut* of the discovery of this phenomenon for one purpose only: to bring the hearts of the Jewish people to their Father in Heaven.”

RABBI NOSSON M. WACHTFOGEL

“The people which walk in the dark saw great light.” We are living in a period with great darkness and confusion. Many of our people are not even aware of their Father in Heaven; and even of those who walk on the path of truth, many some are still far from perfection.

The Creator had mercy on his people and, in His great mercy, sent us something capable of waking people up from their deep sleep, namely a new form of communication with the brain-damaged.

Through this form of communication, we see that the spiritual world is revealed to them. Despite the fact that the world regards them as devoid of understanding and awareness of what is going on around them, by means of this new form of communication, which is called Facilitated Communication, we discover that their knowledge of the spiritual affairs of the world, of the Creator, of ethics and morals are on a very high level. This fact has already inspired many Jews to return to their roots or to heighten their devotion to Torah and mitzvot.

Due to my many commitments, I was unable to read through this book and asked a *talmid chacham* [proficient Talmudic scholar], whom I trust implicitly, to review it. He indeed reviewed a large part of the book and conveyed its contents to me. In addition, his first hand observations of this form of communication caused him to conclude that it is authentic and highly valuable.

At the same time, it must be stressed that while the messages conveyed by the brain damaged are suitable for strengthening and bringing people closer to the truth, a person should not act on what they say without referring to a Rov [rabbi]. For as is known, only Torah sages may guide our nation.

I should like to bless all those who seek to publicize these important messages with a view to sanctifying the name of Heaven and magnifying His name in the world. May Hashem help them and desire the success of their endeavors.

RABBI GABRIEL KRAUSZ, A MAJOR DAYAN IN ENGLAND

(Extract from the Forward of his pamphlet on the religious messages of the brain-damaged, *Shimu Vetichyeh Nafshechem*)

All the mentally disabled in Israel, communicating through Facilitated Communication, have recently expressed their wish that those of their statements which compare with passages from source texts be published with the appropriate references from the Bible, *Chazal* [the Mishnaic and Talmudic sages] other works as far as possible. I feel that doing this will provide great inspiration since it shows how far their pronouncements are anchored and rooted in our holy sources. The sources for their statements which I found show us that we cannot ignore what they say...

For thousands of years, sufferers from autism, Down's syndrome and cerebral palsy were thought of as "imbeciles." Now we have discovered that they are of sound, clear mind and capable of expressing themselves - by means of communication - on a level far above ours. For many, this is not easy to accept. But this does not change the fact that this is true, as has been proved beyond a doubt on many occasions.

Finally, two outstanding Talmudic scholars passed on this pamphlet to one of the Torah sages of our time on my behalf. He warmly and heartily approved its publication and said it is a *tikun* [rectification] for their souls; and will be a great *zechut* for us, if it inspires us to do tshuva.

The same sage warned against possible mishaps linked to FC. We must listen to his warning that one should not ask them questions which can lead to making decisions, for example in matters of halacha and medical affairs, since they do not serve as a substitute for sages, rabbis and doctors ...

CHAZAL ON THIS FORM OF COMMUNICATION

The Talmud in *Massechet Baba Batra*, p.12, states, “From the day the *beit hamikdash* was destroyed ... prophesy was given to imbeciles and infants.”

Harav Dessler in *Michtav MiEliyahu*, part 4, explains, “*Prophesy was given to imbeciles* - because their screen [i.e., brain] is not so strong.”

The brain of imbeciles is damaged. This means the screen covering the soul has dropped and this allows the imbecile and through him, us, to peep into the world of the soul. There is no concealment or material covering. When the brain is damaged, the soul is freed, has no limitations and sees everything. The brain is that which limits and conceals the soul.

The Zohar, *parshat Shemot*, p.6:2, states: “Rebbe Chiyya said, ‘30 days prior to a country receiving power and strength or before a country goes through crisis and destruction, they announce the matter throughout the whole world, and sometimes the matter is passed on to the mouth of infants and sometimes to those imbecilic people who have no minds, and sometimes the matter is passed on to the mouth of birds. They announce the news in the world and there is no one who will see [hear] and understand the announcement. And when the nation is composed of men of *zchut* and *tzadikim*, the affair is passed onto the heads, the *tzadikim* of the world, in order that they inform the people of the matter of the decree and they will return to God. And when the nation is not composed of men of *zchut*, the procedure adopted is as we said — the affair is placed in the mouths of infants or imbeciles or birds. And the people are not aware of the matter so that they are not prompted to do *tshuva* and prevent the implementation of the decree.’”

Today, *baruch Hashem*, we are aware of the fact that imbeciles know the truth and they also pass it onto us to open our eyes and prompt us to do *tshuva*. And the person who hears and contemplates their message is in a fortunate position. Hashem has mercy on us and the truth is starting to be revealed in the world of falsity.

The Talmud in *Massechet Nida* (30:2) states of the embryo in the womb of its mother that: “A light shines over its head and it observes and sees from one end of the world to the other.”

How can an embryo, whose eyes are closed and is inside the womb of its mother, see everything which takes in place in the world from one end of the world to the other? The Talmud tells us “A light shines over its head” — this refers to the soul whose powers of vision are not limited. The soul is that which sees from one end of the world to the other and all the secrets of the higher worlds.

RABBI DESSLER

“These perceptions certainly did not come to the embryo through the brain. Rather, they are perceptions of the inner being which flow onto his spirit without the limitations of time and place.”
Michtav MiEliyahu

The powers of sight of the soul are not limited and, to their eyes, we are but transparent beings. The following incident will illustrate this. A certain brain-damaged child, who used FC to communicate, turned up in school one day and was noisy and exited. He made sounds and behaved wildly. The teacher gave him a spelling board and asked him to write why he was so rowdy that day. The child wrote, "I'm so happy that you are pregnant with twins!" The surprised teacher was unaware that she was pregnant. Pregnancy tests proved positive, and an ultra-sound scan showed that she had twins.

The Talmud also says in *Massechet Nida* (ibid.) "They teach the infant the whole Torah." How can an infant in the womb acquire a knowledge of the whole Torah, which is wider than the seas, during just nine months of pregnancy, while we study Torah all our lives and still don't manage to learn everything? The answer is that the statement refers to the soul. The soul when studying, is not limited by learning speed and the quantity of material to be studied

WHAT DO THE RABBIS SAY?

In one particular session, Galia wrote out a message, telling me to go to a certain rabbi. She wrote out the name of the rabbi and his address.

As a *baalat tshuva* [someone who has become religious], making her first steps, I didn't know how you decide which rabbi to take as your counselor. Galia chose for me a great rabbi who is a tzadik and well known, one of the major halachic authorities of our time. The rabbi encouraged me to give talks to women. Of course, there is no prohibition on communicating by means of FC. The Torah states, "Do not seek out the dead," meaning it is forbidden to communicate with dead spirits. Séances or any other form of communication with the dead are a serious offense and involve enormous *tuma* [evil forces]. I communicate with the living, with the soul of a living person, and, therefore, there is no prohibition.

Rabbanim forbid consulting people with brain damage and autism as though they are our *umim* and *tumim* [i.e., the divine seers of our race. In the Biblical era, a plate of precious stones with letters engraved upon them. In answer to a question, the letters would light up and convey divine messages.] It is important to stress that if a person has a question, he should consult a rabbi and obtain the Torah's answer to his question. Galia wrote, "Rabbanim are the messengers of Hashem. And those who refer personal questions to people with autism are likely to compromise the requirement to apply free choice in their lives and possibly ruin their *tikun* [to achieve *tikun* in this world, a person must exercise his powers of moral choice. See glossary.] too in this world."

Great and famous rabbis, yeshiva principals, great scholars and halachic authorities who have examined all of Galia's messages, confirm that all Galia's messages are remarkably similar to what is found in traditional source works, and even recommended their students to read them, obviously warning them at the same time to apply all the caution necessary in using Facilitated Communication.

PART ONE

1: MY PERSONAL STORY AND FACILITATED COMMUNICATION (FC)

Background

My name is Shulamit. I am a senior teacher with the Israeli Ministry of Education. I was formerly a nursery kindergarten teacher. Today I work in special Ed I did a B.A. at Bar Ilan U in Education and Criminology and studied toward an M.A. in Education at the School of Education on Har Tzofim in the Hebrew University in Jerusalem. I studied under a number of distinguished academics, including Prof. Penina Klein, Rachel Moreshet, Dr. Tzuriel (of the School of Education, Bar Ilan University), Dr. Abima Lombard, Prof. Sacks (of the School of Education, Hebrew University, Jerusalem), and others.

I was completely non-religious, very far from anything to do with Torah and mitzvot. I did a full tour of duty in the army, serving as a sergeant in the teachers unit of Southern Command.

I am a mother to 3 children, 2 grown-up sons and Galia who is 14½. .

I was thrilled when Galia was born after 2 boys. I daydreamed about dressing her up in pretty dresses, tying her hair in pony tails and ribbons, going for enjoyable and pleasant walks.

But my sweet dream came to an early end. Galia hardly developed. She stayed a little baby. Today she is 14½, but functions mentally and physically like a baby of 4 or 5 months in all respects. Mentally, emotionally, and physically. She cannot speak, not even a single word. She cannot stand up. She is still in diapers and eats baby food. And if that's not enough, she also has 3 congenital heart defects.

Galia is defined as a brain-damaged girl in a very serious condition. She is 100% handicapped and severely retarded.

When Galia was born with a massive sack of troubles, I was overcome with the feeling that my life was ruined, and its balance was lost. But when I became Torah-observant, I realized *baruch Hashem* that Galia was sent by Heaven to save me in this world and the next.

But until then, I believed that having to look after Galia in her terrible state was a blow.

Now I know that you have to take all the knocks lovingly because they are just the smacks of a loving father. Our Father in Heaven in His goodness and mercy loves us, but sometimes smacks us, his beloved sons and daughters, to wake us up, to make us open our eyes, and to save us from the danger hovering over us. Like a loving mother, who sometimes tells her beloved, little boy off and sometimes even smacks him to teach him and warn him to stay away from danger. The little boy doesn't understand why. He has not yet developed the faculties for understanding his situation.

The blow I got with the birth of Galia caused a complete turnaround, changes in the way I thought which were to set my life in a completely new mode. My eyes opened. The blow got me to start thinking about what was going on around me. This would not have occurred, if that blow had not descended upon me, without Galia, who came to the world in such a terrible plight, so restricted and so helpless.

The blow is what got me to do *tshuva*. The blow became the best present I ever got in my life. Hashem in His great mercy and kindness gave me this blow to open my eyes, to bring me out from the darkness I was living in and see all the pieces of the mixed-up puzzle suddenly fitting together to form a complete picture, of clear and beautiful perfection.

A friend told me once that Galia's suffering in this world is for no purpose and that her life here is completely superfluous. It's clear she said this because of lack of understanding and reflection and spiritual insensitivity. It's obvious that every soul is sent to our world by Heaven to fulfill an extremely important mission, a specific mission which only it and no other soul can fulfill.

Galia was sent to our world for the fulfillment of a grand mission. Galia brought her mother to do *tshuva*. Because of Galia (the talks I give about her and my broadcasts), the *tshuva* movement in Israel has gained so much. Because of Galia, I have written three editions of *Galia. Messages From Heaven*. And who knows what else is in store for her?

Our world is a world of falsity. In Hebrew, "world" can also mean "hiddenness." The world hides the truth. We have been given a task to make an effort, to go to trouble, to search and reflect till the truth is discovered. And in fact the truth is never too far off. We just have to reflect, stretch out our arm and grab it.

As soon as Galia was born, we had to look after her. It was doctors, doctors and more doctors. We found ourselves going from one to the other — professors, department heads, consultants. Sometimes Galia would have convulsions and contractions and pass out. This required us to go to hospital with her in an ambulance. This would be followed with treatments, hospitalization and supervision.

One world-famous doctor told us that Galia was "an accident of nature" and after an accident, you just have to carry on.

We went through treatment after treatment, full of expectation and hope. Everyday of the week was filled with therapy sessions - physiotherapy, occupational therapy, speech therapy - treatments, and visits to clinics in various hospitals. Galia was subjected to constant supervision, treatment and follow-up in masses of out-patient clinics: the child development clinic, eye clinic, ear clinic, department of genetics, neurology, heart, etc.

Despite all the medical examinations, to this day, the doctors do not know how to explain what caused our Galia's awful condition. They cannot point to the cause or identify the syndrome. What is clear beyond all doubt is that Galia has serious brain-damage, 100% disability and she will remain in this pitiful plight all her life. And yet, extraordinarily, all the tests Galia went through showed sound results: chromosomes, oxygen, reflexes, muscles, brain — all normal. Even the brain CT — normal. Apart from Galia herself, everything is normal!

Doctors do not have answers to all the questions you might like to put to them. Only HaKadosh Baruch Hu, the creator of the world, has all the information. If we just ask Him properly, we will get answers to all our questions. I asked and got the information I needed. Hashem sent me answers from Heaven. I received an answer to every question it occurred to me to ask, and I still get answers to all

the additional questions I have with each new day. And all my answers are given to me through my dear Galia by means of Facilitated Communication.

The Endless Marathon

During the endless marathon of doctors and treatments, my marriage went on the rocks and we got divorced. And since now the burden I had to cope with was more than I could bear, I decided with no other option and a broken heart to stop pondering and place Galia in a good home.

Now began a new marathon — the search for a suitable home. In every home for the brain damaged and severely handicapped I visited, I was dismayed to see the terrible neglect of the premises and the horrible attitude to the in-mates. Even the thought of removing my beloved, little Galia, my hopeless baby defenseless child, from the house was unbearable, all the more so to one of these homes. My heart was torn to pieces and cried tears of blood.

One of the reasonable suggestions which came up was a nunnery where the nuns devote their lives to looking after the unfortunate brain-damaged. But despite the fact that I was very far from Judaism, I couldn't reconcile myself to the idea that my beloved child would stay in a nunnery. The very thought made me shudder.

The solution was not long in coming. In Israel's central area, the chareidim opened up a home for children suffering from serious brain damage. The administrative staff, the caregivers and staff gave us a warm welcome. People devoted to kindness look after these poor children with supreme commitment, respect and love and the institution is a magnificent example to Israel and the rest of the world.

The soul of an imbecile, here in the world for consummation and rectification, is truly great and pure; and it is a great zchut for the parents to whom the child was born.

Lev Avraham, chapter 21

Every family and town is judged on the basis of the majority of its members. If the majority are tzadikim, the judgment on them is eternal life; and, therefore, if there is a child of that type [i.e., retarded], they will all be awarded eternal life because the child is a perfect tzadik.

Hagaot Hasmak, in the name of R' Eliyahu Baal Shem

The Chazon Ish, one of our great spiritual leaders, would get up in the presence of a brain-damaged child, saying, "A pure and great soul is passing by."

Galia was accepted in this wonderful home at the age of 6½. At last, I could start to sleep at night. I went to visit her a lot, carried on loving her and tended to her needs as far as possible. Galia always radiated happiness when I came to visit her. She placed her wizened arms round my neck with all her might. We sat there in silence, hugging each other, a mother and her daughter in love without words.

I thought my luck had improved. There were parents who abandoned their unfortunate children in homes and "forgot" about them forever. There were parents who, right away after childbirth, gave

up on their brain-damaged baby, not having the psychological powers to cope, doomed to mourning all their life over the normal child who died before it was born.

First Communication Session With Galia

One evening, I happened to hear a talk on the subject of communication people with autism. The lecture took place in a public hall called “Wonder” in Kiryat Ono. The lecturer was Rabbi Yehuda Srevnik from Jerusalem. This lecture was to cause me a complete turnaround and changed my whole life. You never know how and when you'll be confronted with the trigger which will change the whole of your life.

I turned up to the talk, totally irreligious. I had tousled hair and wore white pants. Modest skirts were then not even a consideration for me.

Rabbi Srevnik talked about how it is possible to communicate with autistic and brain-damaged persons using a new method of communication called Facilitated Communication or FC for short. Through FC, people with brain damage and autism point at an alphabet and write extraordinary messages. Among other things, they write that this is not their first time in the world. They can tell you who they were in their previous *gilgul* [incarnation], about the next world, the heavenly court, *Gan Ayden* [Garden of Eden, Heaven] and *Gehinom* [hell].

The lecture was supported by videos giving proof. An American film was projected on a large screen which showed American children communicating through FC. Some of them, using FC, had become gifted students, studying math, biology, composing poems, articles, etc.

At the end of the riveting talk, I went up to the Rabbi, told him about my Galia and asked him if I could also talk with my brain-damaged daughter. He answered affirmatively and gave me the telephone number of a facilitator, an American lady who had studied FC in the States and immigrated to Israel. I rang the facilitator and we fixed a time for a session with Galia. The facilitator did not know me and I also did not know her.

The First Communication Session And The Revolution In My Life

The prospect of communicating with Galia gave me no rest. With great excitement, I tried to imagine myself communicating with my Galia and what I was going to say her after 10 years of total silence. Galia was at this time 10.

I prepared a list of questions:

- Why did you come to this world in this condition?
- What can I do for you?

and many other questions besides.

At the top of the page, I wrote down to say to Galia:

- Galia, I love you!

It was very important for me to tell her I love her.

The day of the session arrived. The facilitator showed up with a spelling board containing all the letters of the alphabet. She put the board on the table in front of Galia, took Galia's hand in hers,

clutching all her fingers with the exception of the index finger and Galia immediately started to push her hand and point at letters, one after the other. She spelled out: “Mum, I love you.”

I burst into tears.

Before I had asked Galia anything, and all the more before I had taken from my case the question sheet I had written, something astonishing occurred. Galia wrote out answers to all the questions I had prepared on the sheet. Her answers were in the order of the questions I wrote. She pointed at the letters on the alphabet board and wrote: “Mum, I am the soul of your grandma, Simcha, who died. Heaven sent me to this world to rectify a sin in child-upbringing. You have *zechut avot* [the favor of Heaven because of the good deeds of your forbears] and Heaven has sent me to get you to do tshuva.”

I was overtaken by shock. I cried. I trembled. The emotion brought on dizziness. I almost fainted.

From the first moment, I knew that Galia’s messages were authentic. From the first moment, it was clear to me it was Galia who was spelling all this out and not the facilitator. There was no chance that the facilitator knew my grandmother, Simcha, who died before I was born. There was no chance that the facilitator knew the questions I had prepared and all the more in the write sequence. Even my 2 boys did not know the name of my grandma, Simcha.

I asked Galia, “Do people have come back to this world for a sin which seems to me so insignificant, a sin in the way you bring up kids?”

Galia answered, “It’s not easy for tzadikim.”

“You’re a tzadika?” I asked naively.

Galia wrote: “I’m a tzadika.”

I asked, “What can I do for you? How can I help you?”

Galia answered, “Physically, you can’t help me at all. But spiritually, you can do a lot. Your doing tshuva helps me [i.e., if I do tshuva, that will help]. You are my *tikun*.”

I started to do tshuva with dizzying speed. In less than a month, I had covered my hair and was regularly attending classes in a Torah seminary. Hashem helped me to do tshuva quickly. Praise and thanks to the Creator of the World for the zchut which fell to my lot and for Galia whom He sent to me in His goodness to get me to do tshuva and reveal the word of the living God, the truth and the light.

HOW DO YOU COMMUNICATE? AND WHOM CAN YOU COMMUNICATE WITH?

How Do You Communicate?

You place in front of the brain damaged person an alphabet board (or the keyboard of a desktop or portable computer) and speak to him as you would to a normal person.

How Does The Person With Brain Damage Answer?

The brain-damaged person answers with the help of a facilitator who helps him physically by supporting or steadying the hand, wrist or forearm. In the course of time, some children have no further need of the physical help of the facilitator and it is enough for them that the facilitator is standing next to them or is touching the shoulder, head or garment. Some completely overcome the need of the support of the facilitator. I possess proofs of this demonstrated on videos from the States and Australia.

With the facilitator supporting the hand of the brain-damaged person (or giving some other kind of support), he pushes his hand to the board and points at letters. Each letter he points to links to the next, and thus he spells out words. The words then spell out sentences, and the sentences combine to form surprising messages. Messages form the world of truth!

This is how Galia has written hundreds of pages till the present time.

Galia pushes her hand to the board and points to letters without looking at the board. Most FC children in the world do not need to look at the alphabet board while communicating. I have videos from all over the world showing children who do not look at the alphabet board while communicating.

It would seem that these children know all the languages of the world. Galia wrote me that she can communicate in any language known to the facilitator. (There are also instances in which FC was successful using languages unknown to the facilitator.) She also tells me that the size of the letter on the board and the order in which the letters are arranged make no difference to her.

The Zohar, *parshat Bo*, states that the angel, Gabriel, teaches the infant in the womb 70 languages. (Chazal numbered 70 father languages.) These children know how to read and write without ever having been taught to read and write. FC communication is with a soul. The soul which is part of God and knows everything.

Some brain-damaged people can quickly read whole pages of material, as you smartly turn from one page to the next. They will describe what's written and answer specific questions from its contents. There are brain-damaged people with phenomenal talents. They can calculate sums involving 5-figure numbers immediately. One video I possess shows a youth with autism who can immediately supply the date of the week for any calendar date you give him. For example, when he is asked "What date will be March 1, 2044?" he replies Tuesday, which is correct.

In one session, Galia fell asleep. But she kept pushing her hand to the board, pointing at letters and writing. I asked her, “Galia, how can you be asleep and write at the same time?” “Mum,” she replied, “You are communicating with my soul.. Souls never sleep.”

How Old Does A Disabled Person Have To Be Before He Starts Communicating?

Souls do not have an age. The soul is spiritual and is not subject to the limitations of time. Experience shows that it is possible to communicate with all ages. One weekly *parsha* handout, widely circulated in *batei kanesset* [synagogues] in central Israel, contained an article about a 3-month old baby girl with brain damage from Be’er Sheva communicating with her parents. The girl was born after two of her sisters died, one year after the next.

The girl was asked, “What is the reason for all these tragedies in the family?” The baby pointed at the spelling board and answered, “I’ve come here for the third time. But my parents are not changing their ways.” The baby then sent her parents to a certain rabbi (she wrote out the first name and surname of the rabbi) and the parents did tshuva because of their three-month old daughter with brain damage.

Where did the 3-month old baby learn to write?

The soul is a part of God. The soul knows everything. It is not limited in terms of how much information it can hold; how fast it can absorb material, and what it can see, read and write. The soul never gets old.

Whom Can You Communicate With?

You can communicate with brain-damaged people of all ages, including those suffering from autism, muteness or highly limited verbal ability, retardation, Down’s syndrome, Rett’s syndrome, cerebral palsy (C.P.), even those in a coma (vegetable).

Medicine does not give a precise definition of autism and brain damage. Autism and brain damage include a very wide range of behaviors. The common factor is the existence of brain damage (on various levels). The brain - the body’s platoon commander - is injured and the soldiers - the various parts of the body - act how they want. This can manifest itself in undesired movements, unusual behavior and severe motoric defects, speech which is defective or very limited or no ability to speak at all, low capacity to think or no ability to think at all, difficulty in concentrating and listening or no ability to concentrate, making meaningless noises, running around without any object purpose, inability to focus visually, incontinence, indifference to personal cleanliness and regular eating, lack of association with the outside world and virtually no reaction to what occurs (those suffering from severe autism and brain damage). Some disabled hit, serrate or wound themselves, resist any change to their daily routine; and some do not recognize their family members and even fail to identify their parents.

What Is Required Of A Facilitator?

To this day, we do not know what is required in order to stimulate communication with the brain damaged. Some children can be happy to communicate with a particular facilitator and refuse to communicate with another. They can even refuse to communicate with their parents. To this day, it is not clear why support stimulates the children to write. It seems to be a form of psychological stimulus or something spiritual — from the soul.

Galia notes, “Hashem chooses things to occur according to need, and it depends on Hashem.”

A young boy with autism noted, “We make use of a linguistic ability and knowledge which the brain (of the facilitator) accumulated. It is easier to express ideas through a flexible, open-minded person. It is also important that he be a *yira shamayim* [one who fears Heaven, God] because that’s the basis! The facilitator has to be strong inside. It’s not something you can explain. You just have to feel that he has this inside. There are people who understand and know what this is because they are very sensitive to it.”

DISCOVERY OF FC

Discovery Of FC In The US

Facilitated Communication was discovered by chance in various places all over the world. People in different countries and continents came upon the same discoveries. (See Introduction.)

In the States, FC was discovered in 4 different States by different people. One of the discoverers of the method in the U.S. in 1987 was Mrs. Carol Lee Berger of Oregon. She wrote many pieces about her extraordinary discoveries, among which are an article in the journal, *Communication Outlook* (Autumn, 1992), “Facilitated Communication. The Breakthrough,” and an in-depth book, *Facilitated Communication Guide* (1993).

By chance, Mrs. Carol Lee Berger made a stunning discovery: that it was possible to communicate with her pupils who were thought to be autistic and severely brain-damaged.

Richard - The First Person To Use Facilitated Communication In The U.S.

Carol Lee Berger sat Richard facing a computer. Richard an autistic child of 7, suffering from severe brain damage, does not speak, wanders around the classroom aimlessly while holding his ears and makes unusual noises.

Fearing that the child would throw the monitor or the printer to the floor, she placed a chair behind the child and sat behind him in order to be able to control his hand movements and show him the keyboard. She held his hand and together they typed out his name. She moved his hand to all the letters.

A few days later, Carol sat down with Richard again and said to him, “Let’s type your name.” Before Carol could move Richard’s hand, she felt that he was moving his hand by himself to the letters of his name. She thought she was imagining things. Richard proceeded to type out his whole name by himself.

Carol showed him on the computer a picture of a dog and told him, “Touch the dog.” Richard moved his hand to the word *dog* which was written out at the bottom of the screen (as one of a selection of 3 words) and touched it. Carol showed him a picture of a pumpkin, and said to him, “Touch the pumpkin.” Richard touched the word *pumpkin*, which was one of a choice of three words at the bottom of the screen. Carol showed him a picture of a gate and Richard carried on touching the word instead of the picture and succeeded in identifying dozens of words although he never learned to read.

Carol tried this with all her brain-damaged and autistic pupils and got 100% results with all the pupils. Since then Carol Lee Berger has succeeded in communicating tens of thousands of times with children suffering from brain damage.

Carol writes in her book, *Facilitated Communication Guide* (p.1): “The development of Facilitated Communication (FC) did not happen in one isolated place in the world, but was independently discovered in Sweden, the United States, Canada, and Australia by individuals who were all driven to find ways to help autistic people to communicate. We must also look at more than the techniques themselves; we must study the prevailing attitudes of special education and the population served.

What we may be witnessing is an uncovering of people wrongly labeled as retarded; those who those who for years could not convey feelings, emotions, wants, desires and needs in their daily life. Have attitudes prevented or curtailed an earlier revelation of the cognitive abilities of people labeled as “mentally retarded” Do prevailing views about disabilities warrant attacks on the method of facilitated communication? Is the system so indoctrinated in old values that it seeks to devalue any possible solution or intervention that is scientifically untested?

Many techniques used daily throughout schools occur spontaneously without the need to justify just how they work or if they work at all. Why is so little educational curriculum—that is, virtually none at all—allowed in the special education setting?

Facilitated Communication has aided more people than most could have dreamed possible and certainly has achieved marked success over many other previously used treatments.”

Let us give you a brief history of facilitated communication and a few examples from many of the technique in practice.

Discovery Of The Technique By Dr. And Mrs. Schawlow

Dr. Schawlow, together with his wife, Aurelia, discovered FC through their son, Artie. Artie was born in 1956. From birth, he never responded to his parents’ communications and at the age of 5,

he was classified as a child with autism. His parents then began an endless search for help in treating their son. Said Dr. Schawlow, Nobel prizewinner for Physics and one of the developers of the laser, “Physicians told us to place Artie in an institution and forget about him.”

It was Dr. Schawlow’s prestige which enabled the Schawlows to seek help for Artie in whatever part of the world they visited. At 27, Artie still did not speak, and his only means of communicating was via facial expressions and hand gestures. Stubborn and not prepared to give up their search for means of communicating with their son, in 1981, when they were in Stockholm, Sweden, for the Nobel Prize winning ceremony, they met Dr. Karin Stensland Junker, a psychologist and the mother of an autistic child. Dr. Junker told the couple about a 24-year old man who had visited her in her practice. He seemed to have a typical case of autism. He sat down and looked detached. But he used a small writing device in order to communicate. The couple regarded this as a dramatic piece of information, and when they returned to the States, they bought a Canon Communicator, the same device which the young man had used. Artie, however, just typed out a few letters over and over again like XXXXXZZZZZ, without typing any words. He put the device aside for almost two years.

Mrs. Aurelia Schawlow tried to teach her son, Artie, to read. “We found Artie could pick out any word on a page of that book. Even more surprising, he could pick out words from a magazine page, even one as difficult as the *New Yorker*.” The couple did not then understand that Artie is capable of much more than identifying words on a page.

A number of years after this, by which time they were using the form of FC which they had developed, Artie told them that, “I learned to read when I was 10.”

This statement itself is worth thorough investigation. How many of us can say when exactly we learned to read? Could it be possible that he learned to read without years of training and exercises?

Others who suffer from autism, who communicate for the first time, report on having already gained reading skills and similar arithmetic skills.

The Schawlows bought their first computer. Artie was then staying in the district hospital and the staff was unwilling to have a computer permanently in the ward. But at every opportunity, the couple would bring in a small battery-operated computer. These computers made use of a small program in Basic which was programmed to show a word on a screen with each letter underlined. Artie had to match the next letter of the word displayed on the screen. When the word was completed it was printed by a printer that was attached to the computer.

“The first time we tried it, he did it eagerly for more than an hour until the tape ran out and then he stuffed the printer tapes into his pocket,” recalls Dr. Schawlow.

One day in the hospital, Artie started to wave his arms wildly and point in a certain direction. Instead of trying to guess what he was trying to say, the Schawlows brought him the Canon which had not been used now for two years. “We didn’t really expect it to work, but Aurelia took his hand and he typed “SHOES” and indeed, there was a shoe store across the street. We took him there and bought shoes for him.”

Later he printed what he wanted to eat and where he wanted to go. Arty was in fact able to communicate his needs, wishes and give his expression to his intellect. His last request that day demonstrated his feelings. "Stay your time with me!" Artie wrote out when they the Schawlows said they had to go. "I want to go home." Artie went home the same day and never returned to that hospital again! The Schawlows kept their son at home in N. California together with a group of children like him.

The Schawlows tried to get Artie to use the computer without any assistance. "Sometimes he would if he was especially eager," said Aurelia Schawlow; but most of the time, he wanted hand support to reassure and assist him.

In 1985, Dr. Schawlow featured in a European film about Nobel Prize winners. When the camera crew came to the States, he invited them to his home to see his son. None of the film crew had ever seen before anyone classed as autistic. Artie took out his Cannon Communicator and put it on the table. Almost without looking at the keys, he took his mother's hand and began to type out messages. Aurelia looked at the camera and said, "Don't ask me how he does it. But he does it without looking. Maybe he's got peripheral vision or something." People with autism and retardation do not have to look directly at the keyboard. Or they memorize it almost instantaneously.

The Schawlows noted, "We are convinced that the main reason many adults with autism appear unable to learn is because so few people try to reach them and teach them."

In 1983 and 1985, Artie's parents published articles in newspapers about their success in using the technique of physical help through supporting the hand of their son, Artie. And in 1985, they delivered a paper on the subject in a world conference on autism in Los Angeles.

Dr. Schawlow describes with emotion the first time Artie communicated with them as being the happiest moment of his life. "Communication with Artie was more important to me than the moment I won the Nobel Prize."

Communication With Phyllis Miller

Myrna Miller, aged 34, a woman with brain damage living in Springfield, Oregon, communicates with her mother through FC. Her mother, Phyllis, set up the Autism Society of Oregon. She tells how she discovered the fact that her daughter had full blown intelligence: "She was trying to verbally tell me something one day, trying to speak. She grabbed hold of the pencil and began to write, with my support, what she wanted."

For over 29 months, Myrna went to the local public school everyday for 45 minutes. Eventually the school asked her parents to remove her. Today she is capable of solving complicated algebra problems and writing stories rich in language and feeling, using hand support to write with a pencil or type on a computer keyboard. Her parents bought her course material for home study when her term in school came to a quick and sudden end.

“We started with the kindergarten level and worked our way up to seventh grade,” reports Carol Lee Berger who worked on FC with Myrna. Myrna now reads her mother’s engineering books and does academic courses broadcast daily on educational television.

In her book, *Facilitated Communication Guide*, Carol Lee Berger provides numerous further examples of how others in the States who use FC and are defined as having average, severe or highly severe mental retardation, or as having autism, cerebral palsy or Down’s syndrome, are able to communicate at various levels, using FC, and also without the assistance of a facilitator.

There is documented evidence of people taken to be retarded and unable to learn anything, who by means of the technique of FC, commenced studies and proved their ability in math, biology, and the composition of poems and short stories, which have been circulated to a wide reading public in the US. Some were thought extremely retarded and through FC revealed themselves as gifted pupils and proceeded to participate in formal academic courses.

It has taken a long time, but now people in the worlds of medicine and education are beginning to see people with autism and brain damage in a completely different light.

Those who would like more information on the subject are welcome to contact Carol Lee Berger direct at the following address: Carol Lee Berger, New Breakthroughs, POB 25228, Eugene Oregon 97402-0447, USA.

You can also contact the Institute of Facilitated Communication under Prof. Douglas Bicklen in the University of Syracuse, New York, USA. (Find this address in the Introduction.) You can also obtain a mass of bibliographical material on the subject from these institutions or via the Internet. The material includes books, articles, and video tapes which demonstrate the technique. I should also mention another source of material is Rosemary Crossley, the discoverer of FC in Australia, and authoress of *SPEECHLESS. Facilitated Communication For People Without Voices* (1997).

DISCOVERY OF THE METHOD IN AUSTRALIA

Professor Douglas Bicklen of the University of Syracuse, New York, in an article he wrote entitled “Communication Unbound: Autism and Praxis” (*Harvard Educational Review*, no. 3, 1990) describes how he received a letter from Australia in July 1987, and was very surprised to read of the success of Mrs. Rosemary Crossley with Facilitated Communication, a new method, enabling people with autism to communicate on a sophisticated level.

The letter described how the method also works on students classified as having a low level of functioning and people who were previously thought of as lacking intellectual ability.

“I didn’t know what to make of this,” Prof. Bicklen wrote. He could not accept the fact that people with autism defined as having serious intellectual deficiency could turn out to be people with a regular, or even close to regular, standard of literacy. According to the standard view, people with autism who have no ability to speak or an ability limited to a number of expressions, seriously lack intellectual ability. They are classified as having a low level of intellectual functioning.

In the 70's when Rosemary Crossley was working in an institution for the brain-damaged, she made use of hand or forearm support in order to help patients with cerebral palsy gain more control over their movements, slow them down, give them a more reasonable opportunity possibility of achieving precise movement direction. For example, to be precise enough in their movements to open or close a switch, turn a key, press on a button and on letters.

In 1986, Rosemary Crossley communicated for the first time, using FC, with two autistic young men: Jonathan Solaris and David Armbruster.

Jonathan - The First Communication Session In Australia

Jonathan is 7 years old and classified as an autistic child. He is handsome, incapable of speaking, not toilet-trained, snatches when he wants to take things, does not form eye contact, gazes vacantly, walks on the balls of his feet akin to prancing. He has a history of tempter tantrums and shouting, clawing himself and running away.

Rosemary Crossley suggested to his mother leaving him with her one afternoon.

Rosemary Crossley succeeded in calming Jonathan down by attracting his attention to a small electric Cannon computer. Holding his wrist, Jonathan pressed on the keys she touched. She typed out *Jonathan* and then *Mum* and then asked him to type out *dad*. Without wrist support, he went straight for the letter *D*, then for *A*. Then with wrist support but without being directed, he completed the word *dad*. Rosemary typed out the name JONATHAN and he corrected her and typed out JONOTHAN. Later Rosemary checked up on the spelling of his name and it turned out that Jonathan was right to correct Rosemary's version.

She guided him through the entire alphabet on the keyboard, then asked him what letter the word "good" starts with. He pressed G. She asked how many fingers she had on one hand. He pressed 5. She asked how many on two hands; he pressed 10. 'If you took 5 from 10, how many would you have left?' she then asked. He typed 5. She continued, 5 plus 3? He gave 8. So they went on and Jonathan gave answers to general questions and various math exercises.

Rosemary Crossley and her colleague founded the Center For Facilitated Communication in Australia, called DEAL, standing for Dignity through Education And Language, for those who are unable to speak or have speech impairment. She wrote many articles and books on the subject. There are also videos of her work.

In 1989, Professor Bicklen visited DEAL in Melbourne twice. He wrote, "In my first visit to Melbourne, Australia, by chance, the same afternoon I interviewed Mrs. Crossley, Jonathan came to the DEAL communication center. Rosemary told him that we were speaking of the first time he printed on the Cannon. She asked him if he remembered what his first word was. (Three years had elapsed.) And she handed him the small electric computer. Jonathan typed without support *Dad* and immediately added *Jonathan* and not Jonathan."

Jonathan was incapable of communicating with his mother at all, not even *yes* and *no*, despite the fact that he communicated with many others, most of them independently, or with a hand on his shoulder. His inability to communicate to his mother continued till her death in 1989.

It is not known why children and adults who communicate with certain people are not willing to communicate with others; and why some children can only communicate with one particular facilitator, usually the one at the start of their communicating.

The logical conclusion which followed from all this was that the communication problems of people with autism and brain damage is not a problem of ability to understand but the means to express it. In other words that they have a neurologically based problem of expression. Prof. Douglas Biklen in his article illustrates this. Rosemary got a group of 4 together and gave them the assignment of trying to find out as much as possible about him. Rather than going into dry facts about him, the students preferred inquiring about his views, beliefs and philosophy of life.

They went into a deep debate about values and ideologies. They showed humor and responded critically to remarks people made. There was no sign of any intellectual deficiency.

Students often take the initiative in sharing their feelings with their communication partners. There is no problem of learning ability or sensitivity but the problem of communicating to the external environment what they know and feel.

Prof. Biklen further describes in his article how he witnessed the first meeting, meaning the first communication session, between Rosemary and a student called Louis, aged 24, defined as a person with autism, resident in an adult training center for disabled people capable of working under supervision.

Louis does not speak. Biklen noted, "Crossley introduced herself and me to Louis. She apologized in advance: 'Louis, I ask people a lot of really silly questions.'" She asked him:

1. To press on various pictures showed on a computer screen. She put her hand on top of his right forearm. Louis responded to the instructions of the computer, for example, "Press the red car, the small square and the large triangle." He had 100% results.

2. The next task was to point at a particular requested word from a number of words, for example, point to the word *clock*. Louis identified all the words.

3. The next text was to find words inside sentences. He found them all.

4. Finally, Rosemary asked Louis to point at certain letters. He was successful with all of them.

5. Rosemary then showed Louis a Cannon Communicator and went over all the letters and numbers with him.

6. For a start, she said to him, "Can you type your name?" At this stage, her hand was completely spread over his but without touching. He typed 'Louis.' He also typed out his surname. Rosemary then asked him if he had something to say. He wrote out, "I am not retarded." Rosemary replied, "I didn't think you were. Keep going." Louis went on to spell out, "My mother feels I am stupid because I can't use my voice properly." A tear rolled down his left cheek as he typed. Rosemary said to him, "Anyone who starts off typing, 'I'm not retarded,' isn't retarded."

Studies On The Authenticity Of FC

1. FC was made the subject of controversy, its challengers claiming that the facilitator chooses the letters typed and not the child. They alleged that since children with brain damage are incapable of typing a meaningful sentence, FC may involve deception.

The dispute came to court. The court conducted various tests. They included asking children for information which the facilitator could not know. One child was shown various items in the absence of the facilitator and then the items were placed in a box which was then closed. With the facilitator, the child was then asked to identify them. He was correct. The High Court of Victoria, Australia, ruled in favor of Rosemary Crossley and ruled that the children were the authors of what they wrote and that FC was authentic.

2. Another study of FC was conducted by group of psychologists, speech experts and educationalists. They claimed that FC contradicts the accepted view of autism. They claimed that FC autistic children need much more time in order to acquire communicating ability. It is very hard for them to absorb in their memories the order, sequence and logic of the words they typed or wrote out. Their very short memories are a serious impediment. The sentence construction does not typify people with autism. Only those with a milder form of the malady are capable of using the concept of "I." *Why* questions were way beyond the intellectual grasp of the vast majority of those with autism.

These experts tested the authenticity of FC through controlled tests. One test was to give the children presents unseen by the facilitator. The children then had to describe the presents to the facilitator. Nearly all their answers were correct!

When Did FC Start In Israel?

Two facilitators who studied FC in the States introduced FC in Israel in April 1992.

Prof. Avraham Steinberg, in his article, "Facilitated Communication With Autistic And Retarded Children," published by Assia, the foundation for medical research within the framework of Torah under the auspices of Shaarei Tzedek Hospital in Jerusalem, notes, "The technique was promoted by the kabalist, Rabbi Weintraub of Bnei Brak, and subsequently by Rabbi Yehuda Srevnik of Jerusalem."

The technique is used in various institutions in classes for children who communicate with it their day to day requirements. The child denotes his desires, feelings, the events of his daily life linked to food, sleep, pains, etc. There is also a yeshiva in which the students study the Talmud using FC.

In Israel, FC sessions also produce spiritual and mystical messages, messages from the world of truth. This phenomenon is very much a feature of Israel and Jewish children, especially from Torah-observant families; but messages of this kind are also obtained outside of Israel.

The children talk about previous *gilguls*, souls, angels, the study of Torah, tshuva, mashiach and *ge-ula* [redemption], the court in Heaven, *Gan Ayden*, *Gehinom*, etc.

Two American mothers have published books based on their communicating with their children. These books include mystical and spiritual messages. Another book with a collection of messages has been written by a French communication therapist. It discusses telepathy and other supernatural issues in FC communication

(See Introduction.)

LEARNING FC

Who Teaches FC?

You can learn the technique of FC from trained professionals. Such might be communication therapists, special Ed teachers or experienced facilitators. Outside of Israel, there are FC training centers. In Israel, there is still no such thing as a training center as such, and parents desperate to learn how to communicate use their own initiative to establish contact with one of the very few facilitators in the country.

WARNING: It is forbidden to communicate with children without the express written permission of the parents and without following the other procedures prescribed by the law.

Requirements

1. To learn FC, you need a great deal of patience with others (also with yourself as a communicator), as well as perseverance. You will need to practice a great deal and go through what you have done over and over again without stop. Time and experience will bring about an improvement in the quality of the communication.

2. You also need of course a spelling board and/or portable computer and/or PC.

How Do You Support The Hand?

You can either the give hand full support as such or just steady the hand so as to enable the child to isolate his index finger and point with it. Sometimes the facilitator need only steady the wrist or the forearm.

When you start with a child new to FC, you first take the hand in a strong, dominating grip and isolate the index finger, if the child is unable to do this by himself. As time progresses, the facilitator will try to gradually reduce the amount of support he or she provides. The object is to enable the disabled person to write independently as quickly as possible. This can take place after a number of weeks, months, years; or the disabled person might never get to this.

The facilitator helps the disabled person by supporting or steadying the hand, so he can isolate the fingers and push his hand to the keys of the keyboard or the letters of the alphabet board.

Some disabled communicators do not need real physical help from the facilitator, and eventually, all they need is for the facilitator to stand next to them or touch them on the shoulder, head, garment, or sleeve.

“Touch for the purpose of causing initiative or to start off a response is a technique known to us in helping people with Parkinson’s” - these are the words of Dr. Etod in a national conference on autism held in Melbourne, Australia, in 1992.

In an American conference on autism in 1992, Ralph Bauer described facilitated communication as a kind of scaffolding, and in the long term, scaffoldings can be removed. In his opinion, experience shows us that there are documented cases of people who achieved complete self-dependence through FC communication.

In conclusion, the job of the facilitator is to supply precisely the amount of support the disabled person he is helping needs.

Facilitated Communication is not the only method of communicating with children who are speechless. There are other accepted methods, such as

Picture Communication System (PCs)

Here the child expresses what it seeks by pointing to pictures which indicate feelings, movements, food, etc.

Bliss Symbols

Another is the Bliss Symbols method. The Bliss Symbols are a graphic, extremely simplified set of symbols. Again the child points at the symbols relevant to express his message.

Like other communication methods, Bliss Symbols also requires study, practice, perseverance and gradual advancement from elementary level to higher levels, from the simple to the complex. And all progress must be adjusted to the pace of the child. The key is patience, a lot of patience, and building an environment which is supportive, loving, understanding, accepting, relating to the different needs of each child and, warm and loving. A facilitator should address the brain-damaged person in the manner and language you adopt with an intelligent adult, and apologise to him for the fact that the process involves subjecting him to excessively simple questions.

For teaching FC, there is a graded course called “The Ladder.” The Ladder was initiated by Rosemary Crossley and developed by Prof. Bicklen.

(The book, *Galia*, in Hebrew gives a similar graded course in FC based on the phases I personally went through in learning to communicate with Galia.)

I would like the reader to understand all the training and stages I had to go through in order to be able to communicate with Galia was for my benefit and not for Galia’s. Galia knows everything. The communication is with a soul and the soul is a part of God. The soul knows everything. The training is meant to teach me how to sense the push of her hand as she points at the letters on the spelling board, how to read her messages quickly, how to introduce pauses between words (in general, the spelling of words by the disabled does not allow for spaces between words) etc.

It very much depends on the individual facilitator whether he has to go through all the stages of the graded approach. Sometimes a trainee can skip some initial stages or go through them quickly or perhaps start with the more advanced stages.

In my opinion, the graded approach is for the trainee only. The child does not need to go through this training. The soul knows everything. It knows how to read and write, understands all the languages of the world; and the soul does not need physical training.

When the facilitator is fully trained, he should be able to communicate with practically all brain-damaged “clients.” With correct guidance, he can succeed in communicating with most cases. There is still no explanation for the few cases where a facilitator, despite his correct training, fails to communicate; or for the failure of close family, even parents, to communicate with a child, despite the fact that the child does communicate with facilitators previously unknown to him.

Most facilitators are able to communicate with the brain damaged about basics such as food, drink, sleep, feelings, experiences, their situation, stories, articles, etc. But less of them are able to produce spiritual communication. This apparently requires special qualities in the facilitator such as: being sensitive to the issue, having self-confidence and feeling the communication from inside. (Such is indicated in the messages of the brain-damaged!).

Today I feel Galia’s messages inside. I don’t need to feel the push of her hand towards the alphabet board. The moment I support Galia’s hand, I feel as though I am connecting to a source of information — a vague energy injecting into me the flow of Galia’s sentences and ideas, and all I have to do is write them out through Galia’s hand. Without hand contact, this process does not occur.

Recently I received from Galia 11 full pages of amazing messages, continuously, without break.

It’s possible that the fact that FC is rooted in supernatural energy flows is one of the reasons why it is so difficult to scientifically prove the authenticity of FC. FC seems to create an energy channel for the transfer of information from one soul to another; or from the spiritual soul of the communicator (the child) to the physical brain of the facilitator??? It is obvious that the communication is with the soul of Galia and not with her mind. The level of Galia’s intelligence is that of a child of a few months.

Although FC children have never learned to read and write, they amazingly write abstract words and long sentences without spelling errors (as international experts confirm) because it is the soul at work — the soul is writing out the messages. The soul which is a part of God knows everything, both how to read and to write and in all languages even though the person never studied all this. The soul sees and hears everything, never gets old.

The *Zohar*, parshat *Shemot*, states that the “imbeciles” who have no intelligence hear Heaven’s *bat kol* [Heaven’s voice, announcement system], announcing in advance what is going to happen in the world. The limitation of the imbeciles is only physical, while we healthy people are limited in our spiritual vision that is blocked off by the healthy brain.

The remarkable communication sessions with Galia opened my eyes and jolted me into coming into contact with Judaism and doing tshuva.

Professors and leading world experts in FC, as well as facilitators outside of Israel, professionals in this and related fields, admit in private conversation (as is evidenced in emails, Internet forums, etc.) - although they do not want their admissions to be known - that FC in fact works through telepathy. But they decline to express this view in an official capacity since they are afraid of losing their jobs.

The hidden in this universe is far more extensive than the revealed. Only the Creator has the solutions. But today it is already impossible to hide from the phenomenon of communication with people with autism and brain damage, from the messages of Galia. They are facts which speak for themselves and represent a cutting decisive proof of the authenticity of FC. (See the chapter called 25 *Proofs*.)

It is only through *siyata d'shmaya* [the help of Heaven] that spiritual messages are received. Many facilitators who succeed in receiving mundane messages, do not receive spiritual messages. This is especially the case outside of Israel. Brain-damaged persons say in their messages that the basis for spiritual communication is *the fear of God* and the fact *Hashem chooses as He needs!*

This form of communication is a big present given which God in His kindness and mercy has given us in these difficult times in order to light up our eyes, and we are obliged to know how to make use of this priceless present — with understanding and limitless caution. And God forbid if we fail or make incorrect use of it. It is important to stress that FC is not meant for the personal questions of curious people. Under no circumstances may a person ask a disabled child personal questions on any subject. The messages are for the benefit of the nation and not private individuals. And if a person wants to find out something or seek advice, he should turn to a rabbi. That way, he will obtain the Torah's point of view. He should under no circumstances turn to people with autism or brain damage.

We must be extremely cautious about FC from every respect so as not to fail to achieve the object *chalila*. Our approach to this communication should be one of decency, uprightness and respect for the person with whom we communicate. Communication sessions should be conducted discreetly and not God forbid in front of an audience.

Communicating with Galia made me into a new person. I am integrated, happy, calm and trust in God. Galia is calmer, happier, easygoing, has stopped crying. My relationship with her has deepened along with the deepening of our communication. Our love for each other has grown and become so strong that often I am overcome with deep yearnings to rush and see Galia, even though, in any case, I see her frequently and take her home for Shabbat and Festivals. All this was not the case before we were able to communicate. FC changed my whole link with Galia for the better. All the views, all the messages (which, on the whole, are set out in this book in the order in which they were given) testify to the progress of our relationship.

I Want To Go Home!

The first time I took Galia home was after she had been many years in the care centre. I took her home because of one of our early communication sessions. One day (2/25/96), the facilitator asked Galia: “Do you want to say something to mum?” Galia pointed at the spelling board and wrote, “Tell her to take me home. Now. It’s really hard for me without mum. I want to go home.” That day, I took her home for a visit, and since that time I take her home regularly and for Shabbat and Festivals. We pass the time together in happiness and joy and have talks about high things. *Hashem Yitbarach* gave me a true, great, wonderful daughter, the most beautiful present I got in my life — my Galia, who reveals to me messages from the world of truth!

Galia - My Advisor

GALIA - NOW A GIRL OF 14½ WITH BRAIN DAMAGE AND A 100% DISABILITY - HAS BEEN ADVISING ME HOW TO RUN MY LIFE SINCE SHE WAS 10.

Within a few months of our first communication session, I learned how to communicate with Galia by myself. I learned through the help of a facilitator who had studied FC in the States. Since I have been conducting the sessions myself, Galia has become my best friend. Galia gives me encouragement, strength and advice, teaches me many things and writes out extraordinary messages.

Among other things, Galia has written out religious messages of extraordinary beauty and depth which are identical with what is found in the Mishna, Talmud, Zohar, the Medrash and other texts ... about souls, the next world, redemption, angels, Tehilim, the *kodesh kedoshim* [inner sanctuary of the Temple] as the point of entry of all the *shefa* [force Heaven sends to this world which provides it with its material and spiritual supply] for the world where it enters and then spreads all over the world, the court in Heaven, and other matters — things with which I have no connection and do not understand, and, but for Galia’s messages, would never encounter them, especially in view of the fact I am a *baalat tshuva* at the beginning of the road.

This fact represents one of the solid proofs of the fact that Galia is the author of her messages and a cutting proof of the authenticity of FC.

Galia: Mum, don’t wait. *Yeshua* [the salvation, ending the exile of the Jews] is imminent and you have to complete your tshuva. Because there’s no time. Mum, I worry about you so much. There’s a bitter *gezaira* [decision made by Heaven to inflict disaster on the Jewish nation]. You have to pray and do tshuva. Hashem is making Heaven’s reckoning and issuing many warnings. Anyone who doesn’t understand loses eternal life. Hashem is a perfect judge, and those who do not accept the yoke of Heaven before the *yeshua* will be removed from eternal life. I say what Hashem gives me to say. I receive messages from Heaven.

I asked Galia: Galia, when I ask you a question, who tells you what to say? How do you know what to tell me?

Galia: Mum, when you ask me a question, the same moment a voice emanates from Heaven and tells me what to tell you.

Mum, I'm terribly afraid for the Jews, a big part of them at least are asleep. The situation is so difficult and will be much more difficult. Only the loving God can save us.

Mum, you have to do everything the right way. The word of Hashem is law. I cannot calm down. It's an extremely difficult time for the Jewish people. Jews are blind. They don't see the simple truth that the Master Of The World is the one who decides, not the Palestinians, not the Jews in the government, not Hamas, and nobody else in the world. Only HaKadosh Baruch Hu.

In my talks before women, people ask me: "How does Galia know of Palestinians, the Hamas? Does she have a radio in her room? Does she listen to the news?"

We limited people need radio to get the news. But Galia knows the news without a radio.

Galia: Mum, what's going to happen? Anyone can see that our Father In Heaven cannot let his children go on like this. There's not enough love of God. There's not enough truth. Not enough desire to change. Mum, a generation mixed up with falsity, doesn't understand the truth. Such an egotistic generation. And when the truth will be revealed, who's going to accept it? Just a few. Hashem sends all kinds of signs to help you see the truth. But most people don't understand. Unless there's danger and fear, we don't really accept the yoke of Heaven. I have tell you that I am extremely worried. We are in big danger, spiritual danger. But we don't understand.

I asked Galia: What is spiritual danger? Could a situation occur in which Hashem wipes out the Jewish race which doesn't listen to His voice?

Galia: Spiritual danger is the situation the whole world is in today and especially among the Jews. There are tzadikim. But bit by bit we are using up their *zechuyot* [the merit of the tzadikim protects the race. But Heaven draws on these merits whenever it removes a decree of disaster like withdrawals from a current account]. And we have no other source apart from our tshuva. It's very frightening. Mum, Hashem won't wipe out the whole nation. But there will be a situation in which He has to purify the nation.

I asked Galia: What do we have to do to improve the situation.?

Galia: Tshuva. A man has to break the shell (*klippa*) of this world and take his life apart and extract the *tuma* [spiritual impurity]. Only after this process, he puts himself together as a new man. But it involves a lot of suffering. And people want it easy and to feel good and happy. There's no other way to *yeshua*. Either Hashem brings it or we do. A big part of the nation is fast asleep and they have to wake up so that there will be someone to welcome *mashiach* when he comes soon *be'ezrat Hashem*.

Mum, we are definitely in the middle of a very great era for the Jewish people and mankind in general. And we are on the point of seeing grand, shattering revelations in our time. People feel this in their souls and know that something is going to happen. But they can't define it exactly. And no one knows when the end will be. Only from Heaven, HaKadosh Baruch Hu - there's no one else besides Him - decides everything. It's clear that we have the *zchut* to be in such a critical time for the Jewish people and the whole of mankind. It's a very great time for my precious Jewish nation. And everyone

who does tshuva now is saved both in this world and the next world. After the revelation of mashiach, it won't help anyone anymore to do tshuva. The truth will be revealed to the world and it'll be spread out in front of all of us. After the revelation of messiah, they will not accept any more people who do tshuva. Now only is the last opportunity for people who still have not done tshuva to get a hold of themselves, to think and appreciate that there is no one besides Hashem, and only He is the king of the world. He runs His world and we are commanded to do the will of our one and only King, Creator and Maker of man and all the worlds and all which exists.

Mum, Heaven is revealing many things at the present time. HaKadosh Baruch Hu is giving us light to see what was impossible to see in all the years of exile. Hashem is sending down divine *shefa* to our world and is preparing us for our imminent *ge-ula* which cannot take place without preparation. Heaven is directing things to make the *ge-ula* easier for us. My dear mother, in the time of mashiach, the gates of tshuva are closed. We are in an extremely important period for us and the *ge-ula* is really about to happen soon. We have to open our closed eyes and think about what's around us and understand that we, the beloved Jewish nation, have to fulfil the mitzvot of Hashem Yitbarach without any conditions or reservations, and serve Him in great love, because He, a gracious and merciful God, loves us with a mighty love and protects us and directs us all the time. We just have to think.

Tractate *Sanhedrin* (p.97) states: "Rabbi Yehoshua said, 'If the Jewish people don't do tshuva, HaKadosh Baruch Hu sets up a king over them whose decrees are as bad as Haman and cause them to do tshuva.'"

It is important to remember that we accepted the Torah at Mount Sinai willingly and with love. We established a covenant with God: we will fulfil His mitzvot and Hashem will give us great *shefa*, fortune and the best of everything. All the souls of the Jewish people were at the revelation of Sinai and committed themselves to *We will do and we will hear*.

The *Book of Devarim* (28) states, "If you hear the voice of Hashem, your God, and keep and do all His mitzvot, all these blessings will come to you: you will be blessed in the city, blessed in the field; the fruit of the womb will be blessed; and the fruit of the land. God will smite the enemies who rise up against you with plague in front of you. God will open His store of good, the heaven, to give you rain on your land in season.

And if you don't hear the voice of God, and keep and execute all His mitzvot and laws, all the following curses will come upon you and take you. Cursed is the fruit of your womb and the fruit of your land. God will send you want ... plague will cling to you. Hashem will afflict you with consumption, fever, infection, thirst, the sword and blasting winds.... and they will pursue you till your ruin."

We are able to choose the good and receive all these blessings. "Moshe is truth and his Torah is truth." We came to this world to fulfil the Torah and the mitzvot of Hashem.

Today logical and scientific proofs of the truth of Torah are available to anyone who is interested. Seminars are held all over the country addressed by scientists, professors and doctors who adopted the religion and became outstanding.

Today the truth of Torah has also been proven beyond all shadow of a doubt by what is considered as the biggest revelation of our time — the revelation of the hidden codes in the Torah. By taking letters at fixed intervals and linking them with the help of a computer, you get names, places and events featuring in recent history and today's news, meaning that these names, places and events have lain hidden in the Torah for more than 3,000 years.

The number of coded references are beyond number. Here are some: the French revolution, Hitler, Eichman, the Nazis, the swastika, the holocaust, AIDS, virus, Arafat and the terrorists, the assassination of Rabin, the Israeli prime-minister, etc. All these appear in the Torah in codes.

The subject has been examined and confirmed by the greatest mathematicians in the world such as Prof. Futenberg and Prof. Bernstein of the University of Harvard. Experts on the matter in Israel are Dr. Doron Witztum, Dr. Katz, the scientist Rabbi Dr. Zigler, who lectures on the subject all over the country and in Torah seminars open to all, and other seminars besides. Recently a book on the subject was published, called *Computora*. It immediately sold a million copies in the U.S. Even the American TV network, CNN., did a feature on it.

In Israel, you can get *The Torah Codes* by Rabbi Shmuel Yaniv. Dr. Doron Witztum's publication, *The Book of Codes - The Additional Dimension*, leaves no doubt in anyone's heart that the Torah is true, was given to us from Heaven by HaKadosh Baruch Hu and could not have been written *chus veshalom* by any human being. Only HaKadosh Baruch Hu, the King of the World, the Giver of the Torah to the Jewish people, knew thousands of years ago exactly what would occur in the following thousands of years and hid this in the Torah in codes which today can be deciphered with a computer.

On 9/24/99, *Yediot Achronot* published an article with the following headline: "Dr. Doron Witztum, Discoverer Of The Bible Codes, Offers A Million Dollars To The Person Who Can Conduct An Experiment Which Will Disprove His Theory Based On Letter Combinations, The Hidden Codes." To date, no one has claimed the million dollars on offer.

I asked Galia: How can a person become less afraid of the hard times to come? How can you cancel the severe *gezairot*?

Galia wrote: Tshuva, prayer and charity and to love every Jew and the key is helping people, to help people as much as possible.

You can help a person both through physical assistance and financial assistance. Heaven is kind to the one who is kind to others. Following is an example of this:

A lady in Jerusalem, a *tzadaiket* [a devout woman], who used give a lot of help to people, once a week helped out in a hospital as a volunteer. On one occasion, she discovered a brain-damaged child who had been abandoned by his parents since they did not have the strength to look after him. The woman had pity on the child and took him home. She and her family looked after him devotedly and became extremely attached to him and decided to adopt him officially.

HaKadosh Baruch Hu decided to do a great act of kindness to this *tzadaiket* and her family and gave this woman the insight as to how to communicate with the child through an alphabet board.

One day, she observed that when she prays and reads Tehilim, the brain-damaged child whom she adopted stares above her head. She asked him: “Why do stare over my head when I pray and read Tehilim?” The child wrote on the alphabet board: “I’m so happy to watch the angels coming out of your prayers.”

I asked Galia: Does God forgive the person who does tshuva for all he did before he did tshuva?

Galia: If a man does true tshuva, through love of God, then his sins become *zechuyot* [*plu.* of *zechut*]. If a man does tshuva because he’s afraid, not entirely because he wants to, like a very sick man about to die and he just wants to save his life, then it’s a different story. It depends on the case. Heavens accepts the true tshuva of everyone.

I asked Galia: Is it true that Heaven has a court?

Galia: Sure. The court in Heaven is fearful and very hard for the soul. Mum, be a tzadika. That’ll save you. Any one can be a tzadik. It’s a lot of work on yourself— doing everything for the sake of Heaven. It’s difficult, but you get *zechut* for how much you try.

I asked Galia: Is it true that every mitzva creates a good angel and every sin creates a bad angel?

Galia: That’s correct. And when the soul stands in the court in Heaven, Heaven’s calculations are clear to it. And the soul on trial understands and accepts his sentence.

The court of Heaven shows a man all his deeds. What he did stands before him. They show him every word he said, every thought he thought. Rebbe Moshe Cordovero in his work *Tomer Devorah* writes, “When a man sins, he increases *tuma* in the world. Every sin a man performs creates a spiritual force called *mash-chit* [destroyer]. When a man does *ma’asim tovim* [good deeds], he creates forces of holiness, angels. The *Mishna* (*Avot* 4:11) states, “He who commits a sin, acquires a prosecutor for himself.” Meaning, he actually creates an angel who pleads against him. He stands before HaKadosh Baruch Hu and says, “That man created me.” The *Zohar* states, “If a man violates the mitzvot of the Torah, the sin he committed rises before HaKadosh Baruch Hu and declares, “I am from that man who made me.”

The *mash-chit* created by someone's sin wants to survive and needs life-force. Now everything in the world survives only because of the *shefa* HaKadosh Baruch Hu supplies it. This a problem for the *mash-chit*. How will it survive? It draws its life force from the soul which sinned, for it has the power to sustain the force created by the sin. If it could, the *mash-chit* would immediately go down and take that person’s soul. But HaKadosh Baruch Hu does not let it. So, to allow the *mash-chit* to exist, HaKadosh Baruch Hu acknowledges the sin and sustains the *mash-chit* Himself, just as He sustains the rest of the world. This situation will continue until one of the following three things occurs:

1. If the sinner does tshuva. Tshuva can involve suffering or the torment of regret. Either of these will eliminate the *mash-chit*.
2. HaKadosh Baruch Hu, the perfect judge, will destroy the *mash-chit* (*destroyer*) by bringing suffering and death to the sinner.
3. The sinner goes to Gehinom and pay his due there.

It's like a child who brings home a wild dog without his father's permission. The dog runs around the house wildly, knocks things over and bites people. And yet the mother, through love for her son, keeps the dog and feeds it. Thus HaKadosh Baruch Hu. He retains all the evil forces which men have created in the universe and sustains them, until people find the opportunity to uproot these forces without destroying themselves, until they do tshuva.

Galia: Everything is from Heaven. All a person's difficulties. If he does not observe mitzvot, troubles come to him like a chain, one after the other, so he'll wake up and do tshuva and *maasim tovim*. When a person sins, he creates an angel prosecutor who is allowed to harrow the sinner with all kinds of trouble and suffering.

If a person does tshuva, he will not have to be confronted with his sins in the next world, because they pardon him, they erase all the tuma and the accusations against him. Sometimes they get rid of the tuma and the accusations against him in this world through causing him suffering. This is the reason why a person should accept his sufferings with great love and use them to draw closer to Hashem and not the opposite.

WARNING!

It is forbidden to use FC to consult children with autism and brain damage as though they are our *umim and tumim* [the divine seers of our nation race]. Galia never communicated in public in front of an audience, and has no intentions of appearing before an audience.

Galia: Rabbanim are the messengers of Hashem. Everything I receive is from Heaven and its purpose is not to give answers to people about prospective marriage partners or to questions which are not serious, but only to answer people's questions about the affairs of Heaven and to tell what the soul is allowed to tell of what it heard behind the *pargod* [screen cutting off Heaven from human view]. And everything is received from heaven in a holy manner.

It is forbidden consult people with autism and brain damage about personal matters. It is forbidden to make a public exhibition of communication sessions. Any public exhibition angers Heaven enormously because then evil forces interfere which cause confused communication, and you get mistaken and unreliable answers.

Mum, because there is the fear of things going wrong, let it be known in your book that it is only allowed to pass on and receive messages through facilitators who operate under the supervision of a major, publicly acknowledged rabbi who takes these messages and checks them to see that they are authentic. This rabbi will check each message individually and authorize a message where it needs authorization, e.g., for passing onto the public. One should not take any notice of facilitators who do not have the support of a major, well-known rabbi. You should not believe what they say. And it is forbidden to read any material which they publicize.

Any anthology of messages obtained via different facilitators should be checked before publication to ensure that each message has been authorized by a known, recognized rabbi. Otherwise it is strictly forbidden to publish this anthology. One must be extremely careful about this, otherwise we will get opposite results, *chalila*.

It is important to make it clear that Heaven gets extremely angry with people who make improper use of this communication and their whole motive is to make material profit. Mum, they put in the messages they pass on a great deal of confusing things which come from the *sitra achra* [forces of evil] which tries to get its hands on everything holy and try and bring them down. The confusion makes the holy, divine messages, which we have had the *zchut* to receive in our generation, unreliable. They increase the *kitrug* [accusations in Heaven] against the Jewish people and cause a huge conflict; and those people will be punished very severely for it.

Mum, it should be made clear that someone who uses FC for his private, and materialistic needs and, in doing so, damages *kedusha* [the forces of holiness], places himself in the hands of *tuma* and he must do *tshuva* on this at once before he receives his due punishments. Unfortunately, there are those have turned their autistic children into a source of income and stop at nothing to make a public show for a fee and cause a massive *kitrug* on Heaven and earth.

That's one of the signs of the imminence of *ge-ula* — that there is much confusion in religious camps and Rabbanim, and each one points the accusing finger at the other in public, like in politics in Israel and in general. The nation is confused and does not know what to decide or how to act in any situation, both in the general situation or militarily, and each one accuses the other. Mistaken decisions and chaos run free. These are part of the signs of the coming *ge-ula*.

Impudence shall flourish, the price of wine will be expensive and the face of the generation will be like the face of a dog [adaptation of *Sanhedrin*, 97:1] and big confusion in all areas. From a simple understanding of the Zohar, you can understand that the *ge-ula* is so close and we really are a short time before the great Day of Judgment. Instead of useless pursuits, the public should be urged to pray more to cancel the hard *gezaira* hanging over the Jewish people so that masses will be saved from the imminent catastrophes, *chalila*.

REMEMBER!

1. Although the souls of those with brain damage know everything without material and temporal limitations, their bodies are extremely restricted and they greatly require our help for their daily needs. Giving them this help enables their bodies, which serve as containers for the soul, to look after the precious deposit placed with them - the soul - and return it to the Creator at the proper time.
2. It is forbidden to communicate with people with brain damage and autism without the written consent of their parents. Failure to comply can involve criminal proceedings.
3. It is forbidden hold communication sessions with the brain damaged on a stage in front of an audience or to turn communication into an empty entertainment show.
4. Any communication should be conducted with the utmost discretion, in privacy and seclusion, calmly and pleasantly, without a gathering of onlookers and with all the respect due to any person.

Galia was kind enough to define the matter:

Galia: Tell everyone that we retarded are human beings like everyone else. We have our needs and we really like it when people treat us with respect and worry about us and give us attention. Because we have feelings and the need for love like any normal person. They should change this accepted attitude towards us that we don't understand anything, because we understand everything and know everything — in our souls, but not our minds! And the soul can also be upset by taking an improper attitude towards us. In any case, we suffer terribly from our physical handicaps and being totally dependent on you makes us feel terrible. We also we have the right to respect. All of us retarded are human beings. Everybody forgets this.

5. All messages must be checked by a recognized and known rabbi before being publicized to prevent the occurrence of any mistake or distortion *chus vechalila*.
6. Brain damaged people who see the truth and the spiritual worlds with no cut off in the line of their vision and hear the *bat kol* of Heaven announcing what is about to take place in our world, pass on only what Heaven allows them to convey. Their dire predictions are not bound to take place. In Heaven, everything is dynamic and can be changed. And with Torah, mitzvot, prayer, honesty, decency, helping others and our *maasim tovim*, the *kitrugim* and *gezairot* against us will be canceled *be-ezrat Hashem* and HaKadosh Baruch Hu will dispense only happy *gezairot*. Amen!

PART 2 - GALIA'S MESSAGES - MESSAGES FROM THE WORLD OF TRUTH

Within a few months of the first communication session, I learned to communicate with Galia by myself. This gave me fantastic happiness, reminiscent of the reaction of Prof. Schawlow, winner of the Nobel Prize for Physics, and one of the discoverers of FC. When he was asked what the happiest moment of his life was, he replied: “The happiest moment of my life was the moment when I succeeded in communicating with my autistic son, Artie, more than the moment of receiving the Nobel prize.”

I also felt that I had gained far more than the Nobel Prize. I gained my beloved daughter. I discovered my Galia!

One of the decisive proofs of the authenticity of my communication with Galia is that as a *baalat tshuva* at the beginning of the road, I cannot possibly have any knowledge of the things which Galia writes out for me on the alphabet board. (I communicate with Galia by myself.)

In fact Galia is not stating anything new for a person already in the world of Torah and mitzvot. But for me who was very far from the world of Torah and mitzvot (and for those like me), the communication and Galia's messages were total eye-openers! For me, they were like the discovery of America. To my complete surprise, the rabbi who checked the messages of Galia confirmed that the messages are found in the Talmud, Mishna, Zohar, Chazal and other classic Jewish sources. Things which I do not have the faintest idea or understanding of.

Communication with Galia is with the soul of Galia, not with her mind. Galia's mind operates at the level of a baby of just a few months. The soul, which is part of God, knows everything. Of course it knows too what is written in the holy source texts of our people. And this shows itself in Galia's extraordinary messages — a fact which can strengthen the belief of any Jew whatever his level. The soul knows how to read and write, even though it has never actually been taught to do so. The soul never grows old, sees everything and hears everything. The Zohar in the section on *Shemot* says that “imbeciles” who have no mind hear the voice of Heaven (*bat kol*) announcing what is going to happen in the world. The limitation of imbeciles is just physical. But we healthy human beings are subject to limited spiritual vision. It's cut off by the healthy brain. The wonderful exchanges with Galia opened my eyes and brought me to do tshuva in a spirit of happiness and through love of Hashem.

Now follow Galia's messages. Mostly, they are in the order in which they were given. You will see how the messages which at first are short and simple, all the time become longer, more complex and deeper.

Many of Galia's messages (covering more than 60 pages) also appear in Rabbi Srevnik's book, *Secrets of the Soul*.

Galia Speaking On FC

Mum: Is communicating with you prophesy?

Galia: Communicating with me and the brain-damaged is like prophesy but not real prophesy. What is communicated are words said by Heaven, and the Jewish people have to take them very seriously because they are the words of the living God.

Mum: Am I allowed to ask you anything I want?

Galia: Yes. You can ask anything but I am not allowed to answer everything.

Mum: How will I succeed in learning how to communicate with you? I am trying but not succeeding.

Galia: Patience. You don't have enough.

Mum: You know how to read?

Galia: Yes and no. Not like a normal person because I have brain damage. But the soul is perfect and knows everything.

Mum: Which of the weekly *parshiot* [weekly readings from the Chumash] have I already read out to you?

Galia: Stop testing me. This is not a test. I pass on messages through the facilitator and what I told you about dad and the family is the truth which in your heart you know.

Mum: Am I talking to your brain or your soul?

Galia: You always talk to my soul.

Mum: What's your medical problem?

Galia: Heaven's punished me. That's all there is to be said.

Mum: Why is it that when I kiss you, it seems that you don't have patience? You don't like kisses?

Galia: I like kisses a lot, but it's hard for me to respond.

Mum: Shouldn't I kiss you anymore?

Galia: Mum, every kiss of yours saves me. Your love gives me the strength to continue. Mum, I feel that I am in the world of the living again. Communicating with you gives me a link with this world.

Mum: If someone were to communicate with you, using a spelling board in English, could you write in English?

Galia: I know how to write in any language the facilitator knows. In the next world, there is only one language. Mum: Why can't I get the hang of communicating with you?

Galia: Mum, you just have to know that I very much want to communicate. Because through that we'll get closer. But you need patience and the right questions.

*

Galia: Mum, tell dad that grandpa -

Mum: What's his name? (Grandfather died years ago.)

Galia: (through the facilitator) Menachem. (This is correct.)

*

Galia: I am always happy to talk to you because I love it and must. It's something I must do. And it frees me and both creates a link between me and you and with this world.

Mum: Do you communicate with living souls only or also with dead souls?

Galia: With living ones. I receive messages from Hashem about souls in the next world. I have no association with souls who have left this world of falsity.

Mum: How is that you are sleeping and writing?

Galia: There's no connection because the inner being of all of us doesn't sleep and the outer being is linked to the facilitator. Mum, you are writing with my soul. The soul never sleeps.

Mum: In what way is the outer being linked to the facilitator?

Galia: The energy and technique of the facilitator activate our bodies.

Mum: What sort of person does the facilitator have to be to communicate?

Galia: A person with faith. But not everyone with faith succeeds as a facilitator. Hashem chooses facilitators according to need.

Mum: Is it possible to communicate with every child who is disabled like you, children with autism and brain damage?

Galia: Yes.

Mum: Then their families simply don't take advantage of this opportunity?

Galia: Correct.

Mum: All brain damaged children understand things and simply look as though they do not understand?

Galia: Yes.

Mum: That's extraordinary. Really extraordinary.

Galia: What's extraordinary, mum? Our soul is like your soul. Just that we are in limited bodies. But the truth is that a healthy brain limits more.

Mum: So you have zchut in that you communicate - correct, Galia?

Galia: I have a tikun [mission to fulfill].

Mum: Do you have to pass on the message you get when communicating or can you refuse to pass on the message?

Galia: I have to. I have no right to choose in this.

Mum: What can be done to communicate with you better?

Galia: Patience and knowing that I really want to write with you.

Mum: I also really want to write with you, Galia.

Galia: Mum, I am so happy that you are progressing towards the truth. Bravo!

Mum: What is better for communicating, a small alphabet board or a big one?

Galia: It doesn't make any difference to me.

Mum: Do you have your own opinion about things?

Galia: Yes, but to a small extent. It depends on Heaven.

Mum: Does your communicating with me cause you any emotional or psychological difficulty?

Galia: No.

Mum: How can I make you happy?

Galia: Teach me Torah.

Mum: The angel teaches the baby in the womb the whole Torah. So why do you need to study Torah. You already know it?

Galia: I am a human being like you. The body needs kindness. Mum, help set up a yeshiva for girls too.

Mum: A yeshiva where they study Torah through FC?

Galia: Yes.

Mum: I never heard of a yeshiva for girls.

Galia: Call it what you want. A place where girls also study Torah.

Mum: How do you manage to write on the alphabet board without looking at the letters? And you can even write while sleeping!

Galia: I feel the letters from the facilitator.

Mum: Mum: But you don't look at the letters.

Galia: Not through the eyes. I feel them.

Mum: You like feel them in your imagination?

Galia: You won't understand, mum.

Mum: How can I get to communicating on a deep level like the facilitator does with you?

Galia: A lot of tshuva and a lot of work on yourself, and communicating with children.

Mum: Why are you hitting your neck? You've got a cut there!

Galia: I've got a cut because I can't control my movements so much. I want to tell you, mum, that I get a lot of pleasure from the fact that you have learned this communication.

Mum: Why is that today you push your hand hard?

Galia: Because I'm so happy to write with you, to tell you that I love you; to tell you that you are going on the right path, mum, and not to be afraid of anything.

Mum: Is communicating with other children - obviously, with the permission of their parents - doing them a kindness?

Galia: Mum, communicating with these children is doing them a really big kindness. They really need to express their thoughts and it's hard for them to be closed up inside themselves all the time.

Mum: How can I know when you really want to communicate with me? Do you have some sign?

Galia: If I want to communicate with you, you will feel it.

Mum: How is it that all the children who communicate say similar things? Do they receive information from the same source?

Galia: Mum, all the children say the same thing because they get all their information from Heaven. Because that's what Hashem tells them to say.

Mum: You like to communicate? What does it give you?

Galia: Mum, I really like to communicate because it gives me a feeling of belonging to this world.

*

Mum: Why are you pushing and pulling your hand? You don't want to write today?

Galia: I want to write with you, but I don't have very good control of my body. Mum, I love to write with you. I want to tell you that you are a wonderful mother because you look after me and come to visit me and don't forget me and that does me good.

Mum: Tell me, Galia. Could I pick up what you want to tell me without this communicating with the alphabet board? Can you transmit messages straight to the head? to the thoughts? I heard that one child communicates with his father like that. The father is in the United States and the child is in Israel.

Galia: Mum, you can. But it'll be more complicated for you because you won't be sure that that's what I am saying. But by moving my finger, you are sure that I am writing.

Mum: Why are you hitting the board so hard with your finger?

Galia: I am very happy to write with you and it's exciting for me every time. Mum, you give me joy! I enjoy writing with you even if I am sleeping. It's wonderful to feel your happiness when you are writing with me.

Mum: Galia, since I've been communicating with you, I am a new person. I am happier, calmer, more content. What does all this communicating do for you?

Galia: Mum, I feel again that I am alive again in this world because of this communicating. Before, I felt like a dead person. And now I am alive again and it's a great feeling to be alive again.

*

Mum: Galia, you want to write?

Galia: I always want to write with you.

Mum: Galia, could it be that part of this communicating comes from you and part from me?

Galia: Mum, I am the one who is writing everything for you. It's just me, your Galia.

Mum: Galia, tell me. Everything that you're telling me — it's like being connected to the Internet, to a universal information bank and downloading information through a home computer.

Galia: Mum, I am connected to the holy light and HaKadosh Baruch Hu provides a *shefa* of information to His creatures and that's how I know what to tell you. Everything depends on Hashem. And everything comes from Hashem. And nothing comes from us. The source for all the information in the world is divine. Hashem is the source of all the information and wisdom in the world.

*

Mum: Why are you holding back your hand today? You don't want to write?

Galia: Mum, I always want to write, but my body does not always listen to me.

Mum: Can I put a question to you in thought as well? Or do I have to ask you aloud verbally?

Galia: Mum, you can think about the question and get an answer because the soul is not limited to physically hearing the question of the facilitator.

Mum: Before you pass on messages to me, do you get permission?

Galia: Mum, I don't say anything without the permission of Heaven. While you are asking your question, the voice of Heaven tells me what to say to you.

Mum: I'm not happy about troubling the voice of Heaven all the time?

Galia: Mum, you're not troubling anyone. It simply exists with every question of yours — the answer. And I simply transfer the reply to you. Because every question has its pre-set answer. It's hard for you to understand. But it's simple and not complicated and the answer comes right away with every question and immediately presents itself. Sometimes I don't get permission to pass on the answer. So I don't pass it on.

Mum: Who gives (or doesn't give) you this permission?

Galia: Permission or refusal comes with the answer. You can't understand how this works in Heaven. It's beyond human understanding.

Mum: Is it OK that I come to communicate with you often? It doesn't bother you? From Heaven's point of view, it's not forbidden?

Galia: Mum, I enjoy it a lot. And there's no prohibition on you communicating with me. Otherwise I would have told you. Also you wouldn't be able to communicate with me if it was forbidden.

*

Mum: What does this all communicating give you?

Galia: This communicating lets me feel I am a living person who can express himself and have a 2-way conversation and enjoy it. That you, my dear mother, can finally talk with your daughter and your daughter can finally talk with mum — that gives me a great feeling.

Mum: Maybe you could explain a little more to me about this communicating?

Galia: I tell your physical body what to write and then you write. Without my soul telling your body, you cannot write down my message.

Mum: Does my communicating with you cause you effort? Is it hard for you?

Galia: Mum, you are the channel through which I pass information. You are also the channel for me to be able to express myself. And I enjoy it. Otherwise I am in a world of silence. You break this silence for me. And it's extremely hard to be in a world of silence and without the ability to express yourself. Communicating with you makes life much easier for me and helps me.

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Mum: Galia, why am I so afraid all the time that my questions to you will run out?

Galia: Mum, because you don't know how much time we have to communicate. You want to know as much as possible and are afraid that what we are doing will come to an end. Dear mother, don't worry.

Mum: Galia, will this communication ever be proved to be authentic?

Galia: It will be shown and not too long from now. Then everyone will relate to this differently.

Mum: How do you know to tell me things like this?

Galia: I pass on the message for you from Heaven. I am just the pipeline through which this message gets to you. Heaven says everything. I am just a conduit.

Mum: Does it make any difference to the communicating if I talk slowly or fast?

Galia: Mum, you can talk to me how you choose and want. Because it does not make any difference to this soul how fast you talk to it. The soul takes in everything quickly.

Mum: Galia, am I communicating only with the soul in you or also the mind?

Galia: Dear mother, only with my soul because the mind is damaged and hardly functions.

Mum: Lately I feel I don't have to write out your message to the end of the sentence because I already know the end of the sentence without writing it. What do you have to say about that?

Galia: Mum, you know in your soul, you feel my message. That's the reason why you don't need to finish the sentences. Our soul is joined together and you feel my messages.

*

Mum: What does our communicating give you? What does it do for you? How important is it to you?

Galia: My dear mother, this communicating is an opening to this world. It is an opening in this whole prison. It is a tunnel of light for me. It is a way for me to call you *Mum*. And it's a way for us to talk together about all the subjects in this world and also the next. So, mum, this communicating is a big happiness for me and an opening to a beautiful world, to your world now. Before I was cut off and now baruch Hashem I am part of your life and you are part of my life. We have had the *zechut* of having this communication technique, baruch Hashem.

*

Mum: Can you tell me anymore about this communication?

Galia: Mum, you serve as a conduit for this communicating and I pass on through you the messages which I have to pass on from Heaven.

Mum: Does this communicating tire you — the body? the soul?

Galia: Mum, my soul doesn't get tired at all; never. But the body is made of substance and gets very tired. When it does, the soul, which is inside it, is uncomfortable when the body is tired and it also has to do what the body says and stop to let it rest.

Mum: Is it OK if I sometimes communicate with you while you are sleeping?

Galia: Mum: It's OK for me and if it's not, I'll tell you. Mum, you are the happiness of my life; and this communicating of ours causes me fantastic pleasure. Because, as you see, we can talk, even if not verbally. Hashem had mercy on the two of us and allowed us to speak a lot. As much as we want.

So what if we talk in a way different from what is accepted by people in this world? The main thing is, my dear mother, that we can talk and it doesn't matter how.

Mum: I also think like you and I enjoy it very much and understand that you very much enjoy communicating?

Galia: Mum, it's a sublime pleasure for me, your Galia.

Mum: Galia, tell me. Do you write in Hebrew because you make use of my word store or do you write to me with these words because Heaven tells you to do so in order that it be understandable to all types of people?

Galia: Mum, I communicate with you in your words, using the words you have stored in your brain. Because the soul does not actually have words like people, but it communicates with you in your words. And your words are appropriate for everyone and understood by most people.

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Galia: You have to understand that the soul knows everything. It doesn't have limitations in anything. Especially my soul because the whole body which it's inside of is torn to shreds, so that there are many places it can peep through and see. All these tears are like windows which the soul sees through. A normal person has two windows — his eyes. But, mum, I have lots of windows. It's also perhaps a little funny, but it's terribly sad that everything is cut up like this.

Mum: Is it possible to go on communicating with you?

Galia: Mum, I am happy over every letter I write to you. If you could see all the letters from a spiritual point of view, you would see that every letter I write you is completely dressed up in muslins and flutters and flies towards you, all glowing with a precious light. Every letter has little wings which carry it to its target. And it's a great pleasure to watch the letters, how they fly to you.

You Are Our Mouthpiece!

Mum: If I'd like to communicate with a particular autistic child, you think he would agree?

Galia: Mum, of course. Because in your book, you represent him, as well as all those with brain damage and autism. Your book speaks on behalf of all of us. It's our mouthpiece. It tells everyone what we want to say and cannot. That's why Hashem sent you to be our mouthpiece and speak instead of us and explain our feelings and our difficulties and our ability to understand and know and see things which are apparent and things which are concealed.

Dance With The Brain-Damaged Child (in a dream)

Mum: One night lately, I dreamed that I am dancing with a brain damaged child, but he doesn't know how to dance. He hardly moves and hardly moves his feet but he is very happy, and me too, and the two of us are laughing and delighted.

Galia: Mum, that child is in fact your book which talks about we children with brain damage. It's our mouthpiece. You are happy to do this and all those with brain damage represented by that child are delighted that at last that someone like you has taken the initiative and speaks on their behalf like an attorney defending someone in front of everyone. That's what you are.

Communication From Another Dimension

Mum: Galia, you know what's absurd about all this communicating? The fact that I am the mother and you are the daughter, I am normal and you are limited; and I am the one who feels inferior compared to you. Isn't that absurd?

Galia: Right, mum. That's part of the falsity of this world.

Mum: Galia, the soul is above human intelligence. So how can the soul which is from one dimension converse with the mind which is from another dimension? How does it happen that two different dimensions communicate with each other?

Galia: Mum, you don't have to strain yourself much to understand, because you cannot understand this communication with the tools available to the mind. What you have is a spiritual dimension communicating with a material dimension, and the spiritual dimension passes on messages in a way that the material dimension can understand. The spiritual dimension understands the material dimension and the material dimension does not understand the spiritual. So you have a situation in which the spiritual gives messages to the material and this is what is amazing. Mum, this communication works and succeeds on the basis of self-confidence which is very firm and steady. Any doubt, even the tiniest, closes the channels.

Happy Communication

Galia: Dear mum, I am happy that you came today. A very great zchut has fallen to our lot. If only we knew how to conduct ourselves with double care not to slip up.

Mum: What is the reason that at the beginning of our communicating three years ago, you communicated short messages to me and wanted to end the session quickly and now, baruch Hashem, you communicate long messages and you never ask to end off?

Galia: Dear mum, at the beginning you were taking your first steps. You can't jump and give an enormous amount of light to someone who was an enormous time in the dark. You had to get to understand and internalize things gradually and I too was also more linked to the body. Today I hardly exist in the body at all. Every time that fine thread connected to the body limits me and brings me back to this world.

Scientific Proof

Mum: Why is it so difficult for people to believe that this form of communication is authentic?

Galia: Mum, a man is built to believe in what he sees. You don't see a soul.

Mum: Why are studies still not successful in proving the authenticity of this form of communication?

Galia: Because Hashem confuses the truth to hide it. Only a few individuals will get the benefit of it because people still have still free choice. It is possible to prove it but not that way. Hashem takes pity on our spiritual blindness, so He lets us take a peep and see the truth. But the truth hides from non-believers.

Mum: You mean that if they knew the truth, Hashem would judge very severely the person who does not walk the path of truth?

Galia: Yes. Mum, I am the one writing to you. That's the truth and nothing else. No study has yet proved the truth of FC because Heaven has decided that the time has still not come to prove it. When the time comes, it will be proved.

Mum: Do you think that some time, they will prove it?

Galia: Yes, mum. It's all a matter of time and it's all in the hands of Heaven. Only in Heaven do they decide what we should know and when it will be revealed. Mum, as I explained to you, so long as people conduct FC sessions for money or the personal publicity of the parents or people hold sessions without the interests of Heaven in mind, in purity and fear of the holy, and people ask silly questions which anger Heaven, the *sitra achra* will mix in and the answers will be unreliable and false which will put a question mark on the authenticity of FC. But communication sessions with brain-damaged children, where the messages are authorized for publication by known rabbis, are without a shadow of doubt authentic communications and messages. And these messages make people subject to the known principle: since you've had the *zchut* to see the truth come down to the world, you will be judged far more severely if you don't observe Torah and mitzvot. Far more than those who have still not had the *zchut* of seeing this.

Souls And Gilgulim

Mum: How is it that you are such a wise soul and physically, you can't even talk?

Galia: That's the lie! When people become *avdei Hashem* [servants of God] and fulfill mitzvot for the sake of Heaven and overcome the ego, then they can see the truth.

Mum: Do souls sleep at night?

Galia: No.

Mum: Galia, does my soul also know things?

Galia: Galia: Every Jewish soul knows everything.

Mum: Can you communicate with my soul?

Galia: Yes, and many times you felt me doing this.

Mum: You mean what I felt a few days ago as though we are both floating in the skies together?

Galia: Right!

Mum: Does the soul get old?

Galia: No.

Mum: Do souls ever get ill?

Galia: There are soul diseases. But they are spiritual diseases which need *tikun*.

Mum: Can the souls of *tzadikim* in *Gan Ayden* get ill?

Galia: No.

Mum: What makes a soul more wise or less wise? Is someone who is wiser here also wise in the next world?

Galia: No. A person who did not accept the yoke of the Kingdom of Heaven and did not study Torah and did not keep Shabbat and did not help others — a person like that makes his soul retarded and this is the real retardation. But if he is a servant of Hashem, his soul will be healthy and whole and capable of enjoying the holy light. If he is a tzadik and a servant of Hashem in this world, he will get to a wonderful place in the next world.

Mum: What's this holy light? Are you allowed to say?

Galia: Hashem.

Mum: What happens in Heaven to the souls of those who did not accept the yoke of the kingdom of Heaven? Does it remain deficient?

Galia: It'll disappear completely.

Mum: Galia, how and why does my having done tshuva help you?

Galia: Because our souls are linked and therefore, I am not whole if you are not whole.

Mum: Does the soul after death have the same character it had when it was alive?

Galia: Sure.

Mum: Do you have freedom of thought? Can you think what you want?

Galia: I am also a person. I have a certain intelligence too, and with that intelligence, I have free choice. But it's not wide-ranging. It's not possible for me to know what I want, because Heaven decides what I may know and what to say and nothing depends on me. Because souls do not have the ability to make independent decisions. Everything is dictated to it by Heaven. I am like a soul bound to the will of Heaven.

Mum: After you die, are all souls bound to the will of Heaven?

Galia: Yes. The part of the soul which is close to Hashem is able to act for the sake of Heaven [i.e. bound to Heaven's will]. No one has choice. The part which is more involved with the body has more choice.

Mum: Does the soul have a part which is closer to Hashem and part which is closer to the body?

Galia: Not exactly. But roughly.

Mum: Can you hear when you are asleep?

Galia: The soul never sleeps. Only the body sleeps.

Mum: Do you communicate with other souls?

Galia: I am never alone. Sometimes I communicate with children even if they are far off. The soul is not limited by distance at all.

Mum: Is the soul alone by itself in Heaven?

Galia: No. It's together with angels and other souls. The spiritual pleasure is the highest pleasure there is.

Mum: After a man dies, does his soul have senses and emotions like a living person?

Galia: Mum, the soul does not have senses like a living person, but it feels everything and knows everything and sees everything and hears everything.

Mum: When a man comes to this world and completes tikunim, does he become a tzadik?

Galia: Mum, it's not like that. Even if he completes his tikun, he is not exactly a tzadik, but a soul which has consummated itself. And there are souls which have consummated themselves and they are not tzadikim.

Mum: Where will they be in Heaven?

Galia: They will get to enter *Gan Ayden* but they will not be in the area of the tzadikim. It's all a matter of the zchut which each soul has.

Mum: Does a person also have a mother and father in the next world or is it only in this world?

Galia: Mum, in the next world, Hashem is the only father all of us have. Only in this world is there such a thing as mother and father. There they are not mother and father. There they are souls like all of us and there is no difference. Just the opposite. Sometimes, the child is a bigger soul than his father here.

Mum: Someone who builds up zechuyot — does it go to the credit of that same root of his soul, to the same source?

Galia: Yes, mum. Spreading Torah [Galia actually uses the term *zikuy rabim*, meaning providing the public with *zechuyot*. Reduced to its common denominator, the term means prompting or enabling another to fulfill a mitzvah. However, the term is commonly used today to imply public work for Torah such as kiruv or giving Torah lectures, classes, etc. Therefore, for such terms in the original as *zikuy rabim* or similar such as *mezakeh rabim*, we have used terminology based on “*spreading Torah*.”] gives zchut to the person who does it and all his family. Both those alive and those who have already died.

Mum: Galia, does the body listen to everything the soul tells it and do it?

Galia: Mum, the soul tells the body what to do. But the body is limited and cannot do what the soul tells it. Because it is material and the soul is spiritual and that's not the same thing.

Mum: If they tell the soul to do what it's expected to do in this world to fulfill its purpose here, and the soul wants to go ahead and do it, but the body doesn't listen to it — how can it achieve its tikun, if the body doesn't listen to it?

Galia: Mum, the soul can fulfill its mission because it manipulates the body. Even if it doesn't control it physically, it directs its thoughts towards its tikun. Everything comes from the brain, and the brain tells the body what to do, and then the body does it. That's how the soul controls the body and tells it what to do. Everything is through a person's brain.

Mum: What about the brain of a person with brain damage? His brain does not tell its body anything, because it does not have enough intelligence to tell the body anything.

Galia: Mum, then its tikun is mainly its suffering.

Mum: Galia, is your soul more sensitive than that of a person who is unaware of his soul? Could it be that you've got a very sensitive soul. You cry when you hear sad things. Are all souls so sensitive like that?

Galia: Mum, any soul is more sensitive than a normal person. And there are souls which are more sensitive like mine.

Mum: Is it good or no good to be sensitive? Sensitive people just get hurt, no?

Galia: Mum, that's good only in Heaven after life. Then the spiritually sensitive souls are bigger receptors [*kli kibul*] for experiencing the pleasures of the eternal and unlimited. They are big receptacles for all the divine bounty which awaits us in our eternal life.

Mum: How do you know all you are telling me?

Galia: Mum, the soul of every Jew knows everything. Heaven tells it.

Mum: Who tells you what to say?

Galia: Mum, the voice of Heaven [*bat kol*] tells me what to tell you.

Mum: What is a *bat kol* ?

Galia: It's hard for me to explain to you what a *bat kol* is because you won't understand.

Mum: Sometimes, when I come to visit you, you are already sleeping. Even though you are asleep, are you aware that I have come to visit?

Galia: Mum, even though I am asleep, my soul is awake all the time, and I am very happy that you come to visit me. Even when I am asleep, I am happy to see how important I am to someone in this world. I am very important to you and it does me good that you inquire about me all the time and you worry about me so much. And you are also doing me a big kindness.

Mum: Galia, I wanted to tell you that after I asked someone for an apology, she rang me up on her own initiative, and this made me very happy because that's a sign that everything is forgiven.

Galia: I am very happy, Mum. It's forbidden for a person to have someone who hasn't forgiven him for something, because in Heaven, he will be put on trial over this. If everybody forgave him in this world, he is not tried for this. It's easier for the soul in the court of Heaven when everyone has forgiven him. Otherwise it suffers a great deal in Heaven.

Mum: How come you know everything?

Galia: Because the soul is a lofty component. It is a part of Hashem yitbarach. And it does not have limitations in anything, and also not in knowledge.

Mum: What does the fact that in this world you have beautiful and ugly people depend on? After all, everyone would like to be good-looking.

Galia: Mum, Heaven directs how a person will look; and it's all according to what he has to set right [*metakayn*] in this world. Nothing is random here in this false world. Everything is from Heaven.

Mum: Galia, is there a link between the mind of wise people and their souls? Does the highly intelligent person have a bigger soul? Apart from the brain damaged who are not intelligent but they have big and highly intelligent souls.

Galia: Mum, you answered your question yourself. Because some unintelligent people have big souls. There is no link between the mind and the soul.

Mum: All the same, why are there intelligent people and fools?

Galia: Mum, everything is for the tikun of the person. Heaven arranges everything to enable a person to rectify [*metakayn*] his soul and consummate it as best as possible. And everything is for eternity.

Mum: All in all, you live in this world seventy or eighty years. Could it be that everything you do here is eternal? It seems to me that life is very short in comparison with all the limitless *shefa* which you get afterwards for eternity.

Galia: Correct, mum. This is the kindness which Hashem shows us and we don't grasp how this short life gives us the opportunity to have eternal joy.

Mum: Galia, tell me. Can a soul see wherever it wants in the world? Once we took you for a trip in the States. Did you enjoy it there?

Galia: Mum, a person's soul is not limited in any way and it can see whatever it wants in any place. That trip for me was a hard and uncomfortable trip; but I wasn't able to object to the trip. It wasn't easy for me.

Mum: Is the soul of a dead person allowed to see its relatives who are alive in this world? Does it know what's happening in their lives?

Galia: The soul of someone who died can see and find out everything about its relatives. But it is not allowed to communicate with them. Sometimes it gets permission to appear in a dream.

Mum: Can it help if there's some problem?

Galia: If it has the *zechut*, it can help them. It depends on the *zechuyot* of the particular soul.

Mum: What is the *yaitzer hatov* [good will] and the *yaitzer hara* [evil will]? Could it be that the soul is made up of two forces, good and evil, and it has to overcome the evil and act in accordance with the good?

Galia: Mum, these are in fact powerful spiritual forces which everyone has, and during his life, he has to subdue and overcome the evil in favor of the good. These two forces vie with each other all the time a person is alive, until the person succeeds in subduing evil or succumbing to it and obviously, the preferred object is to overcome it.

Mum: How do you explain the fact that you love all the Jewish people so much and worry about it — the Jewish people?

Galia: Mum, I am part of the collective soul of the Jewish people and that is the explanation of my love for the people. If there is something wrong with a part of the body, it affects the whole body. I am part of the soul of the Jewish people and if there is something wrong with us, I get a pain.

Mum: How can a person develop his soul more?

Galia: Mum, soul-development is a person's task in this world!

Mum: Can you develop the soul in this world only?

Galia: Yes, this world is the most significant.

Mum: Everyone hopes to see *mashiach* in his life, and if the soul sees everything, it doesn't make a difference if the person has already died because his soul can see everything, including *mashiach*. Correct?

Galia: What you are saying is important and correct. But seeing something physically is much more special. And a person feels his involvement in the process and an ability to influence it. As a soul, all he can do is passively reflect on the phenomenon without any ability to influence it.

Mum: Do souls have no power of influence on life in our world? When my mother *zichrona levracha* prays for me in Heaven — that has no effect?

Galia: Mum, prayers can help, but not change basic processes which only the living can do.

Mum: Life has so much power?

Galia: Mum, that is the reason why it is so important that a man fulfills mitzvot in this world. Because only he can bring about the salvation and the *ge-ula* of his soul and those of the Jewish people.

Mum: Does the body represent just a burden on the soul?

Galia: Mum, the body just causes the soul anguish because it craves physical pleasures and the soul does not. The soul has to vie with the body and subdue it and all its cravings. And that is its tikun.

Mum: What brings it about that a certain person starts to think about the world around him and discover the light and the truth and do tshuva, and to someone else, it happens at a different age and a different time, if it at all? How is it that one person has the zchut to do tshuva and someone else not?

Galia: That is a zchut which that particular soul has, zchut avot or a zchut from a previous life. The zchut is realized in this world, and it's all the reckoning of Heaven. And the reckoning is a perfect reckoning. Mum, it's a great zchut to get to the truth and this is the goal in this world —that people see the truth amid all this concealment and choose the truth and observation of mitzvot, which they were sent to fulfill here.

Mum: I heard on the radio a certain rabbi who answered the question, Why are there people who are intelligent, good-looking, ugly, rich? in exactly the same way you answered me when I asked you that question. The rabbi said that a man is what he needs to be in order to consummate his soul, and everyone comes to this world with the form and appearance necessary for his tikun in this world. And actually the rich and the intelligent have a bigger and harder challenge in this world. What's your opinion?

Galia: Mum, a person comes to the world in the form he has for the tikun of his person and his soul. He is equipped and supplied appropriately for his tikun, so he can achieve it without hindrance being disadvantaged, and the rest, whether he does that tikun or not, is up to him.

Mum: Once you told me that you came as a gilgul to this world just because of me, to get me to do tshuva. If you didn't have to get me to do tshuva, you wouldn't have come in a gilgul?

Galia: I came to the world as a gilgul only because of you, because I really wanted to get you to do tshuva. I could have been rectified in the Heaven and *Gehinom* and I didn't have to come here. But I knew I would succeed with you. So I was happy to come; and in doing so, in your zchut, I have succeeded in adding to my zechuyot. And that really gives me delirious pleasure because I have a zchut in everything you do. Someone who gets a person to do tshuva gets all his zechuyot too. The souls here rectify the sum total of the collective and also the individual soul, the part and the general whole.

Mum: When the soul gets to Heaven, does it recognize all its family members who lived hundreds, even thousands, of years ago?

Galia: Mum, the soul recognizes everyone. The souls recognize everyone from every generation. It's no problem. Every soul in Heaven identifies everyone and is happy to meet them.

Mum: Galia, is the soul the one who decides if the body eats something or not? Is the soul the supervisor of the body. Does it tell it what to do?

Galia: The soul dictates to the body what to do and sometimes the body resists because of cravings. Then a war breaks out with the yaitzer hara and, you see who wins in the end.

Mum: Why did you cry when I told you about the destruction of the second temple and how the *shechina* [divine presence] moans over the destruction like a pigeon?

Galia: Mum, the soul is also sad over the destruction of the temple and the soul cries too. And since it is joined to the body, it has an influence on the body, either positive or negative. The soul is the supervisor of the body. It moves it along here in this world to its tikun. Sometimes things interfere which it has to get the better of. But the soul does not always triumph in everything in one gilgul. That's why the soul is given a number of opportunities to come to this world and to work to its tikun.

Mum: Galia, sometimes you want to take breaks while communicating because you're tired, but souls don't get tired.

Galia: Mum, the soul never gets tired. But the body is material and gets very tired and when it's tired, it's unpleasant for the soul inside it, and the soul has to listen to the body and pause in order to let it rest.

Mum: What happens to the soul which potentially has the soul of a tzadik and during its lifetime, never does tshuva?

Galia: Mum, that soul goes down a spiritual level like a soldier who fails as an officer because he didn't do his job properly. He's demoted. He can't continue in a high position if he's failed in it. The soul is also demoted. But it can also go up and up. It all depends on the actions of the man alive on earth.

Mum: Galia, you tell me that I succeeded because my sources are in *Torah, mitzvot and maasim tovim*, and that reminds me that *Torah, mitzvot and maasim tovim* is exactly what you came to rectify in this gilgul. Because you didn't give your children a proper education in those things. Then the fact that because of you I fulfill these mitzvot is reckoned as though you gave your children a proper education in *Torah, mitzvot and maasim tovim*. So they forgive you. And you come to tikun. What do you say?

Galia: My dear mother, that's very true. That's exactly what my tikun is — that you got to *mitzvot and maasim tovim*, what I failed to impart to my children in my last gilgul.

Mum: Galia, I don't know how you educated the rest of your children, but my father *zichrono levracha* who was your son in your last gilgul, was a tzadik, honest and decent, and you yourself said he is in *Gan Ayden*. So how did you not bring up your children properly? Or is it that they are just strict with tzadikim?

Galia: Mum, both those views are correct. HaKadosh Baruch Hu is truth and His judgment is perfect truth and justice. And I also didn't give them a proper education and tzadikim are submitted to

very exacting judgment based on their capability because tzadikim have a much higher capability than other people.

Mum: What are you allowed to say about your other half? [In Kabala, every soul is divided into two halves and the halves are sent to the world where they may reunite as man and wife. Ultimately, they reunite in the next world.]

Galia: My other half is waiting for me in Heaven. Mum, no one lives for eternity. And at a certain time, I will return to the quarry I was hewn out of [i.e., my spiritual source] and join my other half.

Mum: When a man with the spiritual ability of a tzadik comes to the world and doesn't do tshuva all his life and goes down a spiritual level — when he gets to Heaven, do they give him another opportunity to come here to this world and make good [*metakayn*] and go up a level again or does he stay on his low level?

Galia: Mum, he can't come back every time. And then he will remain forever at the last level he was at here in this world. There is no one who knows whether he will come back to this world or not. Everyone has to make a maximum effort as though it's his last time here. Because possibly it is his last time here. In Heaven, no one is deprived of anything. It's just painful for the souls who could have done much more in this world and made do with doing only a little.

Every soul in the end goes back to the quarry where it was hewed. Here it's a passageway. And there's it's a place of permanence. The soul there doesn't feel the heaviness of material substance. It hovers in the high worlds without any limitation. It flies in the limitless sky [i.e., a celestial realm] free as a wild bird.

Mum: Galia, you said you pray to Hashem. Can the soul pray also?

Galia: Mum, souls also pray to Hashem yitbarach. You can pray with the soul and not only with the mind. You too pray with your soul also and not only with your mind.

Mum: Galia, if the soul feels and knows things, and sees and hears everything like a human being does, then what's the difference between a soul and an ordinary person who is in fact a body with a soul? And what's the difference between a soul whose body does not function, like with you - your mind hardly functions - and a soul inside a healthy body?

Galia: Mum, there's no difference. The two souls are the same. It's just that my soul is aware of everything and yours isn't because the body which functions and the mind which functions limit the soul's awareness and block its vision and doesn't let it see.

This world is a world of free choice and anyone can do what he wants. Fortunate are those who choose to fulfill Torah and mitzvot and walk the path of God. Heaven loves the man who keeps Torah and mitzvot. If he doesn't keep them, he is punished; but not at once, and sometimes not even in the same period. It's all Heaven's calculations!

The Soul's Tikun

Mum: Why do cry when you hear anything sad? Is your soul more sensitive than an ordinary person's?

Galia: Every soul is sensitive. Some souls are more sensitive. In each case, it depends on the soul's root.

Mum: Galia, how come you know so much? Does every soul know as much as you?

Galia: Every soul knows everything. When you're placed inside the material body, there are many concealments for the spiritual.

Mum: Who has the easier tikun — children like you who communicate, or children who do not communicate?

Galia: Mum, everyone has his own tikun. It doesn't make a difference if the person communicates or not. He will go through his tikun the way Heaven gave it to him.

Mum: What brings a man to the tikun of his soul. Does a man with a lot of zechuyot come faster to the end of his tikun?

Galia: Mum, it's not like that. What brings a person to his tikun is the mission given him by Heaven before his descent to this world. If he completes it, he completes his tikun. Everyone is given a specific amount of time to complete his tikun. If he doesn't complete his mission before his time runs out, he has a very big problem. But if he completes it, he benefits from life in the high worlds. And if he completes his assignment before the time given him runs out, then he helps to rectify [*letakayn*] others and this also counts as a zchut. A person who builds up a lot of zechuyot will receive a massive dividend in Heaven. Everything depends on the person — how much he is willing to put in for the sake of Heaven, while in fact he is doing it for himself. Because whatever he does is for his benefit.

Mum: Why are you ending your tikun with the completion of my book about you? There are people with autism and brain damage people have written about and published their writings in Rabbi Srebnik's book and they are not ending their tikun with this.

Galia: Mum, each one has his own tikun.

Mum: I see that to complete a tikun is no simple matter and very difficult.

Galia: Obviously, it's difficult for everyone to complete his tikun. But they'll help anyone who really wants to and make it easier for him.

Mum: You often say you have to restore the soul, and suffering also repairs the soul. What do you mean by 'to consummate the soul'? Does the soul lack something like a foot or a hand?

Galia: Mum, that's exactly it! But spiritually. It's missing a part because of its sins and transgressions. What each person is missing depends on the person himself based on what he's done. But sometimes a soul is missing a lot of parts; and by suffering and anguish and observing mitzvot and studying Torah in this world, the parts are restored.

Mum: Galia, you said that it's important a person shouldn't get attached to material things because it's hard for the person who is attached to material things to die. In the spiritual world, he also suffers over the material things he misses. Is it harder for rich people to die?

Galia: It's hard for a person to give up on material things. It's very hard for rich people to leave this world. The fact they are rich is also part of their tikun. When a rich man gets to Heaven, he sees that there you don't need either all the money he had or any material property. Only Torah and mitzvot - that's the main thing which serves his lot there.

Mum: Can souls in Heaven argue or get angry with each other?

Galia: Chus veshalom! Mum, there's no evil will in the next world. Everything is good, pleasant and beautiful. No one gets angry, there are no arguments. There's no such thing like there is in this world.

Mum: Galia, if you look at it, it seems very hard to complete a tikun.

Galia: Mum, of course it is so hard for a soul to reach tikun. That's why HaKadosh Baruch Hu has mercy on us and gives us several chances to reach tikun and not just one chance.

Mum: I was thinking that you a great zchut in having got me to do tshuva. All the mitzvot that I do, and when I have grandchildren - *be-ezrat Hashem* - I'll bring them up to observe Torah and mitzvot and *maasim tovim*. And it'll all go to your zchut. You are in fact the link between the tzadikim there were and the tzadikim there will be in the family.

Galia: Correct, mum. And I am happy to have corrected [*letakayn*] what I had to in this world and cope with the difficult task assigned to me. You have to know that every soul is given a very difficult assignment for its tikun in this world. Just that a person is not mentally aware of this. Those who get to correct their souls are in a fortunate position.

Mum: Can a soul in the next world be evil like people are evil in this world?

Galia: Dear mum, I've explained to you that the *yaitzer hara* in the next world does not exist. There are many ways to rectify evil people in Gehinom. They have no place above until they are corrected and purified.

Mum: Galia, are all the people in the next world fine people [have *middot tovo*, i.e., good character traits]? Where did all the bad traits which they had in this world disappear to?

Galia: Mum, someone who gets to Gan Ayden does so because he is worthy of it, because he refined his soul and it is clean and pure. But there are levels for every soul and every soul in Gan Ayden is on the level fitting for it. So, not everyone is on the same level but everyone is refined, pure and clean and purified of all the pollution of the sins which stuck to them. And all this is obviously after the refinement and cleansing of the soul.

Mum: Galia, when a man comes to this world, Heaven knows beforehand if he's going to do tshuva or not and fulfill his mission. So why do they send to this world people whom they know will not do tshuva?

Galia: My dear Mum, even so, they give every soul the opportunity to come to the world and put everything right in such a simple way. Otherwise, the tikun is extremely difficult and it's better for every human being to achieve his tikun when he is in the clothes of the material world, because that's the best and easiest tikun.

Mum: That's called 'easy?' Some people go through terrible suffering in this world.

Galia: It's all the calculations of Heaven and everything is for the good. Even when it's hard to understand why, it's for the good. It's hard to explain. Everything is spiritual. The worst form of suffering is actually outside the body and not inside because the soul is given the means to feel almost limitless suffering.

Mum, it's hard to explain to you spiritual things. Since you exist in material form, you do not have the tools to understand. Fortunate are those who have the *zechut* to perform mitzvot and enjoy the next world dressed in the royal clothes they prepared for them in this world.

Mum: Do the advocate angels [*melitzei yosher*] actually go with a person?

Galia: Sure. Mitzvot turn into *melitzei yosher* [advocate angels]. Every word, every good deed produces an angel who guards us and all the Jews. The more a person accumulates *zechuyot*, the more protection there is for the person and the nation. And with sins, it's the exact opposite. Every sin creates an angel of destruction *chalila* and that causes us and the Jewish nation a lot of troubles.

Mum: Galia, can you decide whom to communicate with?

Galia: Souls are not given the option of deciding things for themselves. Communicating is with the permission of Heaven only.

Mum: What helps the soul the most on a *yahrzeit*?

Galia: Saying prayers, *kaddish*, going to the grave — they all help the soul of a dead person. In the main, what helps is the *kaddish d'rabannan* which raises the level of the souls of those who don't have people to study Torah [lit. say Torah] and say *kaddish* for them.

Mum: What happens to the soul whose children have not done *tshuva*?

Galia: If she is guilty because she did not educate her children, her shame is simply awful. But if someone did educate them in Torah and mitzvot and they went rotten, they have to render account themselves.

Mum: Is there no need to be sad over a good man — a person who feared Heaven who died?

Galia: If somebody was known for his *middot tovot* [to be a fine person] and because of his deeds ranked as a *tzadik*, you only get a tiny bit sad about him. For him, abandoning the material for the spiritual is a great joy. It's the reason for the celebrations [*hilula*] they hold on the anniversary of the death of *tzadikim*. People share in their joy that they rose to high spiritual levels in their lives which gives them life in the next world in the higher *Gan Ayden*, the place reserved for complete *tzadikim*.

Mum: Does everyone have *tzadikim* around him helping him?

Galia: Dear mum, *tzadikim* and good angels go with the man who takes care over his *middot* and studies Torah and helps others. They help him to understand the secrets of the Torah, if he deserves help, and protect him from all evil. But in the same way, there are evil men surrounded by angels of destruction and the forces of the *sitra achra* who assist them in the performance of crime and serious sin. However, they also make accusations against them in Heaven and they exact payment from them in this world and the next.

Mum: Are the soul and the body the same entity?

Galia: They are two completely different things but they are linked to each other. Without the body, there is no tikun for the soul. Without the soul, the body cannot survive.

Mum: Can a grandfather of one hundred have a young soul?

Galia: Dear mum, when you talk about a man a hundred years old, you are actually talking about his physical body. That is a hundred years old. The soul has been alive since the creation of the world.

Mum: Galia, does the soul never rest and never sleep? What does your soul do every night when people are asleep and it is awake?

Galia: Souls don't sleep because they don't get tired, and they have no need to rest. It's the physical body which needs rest because when it is resting, it changes over much waste matter in the body and stores strength. The soul is not in need of this.

What I do when I am asleep is the same as all the souls of people when they are asleep. Every night the soul goes up before HaKadosh Baruch Hu and renders account for its actions during the day. There are other, more complex things, but there is no possibility of specifying them.

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Mum: I understand that people with brain damage are big tzadikim and their suffering is their tikun. If they are such big tzadikim, then why is such terrible suffering their lot?

Galia: Mum, everything is Heaven's reckoning. A soul has value in terms of the individual and in terms of the collective whole. People with brain damage and autism have been chosen to suffer here not specifically for their own tikun but in their suffering, they take on the tikun of the nation.

Mum: Can you explain to me the role of those who experienced clinical death? What is the purpose of it?

Galia: Mum, they have a very important role to relate what they saw to strengthen the faith of the listener. Someone who has gone through this knows that he has been given an extension of life in order to do tshuva and rectify what he has damaged. It's like a last warning before being sent to live a further life in this world or receiving a hard punishment.

Mum: When the soul arrives in the next world, who shows it the way in the high worlds? How will it know where to go?

Galia: Mum, every soul is received by high angels, holy serving angels, if it has the zchut. If it is the soul of a tzadik, tzadikim come to it and greet it with great joy and happiness and show it with honors to the place prepared for it in Heaven.

Mum: Can someone who has accumulated zechuyot wander around Heaven as it wishes.

Galia: It is less limited than souls which do not have zechuyot who cannot do decide to do anything by themselves.

Mum: Can souls help human beings?

Galia: The souls of tzadikim and someone who's thought to be a tzadik help people without them feeling it. Few people actually feel the enormous amount of help they get from the souls of tzadikim, with the consent of Heaven. The main type of help, which is recognized by the recipient, is

instruction in the secrets of Torah and helping a person to open his eyes to take the opportunity, to do a mitzva.

Mum: Do evil spirits come to a soul after death?

Galia: They are not allowed to get near tzadikim. They are allowed to torment the souls of evil people [*rasha-im*] who have sinned and cleanse them of the tuma of their sins.

Mum: Is there a concept of time in the next world?

Galia: Time is a different concept to what it is in this world. You cannot grasp or understand it with the human mind. In the spiritual world, you have there all the time in the world. Everything is reckoned differently. Those who waste their time here on idle pursuits are in a sorry plight in the next world.

Mum: After a man dies, does he know all the answers to all the questions?

Galia: Mum, after the soul arrives in the high worlds, there are no questions left because everything is clear there. The soul sees everything. Nothing is hidden and there is no need to hide anything. The only hiding of things is done in this world by the body and the mind. In the next world, there is no more hiding things.

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Mum: If the soul in Heaven, before its descent to this world, agreed to achieve its tikun and fulfill its mission here, why are there souls which do not achieve a tikun and complete their mission?

Galia: Mum, this world is a world full of personal desires and the yaitzer hara all the time tries very hard to make a person fail. It's very difficult for the material body to cope with the yaitzer hara which offers it so many material pleasures. It's extremely hard to overcome material cravings. Overcoming and subduing the yaitzer hara is the tikun of the sin of Adam Harishon. And some people don't succeed. And they become captives of the material and they have to do a further tikun.

Mum, everything changes all the time, depending on how far the soul succeeds in collecting sparks [*nitzotzot*] of holiness in its stay in it here. The amount of its success in its task in this world determines its place after its life and existence in the body. The biggest pain for the soul is being unable to go back to its celestial source which it was originally hewn from. All those who are not sensible enough to fulfill their mission faithfully and are into materialism and influenced by the tuma which surrounds them and hides them in its shells [*klippot*] — their souls are desperately unhappy. The pain they have from the failure to overcome the yaitzer hara is eternally insufferable. You understand everything with the greatest possible clarity in the world of truth. So long as the candle is alight, you can achieve a tikun. But some people do not achieve a tikun while the candle is alight. They push everything off and the candle comes to an end but not their tikun.

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Mum: I've got this feeling that you're moving away from me.

Galia: My dear mum, I'm not moving away from you at all. I am almost completely outside my physical body. The soul has almost completely left the body. There is just a very fine thread which still links it to the body. But I, your true Galia, that's not this poor, suffering body. This body is needed for

my hard tikun in this world. I, the soul, am not visible at all. And I am not even like my poor body. I, the soul — stunningly beautiful and radiant, lit up, beautiful, happy, floating, flying, soaring through the unlimited ecstatic expanses.

Mum: Does the soul not forget anything at all? Does the soul have no tendency to forget like the mind?

Galia: Mum, the soul does not forget anything. Forgetting things exists only in the material world.

Mum: Maybe you can tell me how Moshe Rabeinu *alav hashalom* succeeded in getting to those mighty spiritual levels? Or was it that from the outset he had this ability and mighty spiritual potential which hardly anyone has?

Galia: Mum, that's the reason I gave you in messages that they reckon with tzadikim like a thread of hair. Tzadikim are judged according to their ability. Moshe Rabeinu had massive spiritual ability; but he also actualized this ability. This is why a person should exert himself more and more and try to the limit and as much as he can. That's the only way he can know if he has the ability to do more. Every soul will have to render account for every cell which could have functioned here in this world in the time given it and did nothing. The soul is only happy if it achieved the goal it was sent to accomplish. If it did not succeed in its assignment, it's in mourning and ashamed. That's the hardest hell.

All those not going in the right direction feel a great sadness inside because their soul is mourning over the fact that they are not fulfilling the tikun Heaven sent them to fulfill and are mistakenly going after the worthless and empty things of life.

Gan Ayden And Gehinom

Mum: After a person dies, does he see HaKadosh Baruch Hu? Do Gan Ayden and Gehinom exist?

Galia: That's not even a question.

Mum: Why? Is it forbidden to ask?

Galia: It's allowed. But it's clear—yes!

Mum: I heard a rabbi who said you also have to have zchut to get into Gehinom. Not everyone has the zchut to get into Gehinom. There are people whose souls wander without rest in the *Kaf Hakela* [see Galia's definition following]; and even though they want to enter Gehinom, they cannot. The rabbi compared Gehinom to a hospital for souls and said, "When a person is ill, he goes to hospital of his own free will. And those who need an operation also agree to them opening up their stomachs and hooking them up to tubes and even sign an agreement form to go through all the terrible suffering. And it's all to get well."

According to the rabbi, Gehinom is not a punishment. A man goes to Gehinom to cure his soul. He wants to get into Gehinom and to cleanse his soul in order to be fit to enter the king's chamber to

receive eternal pleasures. Exactly as a man who enters hospital is ready for all the suffering and pain to be cured of his illness and function normally. What's your opinion about that?

Galia: Mum, that's all correct.

Mum: If so, it seems to me and I also believe that, rabbis know the secrets of this world — you simply have to make the effort and study the subject.

Galia: That's also correct. Everything is known and the one who takes the trouble to find out, will find out.

Mum: What is *Kaf Hakela*? Are you allowed to tell me?

Galia: *Kaf Hakela* is a place which exists somewhere. In fact it's like a game of tennis in which two angels of destruction beat a person with sticks of fire and pound the soul of the sinner and like with a sling, shoot him from one end of the world to the other. They give no rest to the soul of the sinner. These are the worst sufferings of the person who has not been allowed to enter Gehinom. After a period in *Kaf Hakela*, the length of which depends on his sins, he receives the prize of getting into Gehinom and receiving his tikun there. All this can be avoided if you keep Torah and its mitzvot.

Mum: Have you got some advice as to how to be saved from Gehinom. What does you have to do in this world in order not to have to go to Gehinom at all?

Galia: You can be saved from Gehinom through the zchut of spreading Torah. Spreading Torah is not a person's obligation in this world and Heaven shows much kindness to the person who spreads Torah because he is helping people for the sake of Heaven. Mum, spreading Torah is one of the tested formulas for being spared from Gehinom.

Mum: Is spreading Torah *the* formula, or are there others too?

Galia: Mum, all our work in this world is in order not to need additional cleansing in the next world. So don't worry. Someone who observes mitzvot and works on his middot can get to enter Gan Ayden without going through Gehinom.

Mum: Are all the people in Heaven tzadikim?

Galia: Maybe once they were rasha-im [wicked men] who did tshuva. But if that's the case, they are thought of as tzadikim forever. There are better places in Gan Ayden, places closer to the holy light. It depends on *zechuyot*. Sometimes you have has to rectify sins and then you enter into Gan Ayden.

Mum: Is everyone given the opportunity to rectify [*letakayn*] his sins?

Galia: Not only through a gilgul. There is also Gehinom. Mum, tzadikim have a special, luxurious area of Gan Ayden and also someone whose zechuyot outweigh his sins can enter Gan Ayden after being polished [*miruk*. His zechuyot are not enough for him to be taken immediately to Gan Ayden. But Heaven will subject him to a purifying process - *miruk* - and then admit him.]. But the pleasures he has are shallow in comparison with those of tzadikim who went to so much effort in this world. It all goes according to the amount everyone puts into it; and everyone reaps only what he sowed.

Mum: I heard a rabbi say that after they die, the rasha-im are shown all the sins they did during their life; and they are so ashamed of themselves that they don't even wait till they come and throw them into Gehinom but throw themselves in instead.

Galia: That's what happens to those rasha-im who wasted their whole lives with idle pursuits and sinned instead of performing mitzvot and being honest with Hashem.

Mum: I heard that the rabbi said that Gan Ayden is in fact in this world, here. And after mankind purifies its soul and its body, Gan Ayden will be in this world.

Galia: Mum, you are not capable of understanding, but there is also a higher Gan Ayden. And there the tzadikim sit and their crowns are on their heads and they bask in the radiance of the *shechinah* [divine presence].

Mum: What's easier for the soul — to go to Gehinom or to come back to this world?

Galia: Both are difficult for it. The best thing is to go right to Gan Ayden, to a good place. Because there are places there which do not receive the holy light and there are places which are filled without limit with the holy light. Everyone gets his place based on *zechut* and not charity. Everything is measured and weighed on the most precise scales and it's all exact justice.

This World And The Next World

Mum: Is there a court in Heaven?

Galia: Sure.

Mum: What are you allowed to say about this?

Galia: That it's terrible and extremely hard on the soul. Mum, be a tzadika. That'll save you.

Mum: Can I be a tzadika?

Galia: Anyone can be a tzadik. It is a lot of work on yourself. Doing things for Heaven's sake. Thinking about everything you do in life should be for Heaven's sake. It's hard, but one receives *zechut* for how much you tried.

Mum: They say that in Heaven in Gan Ayden, there are spiritual trees, spiritual fruits and rivers and spiritual streams (the Afarsemon rivers). Everything is spiritual there?

Galia: Mum, it's true that Heaven has everything. But everything there is spiritual, not like in this world. You cannot picture the limitless shefa there is there. But what a person gets is based on his *zechuyot* only.

Mum: Is the next world blurred, cloudy and unclear like in a dream? Or is it sharp and clear like life in this world?

Galia: Mum, the only cloudiness and confusion exist just here in this world, the world of falsity. The next world is the limit of clarity. The next world is very clear and so clear and bright. It's not like in a dream. It's much clearer than our reality here.

Mum: After dying, after 120 [in Jewish tradition, a euphemistic method of referring to a person's dying], will everyone know all the answers to all the questions?

Galia: In the next world, there are answers to all the questions people can possibly have. There are no unanswered questions there. Everyone will know the truth in the next world because the next world is a world of truth, and there is nothing hidden there. Everything is clear, revealed and known. In this world, the truth is hidden because that's how everything is directed from Heaven — so that we won't know everything; and we can remain with free choice and arrive at the truth only through our sheer will and through our sheer choice.

Mum: Tell me, Galia, is there loneliness and isolation in the next world like in this world?

Galia: Mum, there's no such thing there. That's only in this world. In the next world, everyone lives in brotherhood and perfect harmony.

Mum: My friend called Ch—, told me that she read in some book where it describes that when the soul reaches Heaven and sees that it is held on some particular level on which it remains for eternity, it is extremely sad over the fact that it did not serve Hashem harder in this world and lost the opportunity to reach higher levels. The soul has great sadness and terrible anguish because it knows that that's the end of its progress and can never rise higher for eternity.

Galia: Mum, that's very correct because every soul is awarded according to the action of the person in this world. It's worth a person's while to put a lot of effort into it and even if it is extremely difficult for him. We didn't come to this world just to enjoy ourselves. We came here to work hard and toil. To obtain our spiritual pleasures in the perfect world through hard work.

Mum: Torah shows us the way in *this* world, teaches us how to behave, to fulfill mitzvot and live in it. So how does it apply to the *next* world too which is spiritual where, according to my understanding, you don't perform mitzvot?

Galia: Mum, our holy Torah is for all the worlds and is beyond our ability to understand this with the limited tools of the mind. You can only see the real truth and understand everything, in the world of truth. Because in the world of truth, you get other tools of understanding and knowledge which man does not have here in this world. But they are faculties which the soul has and they can only be implemented in the high worlds. Mum, you should know that in Heaven there is a great variety of unlimited pleasures for the person who observes Torah and mitzvot and puts in a big effort in this world for the sake of the general welfare of the nation. His reward is very great.

Mum: Galia, does everyone in Heaven have their own home or private area which belongs to him exclusively like in this world?

Galia: Mum, everyone in Heaven has his own, and only his own, area which is meant only for him. It all derives from the *zechut* of his *maasim tovim* in this world and the *zechuyot* he accumulated here. For every mitzva, they build brick upon brick, based on what he deserves. For some, they build luxurious palaces. And everything is eternal. Nothing wears out in Heaven. Everything lasts eternally.

Mum: Does the soul in the next world co-exist with its other half?

Galia: Mum, don't worry. Every soul exists with its other half according to its *zechuyot*. If it has many *zechuyot*, it lives in supernal bliss and all the time with its other half. But if a person didn't trouble enough in this world and just goes looking for pleasures and just to get what he can from

people and not to give them anything, then in Heaven, he will not be with his other half all the time, but very little, and his soul will not have the zchut of perfect happiness. Hashem gives the tzadikim who strive every day of their lives for the sake of Heaven the zchut of being with their other halves forever.

Heaven doesn't deprive anyone of anything. Just the souls, who could have done a lot more in this world and made do with doing only a little, feel sad.

In the next world, there are unlimited pleasures which no human mind can grasp. But to give you an understanding: the spiritual pleasures you get from the study of Torah are of that type. But the pleasures there are much higher, beyond all estimation.

Mum: In the next world, do you look young and beautiful?

Galia: Mum, in the next world, a person's looks depend on his action in this world. A person's actions in this world are the major influences on what he has in the next world.

In the next world, there is no *yaitzer hara*. There is only the *yaitzer hatov* because the soul is absolute cleanness and purity.

Mum: You said that a man who didn't purify himself in this world is purified in Heaven. So why don't they purify everyone in Heaven? Why are souls sent here when they can be purified there without coming to this world at all? What do you say?

Galia: Mum, it's not like that. Because this world has more functions than purifying souls and with your powers of understanding you will not be able to comprehend. Mum, it's all exciting. But it's better to concentrate on action, mitzvot and maasim tovim. Because we have no time. The world passes quickly like a shadow and in the next world, you have eternity to observe and think about all these spiritual things.

Resurrection Of The Dead

And many of those sleeping in the dust will wake up, some to everlasting life and some to everlasting shame and disgrace. Daniel 12:2

Mum: How do you explain that the whole purpose of this world is for a man to prepare himself for the next world, meaning that the whole purpose of this world is the next world and with the resurrection of the dead, everyone will return here and live here in this world. Isn't that a contradiction?

Galia: Mum, why does that bother you at all? There is the next world and you have to work hard to receive zechuyot there. And there is the world of the resurrection of the dead, which is another world. Those who deserve it come here again to live in a perfect world. Because after the resurrection of the dead, this world will be like Gan Ayden. It'll be a world of limitless pleasures without the *yaitzer hara*. Only good will rule in a whole and perfected world. If only we'll have the zchut to be in it, amen! May it be His will!

Mum: Galia, what do we have to do to deserve resurrection? I heard that, according to the Rambam, even the righteous gentiles of the world will rise at the resurrection.

Galia: All of us shall rise at the resurrection. And we must accept the yoke of Torah and mitzvot. Otherwise we shall not rise. Of the gentiles, only those who observe the 7 Noachide Laws will rise. But far bigger demands are placed on us Jews before we rise at the resurrection; and the 7 mitzvot won't in the least help us to rise, only the gentiles. We need a lot more, all the mitzvot which Heaven has commanded us. Then we will rise.

Mum: Does it make any difference to the body or the soul where the body is buried after death, whether in Israel, Jerusalem or the rest of Israel?

Galia: Mum, the best thing for the soul is for its body to be buried in holy Jerusalem. There it will be among the first to rise. Afterwards the dead of the dust of the land of Israel will rise. Then the tzadikim of the Jewish people buried in the rest of the world. And right at the end, the righteous of the gentiles will rise.

Mum: Are you allowed to tell me which body will rise at the resurrection of the dead? Is it the body which did the final tikun?

Galia: Mum, I am not allowed to answer that despite the fact that I have a clear answer. If it was allowed, everyone would have found out a long time ago, or at least those who study the holy Torah hard.

Mum: Galia, I have the feeling that everybody will have to die before the resurrection of the dead. And only after everyone dies, the resurrection of the dead will take place and death will no longer exist. It seems to me that only the suffering of death of all men on earth will rectify the sin of Adam Harishon. I form this conclusion from the fact that all the generations had tzadikim who died because of the snake and not because of any sin they did [after the sin of Adam Harishon and the snake, Hashem decreed that all men must die at some point, even if they are sinless and do not deserve to die]. Yishai, King David's father, Amram, Binyamin and Calev, David's son, were perfect tzadikim whom the yaitzer hara never got hold of. And still they died. What's your opinion? Will everyone have to die before the resurrection of the dead.

Galia: I am not allowed to tell you. Even if you study Torah hard and look for an answer to this question, you still won't find it. Because the answer will come when it has to descend to the world, and then, at the right time, people will know the answers to these questions. In the meantime, people don't exactly know. No one knows exactly what will happen.

Mum: Do you know?

Galia: Mum, I know everything. But I am not allowed to tell you everything.

Old Age And Death

Mum: Is dying painful? Is it frightening?

Galia: It depends for whom?

Mum: A person who is honest and observes mitzvot.

Galia: It depends on how far he is tied to this world. It will be very difficult for somebody who really loves the pleasures of this world of falsity to leave it.

Mum: Does a man know what age he will live to?

Galia: No. Nobody knows apart from some very exceptional people.

Mum: They say the soul knows thirty days before the death.

Galia: Yes. But the mind of a person does not know.

Mum: When you die, do you meet up with relatives who have passed away? After 120, will I meet up with my mother *zichrona levracha* who passed away?

Galia: On entry, they'll come to greet you.

Mum: Do the relatives of all men who die come to meet the new arrival in Heaven?

Galia: Yes. That way the soul is not afraid. Hashem arranges a kindness so that the soul will not be afraid after death. The soul is afraid because it was so much linked to the body and suddenly, it's not.

Mum: How can a man prepare himself for dying so that his death will be easier? I have heard that in a certain book it is described how a person can prepare himself during his entire life – for the day of his death.

Galia: Mum, everyone has to prepare himself for death because death doesn't miss out anyone. The main thing is to fulfill Hashem's mitzvot. And that is the best preparation for everyone. It's also important not to get tied to material things, because then it is hard for a person to give up on his physical attachments and his soul suffers because of that too.

Mum: Does a person who has died and comes back in a gilgul have to go through the suffering of death again and again?

Galia: Mum, that's his tikun. But for tzadikim, death is easier.

Mum: Does the soul see everyone after the body is buried too?

Galia: Mum, it sees them but cannot say anything. It is not allowed to communicate with the living. But it suffers a great deal from the parting like the person who remains here. The same thing. And if those it loved go through torment and suffering, the soul also feels anguish over them in Heaven. Souls of relatives who love each other continue to be linked after death too.

Mum: Galia, they say that when a person dies, its soul mourns over the body which has rotted. Do handicapped people with deformed bodies also mourn over their bodies after death?

Galia: Mum, they mourn less than those who have a fine body. But old people mourn even less because their bodies have stopped functioning as they should, and they are weak, and the strength to live has gone. For them (old people) it's easy to die. For those who have fine bodies and they still have their strength, it's difficult after death. Their soul really suffers.

Mum: Galia, does death hurt physically, or is it simply psychological suffering due to sadness?

Galia: Mum, the pain is spiritual and not the type of physical pain you know. But the spiritual pain is more painful than the physical one.

Mum: Do tzadikim go through this type of suffering too, also the religious and those who do tshuva?

Galia: Mum, the more a man fulfills mitzvot in this world, the less his pains and suffering after death and the more tolerable.

Mum: Galia, how do you overcome fear of death?

Galia: Mum, if a person prepares himself for death all his life, he is not afraid of dying. Because he knows that death is merely an extension of this life and what is to come is much better.

Mum: Galia, what do you do if you yearn for someone who has died?

Galia: Mum, you separate only for a while, then you meet up again in Heaven. Until you meet, it's hard because you yearn to be with the person, and this is also part of the soul's tikun.

Mum: How can someone who is still in this world overcome the yearning?

Galia: Mum, if you do mitzvot, everything is easier for everyone. Both in this world and in the next world.

Mum: When a person dies, does he really enter a dark tunnel? Is it frightening to be there?

Galia: Mum, don't worry about those things. Just worry about building up as many mitzvot and *maasim tovim* as possible to take with you to the next world. That's the only thing you take there.

Mum: Galia, what's the thing which gives the most satisfaction to the soul after its departure from the body after dying?

Galia: Mum, the mitzvot and *maasim tovim* the person does. That's what gives him his satisfaction in Heaven and nothing else.

Mum: Why, when a man is buried, is it important to put up a tombstone over the grave? What does it do?

Galia: Mum, a man's grave is like his body's home. The body lies in the dust till the resurrection of the dead, and the body is also given compensation and pleasure for having suffered so much in its life.

Mum: Why do they say that when a person dies he should be buried right away? What is the reason that one has to hurry so much?

Galia: One has to hurry with the burial because as long as the body is not buried, the soul suffers and suffers because it is not protected by the celestial clothing with which it will be clothed only after the burial, and it is judged after the burial, not before. Therefore it is a very important matter.

Mum: I was sad when you told me you were at the end of your tikun.

Galia: Mum, don't be sad because every man's end is to quit this world. So he has to be happy that he is alive and can perform mitzvot and *maasim tovim* and gain the privilege of entry into the high worlds. It's a wonderful opportunity for a man's soul to gain the *zchut* for so much and for eternity in the space of one short, limited lifetime.

The soul is happy to return to the quarry from which it was hewn. My dear mother, no one will live here forever. I accept everything with great love. When a man completes his tikun in this world, the next world prepares for him unlimited pleasures and delights. The pleasures of this world are nothing compared to the pleasures of the next world.

Mum: What do you say about old age and old people who are just helpless and pathetic?

Galia: Mum, old age is part of the tikun of the soul — when the body gets to old age, because not everyone reaches old age. But it's easier for a person who gets to old age to part from this world of falsity. Because he has no more strength to live and all that's left is to die. So it's not such a big pity for the soul. But the soul suffers from the aging process. It's sad to see such a fine body grow ugly till it gets into a terrible state. And we can recall our past, how handsome we were. And it's hard for us to cope with this loss.

The Court Of Heaven

Know what's above you. An eye which sees and an ear which hears. And all your deeds are written in a book. And you are born against your will, and you live against your will, and you die against your will. And you will in the future have to account for yourself against your will before the King Of Kings, HaKadosh Baruch Hu. Ethics Of The Fathers 2:1, 4:22

Mum: They say that when a person dies, you have to hurry to bury him. What's the reason for rushing so much?

Galia: Mum, so long as the body is not buried, you have to hurry with the burial. The soul suffers and suffers because it is not protected by the supernal clothes they dress it with only after the burial. The soul suffers a lot of pain on seeing the body which has still not returned to the dust whence it came. And it is judged after the burial and not before. So it's extremely important. Without burial, the soul is not brought to trial. And if the person committed a lot of serious sins, the soul suffers a lot because it doesn't know what its fate will be. It finds its peace and its place only after the trial.

Mum: Is everyone tried in the court of Heaven?

Galia: Yes. They check and see the soul's zechuyot and *chovot* [merits and demerits, credits and debits] and it receives reward and punishment according to what it deserves so that it not be deprived of whatever it deserves, chus vechalila.

Mum: Every soul is required to go before the court?

Galia: Sure, mum. Because how will they know what it deserves if they don't check? Everything is also for the good. Maybe it deserves more. So why should it get less?

Mum: Is it frightening to be tried in the court of Heaven?

Galia: Mum, it's terrible. The soul shakes like a leaf. It's so afraid of the holiness, it cannot open its mouth. Then the mitzvot it did in this world appear and plead for it, because the soul is unable to do anything for itself. Only its deeds can act for it.

Mum: The soul cannot plead for itself, speak up, say something?

Galia: It doesn't open its mouth through terrible fear. It has to be helped by advocates.

Mum: Who can act as an advocate for it? Just mitzvot or can tzadikim also plead for it?

Galia: Mum, all its mitzvot appear before it and obviously all its sins, and that's how they try it in the court of Heaven.

Mum: It's shocking and frightening. What can you do to make the trial process easier? What can you do beforehand to make it less frightening?

Galia: The only means is Torah and mitzvot in this world. Then the procedure in the court of Heaven is easier to cope with. Those who don't fulfill Torah and mitzvot are so unfortunate there. The pain of their soul is so sharp and deep and great that you can't even describe it with words.

Mum: Galia, does the court of Heaven judge leniently and take things into account or with exactitude without taking anything into account?

Galia: Mum, if someone's deeds were worthy and he is a tzadik, and he stumbled and fell and committed a sin only on a few occasions, but regretted it and did tshuva and took extra caution from then on — only then do they judge him leniently. But all those who throw off the yoke and deny Hashem and the Torah are judged with great strictness, especially those who take the law into their own hands, commit suicide or murder.

Food For Thought

The light of the tzadikim will rejoice and the light of the rasha-im will fade. Proverbs 13:9

Some people make the mistake of thinking that the next world is just an unbroken chain of unlimited pleasure for every soul. Some people derive their impression from books by people who have gone through clinical death and describe how they left their bodies and were drawn towards a light, a great loving entity and felt exquisite pleasure.

There are also reports by others who have undergone clinical death which describe how they left their body, entered an extremely dark tunnel and all the limbs of their body were removed from their body one after the other. The pain from this was so terrific, they cannot bear to think of it. (Such was told recently on religious radio by a man who had this experience. I possess the tape of his narrative.) The parts come back to the body and then are removed again and snatched away again and again. He screams but in vain because there is no one to save him.

Others told how when they left the body, they were attacked by spiritual dogs which bit them (also based on interviews on religious radio which I have taped).

So it seems death is not exactly a release from the suffering of this world. Death is the start of a new life which can be wonderfully happy, but, on the other hand, can be full of pain, extremely miserable and awful. It all depends upon his deeds in this world.

Rabbi Menachem Menashe in his book, *Love Of Life*, in the section on *Bereshit*, tells the story of a woman in Greece in the late 1980's (5748). A spirit entered her. The spirit was that of a Jew called Avraham Signor who lived in the town of Colonial, who committed suicide by hanging. Despite the fact that he did tshuva before dying, only pain and suffering awaited him in the high world.

The spirit told a rabbi, who performed exorcism rites, that at the moment of death, they snatched his spirit and whisked it away to the *Kaf Hakela* and angels of destruction came and started to beat him with terrible cruelty with sticks of fire till his vertebrae broke off. He started to run away but wherever he went, he was hit with sticks of fire without mercy beyond all comprehension.

Suicide

The son of a wise man listens to the warning of his father and a joker does not listen to rebuke.

Proverbs 13:1

Someone who commits suicide does not solve his problem. On the contrary, with death, he will go on to suffer terribly.

Galia: The person who commits suicide, even if he was a tzadik, has almost no chance of rising with the dead during the era of mashiach. And all his pleading won't help. Heaven is very angry with him and there is no way to obtain forgiveness and atonement. His bears his sin. Heaven judges him with total severity and the court has no mercy whatever.

Those who commit suicide are fools. They think that they will put an end to their suffering that way. Someone who with his own hands brings his life to an end without the consent of heaven should know that the real story of his suffering starts at this point, and his soul will receive the worst punishment, that it will be cut off from the face of the world.

Someone who commits suicide is a murderer like any other murderer. And his sin is worse than that of the murderer of someone else. It's as though he burnt a *sefer Torah* with his own hands. He is classed as someone who denies the next world and the existence of Hashem and will have to render account for this after he dies.

The person who commits suicide will never enter the next world. Mourners do not rend their garments. No funeral speeches are made. He receives no respect. His body is not considered a regular body for burial and he is buried at a distance from the other graves and you do not mourn for him. His spirit wanders in Kaf Hakela from one horror to the next and his wailing is heard from one end of the universe to the other and there is no one to save him.

Rabbi Tukachinski, *Bridge of Life*

The happiness, serenity and delights of the next world await only the upright who devoted themselves to Torah, mitzvot and *maasim tovim*.

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Some people who have experienced clinical death recount how when they left their bodies, they did not go up but down. They sank down very low and came to frightening, terrifying places full of smoke and with weird-looking, creatures receiving them.

Raymond Moody in his book, *Life After Life* (p.32), speaks of a woman who suffered from infection of the stomach membrane. The nurse gave her an injection "to help her die" (mercy killing, or, in other words, murder!). The woman felt that all the objects around her in the hospital increasingly distanced themselves from her. Everything receded and, head-forwards, she entered a narrow and very dark passageway. She started to slip downwards.

A man who came close to dying tells: "Suddenly, I was in a very murky valley, very deep. It seemed as though there was a pathway, almost a road, in the valley. I went down the pathway. Now I know what the Bible means by the phrase, *the valley of death*."

D. Scott Rogo in his work, *Life After Death* (p.76), quotes Dr. Charles Garfield, psychologist with the Cancer Research Centre of the University of California in San Francisco. Dr. Garfield researched into the process of dying and concluded that death is not always a pleasant encounter with serenity. Some patients close to death saw demons and experienced nightmares.

Dr. Morris Rollings, a cardiologist in Tennessee, who investigated clinical death (ibid., p.76) records that some of the experiences patients recalled were extremely frightening and brought him to believe in the existence of hell.

Dr. Rollings' first encounter with such an experience was after reviving a cardiac patient. The patient told him that he was in hell all the time. After this, Dr. Rollings collected many testimonies of disturbing experiences of those who had left their bodies.

One woman, recovering from a heart attack, told Dr. Rollings, "I remember how my breath shortened and evidently, I fainted. At that moment, I noticed that I am going out of and leaving my body. The next thing I saw was that I am entering a sad chamber and there, through one of the windows, I see a giant with a grotesque face looking at me. Little goblins, part of the giant's entourage, ran around on the window sill. The giant signals me to follow him. I didn't want to go, but I had to. There was darkness outside and I could hear people moaning and sighing all around. I felt things moving round the balls of my feet. We continued on in this tunnel and things became worse. I remember that I cried. Then for some reason, the giant let me go and sent me back. I felt I had been saved. I don't know why. I just remember that I found myself again in a hospital bed. The story changed my life."

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No evil shall happen to the tzadik, but the rasha-im are full of evil. Proverbs 12:21

In the next world, it's not possible to rectify things as easily as it is in this world. Tshuva has a mighty power. Tshuva is a terrific gift we have had the zchut to receive. Tshuva gets to the Throne of Glory.

I asked Galia: After 120, does the court of Heaven show the defendant what he did before he did tshuva?

Galia wrote to me: Mum, they erase the sins of someone who does a real tshuva. And not only that but the sins become zechuyot, provided he didn't do the sins in question again. Heaven accepts the true tshuva of everyone.

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You don't have to wait till Rosh Hashanah and Yom Kippur to do tshuva. A man can do tshuva every day of the year. Tzadikim do tshuva every night before sleep.

And even if a man did tshuva in his last dying hour, it is accepted. And even though the sin caused damage, the damage is repaired and restored. *Everything goes after the seal. (Mashechet Berachot 12:1, i.e., What happens at the end is what counts.)*

There are 3 principles of tshuva: regret, confession and reform.

Regret means regretting what you did.

Confession means confessing to Hashem what you did.

Reform means undertaking to desist from the particular sin, not to act sinfully henceforth, and not repeating the mistakes of the past.

Tshuva is a fantastic present given us by God. And Heaven considers that the one who has done tshuva has, as it were, gone to Jerusalem, rebuilt the temple, built the altar and sacrificed all the sacrifices listed in the Torah.

Nothing stops a person doing tshuva if he wants to. Tshuva and maasim tovim are like a shield to protect a person from disasters.

The *Zohar* states: If a man was thinking of doing tshuva but died first, the tzadikim come and take him out of Gehinom because he contemplated tshuva.

Rabbi Eliezer said (*Massechet Shabbat* 153:1), “Repent the day before you die.” His students asked him, “Does a man know when he will die?” He said to them, “All the more, then. A person should repent today in case he dies tomorrow. By doing this, his whole life will be days of repentance.”

The *Ethics of the Fathers* notes: *Don’t say, When I’ve got free time, I’ll study Torah, in case you never have free time.*

Perfect tzadikim don’t stand in where baalei tshuva [penitents] stand. (Massechet Berachot 34:2)

A person’s tshuva is so great that it moves Heaven to tear up its decree against him. (Massechet Rosh Hashanah 17:2)

The gates of penitence are always open. (Medrash Raba, Devarim)

Tanna deBai Eliyahu states, Come and see the power of tshuva. It makes kings of the inhabitants of the world and places a crown on their heads. It cures a person’s sickness and saves him from all sorrow, sighing and pain.

The 30th chapter of *Devorim* assures us that in the end the Jewish people will do tshuva and then they will be immediately redeemed.

If Israel does not do tshuva, HaKadosh Baruch Hu puts a king over them whose decrees are as bad as Haman [who will terrify the whole people] and he will make them become good again. (adapted from Sanhedrin 41:2)

This world is like a waiting room and the next world is like the main hall [adapted from Ethics of the fathers, 4:16] and if we consider the three things which Rabbi Akiva ben Mehalalel said in the Ethics of the Fathers, we will not sin: Know what you came from — from a smelly drop, and where you are going to — a place of dust and worms, and whom you will have to render account to — the King, the King of Kings, HaKadosh Baruch Hu.

Messages To The Jewish People

In a message to a well known rabbi, Rabbi Moshe ben Lulu, director of the religious radio station, Channel 2000 on 5.1.99, Galia wrote:

The rabbi must understand that Heaven has decreed the Jewish people must be punished (*chus vechalila*). We've all got to wake up the sleeping because very soon the whole of this world will start to shudder like a huge, terrible mixing bowl, like a big pressure cooker and we will soon be witnesses to mighty, wonderful revelations.

Because mashiach is already at the entrance, and, on seeing the open miracles which will take place very soon, the Jewish masses will return to our Father in Heaven who loves us so much. But you have to know that doing tshuva today without being prompted by miracles and wonders is thousands of times more praiseworthy. Because today we have free choice. And very soon all these revelations will negate free choice.

Very, very soon, and you've no idea how soon, everything will start happening, and a terrible war is going to break out in Israel and the rest of the world and this will be the first and very painful of a series of sorting processes. Because a lot of Jewish people, who didn't open their eyes to see the one and only truth, that the world has a King, and there is nothing besides Him, will fall (*chus vechalila*).

The first selection will be very hard, massive and painful. All the time, there will be additional selections with gaps in between, and only those left after all these difficult selections and tests — they will be the only ones who will have the zchut to see King David *chai vekaiyam be-ezrat Hashem yitbarach*, very soon.

Mum: Someone asked me once, *Why do you communicate with your daughter? Hidden affairs are the business of God. Apparent matters are ours.* What should I say to people like that?

Galia: Mum, tell them they don't know what this concept is referring to because if they did, they would not talk like that.

There are revelations of the truth from the high worlds and it's done on a number of levels. One of them is communication with us brain-damaged. And people get kinds of dreams. Very unusual dreams. And there are people who have all kinds of revelations and visions. And the tzadikim of our generation have the zchut to know things which were hidden for hundreds of years. And now Hashem reveals them to us. Because before the day of the great and terrible name, Hashem reveals to us from Heaven a lot of truths which will progressively increase and grow, as the time gets nearer to the geula.

So these things are not closed secrets which are forbidden to delve into. These are revelations which Hashem is revealing and changing from closed secrets to revelations for us. We are fortunate to have seen the divine truth which is starting to be revealed in our world and is carving its way in this world of falsity. The way Hashem *yitbarach*, the Holy One, runs the world is starting to be revealed.

Mum: Galia, what you say that *the way Hashem runs the world is starting to be revealed* is very exciting. Is the truth starting to be revealed? Hashem doesn't hide His face from us anymore?

Galia: Correct, mum. What's happening in our generation is very exciting. And if only everyone will open their eyes to see this happiness which is coming down to the world, that Hashem loves us so much and is starting with us a new form of divine conduct, *gilui panim* [revealed face, i.e., Hashem controls all which happens. Yet in recent time, His control has been unapparent, a concept called *hester panim* or hidden face. But His control is now starting to become apparent and changing to *gilui panim*, revealed face.]. My dear mum, I am happy to tell you that the era of the *hester panim* is passing from the world.

For those who keep Torah and mitzvot, *gilui panim* is wonderful. But with the revelation of the rulership of Hashem in the world, those who do not fulfill Torah and mitzvot will have to be punished with even greater severity than in the era of the periods of *hester panim*. The judgment is perfect justice and there is no leniency.

You have to open your eyes and see the truth staring at us and not be like the ostrich which hides its head in the sand and doesn't see anything. We have to, and must, open our eyes and see the truth which is starting to come down to us from Heaven, from the world of truth to us to light up our big darkness. Because only Torah can light it up. And also the kindness which HaKadosh Baruch Hu is doing for His people, the Jews, and for the whole of mankind because of the *zchut* of his precious Jewish people. He is lighting up the terrible darkness in front of us through the truth which is carving itself light in the midst of all this darkness. Fortunate are we, those who are privileged to see the light — both those who see this directly and those who see this illuminated truth indirectly.

Mum: What a wonderful message, *baruch Hashem*! Galia, I wanted to ask you before I pass on the material to the rabbi to be checked— are there things which may not be written in the book?

Galia: Mum, everything I have said to you is all right, and people are allowed to know all this. But everything must be checked by your rabbi. Everything which your rabbi says is accepted by Heaven. The main thing is not to be tempted into doing things on your own without being checked.

Hashem has mercy on his beloved Jewish people and reveals to them secrets of the Torah — to anyone who wants. Because HaKadosh Baruch Hu *yitbarach shemo veyitaleh* wants to release us right away from our troubles and, in His goodness, renew this world. Everything is from Heaven, the whole need which has come up recently to speak about the revelations of the truth from the high worlds which has been revealed to us recently. Mum, the salvation is coming. There's no time. Heaven has made many revelations in our period. HaKadosh Baruch Hu is showing us what was impossible to see through all the years of the exile. Hashem brings down *shefa elyon* [high shefa, a very special divine power] to us in this world of ours, because He is preparing us for our imminent *ge-ula* which cannot take place without preparation.

Heaven is arranging things to make the *ge-ula* easier for us; and we have to give thanks to the Creator of the World who is helping us to open our sealed eyes and think about what's going on around us and to understand that we, the beloved Jewish people, must fulfill the mitzvot of Hashem *yitbarach* without any conditions or reservation, and serve Him with great love, because He is a

gracious and merciful God, has a fantastic love for us and protects us and directs us all the time. All we have to do is think.

Mum, you cry over the people who were killed in explosions [terrorist incidents] and I cry over the Jewish people from Adam Harishon to now and beyond. The world is fast progressing to the end. The end is the beginning of the new world. A world of truth and not falsity. But a lot of Jews still don't understand. I am worried.

Mum: Does everyone who does tshuva — is his tshuva accepted in Heaven?

Galia: Sure. Heaven accepts the true tshuva of everyone. The biggest tzadik is the one who controls his *yaitzer hara* and does tshuva — not necessarily the person who doesn't have a *yaitzer hara*. Getting people to do tshuva is considered one of the biggest mitzvot a man can do in this world.

My brothers and sisters, don't sleep. Get up. Wake up. See the truth. All the those who do tshuva prevent disaster, but that too is not enough. People don't understand the simple axiom that there is a creator. There is accountability and there is a judge. The end is drawing close fast, and it's possible that there may not be enough time to do tshuva.

Jews of the world, wake up! There's not time to wait. Time's up. Love your fellow as yourself. I am the Lord your God who took you out of Egypt. That's the message.

Mum: Why are you crying?

Galia: I'm crying about everything. Both about my situation and about the whole Jewish people. The believers and the servants of Hashem are the spiritual center of the Jewish people, and they are examined first. Tell everyone to do tshuva fast because there's no time. In the near future, there will be a grand revelation.

Mum: Why do you cry so much? I'm really disturbed about your crying, and why you haven't eaten?

Galia: My dear mum, I suffer much over my Jewish people who aren't going on the right path and Hashem is angry with us. That's the reason I am not in a good mood today, and I am crying and don't want to eat, because I know what's going to happen to us soon. And it's really hard for us, for all of us, because we aren't going on the right path enough.

Mum: But lots of people are doing tshuva.

Galia: Everything helps. But all in all, our situation is difficult. The defense and *zechuyot* we have is not enough. We're just dependent on the *zechuyot* of the tzadikim who died, and we, the living, do not have enough *zechuyot*. Mum, it helps me that you came to me today, because today I am extremely sad over my precious Jewish people. It's important to pray to Hashem and read lots of Tehilim in these difficult times and also King Solomon's *Song of Songs*. To pray to our Father in Heaven and cry to Him, and ask Him to have mercy on His people.

I worry so much, sunk in concern, pray to Hashem to help us and plead for my precious Jewish people which is walking along with eyes closed on the edge of the precipice.

Mum: There's talk of a certain woman who had a vision of war and earthquake. Is it true?

Galia: Mum, Heaven is to a small extent revealing to us visions, communications, tzadikim and dreams. It's all Hashem's love for us, so that all the more should do tshuva and all the more Jews be saved.

Heaven is sending us signals that the times are difficult and we cannot sit and do nothing. We have to go out and do and bring every Jew closer because it's a time of emergency for the whole Jewish people. We have to improve our situation in every sphere: middot, mitzvot and maasim tovim. And it's very important to work on modesty and cut out loose behavior.

Mum: Maybe you know. Is there a special reason for the fact that rain fell now in the month of Av [August] the middle of the summer? Rain never falls in the middle of the summer.

Galia: Mum, rain falls at the wrong time — when those in Heaven are sad and worried over us in Heaven, the precious Jewish people. Because there's going to be a very difficult period very soon. And Heaven is crying over us because we'll suffer a lot from it, and it's painful, but apparently unavoidable. A large part of the nation is in a big sleep and has to wake up so that there will be people to receive mashiach soon, *be-ezrat Hashem*. Every calamity is at the end of the day for our benefit, the so precious Jewish people.

If a man does tshuva truthfully and sincerely, HaKadosh Baruch Hu welcomes him like a loving father who longed for his dear son, who came back to him after so many years of separation. A soul which has not done tshuva can be purified through terrible suffering or Torah and mitzvot. Everyone chooses what he wants. It's a world of free choice. In the next world, there is no free choice, only excepting those with a lot of zechuyot which you can accumulate only in this world.

Mum: Galia, a man who comes to this world, with the great spiritual power of a tzadik, and he didn't do tshuva and in fact went down a spiritual level — when he reaches Heaven, do they give him another opportunity to come down here to this world in order to make good, and go up a level? Or does he stay in on the lower level?

Galia: Mum, he cannot always come again, and so he remains eternally on the level he was last at in this world. There is no one who knows if he returns here again or not. So everyone has to make an effort in this world as though it's his last time here.

Mum: What do you say about the situation?

Galia: Mum, the situation is very hard and will be much harder if people don't get a grip on themselves and return to the path of Hashem, HaKadosh Baruch Hu. Hashem does not allow his precious children to stray from the path. Hashem loves His people, and will not allow them to endanger themselves. In every generation, when they try to distance themselves from HaKadosh Baruch Hu and His mitzvot and throw off the yoke, they endanger their spirituality and the survival of the whole world. Hashem loves us and in each generation hits us with blows of love, like a mother who hits her rebellious son, because she knows that without hitting him, he cannot re-stabilize himself. So she has to stabilize him because he's gone off the path and has to get back on it. Sometimes you have to remedy drifting off the path with drastic measures.

Mum: How is it possible to cancel the gezaira [influence Heaven to cancel its decisions to punish the Jewish people] or sweeten it?

Galia: Only if all the Jews in the land do a massive tshuva.

Mum: Galia, there is a mass tshuva going on now. Isn't that considered a "mass tshuva"?

Galia: Mum, it's still not a mass tshuva. It's in the right direction but it's not enough. Heaven is excited over maasim tovim which put the Jewish people in a good light and this helps the Jewish people a great deal, contributing to its defense in these mixed-up days.

Mum: Does this religious revival mean Heaven will not issue any more harsh decrees against the Jewish people?

Galia: Mum, I cannot say that it cancels everything. But the fact that there is this big revival helps us so much; and it reduces baruch Hashem a great deal of the suffering, the blows and terrible disasters.

Mum: Yesterday, on 2 Cheshvan, [I and a kiruv rabbi] saw a double rainbow in the sky. A rainbow and another rainbow above it.

Galia: You saw a double rainbow? Something extremely rare and rare in its beauty. A rainbow is spiritual and seeing it brings spiritual joy to a person's soul. Such a beautiful rainbow from one end of the sky to the other end of the sky and over the whole horizon is not something usual. It indicates to us that we are entering a very unusual period in which great and mighty things will happen to my beloved Jewish people.

Don't worry, because Hashem is proving to us that He protects us and our nation will never be exterminated. Hashem treats us with unlimited patience and strong love which only such a loving father could have towards his misbehaved children. Those who have the zchut and spread Torah are in fact the protection for those who do not observe Torah and mitzvot. All the time, we have to take care that the Jewish people has many zechuyot in order to be sure that a situation does not develop in which chas vechalila the zechuyot will be less than the *chovot* [demerits, opposite of zechuyot]. Every one of the Jewish race must observe mitzvot and get others to observe mitzvot so as to increase the *zechuyot* of the Jewish nation, because we can never know what the current balance is. We always have to make the assumption that it's close to being even and brings with it a danger of *chova* [i.e., a debit balance, meaning a risk of divine punishment], and, all the time, we must bring the scales down on the credit side. Because that's the only way we'll be saved from all the calamities which take place and come to the world.

Hashem loves us, His dear children, and so wants to redeem us quickly. But we are in fact moving in the right direction. But baalei tshuva are still the smallest section of the whole people as such. The trend is wonderful, but the pace is still not fast enough, not forceful enough.

Anyone who devotes all his energies to spreading Torah can arouse masses of people. Anyone who projects all his love to HaKadosh Baruch Hu, and his unceasing devotion, can help bring about a mass revival. Anyone with the spiritual and psychological capability, the knowledge and the intelligence to organize and prepare material and persuasive talks, must go out to the public today and

talk to the masses. This is the duty of the hour. There's an emergency on for the precious Jewish people. All of us have to work hard for mass salvation, and Heaven will judge very severely anyone who can do this and doesn't. It's a special time now in which you still can save many Jewish souls from destruction. Now is a good time.

Mum, Torah classes and strengthening the people throughout the country and precious religious radio stations stir up joy, delight, happiness and wonder in Heaven. They succeed in bringing masses of Jewish people closer to HaKadosh Baruch Hu, to Torah and mitzvot in such a critical period for our dear people. They should carry on in whatever way they can to inspire the masses. All those who spread Torah will obtain great things and salvation and protection. They cannot picture to themselves how much Hashem loves them, how great their reward will be, beyond all calculation and measure.

Mum, it's an emergency period. We have to bring every precious Jew back to our Father in Heaven. The time is about to finish. All the sand in the hourglass has run out and such a little remains. And suddenly everything will change and the ge-ula will come. We'll all feel like dreamers. Everything depends on us, whether the ge-ula will come easily, calmly and gently or the hard way.

All those who disseminate Torah are paving the way for the ge-ula to arrive gently, lovingly and calmly. And if only the numbers of those who spread Torah in the Jewish nation will grow, and that way, we can recruit masses of souls and score a major triumph and save people from true ruin from every point of view. Dear mum, times are hard and Heaven will dress anyone who succeeds in saving a Jew in a blaze of brilliant colors which will light up the whole breadth of the sky and all the Heavens will see and wonder at its beauty and radiance and at its palaces, the spiritual crystal palaces which await him.

Mum: Galia, what can you say about the hail which fell at Succos? A family in Gush Katif spoke on the radio how on Succos, on Shabbat afternoon, it rained and hail came down the size of eggs as big as crystal stones. They were frightened and said the shema.

Galia: Mum, that hail is a sign from Heaven that Hashem is king of the world and He decides what will happen and to whom. Hail shows us again and again our nothingness.

Mum: What can you say about that disaster which occurred to the Jewish people? [The collision of two helicopters near the northern border.]

Galia: Tell everyone not to get broken over the news you hear. We have to continue to trust Hashem, and know that whatever happens to us is truth. Hashem is the perfect absolute judge, and it's not within our scope to understand everything. These things are beyond our understanding. We are limited in our understanding of the world and its processes. Only the Creator knows everything, how and why. Mum, Heaven is sad today, so is the world.

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All the quiet in the world today is the quiet before the great storm. It's like a volcano which gives off smoke all the time. But no one in the world, even the scientists, know when it will suddenly explode. There will be no prior signs. It'll explode suddenly like an erupting volcano and the situation for the Jewish people will be very difficult, worse than it has ever been since the founding of the State.

Because since the State was founded, Heaven has just judged us with more severity because the State did not opt for the laws of the Torah, and the punishment will be extremely hard (chus vechalila) for all of us Jews.

Before Hashem metes out a punishment like this, He tries to wake up and warn his children in order to save as many as possible. We have to continue all the time and without stopping, bringing every Jew closer and fighting for his soul so it won't be lost to us Jewish people. Because the collective soul of the Jewish nation will lack those which did not return to Hashem. They will be in a pathetic state because they will not be able to belong to the soul of the nation, and the soul of the nation will not be complete without them. There is a strong mutual link. A person who worries about the nation is in fact worrying about himself also so that he will be a whole within a whole.

I am not allowed to say anything more precise and clear. The main principle is suddenly, a blow, the return to Torah, ge-ula. When the blows strike – you wake up. It's impossible to go on being indifferent when you get hit. May Hashem have mercy on us, amen! The more people who do tshuva, the more the blows will soften a great deal. Every soul which returns to Hashem causes the blow to get weaker.

My soul cries over my precious people all the time. All the time, I don't stop praying for them. Prayer is very important and helps, especially in these mixed up days in which we need such a huge amount of Heaven's mercy.

How Soon Is The Ge-ula?

Mum: Galia, you say the ge-ula is very soon. How soon is soon?

Galia: I cannot say. I am just allowed to say that it's near. Mum, we are in very difficult times. The whole nation has to do tshuva. I cry because I am sad over what will take place in the near future. It's really terrible. Pray, mum. We all have to unite and pray everyday to Hashem to cancel the hard gezairot on the Jewish people.

Until now, we have not understood the hints. Now there'll be no more hinting. It's a great time for the Jewish people now. In Heaven, there are advocates for the Jewish people but the advocates do not have enough ability and power to change the bitter gezaira. The Jewish people is slumbering! Sleeping. Indifferent. And a blow can wake it up from its deep slumber. It's painful to see the complacency of people on the street and the indifference to Torah and mitzvot. Lots are doing tshuva but it's not enough.

Some yeshiva students give up Torah and do things which are forbidden. There are still promiscuous places which corrupt youth and gambling parlors which ruin Jewish homes and cause the economic growth of the enemies of the Jews. Instead of educating youth to behave decently, to love your fellow man and to love your fellow Jew, they run each other down and cause hostility and hate. They will only reunite if they get hit hard, as happens in consequence of any national tragedy.

Mum: I heard that other people with autism and brain damage say in communication sessions exactly what you say about the hard time awaiting us chus vechalila.

Galia: Dear mum, my precious Jewish people will have a hard time (chus vechalila) in the not too distant future, and the nation goes on acting with complacency and are unaware of the force of the blow. The best way to return to our Father in Heaven is to do tshuva. It's a pleasant, easy and effective way. Wearing a dark jacket and external trappings is not the main thing, but prayer and supplication from the depths of the heart. Not the color and the size of the *kippa* is what causes a man to do tshuva. The angel in charge of the acceptance of prayers never checked the color of the kippa and the type of material it is made of. If everyone will cut his pride a little, we'll gain a lot. If we don't understand this way, Hashem will explain to us very clearly that we have no one to rely on other than Him.

Tell everyone to understand what I have said, including the chareidim and don't be afraid. Everyone is aware of his sins and should think about this deeply.

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Mum: It's frightening, what you are saying. Can anything be done to sweeten the judgments?

Galia: People working for the nation can cause the sweetening of the judgments. If people don't take hold of themselves very quickly, the situation will be very difficult and people should really cry over what's going to happen to us. If they knew what is going to happen, they would fast over it. But many people are still in the dark. It's comfortable for them to be in the mud of falsity and even enjoy it. They've already got used to the dark. They don't even have to feel their way in the dark. They know their way around so well. How sad it is for me to say these things. It's the big quiet before the big storm. Spreading Torah and love for your brother can save masses of people.

Wake Up!

My dear mum, tell everyone to get up. Wake up, my beloved brothers. Now is a time of Hashem's favor. Wake up before it's too late. Now it's still possible to save masses from destruction. Very soon, the whole picture will change completely. And the times will be very difficult for us, my beloved Jewish people, which is not waking up enough.

All those who are doing tshuva are like air to the lungs in these hard days. Mum, look and see. The vast majority of the Jewish people still do not observe Torah and mitzvot completely. And how will it end up? Heaven is sad over this and Heaven will help anyone who goes out to save and bring the masses to Torah. It's still possible to return to our Father in Heaven who so loves his dear children.

It's a time of favor. But you can't know how long this time will last. It's important for us to take advantage of this precious time in which they accept us in love and joy. Like a father who longs for the children he loves. And look, they're coming home to him and he is delighted and receives them with very great love.

But a father also can give up a little on his children who aren't interested in coming home. Any father is sad if his children whom he loves so much don't come back to him.

Tell everyone that they should wake up. We, *be-ezrat Hashem*, are a special generation of great events, salvations and rescues. We are the generation of the ge-ula.

Very, very soon all the processes of the world will change and the one who has the zchut will see miracles and wonders. Don't give up. After the difficult times, the Jewish people's ge-ula will come. Get ready, my dear brothers and sisters. None of us should be left out. Our Father in Heaven loves and longs for you so much, His beloved sons and daughters. Come. Go back to him. Look for the way. Look for the truth. Don't stay asleep. Wake up.

Change In Seasonal Patterns

Mum: I dreamed of a beautiful blue sky and covered from one end to the other with white storks. Do you know what that means?

Galia: Mum, that's a wonderful dream because storks tell us spring is near and of the changes of the seasons. Very soon, there will be changes in the seasons and mighty changes and variations to all the world processes. And then spring will come. Because that's what your dream says. A new spring for Israel and the whole of mankind *be-ezrat Hashem*, soon.

As I told you, the truth is beginning to be revealed in our generation. And also communicating with me is one of the truths descending to the world. And still more truths will be revealed and more light will come down. The whole truth will be revealed!

Mother, tell my precious Jewish people to prepare soon for big and special news. Everything is going to change quickly. The whole security situation in Israel and the world. The whole way Hakodosh Baruch Hu acts with the Jewish people and the world is due for a very sharp change. I am not allowed to give you details. But it is clear that we have the zchut of being part of an era, one of the greatest for the Jewish people and mankind as a whole. He who has the zchut will see miracles and wonders.

Mum: Who will have the zchut to see it?

Galia: Only people who are honest and faithful to Hashem, who go the way of His Torah way and fulfill its mitzvot.

Mum: What can I do to speed up the ge-ula of the Jewish people?

Galia: Mum, everyone has to act. Someone who argues that he has no time must understand that time is something given him by Heaven. Someone who has undertaken to read a number of chapters of Tehilim everyday, will achieve a great deal for himself and for the nation. The main thing is to persist. You have to pray a lot to Hashem to have mercy on us and send us Mashiach ben David quickly [sources speak of 2 messiahs. Mashiach ben David is the main one].

Harsh Gezaira?

Mum: Why does everyone have to suffer from the difficult situation? Why are those who have already woken up to blame?

Galia: Mum, we, the Jewish nation, are all judged as a unity because we are one big soul. If one part of the body hurts, the whole body hurts. Mum, I watch, see and hear the bat kol resounding in Heaven and announcing what is going to happen. And I am not allowed to tell you everything. I can only tell the merest part. But it will be terrible if the gezaira is not canceled. Tell everyone that they should make the maximum possible effort to observe mitzvot, pray and study Torah a great deal, because all this can cancel these adverse gezairot.

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It should be stressed that nothing is concealed from those with autism and brain damage. They see the high worlds, and hear the bat kol coming from Heaven announcing what is going to happen. But these things do not have to happen. Everything depends on us. We have the ability to cancel the gezairot through honesty and fairness, tshuva, Torah, mitzvot and maasim tovim, prayer, Tehilim, helping others, charity, observing Shabbat, love for no ulterior motive, putting on tefilin, not speaking badly about others, family purity, modest dress and humility, kashrut. Prayer, tshuva and charity remove the adverse gezaira.

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Mum: What causes Heaven to make harsh gezairot for the Jewish people?

Galia: The actions of the people cause the gezairot. And tzadikim work hard all the time for the removal of these gezairot.

Mum: The tzadikim in Heaven from all generations or the tzadikim alive in the world?

Galia: The tzadikim in Heaven from all generations pray and seek the sweetening of *middat hadin* [God's attribute of applying the law without mercy. The opposite is the attribute of applying the law with mercy, *middat harachamim*] beseech leniency for the Jewish people. But also the prayer of tzadikim alive in the world removes a huge number of gezairot which are made because of the nation's sins. There are a lot of tzadikim who are ill or suffer from various unusual illnesses and accept this suffering lovingly and this atones for the nation.

Mum: Scripture notes that when the angel of destruction is allowed to act, he does not distinguish between the tzadik and the rasha. In difficult times chus vechalila, will tzadikim die along with rasha-im, also the religious, also those who do tshuva?

Galia: Mum, someone who is genuine and fulfills mitzvot and studies Torah and helps people and serves Hashem with all his heart truthfully and faithfully will not be harmed at all and it will be easier for him to get through the difficult periods awaiting us. Those who do tshuva and cling to Hashem have nothing to worry about at all, because Hashem looks after his precious children. It's just that there are children whom He has to give a few slaps to put them on the straight path. But those who are already on the straight path don't need hitting and don't worry. Someone who is true in his fear of Heaven and the way he serves Hashem will not be harmed.

Mum: But in the holocaust, tzadikim died along with rasha-im.

Galia: Mum, the holocaust was a hard gezaira for the Jewish people. They tried to mix good with evil and things which don't go together. That was a gezaira of the type which is impossible to

remove. But you have to pray, read Tehilim and glorify, laud and praise the One who made everything and everything is under His exclusive control. Everything is subject to Him and they all get the power to function from the letters of His name *yitbarach*. He provides a mighty shefa to all His creations and to the whole creation. Everyone who observes His mitzvot gains.

The Gezaira Has Still Not Been Removed

Galia: Mum, I am really sad to tell you with a sad heart that the gezaira has still not been canceled. It is still in full force. We have to beg and offer a lot of prayers and supplications to HaKadosh Baruch Hu and to read Tehilim and ask in the zchut of King David alav hashalom that the gezairot be sweetened and canceled.

All those who become religious are a shield against disasters and make their advance towards us difficult, but unfortunately they cannot stop the advance completely.

We are in a very difficult time for the Jewish people and we have to wake up as many as possible of the Jewish people and as quickly as possible and rally them to the cause of the removal of the gezaira which if fulfilled and implemented will be really terrible.

There will be a grand selection in the run up to the total ge-ula, and each time, HaKadosh Baruch Hu will select from the circle of those who deserve redemption those who have to remain and take out those who don't have to remain. Only good people [*baalei middot tovo*], totally faithful to Hashem, will have the zchut to greet mashiach soon.

Mum: Galia, what you are saying is frightening. How will it all end up?

Galia: Dear mum, I am not saying these things in order to frighten, but to open people's eyes. So many go like the blind after money, cheating, exploitation, lack of humility and modesty, and look for glory and material wealth which is of no use in the pure and holy world.

The religious also have to wake up and understand that to pray and act the chassid [person of great saintliness] is no license to commit sins, sometimes serious ones, knowingly and in secret. Many religious people have to do tshuva. Everything is open and known to the Master of Everything. You have to open your eyes and remember that everything will be judged and the judgment is fair. Only erasure of the accusations which have accumulated can help. Everything is through mitzvot. We have to do more mitzvot also for our brothers who do not observe Torah and mitzvot. Everyone should undertake to do mitzvot also for other people and it is likely that the gezaira will be annulled.

We are in a time of favor. In Heaven, they welcome every Jew who wants to go back to our Father in Heaven. He who helps himself receives extremely powerful help from Heaven. It's all easy going. The person who gets into this today, wins. People are unaware of what they are gaining. When everything gets into swing, it will be much harder to return to our Father in Heaven. The times will be hard and so it will be to change one's lifestyle and habits of many years. In a time of crisis, it's much harder to change the disgusting attitudes of life and habits acquired over the years.

Now is a wonderful time for this. HaKadosh Baruch Hu is giving all of us now the opportunity to return to Him with love, pleasantly, everyone at his own pace. This period will change very soon

and everything will change. Tell everyone that we must make good use of this time. It'll be easier for Jewish people to do tshuva quickly, pleasantly and willingly without suffering and pain.

Mum, people by themselves are determining what will happen to them. They will be the only ones to finalize it. The coming days are days of favor, and Heaven accepts all requests. We have to make the first step and Heaven will take over and provide us all the help necessary. Everything revolves around trust in HaKadosh Baruch Hu *yitbarach*. It's a great pity to see that people are so closed, and just think about themselves. But there are those who think about the nation and in their *zchut*, we will hurry up our *ge-ula*.

We are already beginning to see today how the light is beginning to come down to this world through the pure souls which have prepared themselves to receive it. Mum, you see and hear recently that there are rabbis and people with *ruach hakodesh* [divine inspiration]. In the days of *mashiach*, that's what there will be. *Ruach hakodesh* will spread and people will rise very high in the spiritual levels.

The Great Heat

In the summer of 1998, a massive heat wave prevailed in Israel and other areas in the world for a number of weeks. A terrible heat. It was impossible to bear and there had not been a heat wave like it for many decades.

Mum: I wanted to ask you, Galia. What do you have to say about the terrible heat wave which has been going on for a number of weeks now? I have heard that people abroad have been actually dying of this heat.

Galia: My dear mum, the heat is a sign to the Jewish people that we are in unusual times. Because the heat is unusual and normally doesn't occur. We don't have a heat like this, except on rare occasions. It comes to bring a message and wake us up and make us ask why. And if we start to inquire and ask why, we can get to the sole truth, that HaKadosh Baruch Hu is the king of the world. He is the only one and there is no one else besides Him. He rules over the whole universe and all the worlds. He is the ultimate power and there is no force greater than him. And only HaKadosh Baruch Hu can save us. Not only from this heat but from all difficulties and all the difficult times.

All the holy, pure Jewish people who are doing tshuva are causing the blows we are due to get to soften and they are in fact softening up and declining but they are still not canceled. It's a pity to have to see that that the *gezaira* has still not been canceled. My dear mum, it's worthwhile inspiring my precious Jewish people to get nearer to our Father in Heaven and pray and do total tshuva and fulfill the Torah, *mitzvot* and *maasim tovim*. That way, this hard *gezaira* hanging over us can be *be-ezrat Hashem* gotten rid of quickly. Amen! May it be His will!

Very soon we will be happy to be witnesses to a flow of masses doing tshuva. The whole time, the flow will increase and in parallel, the pace of *ge-ula* will increase. The *ge-ula* is very near.

The Ge-ula

I believe in perfect faith in the coming of the mashiach, and even though he waits I wait for him to come every day. Maimonides

Galia: The signs show that Hashem pities us and wants to redeem us quickly. It's just that we have to increase the pace of the tshuva movement, and that will be wonderful for us, because the ge-ula is very close. Our ge-ula is already standing in the entrance and on the doorstep.

My dear mother, I want to tell you that we, this generation — it's a very special generation because it's the generation of the ge-ula. All the generations are jealous of us. We are lucky to have had the zchut to live in this generation. If only we knew how to act wisely because we are capable of changing the situation. A lot depends on us and we can hurry up our ge-ula through a complete tshuva of the masses. We will be redeemed in the zchut of tshuva, prayer, helping others and charity.

Mum: What do we have to do bring about the ge-ula? To step up the pace of the ge-ula?

Galia: Mum, the pace of the ge-ula will increase, the more the current of people doing tshuva increases. And that's the whole secret: to pray a lot, read Tehilim, to offer prayer to the King Of The World to have mercy on his people, Israel, and lead them to the ge-ula with great mercy. Stir others to return to their father in Heaven, to work on their middot and improve their *avodat Hashem* [worship of God] all the time. We will only have the zchut of hurrying up the ge-ula we long for, through Torah, mitzvot and maasim tovim.

We are in a very important time for us and the ge-ula is very soon to arrive. Someone who does tshuva will be saved. The hard work of all those who spread Torah saves large numbers from going to ruin. My dear mum, carry on with all your strength. It's a matter of saving life. Strengthening people today is their rescue. In the era of mashiach, the gates of repentance are locked.

Mum: I dreamed [not during Succos] that we put up a succa and we sat in it with a lot of friends.

Galia: Mum, the succa — because Hashem is going to build us the succa of King David very soon *be-ezrat Hashem*. Hashem takes pity on us and will speed up our ge-ula. There is a great return to Torah in the Jewish people and this pleases Our Father in Heaven, who is so happy with his precious sons and daughters. Hashem will give the zchut to all those who work hard for the cause of His Jewish people to see great acts of salvation and comfort and reward them with fine and wonderful things without limit.

Mum: They say that the war of Gog and Magog will last seven years, and it hasn't even started. Will the ge-ula be after the war of Gog and Magog?

Galia: Why are you so bothered about all these reckonings? You don't have to bother over them. It's all the calculations of Heaven. Everything can be changed, and everything depends only on us, how we behave in this period. Because this will determine the pace of the ge-ula.

Mum, I saw the terrible anguish you had when you arrived at the West Wall. You got so sad over the exile of the shechinnah and the destruction of the beit hamikdash. My dear mum, everything

will happen so quickly, soon, *be-ezrat Hashem*. The whole desolate and destroyed Temple Mount, with its population of aliens and non-Jews making it *tumay* [spiritually polluted] with their abominations, will be cleansed of all its terrible tuma and of all its abominations, which will disappear as though they never existed. They will be swallowed in the ground and eternally erased. The whole Temple Mount will be cleansed and purified and will be able to get ready for the construction of the *beit hamikdash*, which will be built speedily in our days, amen! Both materially and spiritually.

The next *beit hamikdash* will never be destroyed anymore. The pain of the *shechinnah* over this destruction is terrible. The *shechinnah* has been crying and crying without stop from the moment the temple was destroyed.

Very soon, (if we have the *zchut*), the final *ge-ula* of the Jewish people will take place. *HaKadosh Baruch Hu* Himself will fight the war for us and redeem us finally, quickly, amen, may it be His will. There will be such exalted happiness in the higher worlds and the lower worlds.

Everything will change and alter. Everything that was will no longer go on. It will be as though it had never been.. A new world will start with new rules. A world of happiness, serenity, honesty, fairness, mutual love, love of one's fellow, help.... Such a beautiful world. The world of the days of *mashiach* is a world of mighty happiness. It gets really close to the happiness of the higher worlds. *Gan Ayden* will be here in this world, my dear mother. Everyone will feel it, everyone who has the *zchut* to live here. Masses of the Jewish people will not have the *zchut* (*chus vechalila*). And only a tiny section of the whole, vast mankind of today will remain. Then a new, pure mankind will start to develop from this fine core such as there never was since *HaKadosh Baruch Hu* created man.

Mum, tell everyone to take advantage of this opportunity and accept the yoke of the kingship of Heaven. Every *mitzva* saves us, especially keeping *Shabbat*, *tefilin*, avoiding promiscuity and improper thoughts, modesty and humility. When everything starts to really happen, Jerusalem will be the securest place in the whole world.

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Mum: When will we be redeemed?

Galia: Mum, the *ge-ula* has a defined date, very soon. Nobody knows the date. Only Heaven knows. Mankind does not know. *Hashem* pities his Jewish people and already wants to redeem us. How quickly it happens to us very much depends on us.

Mum: There are people who give dates for the *ge-ula*. What's the basis of their predictions?

Galia: Mum, they can say whatever they want. Only *HaKadosh Baruch Hu*, King of the World, decides what will be and when it will be and nobody else. Nobody knows what *HaKadosh Baruch Hu* decides.

We are in one of the most likely times for the *ge-ula*, more than through all the generations. And *be-ezrat Hashem* very soon, we'll be worthy of greeting *mashiach*. It's all very soon. You cannot see what is happening beyond the material plane. I, the soul, see everything. And it's heartening to see all the mighty preparations in Heaven in anticipation of the *ge-ula* of the Jewish people. My dear mum, everything is moving and surging. And everything is preparing for the *ge-ula*. Everything is already

prepared for Shabbat. The candles, the food, the home, and all its members. We are in the last few minutes left before lighting the Shabbat candles and the start of Shabbat. Heaven wants to redeem us. All the gates of Heaven are open. We just have to put in a big effort to this end in order that we are part of it.

The Jewish people has returned to its country, but even so not everyone has returned to our Father in Heaven. But it's impossible to make a division. We also have to go back fast to our loving Father, the King of the World. The holy land does not tolerate any tuma. The re-establishment of the true Israel can be based only on the Torah, the fear of God, purity of middot, love of one's fellow, brotherhood, peace and friendship among ourselves and between ourselves and our Father in Heaven.

Man has a great power of influence. He has the power to change a great deal and in all the worlds and his maasim tovim can bring the ge-ula very near. The time has almost run out. There are only a few odd grains of sand left in the giant hour glass set in motion after the destruction of the second Temple. And when the last grain of sand falls, there will be massive revelations and the ge-ula of the Jewish nation will start.

Mum, we can speed up the last few grains of sand left in the hour glass of the world. We can speed them up so they fall faster. Every single mitzva which the Jewish person undertakes speeds up the redemption processes and well oils the cogs of the world and enables them to work as efficiently, correctly and well as possible. Only the mitzvot of the precious Jewish people hurry up and bring nearer the ge-ula.

Everything is going to change so soon. Evil and the yaitzer hara will disappear from the world very soon. The living, the vegetable and the inanimate will change beyond recognition. Everything will find its wonderful and complete rectification in accordance with the planned goal of the world at the creation. *Bracha* [blessing] will enter the world and it will perfectly fulfill the purpose which Hashem gave it, to create growth, to build on the lines of truth, tranquility and peace. Inanimate matter also has high spiritual roots. The whole of this world is linked to high spiritual roots. There isn't one tiny thing detached from spirituality.

If people were to rise above themselves and free themselves from the ropes of so-called enlightened science, they would be able to see the spiritual source of the whole creation. Mashiach will be revealed *be-ezrat Hashem* very soon and bring with him relief for all the pains of this sick and suffering world. All the hosts of Heaven are already prepared for the ge-ula of the Jewish people. If only our minds were able to understand how much the whole Jewish people, every man and woman, is loved in Heaven. How we fail to understand our obligations, which were only made for our own good, so we can receive everything in the spiritual worlds with the great feeling that we strove, worked and struggled for this.

Very hard times are expected soon. They'll change the closed thinking of many people. And the suffering which there will be in the world will purify those who are left, those whose many klippot have not been removed from them. The tzadikim who have already purified themselves and gotten rid of many klippot through their doing tshuva and the effort they have put in and are putting in to spread

Torah will hardly suffer from the pain and suffering which will come down to this world. Very soon the eyes of many, that have been until now closed, will open wide.

The end of the exile has come. The time for the ge-ula has almost arrived and the destiny of the Jewish people is to do tshuva. We are witnesses to the fact that masses are doing tshuva. And the whole time, the flow will increase until all the Jews will be - *be-ezrat* Hashem - a light for the nations, and they will believe in the Torah and fulfill the mitzvot of Hashem *yitbarach*.

With Drums And Dancing

Mum: Yesterday in a talk I gave to women, they asked me to pass onto you a set of drums so that you will go out and greet mashiach with drums and dancing. What's your opinion of this beautiful idea?

Galia: It's a wonderful idea. The symbolism in it is powerful and beautiful. It just proves how holy the Jewish people are and how they long for mashiach and are preparing drums and instruments and songs to receive mashiach tzidkainu. It's obvious that these things are symbolic but the symbolism testifies that the Jewish people are holy and pure and there is none like them in the whole world.

When the ge-ula takes place, there will in fact be dancing and music with drums and instruments and singing. The happiness will be fantastic for those who have the zchut to be part of it. A mass of light, happiness and joy. The more they ask Hashem, so the shefa comes down from the high worlds. Every little bit we get nearer to HaKadosh Baruch Hu brings about a mighty happiness in Heaven and every wave of happiness of this kind sends down shefa and happiness which will drive out all the sadness and grief which prevails here. Mum, it all depends on us.

The Ge-ula According To Rabbi Moshe Cordovero

Rabbi Moshe Cordovero, known as "the Ramak," in his work *Alima*, writes (*Ein Kol Tamar*, cap. 24),

At the end of this exile, close to the time of our ge-ula, the troubles of the people will become really difficult, and they will be in distress. And they will tell the mountains, "Cover us," and the hills, "Fall on us," because of the dire troubles which come at them from all sides and from every corner. The pain will be such that a father will not be able to help his son and anyone left alive will be considered a victorious warrior.

And the reason for this is that the shechinna will judge its own home. It will make them accountable to the tradition of the covenant in order to purify them in readiness for the ge-ula and the good promised us by His prophets. Miracles will occur and the wondrous revelation of the shechinnah to Israel. And all those who will have the zchut to be part of it will say, "Just look. It's our God! We've been

waiting for Him!” They will actually be able to point with their finger at the revelation of the shechinnah.

And who will be the ones with the zchut to be part of it? In those days, the troubles will increase to purify Israel as judgment requires, and everyone feel pain according to his liability.

And all those who remain stubborn and not come back to God - will be lost. And the person who extends his neck to bear the yoke of tshuva and acceptance of his suffering with a pleasant expression and offer his shoulder to shoulder the burden, will be purified and participate in the redeemed world.

...And HaKadosh Baruch Hu is the judge, and the judgment is fair and consistent with His promises, and has no injustice. Therefore they will be repeatedly refined until they become clean and pure silver. And this conduct will turn on the limit of severity of justice....

And in those days, and at that time, the nations will clash, a man’s sword will strike his friend. And Israel will be in the middle in dire distress, and everyone will want to snatch the she-goat in plunder and eat its flesh. And HaKadosh Baruch Hu will take pity on the nation of Hashem because of the three holy patriarchs and the nation’s members will be purified and cleaned amid the calamities.

And as part of this judgment, HaKadosh Baruch Hu will bring down the nation of Amalek and remove it from the world and erase it under the Heavens.

And then he will start the judgment of the nations of the world and Israel will feel great sadness, as it says in *Yechezkel*, and HaKadosh Baruch Hu will want to shake the land of Israel and Jerusalem as a man shakes his tallit.

To shake out all the idolatry there is in Jerusalem, the many impure carcasses buried around the Temple and several filthy places in the city.

And, at that time, the whole gathering of the people of Hashem will go out to the desert, and be abandoned there, starving and poor for 45 days. They will be purified and cleaned, and Hashem will show them Elijah the Prophet and mashiach will reveal himself in big clouds, and Moshe Rabeinu *alav hashalom* will reveal himself to them. And the dead of the desert will rise [presumably those who left Egypt and later died in the desert]. And the shechinnah will reveal itself to them. And flags will be set in the shechinnah. And the beit hamikdash will come down. And Israel will come to a ready constructed Jerusalem, and the shechinnah with them as in the days of their exodus from Egypt. And then there will be more miracles and reach an unlimited number which neither the mouth is able to describe nor the mind able to grasp for the enormous number of wondrous

miracles which will be performed for Israel. And the sources of wisdom will open. And such will be for the Jews the order of things in the ge-ula, *be-ezrat Hashem*.

During the ge-ula of Israel, miracles will overcome nature to a tremendous extent, and Israel will enjoy great success, more than in the days of Solomon. And tshuva will not help at all. There will be no tshuva in the days of mashiach. The wicked will not be accepted but die and disappear.

And this period will last until the completion of the sixth millennium and then the world will return to its root and be reprocessed until a new world emerges after the seventh millennium.

And man will attain a level beyond conception for as long as the Creator, who knows the truth of all issues, wants.

Rabbi Shimon *alav hashalom* lifted up his hands and cried and said: “Oy for the person who will have to go through this; and how fortunate is the lot of the person who will be alive at that time. And how many calamities on calamities there will be, and all the nations and their kings will consort with each other and formulate a number of evil decisions and all of them, with one purpose, will march on them, and there will be calamity after calamity, and the last will make you forget the first.

Then a column of flame will appear from above to below for forty days and the all the nations of the world will see it. At that time, mashiach the king will arise to leave Gan Ayden. And all those who studied Torah will gather around him, and they will be few in the world, and in the zchut of the Torah study of the children in school, he will gain the strength to triumph.

On that day, king mashiach will start and round up the exile from one end of the world to the other.

From that day, all the signs and miracles and triumphs which HaKadosh Baruch Hu did in Egypt will be done in Israel.

Mashiach

Galia: Mashiach is here with us. He is alive and with us here and now. He is already waiting to be revealed. But it depends on us how and when and that will not be much longer. So we all have to get ready to welcome him.

Mum: What do you have to do so that mashiach will come quickly?

Galia: Tshuva, all the Jews, and especially in Israel.

Mum: It doesn't seem logical to me that everyone will do tshuva. So what then? Mashiach will never come?

Galia: Mum, leave your logic out of it. Mashiach comes in every generation and we don't receive him. But soon we will have to accept him. Either we prepare ourselves or Hashem will prepare

us. We will only be able to welcome him quickly and without suffering, through tshuva. We are all responsible for each other. When mashiach comes, there will be Gan Ayden in this world.

Mum: When mashiach comes, there will be no more death in the world?

Galia: Mum, when mashiach arrives, I will be a regular, normal girl like everyone. But nobody knows beforehand if he will have the zchut to see mashiach. We all have to pray to have the zchut to see him soon, quickly in our days, amen!

In the time of mashiach, it won't help anyone anymore to do tshuva. The gates of repentance are becoming locked. The truth will be revealed in the world and will be spread out in front of all of us.

Mum: Galia, when the mashiach is revealed, how will we know that he is the true mashiach?

Galia: Mum, when the mashiach is revealed, everyone will know that he is the true mashiach. He will have signs which will come together with him, and I am not allowed to tell you, but the signs will be very clear and will leave no doubt about his authenticity in the heart of anyone that he is indeed the mashiach of Israel. No one in the world will be able to provide signs like these. Everything is linked to the degree of trust and faith of each of us and each of us must work on this midda thoroughly. And that way, we will bring mashiach tzidkainu nearer and we ourselves will get closer to our Father in Heaven. Mashiach will be revealed *be-ezrat Hashem* very soon, if we have the zchut. It's the time of ge-ula for Israel. All the time there are announcements in Heaven to the effect that the ge-ula of the Jewish people is very soon.

My dear mum, as I told you, at the time of the revelation of mashiach, the numbers of people who claim to be mashiach will increase and only the Torah leaders are the ones to decide in the matter. All those who go after people who have not been approved of by the Torah leaders, will be extremely heavily punished.

The Red Cow

Mum: What do you say about the red cow which was born in Kfar Chassidim?

Galia: Mum, the red cow is wonderful because it's needed for the sacrifices in the beit hamikdash, and without a red cow, it is impossible to start the sacrifices at all. So it only means that the ge-ula is soon. But no one knows when we will be redeemed. Only Hashem *yitbarach*. We don't know, and cannot know this because it is entirely in the hands of Heaven.

Gog And Magog

Mum: Do you know how a person can be saved from the war of Gog and Magog?

Galia: Yes. The first thing is to keep Shabbat properly and eat the three Shabbat meals. Help people a great deal, give charity and do mitzvot, and study Torah and spread Torah.

My dear mum, I am not allowed to specify. I can only tell you again that very soon, the whole picture will change and things will start to be very disturbed in the world. The whole world will be like a big mixing bowl. There will be a lot of tension and a lot of conflict between nations and

countries; and that will be the run up to the unavoidable Gog and Magog. Everything is going to change soon both materially and spiritually. Everything will be moving: mountains, continents, people, armies, divisions. Everything will be on the move. And very soon the awaited ge-ula of the Jewish people. Throughout the world, there will be mighty shocks in the run up to the expected ge-ula; and I cannot specify more than that. Everything depends on the Jewish people. When we all walk the path of Hashem *yitbarach*, all the gezairot are canceled and removed and no one will be harmed. Everything depends on us. We are in a position to determine the process of the ge-ula.

Mum, to my great sorrow, we will still receive a mighty blow before Gog and Magog *chus vechalila*, because, as I already said, there is a decree which we are not intelligent enough to cancel. We are very much softening everything up, but that is not canceled. The blows we will receive *chalila* will wake us up and in fact cause the saving of masses from destruction. Because every blow causes people to wake up and do *tshuva*.

My dear mum, I see all the wonderful preparations which are being carried out all the time in Heaven without stop for the beloved Jewish nation. Like preparing for a happening of great joy. There is great preparation in Heaven and I am prevented from giving details.

Hurricane Mitch

Mum: Galia, what do you say about the natural disaster in central America. Twenty thousand people died in hurricane Mitch and over a million and a half people have been left without a roof over their heads (winter 1998).

Galia: Dear mum, you understand, that this is purely the hand of Hashem. The ge-ula is already starting and these are signs which are starting in the whole world, bit by bit, and every time, the disasters will increase and their force increase. This disaster is a miniature in comparison to what is awaiting the whole of mankind. Soon there will be more hurricanes and tornadoes in the States and the whole world which will sow ruin and destruction with masses of dead and loss of property. Wind which is something insubstantial can in half an hour destroy and ruin homes and material objects. And if a wind like this fulfills the commandments of God, well He can certainly do everything.

The Jewish people can and have the power to stop, soften and slow down all the fury and anger with the people who are erring with empty vanities, materialism, pursuit of money, vanities, illusions, wasting their lives to satisfy their base desires. The person who is clean, simple and honest with HaKadosh Baruch Hu and everyone else, he is the one who will survive.

Message To Parents

Mum: What about children?

Galia: "The fathers have eaten sour grapes," (*Jeremiah 31:28*) but the prayer of children in cheder can cancel the disasters with the vapor of their mouths. Today there are children with various diseases which weren't known till now. In fact, children with their suffering are atoning for the sin of

their fathers. When a husband or a wife are unfaithful and don't go the straight path, it's almost sure that the children will pay the price. The suffering which they go through atones for the defect they caused. Someone who distances himself and his children from the path of Hashem will receive a heavy punishment. Anyone who does tshuva in love and joy will increase his *zechuyot* and those of the Jewish people.

All the anti-Semitic nations will be prosecuted over all the terrible suffering they caused, for all the pain over two thousand years of exile. HaKadosh Baruch Hu will exact a reckoning from all the nations of the world.

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Mum: My dear Galia, how are you feeling today?

Galia: Baruch Hashem, mum. There are, baruch Hashem, campaigners getting the public to do tshuva. In Heaven, they are happy and helps each one of them; and each of them feel the help he gets in the Torah he explains, in the classes he gives to individuals and the broad public.

But many of them have forgotten that people take to Torah in response to pleasant and respectful methods of persuasion. The main tshuva is in the inner person and the consummation of the inner person. That's the right way, and that's the truth and there is nothing else. Fulfillment of mitzvot is also done pleasantly.

Dear mum, the spark is in every Jew, and the proof is that in difficult times, everyone wants to find out how to pray and reads Tehilim and has complete faith that Hashem will save them. But the hardest work today is to preserve what exists and the new people who join the tshuva movement. If we don't operate with pleasant methods, modesty and humility, we will lose the spirit which inspires doing tshuva. We will lose faith and trust in Hashem and many will find their path returning to the non-religious life chalila.

We have to light up the person whose spark is already warm enough. The flame will burn at once and we'll stoke the coals. Everything through pleasantness and courtesy, without compulsion.

Be-ezrat Hashem, we will all become pleasantly and mercifully inspired to go back to our father in Heaven who loves us so much. We have to learn middot tovot which will explain how to distinguish between the types of *yaitzer* [human drives] and evade the *yaitzer hara*. This is a massive part of our tikun. It's forbidden to lose hope. Because the person who works on his middot constantly goes through ups and downs and sometimes extreme ups and downs. You have to watch out carefully and not get disheartened.

Drought

Mum: My dear Galia, maybe you can write out for me why there is no rain? There is a real drought. We are in the height of the winter (1999); but all we've had is a tiny amount of rain.

Galia: My beloved mother, this is also one of the signs Hashem *yitbarach* is sending us to open our eyes. If people transgress what the *Shema* demands of them, the first damage caused is drought. If

we don't fulfill its commands, then immediately, "The Heavens will be closed and there will be no rain and the land won't provide produce."

The danger is very real. All these unusual things which are happening and which will happen more all the time are an indication to us of our unusual situation, the fact that Hashem is waiting for us to return to Him, for us to ask questions *why* and *how*; that we look into things and check and see that scientific responses do not give an answer to many questions. If we think about it, we will see that despite man's feeling he controls everything, man doesn't have any control. In fact, man has a complete absence of control of natural disasters or death, which he cannot deal with at all. How is it that people who think they are intelligent don't open their eyes to see and think about what's going on around them and understand that everything is from Hashem *yitbarach*, and we don't have control of anything.

Mum: Do you have anything else to write?

Galia: Mum, I've already said and I have to say again and again that very soon terrible shocks will start round the world. The world will begin to shake and rattle like a mixing bowl, like the activity of bees in a hive. There will be a massive preparation. Everything will move and tremble. The present quiet will disappear and we will be witnesses to a succession of events one after the other, events preceding the ge-ula which is to happen so soon *be-ezrat Hashem yitbarach*.

Dear mum, mighty and wonderful revelations await us so soon. You have to be very careful of people who define themselves as messiahs. Soon there will be confusion. We the Jewish people are under an obligation to accept the pronouncements of the Torah leaders. HaKadosh Baruch Hu supervises them and directs them how to guide his precious children. At the time of the revelation of mashiach, the number of people who have risen to a high spiritual level will increase, and people will see and feel things such as there never was in all the generations. Such high spiritual things were the sphere of the individual only. The closer the time of the revelation of mashiach *tzidkainu* and the time of the imminent ge-ula of the Jewish people *be-ezrat Hashem* gets, these revelations will be shown to the public who shall emerge as worthy of selection and worthy of the selections which shall follow.

As I have already told you, mum, there will be selections all the time, and very soon there will be a massive selection and after it slightly smaller selection processes. All these involved processes are expected to start soon. And fortunate are those who go the way of Hashem who runs His world with love, understanding and perfect justice. He gives no one in His world any preferential treatment. We have to look and think and then we will see how much HaKadosh Baruch Hu loves us, His beloved sons and His beloved daughters, and pities us and protects us from everything. We just have to open our eyes to look and see.

Eclipse Of The Sun

Galia: The eclipse of the sun is a bad omen for the world. It's a sign of imminent disasters. As I told you, this is the great quiet before the great storm. The eclipse which took place can demonstrate to

us that although the sun is shining, something hid the light from reaching us. In that eclipse, it was the moon. And in the eclipse of the world, it is the forces of tuma which we enable to nurture from us and hold unto us, and they are destroying every good part. We are near the end. And the whole time, the confusion will grow.

Whoever is still in the hand of the forces of tuma will suffer a great deal, because he is their last link and bastion and they will not give up on him easily.

Therefore get rid of all your base desires and drives which are enticing you and driving you to the side of evil, wickedness and tuma. My dear people, get near to Hashem *yitbarach* who gave us the Torah of truth, the Torah of life, a present from the treasury of the King of Kings, HaKadosh Baruch Hu. It is the holy Torah, which can raise us up from the lowest level we currently exist on and take us up to levels of holiness and purity and join the higher spheres with the lower spheres.

New Spring In The World

Galia: Many, dressed up as honest and decent people, plot and conspire. From Heaven, Hashem looked and scrutinized everyone and even if it seems to all the different types who organize conspiracies against everything which is holy and to those who cause dissension within the Jewish people that there is no one watching — Hashem sees into every heart.

All the troublemakers will be punished and fall into the pits of hell they dug with their own hands. To all those who stir up quarrels, arguments, hatred and divisions in the Jewish people, beloved of the King of the World — Hashem observes from the high heavens, watches and knows our secrets and sees all our actions and sheds tears over His beloved people.

Free choice will come to an end soon and those of His people who survive will see how the way of the wicked shall not succeed, how they shall fall like a dry leaf on an autumn day, and every bud will dry up, every foolish blade of grass will be like dry hay. And in their place will grow new and fresh leaves, green and pure and turn the spiritual desert, which has already started growing with fresh, green plants, into a fertile green.

Everyone worthy of *ge-ula* will fill up with good, juicy fruit. Mum, the fruit are the most important thing for the survival of the plant. Mitzvot create giant, fresh, fruit for us, lush and juicy fruits. We have reached the end of the bitter, cold winter. Soon a new spring will start in the world, a new growth. The whole picture will become clear very soon. It depends on us, the Jewish people, alone — who will sprout forth to grow and flower and who will dry up.

Only after all the *klippot*, which close out all the light and *shefa*, have been removed from us, will we understand the measure of Hashem's love for his children, his Jewish people. The world is run with true divine justice, and there is no favoritism towards any creature, the product of the hands of Hashem Baruch Hu. Everything is absolutely fitting justice.

Palestinian Independence

A man has many thoughts. But what Hashem decides counts. (Proverbs 19:21)

Mum: What's the significance of the fact that the Palestinians intend to declare soon an independent state with Jerusalem as the capitol, chus vechalila?

Galia: Dear mum, the Palestinians can declare what they want. "A man has many thoughts. But what Hashem decides counts." Even if they declare this, they will soon fall and be erased from the world.

No declaration by anybody is going to make any difference. In Heaven, it has been sealed that the Jewish people and the land of Israel and Jerusalem are one. Nobody can separate us anymore from our land, our birthplace and Jerusalem, our eternal capitol. It's the end of the period in which Yishmael has been allowed to rule. And like a wounded animal, he tries with all his strength to resist. HaKadosh Baruch Hu won't let it happen anymore. We have refined and purified our heart and the collective soul over two thousand years of exile. Most is already complete and what remains is the final cleansing that will happen in the selection stages. Each time, HaKadosh Baruch Hu will choose those fit to be included in the ge-ula and put them through various, big tests.

The Western Wall

Galia: Mum, the Western Wall is wrapped in a precious light which the eye of man cannot see and understand. It's a spiritual light which exists there often and feeds on the holiness of the prayers.

A huge mass of souls of tzadikim is present there and they plead defense for the person who does not know how to pray from the depth of his heart but is in some form or pain or trouble. They organize his prayer in his mouth so that it will reach and be accepted by He Who Sits On High.

I do not have permission to specify any more and describe it verbally. Until the construction of the Temple, it's the holiest place to pray at from the depths of your heart and ask for the acceptance of your prayer in the zchut of the shechinnah above the wall, both for your own benefit and that of the Jewish people. The shechinnah never moves from the Western Wall. If people were to understand the greatness of prayer at the Wall, they would pray there from the depth of their heart. Prayers offered at the Wall are accepted more than all the other holy sites.

I hope and pray so much that we get to see mashiach and the construction of the beit hamikdash soon. The souls of the tzadikim of all the generations individually and together try to help the collective soul of the Jewish people, which in these days is so much in need of mitzvot and zechuyot, to bring down the scales on the credit side; and that there be less kitrug against the nation and less troubles.

Every mitzva which each and every Jew does softens the troubles and the kitrugim and helps us, as a nation, to make faster progress to mashiach the redeemer, who in the very near future will arrive *be-ezrat Hashem*. The maasim tovim and the mitzvot of Hashem *yitbarach* which we perform will

cause mashiach to be revealed much more quickly in the world and save us from all its sorrows and sicknesses.

The Blessing Of The Kohanim At The Western Wall

Mum: Can you explain the importance of the blessing of the kohanim at the Wall and in general?

Galia: Mum, the blessing of the kohanim is the last spiritual remnant of the beit hamikdash left. The Wall is the last physical remnant of the beit hamikdash left. The combination of the two is massive and extremely important. The blessing of the kohanim at the Wall and in general bring down mighty shefa to the individual and the nation. It's a great zchut for anyone to receive the blessing of the kohanim who function as a pipe for the shefa which descends from Heaven to us on the material plane. Without the spiritual shefa which with Hashem's mercy comes down to our world all the time, we wouldn't be able to survive for even a moment in this world. The whole of this world and all the worlds are all sustained by the shefa which HaKadosh Baruch Hu provides in His great mercy from His light and the radiance of His mighty shechinnah which encompasses us, the Jewish people, all the time and provides massive shefa.

HaKadosh Baruch Hu

Galia: Hashem is like a father with a special love for each of his children. He loves each child by himself. The Torah proves how much He loves us. Hashem loves it when people ask Him for things.

Mum: Hashem is so strong, great and mighty. Does Hashem take any notice of a person like me? Like you? It seems to me that Hashem is as though in a place high and far off from us.

Galia: Hashem Himself relates directly to every detail of His creation. Hashem is in everyone. We are a part of Him. A person who really feels Hashem is not afraid because he feels how much Hashem loves him. Hashem is all love. Our Father in Heaven looks after us all the time without breaks. He is always with us and we are never alone. Mum, Hashem has an unconditional love for us. And you don't have to ask questions about Him. Just fulfill His mitzvot without conditions just as Hashem's love for us is without conditions.

There is a lot of knowledge in the world now and yet they don't understand the simple basis that the world has a Creator, there is a law and a judge. The Master of the World is the one who determines what takes place and no one else in the world. Only HaKadosh Baruch Hu.

Mum, the greatest joy the Creator has is when His children whom He loves so much walk on His path and fulfill His mitzvot. That is how we bring joy to Hashem.

Hashem helps the one who helps himself. Our closed world is beginning to open up and absorb the fact that the world has a King and He is HaKadosh Baruch Hu, and there is no one besides Him. A supreme power beyond challenge which has an absolute control over the whole creation and the

universes. His power and wisdom fill the world. There is no limit and there is no reckoning of His exclusive power over all the worlds.

In the next world, HaKadosh Baruch Hu has unlimited love for all His creations and there is a shefa of love beyond human grasp. But this is the privilege only of the person who has the zchut to receive this unlimited happiness. And they are the souls who worked hard all their lives in this world on Torah and mitzvot and maasim tovim.

How the ways of Hashem are hidden! Everything is intended for our benefit. Every action and every act in this world. There is no such thing as chance. Everything is the pure intention of Heaven for the benefit of the person and everything created.

Mum: Can you explain to me what the shechinnah is? Do you have permission?

Galia: The shechinnah is the love of Hashem for the Jewish people, and the shechinnah loves us and is with us all the time. Just that we, by our actions, distance it from us. And mitzvot can bring it close to its precious people Israel. Like children whose mother longs to see them so much and already wants to see them after such a long time. Mum, this will happen and in the not too distant future. Because Hashem so much wants to redeem His precious and beloved Jewish people. The prayer of any Jew has the power to raise the shechinnah from its dust.

Tehilim

Mum: What power does saying Tehilim have?

Galia: A fantastic power. It arouses the mercy of Heaven on those saying Tehilim and the whole of the Jewish people. Tehilim has a fantastic power to drive off the *mazikim* [damaging spirits] from a person, and open up the gates of Heaven to extract mercy, favor and any request. Tehilim erases a mass of kitrug and sins. It has a proven power to calm the soul.

Each and every word in Tehilim has a meaning whose power and ability to protect us you cannot imagine. Everything is in Tehilim. Everything is written with the highest holy inspiration. King David *alav hashalom* thought of every Jew and of every single soul. And Tehilim has an answer for everyone who reads it.

In reading Tehilim, you open up Heaven's pipelines for shefa, livelihood, peace and every issue and request. Fortunate are those who read Tehilim. In the zchut of reading Tehilim, you can ask for a pleasant marriage partner, blessing and success.

A woman (and obviously, also a man, boy and girl) who regularly reads Tehilim can change her world for the better. Women have special zechuyot. They have unconditional belief and know how to love more, feel the love of Hashem, for the Jewish people. And this is very pleasant to Hashem. Women have the ability to draw near Hashem without studying so much like men. Everyone must observe Torah and mitzvot, but women are more easily successful in getting close to Hashem.

Mum, all the Tehilim said for the sick help a great deal. It helps a man a lot in the hour of danger. Tehilim have a mighty healing power. King David thought about every Jew and put into

Tehilim powers of salvation and cure. All who read Tehilim with great sincerity are answered. Tehilim very much help all the sick and the whole of the Jewish people whatever their situation, in whatever plight they are in. And the more you read, the better.

If children read Tehilim, each and every request has a mighty power because children are still simple and not corrupted by the inanities of this world.

Mum, read Tehilim, everyday. It helps a great deal to draw near to Hashem.

Taanit Dibbur And Tehilim

Mum: What's the power of a *taanit dibbur* [a period of self-imposed silence with the object of self-purification]?

Galia: A *taanit dibbur* has a mighty influence both spiritually and materially. On the day that a person commits himself not to say a word about any worldly matter whatsoever and reads the whole book of Tehilim three times without interrupting to speak of worldly matters, all the rulings against him and the Jewish people are sweetened. His prayer is accepted and his requests are realized. On that day, the pipelines of shefa are open and bring shefa to the world and the Jewish nation and also the person who undertakes a fast of any kind. These fasts have the power to soften the blows and cancel gezairot against the Jewish people.

Mum, if you could see what reading the book of Tehilim does in Heaven, you'd drop everything and spend the whole day just reading Tehilim. How many lights Tehilim lights up! With the limited grasp you have at the moment, mum, you cannot picture it. It's a like a big village not connected to electricity in darkness. Every time you read Tehilim, every word you read, lights another lamp and that way, you see how house after house lights up with an exquisite light, one after the other. And just look! that dark village — is completely filled with bright, glowing light which can be seen from a distance.

Be-ezrat Hashem, all the mitzvot a person does, and all the Torah he spreads, light up so many lights in Heaven and drive out all the darkness which the sitra achra creates, and everything turns into one big massive light, a light which brings massive shefa to all the higher and lower worlds.

[Note that "reading Tehilim" here means saying it aloud, even if quietly.]

Song Of Songs

Mum: What is the power of saying *Song of Songs*?

Galia: *Song of Songs* has a fantastic power to cancel gezairot on the Jewish people because it contains a description of how much Hashem loves us. And saying *Song of Songs* - even day after day - helps a great deal. *Song of Songs* is full of higher secrets which the average person is not aware of at all. And *Song of Songs* has the power to bring much kedusha [holy forces] and shefa from the high worlds to this world.

The Section On The Composition Of The Incense

Galia: I can tell you that it's very important to say the section on the composition of the incense everyday [This is a Mishna found in the prayer book on the composition of the spices used in the beit hamikdash for incense.] because it has a mighty power to guard a man and protect him from all trouble, whether of the physical and material kind and whether of the spiritual kind, drive out everything evil and all malevolent thoughts.

Reading The Shema

Mum: What is the power of reading the shema?

Galia: Reading the shema has a fantastic power to protect a man from all trouble because reading the shema actually breaks the Heavens. It has a power which I cannot describe. Mum, reading the shema receives mighty forces and grows to fantastic proportions and reaches Heaven with fantastic power and can cancel all the evil decreed on anyone who reads the shma.

Reading the shema guards all a person's limbs of everyone from all evil and all trouble and especially from the mazikim created by his sins. A person must learn to pause between syllables which run into each other and read every word carefully.

Reading The Shema Before Sleep

Mum: What is the power of reading the shema before falling asleep?

Galia: Reading the shema before sleep has a fantastic power to cancel Heaven's adverse gezairot and drive off mazikim.

Dear mum, I am happy that you read the shema before falling asleep for me and the children in the center. And your washing my hands as the halacha specifies really saves me.

Prayer

Mum: What power does prayer have?

Galia: Prayer has very great power. Prayer can change a person's fate. Sometimes prayer can bring it about that a person is saved from death. Prayer can change gezairot.

Mum: Do you mean a person's silent prayer or does he have to pray aloud? And are you talking about the prayers in the siddur or Tehilim?

Galia: Prayer from the heart. Mum, you have to pray everyday because it's important and ask Hashem to send us His salvation quickly and cancel the adverse gezairot on us. Prayer can reach the Throne of Glory.

Mum: Do you pray too?

Galia: Me? Yes. Yes, all the time. It is very important not to miss out on any day's prayer. Mum, you have to pray. I told you how important it is to pray. That's how you open up the gates of Heaven

to mercy. Mum, prayer has been designed to help a person go higher and higher spiritually. And you simply have to pray and pray and that helps the person who prays and asks for Heaven's mercy. Every prayer has the power to move things. Prayer brings us closer to our Creator and to the understanding of our nothingness and His greatness *yitbarach shemo*, who is the source of everything. And all the shefa and goodness is from Hashem *yitbarach* for all His precious creations who walk in His ways. Everything is for our good. We will see this only in the next world. We do not have the ability to grasp these things in this world.

Mum: Galia, you said you pray to Hashem. Do souls also pray?

Galia: Mum, souls also pray to Hashem *yitbarach* and not only with the mind. They also pray with the soul. You also pray with the soul also and not only with your mind.

Mum: What's the meaning of *a servant of God*? Does it refer to a person who prays to Hashem?

Galia: Mum, *a servant of God* is anyone who does everything for the sake of Heaven and fulfills mitzvot and prays to Hashem with all his heart.

Mum: What's the meaning of *for the sake of Heaven*? Can you explain to me what that means?

Galia: Mum, that's when a man ignores his own desires and nullifies himself for the sake of Hashem *yitbarach* and does things only for the sake of Heaven. In Heaven, this is regarded as great virtue.

Mum: How important is a person's prayer? How much does it help?

Galia: Praying helps a lot. It helps a lot if tzadikim pray and beg HaKadosh Baruch Hu to help His people and direct them on the right path. Everyone's prayer has very significant influence. Prayer splits the Heavens and appears before the Throne of Glory. Hashem hears every prayer and gives great preference to the prayers of His tzadikim. Mum, I pray all the time for my beloved Jewish people.

Prayer opens the gates of Heaven for mercy for the Jewish people. Prayer has a mighty power to cancel gezairot. But it makes Heaven very angry that people have inane conversations during prayer which have no connection with the service.

Mum: What should you pray with children, aside from the daily prayers?

Galia: All prayers said with children are very welcome in Heaven. They split Heavens and reach and appear before the Throne of Glory. Prayers so pure of children so innocent have such a mighty force that it's worthwhile their praying for the Jewish people, that they do a perfect tshuva quickly, that they open their eyes to return to the right path, the path of Hashem, the path of truth.

Mum: How can you persuade women to pray?

Galia: Mum, the method of persuasion has to appeal to their inner being. Everything must be done pleasantly and politely. You can't force or pressure. Prayer which comes from compulsion or pressure is not prayer. It's better that they understand what they pray and to whom they serve. Over the time, they will have the zchut of shefa from heaven and go up spiritually. Mum, a woman gets to shefa₂ more easily than a man.

Mum: Somebody asked about the way his praying has downs from time to time.

Galia: He has to understand that there is no one, even if he is a very holy man and great believer, who doesn't have ups and downs. Even those with very high spirituality have downs since Heaven tests them. Or it can be a down, which will be immediately followed by an up, and Heaven will open the gates of Torah study and acceptance of his prayers.

You have to know that all of life is a helter skelter which goes up and down. Sometimes you go down a little and sometimes you go up a little. And it's important that the downs be small. Because all these downs are only in order to go up higher afterwards. It's like starting in a running race. You have to make a backward movement to dart forward. Not to get depressed — that's the main thing.

Mum: Galia, why does a person have to pray if Hashem in any case knows everything we need and can give us all everything also without us asking and based on our zechuyot?

Galia: Mum, you asked a good question. Hashem all the time gives us massive shefa. If we were to open up our eyes to see just a fraction of this shefa, we would spend the whole day just thanking, glorifying and praising the King of Kings, HaKadosh Baruch Hu, maker of everything .

My dear mother, prayer has many purposes. The most important of them: to rise to higher spiritual levels, to enable a spiritual conduit for shefa which comes down to the world. Prayer is like a connecting pipe from this world to the high world and from the high world to this world. Prayer bridges the two worlds and allows a person to get close to the King of the World, to cling to Him *yitbarach* and to rise to higher and higher spiritual levels. The tzadik prays for the Jewish people and brings down shefa to the Jews and the whole world and to the tzadik personally. The kedusha passes through him directly without interference and failures. So it is extremely important to pray with great sincerity, with clean thoughts, to keep our thoughts with us and not allow them to escape and waft far away to forbidden regions.

It is very important to prepare before praying and concentrate on it very hard. Also talking during the service and stopping the divine shefa coming down to the world is very serious. Meaningful prayer in cleanliness and holiness and with great inspiration is one of the hardest assignments given the Jew in this world; and those who succeed in rising spiritually in their prayer feel an incomparable celestial happiness. They feel close to Hashem *yitbarach*, King of the World, as though they are standing in HaKadosh Baruch Hu's chamber and talking to Him directly. And He *yitbarach* hears us directly. True spiritual inspiration in prayer is one of the greatest pleasures a man can have and one of the important jobs a Jew has in this world; and through that to join higher and lower worlds.

Mum, most people don't get to high levels in prayer. Most people pray routinely and recite their prayers without thinking of the meaning of what's written. Some people have the zchut to rise up in certain prayers and on the odd occasion. Those who are very close to HaKadosh Baruch Hu in their prayers always, are a few tzadikim. The prayer of tzadikim goes up more easily and quickly to the high chambers it is worthy of entering. The more a man works on his middot and fulfills the mitzvot of Hashem *yitbarach*, the more he becomes a clean and purified pipe through which the fresh water can flow very easily and in a fast, strong current, and make its way through them without hindrances. When the spiritual pipe is blocked up with the products of sinning, it causes a hold up in getting

through and sometimes the passageways are blocked beyond repair. Everything depends on the person himself, how fast his prayers get to the One Who Dwells On High, if they get to Him at all. Man is the key to a change to his fortune. He has the key to open his personal world and the world around to unlimited happiness. But sometimes a man loses the key to himself and stays locked and closed.

Mezuza

Mum: Do you have anything to say about mezuzot?

Galia: A kosher mezuza protects the members of the household from the mazikim who lie in wait at the entrance. The kedusha of the mezuza protects a person from the kitrug of the mazikim created by his sins.

But you have to be very careful of small mezuzot which have been casually written without holiness or sincerity. These mezuzas are written for material gain only and written without the proper respect for a holy item. There are lots of yeshiva students looking for easy money with little effort and write mezuzot with no regard and sometimes in a way which is not kosher. And there are shops which sell people these mezuzas.

Heavens directs someone worthy of a good mezuza to buy a good, kosher mezuza without cheating him to make money. You have to be very careful of mezuzot written by female artists; and for them, writing a mezuza is a hobby and no more.

You have to be careful and treat the mezuza with respect and check its kashrus from time to time especially in damp areas. Dampness in the air erases and breaks letters and the mezuza becomes unfit and there is nothing to provide protection from the mazikim at the entrance to the home.

Pouring Water On The Hands First Thing In The Morning

Mum: Maybe you can tell me why it is so important to pour water on your hands in the morning?

Galia: Mum, because pouring water on the hands gets rid of the tuma of the night. And it's important to pour water on your hands because that way a man starts his day in the right and more efficient way without interferences.

Birchat Hamazon

Galia: Birchat Hamazon [Grace After Meals] is very important. It's not merely to thank HaKadosh Baruch Hu who in His mercy provided us shefa of food, but you also have to know that through saying birchat hamazon, you are blessed with *shefa elyon* in every area. This is a big thing for souls who come to their tikun through the recital of a bracha.

You have to know how to distinguish between physical appetite which is for filling up your stomach with tasty food, and spiritual appetite. A spiritual person eats to sustain himself in order to be able to go on studying Torah.

A true tzadik does not eat to get fat, but for the sustenance of his body so that he has a strong and healthy body to serve Him *yitbarach*.

My dear mum, the reason for the mitzvot is extremely deep and beyond our understanding and intellectual grasp. Only after 120, the soul sees the reward for the precious mitzvot the man did in this world of falsity. Fantastic surprises await us, for those who fulfill mitzvot with devotion, love and commitment.

Shabbat

If the Jewish people were to keep 2 Shabbatot, we would be immediately redeemed. (Massechet Shabbat 118:2)

Galia: The holy Shabbat is the queen of the week and it's given to us as a present from the Creator *yitbarach* so that we can gather strength and energy for the whole week. Mum, Shabbat looks after the person who looks after Shabbat and if a person keeps Shabbat, it's as though he kept all the mitzvot, because Shabbat has a special holiness for the Jewish people which the other days of the year do not have, only Shabbat.

Shabbat is a great present to the Jewish people; and Heaven cannot protect the person who does not keep Shabbat.

A soul in Heaven suffers if its children do not keep Shabbat. Souls which have still not finished their accounts suffer limitlessly from every sin of their children.

Mum: Do two angels accompany a person on his way home from the *beit kanesset* on Shabbat [Friday] night?

Galia: The angels accompany the father and the son. The mother receives the good angel [Sources state that two angels accompany a person on his way home from the *beit kanesset* on Shabbat night, one good and one evil] because she sees to it that the good angel stays. She prepares the home and the Shabbat table. The good angel stays over the whole of Shabbat and everything depends on the wife. If she is a good wife and a *tzadika* who prepared Shabbat, then the angels stay with them in the home the whole of the Shabbat and this is great *kedusha* in their home.

Mum: Some women who came to my lecture asked me to ask you about the *melave malke* [ritual meal held after Shabbat to "accompany the Queen of Shabbat on her departure"] meal on Saturday night after Shabbat.

Galia: Mum, it's great to part with the queen of the whole week. You also part with a real king and queen when they go. All the servants stand to attention until they leave. So it is with Shabbat. When the holy queen leaves to set out on her way, we all accompany her and wait for her to come back in a week's time.

Mitzvot As The Clothes Of The Soul

Mum: What power is there in the observation of mitzvot?

Galia: Mum, I can tell you that the mitzvot which a person observes in this world have a mighty force in the high worlds. Because mitzvot are the purpose of man's whole existence in this world.

Mum: What's the meaning of a man having zechuyot? Is it like having a reserve in the bank and he can do with it what he wants and when he wants?

Galia: Mum, zechuyot provide a person additional credits in Heaven, and this enables him to do and receive things which people without zechuyot cannot. It provides additional credits for people who have accumulated zechuyot here in this world from observing mitzvot and helping other people.

Mum: Life has such a power to influence things?

Galia: Mum, that's why it is so important for a man to fulfill mitzvot in this world because that way, he can bring salvation and redemption to his soul and the soul of the Jewish people. It's a great zchut to reach the truth and that's the object in this world — to see the truth amid all this concealment and choose the truth and the fulfillment of mitzvot which we have been sent to fulfill here.

Mum: What do you suggest I do to ease the pain of death after I am a hundred twenty years old?

Galia: Mum, if a person fulfills the mitzvot in this world, his death is not hard for him because he is happy and has pleasure from the prospect of what is waiting for him in the next world. The hardest thing for a man is when he gets to the next world naked of mitzvot. Then he's pathetic and his soul is pitiable because it has no clothes. It's like in this world — if a man has no clothes and he's poor and down and out and he's cold in the rain and the winter, and also in summer, he's embarrassed because everyone sees he's got no clothes to wear. In the next world, everything is apparent. The fact that he's got no clothes, all know he's got no mitzvot. Spreading Torah is what sows for him the best clothes, so beautiful that, you can't possibly even imagine their beauty in this world. They dress everyone according to his actions in this world.

Mum: Galia, in Heaven, does the soul get another body or does it stay without a body? Are you allowed to say?

Galia: Mum, there is no such as being without a body. Every world has the body meant for that world and its purpose. My dear mum, in the next world which is a spiritual world, there are spiritual clothes and everything is in accordance with the person's actions and tikun in this world. So how important it is to perform mitzvot and maasim tovim, because every mitzva builds our spiritual clothes of glory for us and adorns them with decorations beyond number.

People who don't fulfill mitzvot are pathetic there because what can they dress in? They're left naked without clothes, and they have no further opportunity to prepare clothes in the next world, because that opportunity is only in this world. And they are dependent on the kindnesses others might do for them in this world — if anyone does such kindnesses..

Mum, we have no time in this world because our life flies by and ends suddenly. Nobody knows in advance when it will end. The whole time a man is alive, he has to run all the time without rest to achieve as many mitzvot and maasim tovim as possible in this world. In the next world, he'll have plenty of time to rest. This is not a world for rest. This is a world for doing and "man is born to work hard" (*Sanhedrin* 99:2). He should work as hard as possible to achieve mitzvot.

Mum: Can the mitzvot I do add to the zechuyot of my mother *zichrona levracha* in Heaven?

Galia: Mum, that's subject to change all the time. And every mitzva a person does in this world goes to the credit of the parents who gave birth to him. Everyone who is part of his soul gets his zechuyot. Every person is in fact the agent of the general soul. He adds to and rectifies [*metakayn*] that soul on a general level, and also does the same on an individual level.

All Jews Are Responsible For One Another

Mum: What's the meaning of "all Jews are responsible for one another" (*Massechet Shavuot* 39:1)?

Galia: Mum, the Jewish people have a shared fund and someone who draws from the account reduces the balance for everyone; and if someone puts into the fund, there is more for everyone. Each person has the means of changing the balance for everyone on the credit side or the debit side.

Mum: How is it that you love the whole Jewish people so much and worry about the whole Jewish people?

Galia: I am part of the collective soul of the Jewish people and that is the reason for my love of the people. If a part of the body has a problem, it affects the whole of the body. I am part of the soul of the Jewish people, and if we have a problem, it shows itself in my pain.

All the mitzvot we do unite our souls as a unity and that creates one big, united soul for the Jewish people. Those who do not fulfill mitzvot bring it about that they remain on the side and will not be linked to the collective soul of the Jewish people. And this affects the consummation of the people and the consummation of their souls. They are in a pathetic state in the next world because they have no means of being affiliated to the Jewish people. The soul of the Jewish people is the most holy, loved and special in Heaven.

Tu Be-Shevat [15th Of Shevat]

Mum: What can you say about Tu Be-Shevat [the 15th of Shevat]?

Galia: Tu Be-Shevat is a wonderful time for nature. And anyone who wants to marvel at the wonders of the creation should look around and see what a beautiful world HaKadosh Baruch Hu made for us. A world full of colors and flowers, sun and skies. And everything harmonizes with us so beautifully in our wonderful world. We are the only ones who can decide if it will be a beautiful and happy world for all of us, or if it will be a world of suffering and pain. Torah and mitzvot are the things to guide us on the right path and they are what will help us build a beautiful world like the so beautiful time in nature on the 15th of Shevat.

The Dove

Mum: Can you tell me something about the dove?

Galia: Mum, the dove is similar to the shechinnah. It is a bird which very much loves and longs for its mate just as Hashem longs for us the Jewish people, and loves us and waits for us so many years. We don't understand how much Hashem loves us, wants us and longs for us.

Birds

Mum: What do you say about birds who chirp a lot in the morning and evening. I have the feeling that they are simply praying to HaKadosh Baruch Hu? Could that be right?

Galia: Mum, that's right. Both birds and all creatures made by Ha-kael HaKadosh praise Him evening and morning. The fact that we don't understand their language does not mean that they do not have the ability to praise their Creator. Mum, the birds praise and glorify Hashem every morning and evening before sleep. We too are also commanded to give praises to Hashem *yitbarach* and thanks everyday.

Adam Harishon

Mum: I wanted to ask you, Galia. Why are we to blame for the fact that Adam Harishon sinned; and we suffer so much for thousands of years and generations? Why are we to blame for the sin someone else did?

Galia: Mum, Adam Harishon sinned with pure intentions to rectify [*metakayn*] the world in a different way to the one offered him. And it's hard for me to explain everything to you. But you have to appreciate that we are also to blame because we are in fact part of the soul of Adam Harishon. We are not suffering because of him, but because of ourselves. Because we, as a part of him, sinned and we are rectifying it. We can only blame ourselves.

Mum: Your brother Z. says that we are rectifying the sin of Adam Harishon. And when we finish rectifying it, man will sin again and man will again have to go through thousands of years of history to rectify the sin. So what's the point of all the tikun, if we sin again?

Galia: Z. doesn't understand that Hashem made man as a continuation of perfection. And everything which has happened up to now is a divine process to bring man to the perfection which he lost in Gan Ayden. When he reaches perfection again, Hashem will kill the evil will, and at the end of these days, those who remain will reach true spiritual perfection after the resurrection of the dead.

Mum: Then man will no longer have freedom of choice?

Galia: Correct. He won't need it.

Mum: Will men turn into angels?

Galia: No. Spiritual creations. But it's impossible to understand that. Mum, see to yourself now so that you get to the world of the resurrection of the dead.

Tishe Be-Av [9th Of Av]

Mum: Galia, do you have something to say in the run-up to *Tishe Be-Av* [the 9th of Av]?

Galia: I have to say that's it's a very sad time for the Jewish people. And in Heaven they cry on this day, because they long to see Israel redeemed, and we are still unworthy of it. But soon Hashem will help us and we shall be redeemed and build the temple.

Mum: Galia, but they say that the third temple will come down from Heaven?

Galia: Mum, that's correct, but we in this world have to contribute to its construction and Heaven will consummate it spiritually.

Mum: On the last *Tishe Be-Av*, I read about the destruction of the temple and everything which happened to the Jewish people, the terrible siege, the terrible murder and slaughter, the suffering and the hunger. Women cooked their children. It seems likely that millions died there and that's really frightening. Suddenly, I started to get very afraid of HaKadosh Baruch Hu, because someone who doesn't go on the path of Hashem is punished very severely, with pain and suffering like in the destruction of the temple. HaKadosh Baruch Hu is terribly frightening.

Galia: Mum, you don't have to be afraid of HaKadosh Baruch Hu. No one but Him loves us without limit and watches over us endlessly and He is with us always and will never give up on us because we are His beloved nation, more than all nations and all times.

So, mum, don't worry, because the destruction came after a very long period of grave sinning in which the Jewish people transgressed the mitzvot of the Torah, and it was impossible to forgive them anymore. But they are loved so much that Hashem looked after them for thousands of years till this day and did not wipe them out as he totally wiped out other nations in history.

Jerusalem

Galia: Mum, Jerusalem is the holy city and every grain in that town is full of holiness and wrapped in it. Anyone who can live in holy Jerusalem — it's counted a very big *zechut* for him. He will be surrounded by *kedusha ilau-it* [high holiness]. Since of all countries, the land of Israel is the holiest of all of them.

And of all the cities in the land of Israel; Jerusalem is the holiest of them.

And of all the sites in Jerusalem, the Temple Mount is the holiest of all of them. And the site of the Holy Of Holies is the holiest place in the world. It is the entrance gate for the divine shefa which HaKadosh Baruch Hu in His great mercy and love for His precious Jewish people pours down on us from Heaven.

Mum, now Jerusalem is a destroyed city and HaKadosh Baruch Hu is pained over its destruction, and ours, His beloved Jewish people. Also the Jerusalem in Heaven is sad and waiting for the big lights to be lit up in it soon *be-ezrat Hashem yitbarach*.

All the mitzvot of the Jewish people light up shining and radiant lights in it. When the Jewish nation returns to our Father in Heaven, the Jerusalem in Heaven fills with happiness and joy.

Mum: One day, I flew over Jerusalem and I saw the Temple Mount from above. From the plane above you see how man is nothing. You don't even see him from above. All the buildings are so small. Everything is so tiny and insignificant compared to Heaven, the planet Earth and all the galaxies and the universe. So how is it that we, so tiny and insignificant, are important to HaKadosh Baruch Hu?

Galia: Mum, we are perhaps small in terms of physical size, but not spiritually. It only looks like that in the world of falsity,. You see a lot of falsity in this world. The site of the beit hamikdash and the Temple Mount is completely full of a very high kedusha. A mighty shefa from the high places constantly flows through that place.

A Person's Name

Mum: Maybe you can explain to me a little about a person's name. They say that a person gets his name in Heaven already before he is born. His parents just decide to call him the same name he got in Heaven. And it's considered a minor prophesy on the part of the parents, the prophets of his name. Does the name of a person have any significance?

Galia: Mum, a person's name has a place in high roots. A person's name has great meaning. And the whole character of a person is hidden in his name. The name draws on high spiritual roots. Every name draws on its high roots like every tree draws from its low roots. In this world, a person personifies his name.

A person's name is selected in Heaven before his exit into the air of the world. He gets his name in Heaven and it just looks as though we are the ones who give the name. Heaven guides a person to give the right name to every baby.

Mum: What can you tell me about my name, Shulamit?

Galia: Mum, your name has a high, holy and special root. Because your name testifies to peace, whole, perfection, and consummation. [The Hebrew root of Shulamit has all these meanings.] Shulamit is the Jewish nation which is loved by HaKadosh Baruch Hu *yitbarach veyitaleh shemo*. It's a wonderful name and loved by Heaven and it draws on very high, holy roots.

Mum: What can you say about your name, Galia?

Galia: Mum, my name, Galia, says everything. It declares what my character is and my role in this world. To reveal the word of Hashem.

Mum: Is it O.K. if people call themselves by a short name like, for example, Avi instead of Avraham, Itzik instead of Yitzhak? What should be said to people like this?

Galia: Mum, tell them that they should be called only by their full names. That way, they guard their souls from damage. The short name can cause defects to the soul.

The issue of names is much more complex than people think. All the letters of a person's name are in fact the limbs and organs of the soul which are spiritual.

[Note: In Hebrew, the letters of *Galia* can also spell out *Gila*, meaning joy. Joy [Simcha] was the name of my grandmother *zichrona levracha* and Galia is her reincarnation. Galia and Joy [Simcha] are in fact one and the same name — that is to say, one soul came to this world with the same name in two different gilgulim.]

Speaking Badly Of People [Lashon Hara] And The Power Of Speech

Galia: Every word a man says is extremely important. Words have a strong influence and you have to be careful. You have to be aware of the importance in Heaven of every single word and be very careful, because words have a fantastic power to destroy and also build. Good words build in the high worlds and vice versa.

Mum: I learned about speaking badly of people [*lashon hara*] and the power of speech. Speech has a fantastic power. I didn't realize it. It's simply wonderful.

Galia: Speech has a fantastic power. It's actually a flaming stonecutter. Both for better and for worse.

Mum: I learned that every word you say is so important and influential that you have to be extremely careful not to say anything bad. You have to be so careful with your words that maybe it's a good idea not to speak at all.

Galia: Mum, it's a good idea to talk as little as possible, and just what you have to.

Mum: Is speaking badly of someone such a serious sin that people come back to the world in a gilgul because of the sin of speaking badly about others? I communicated with a young man with autism and he wrote me that he is a great tzadik who came to the world to make good on [metakayn] the sin of speaking badly. Can you be sent back just because of the sin of speaking badly?

Galia: Mum, it's a very serious sin and you certainly can be sent back to the world for it. Speaking badly of people is one of the worst sins a man can commit, because he brings accusation on others as well as himself.

Mum: How does Heaven relate to people who speak badly of others?

Galia: Heaven does not like anyone who maligns others because that's a big sin. Tell everyone who speaks badly of others that Heaven will punish him hard.

Angels And Melitzim [Advocate Angels]

Mum: They say that an angel teaches the soul of the baby in the womb the whole Torah. Does the angel teach a baby girl like a baby boy?

Galia: The whole Torah - both a baby boy as well as a baby girl.

Mum: When they say the angel teaches the baby "the Torah," do they mean the Five Books of Moses?

Galia: There is only one Torah! The angel teaches the whole Torah, including the Prophets, the Writings, *Torah she-baal peh* [the body of commentary and interpretation by the scholars of the ages], everything.

Mum: Do you see angels not in a dream too?

Galia: Mum, that's correct.

Mum: Galia you know ... there's a story of a tape by a known rabbi about a boy who died a clinical death and came back to life. While he was in a state of clinical death, he saw tens of thousands of black angels, angels of destruction and angels of bright light going up and down in this world. He saw there is movement here all the time.

Galia: That's right. There are angels constantly coming here on some mission and the souls see it all. They have no kind of limitation.

Mum: Are the mitzvot a person does here his advocates? Where are they?

Galia: Mum, they accompany him all the time and do not leave him. His advocates constantly hover around him and cut a path for him through all the troubles which might happen to him. And only his mitzvot, his true advocates, they are the ones who save him from all the terrible suffering which he might have to suffer.

They fight and drive off evil and give his soul a good feeling and bob around him in the form of pure, high angels. Because mitzvot have the power to create high spiritual powers which accompany us forever. If chalila a man sins, his sins create evil angels, demons, destructive spirits which surround him and cause him difficulties in earning a living, getting married, domestic harmony and whatever he sets about doing.

A-D Conversion

Mum: Galia, maybe you can explain to me how mitzvot whose execution is material-physical create a spiritual angel? It's something hard to grasp.

Galia: It's hard to grasp a lot of things. But all the worlds are interlinked; and the other worlds are spiritual and they are linked to the material worlds. Spiritual actions have an effect on physical actions and physical actions have an effect on spiritual actions. It's like an A-D converter. Everything is a perfectly integrated network of influences from worlds to worlds. These are very high matters which it's hard for the mind to understand. The soul sees and understands all. But what's clear is that from mitzvot and maasim tovim and helping others and saying pleasant, good and clean things, we create angels and advocates who have spiritual powers to change the balance of power in the world and bring down the whole scale to the credit of the forces of purity and bring the ge-ula of the Jewish people closer.

Mum: How do you know what A-D conversion is?

Galia: You are forgetting that if Heaven permits, I know everything. The way I look and the fact that I don't actually speak with my mouth like everyone misleads you and you forget momentarily.

Mum: Galia, explain it to me again. Are the angels created from a person's mitzvot with him all the time? And are the angels of destruction man creates from his sins with him all the time?

Galia: Mum, it's obvious they are with him all the time, because they are his all the time for all eternity. So someone who has performed a lot of maasim tovim has good spiritual angels protecting him all the time and pleading for him. And those who have sinned - may Hashem protect them and save the Jewish people from that - drag with them wherever they go, angels of destruction who only seek to bring them to harm, evil and ruin.

Mum, there are tzadikim who can see all a person's angels of destruction and accusation and can see all the advocate angels which surround a person. Mum, I can also see this. Because I see everything through the soul. And there are tzadikim who have the zchut to all these insights and they actually see these things like the material things which other people see with their normal vision.

Mum: Are you allowed to say what you see around you?

Galia: Mum, I see a lot of advocate angels pleading for me, around me all the time, baruch Hashem. And they are literally units upon units of angels which don't let anything harmful get near me. Because whatever happens to a man depends on him, and if he does maasim tovim and creates defenses, the defenses will cause him to be protected and not harmed.

If a man does negative things, he causes the weakening of all the defenses around him, and if the evil around him overcomes, then the evil will naturally cause harm and the good will naturally cause good. Mum, how important it is to do maasim tovim which protect a man both in this world and the next. And they are his for eternity.

Rosh Hashanah

Galia: On Rosh Hashanah, everyone has to pray very seriously and with very deep and pure sincerity and ask our Father in Heaven to pity us and remove all the hard gezairot. Whether or not the gezairot are removed depends on us. We have to take a hold of ourselves and return quickly to our Father in Heaven. Rosh Hashanah is a test for the Jewish people. Hashem in His mercy gives us another chance and we have to know how to take advantage of this for good, for blessing and a complete tshuva. Fortunate are those who have the zchut to return to our Father in Heaven in these difficult days. They are spared from harsh gezairot in the material and spiritual spheres.

Mum, we are getting near to the Day of Judgment. Rosh Hashanah is a very hard day for all the souls who have to pass before HaKadosh Baruch Hu. On Rosh Hashanah, all a person's mitzvot and sins are weighed. On this day, the fate of every single soul is determined, and it all depends on what they have done.

But mum, it's important to know that in this time of soul-searching, prayer and tshuva have a fantastic power. In Heaven, it's a very great time of mercy. They accept true tshuva and prayer which can change the fate determined for the people. Prayer has a mighty power to change the whole picture. Pass on to everyone that on these days, they must pray from the depths of the heart and ask for mercy. HaKadosh Baruch Hu in His mercy loves us so much. He listens to every prayer which is sincere and from the depth of the heart and in His mercy, He pardons the Jewish people.

Mum: Are you also judged on Rosh Hashanah?

Galia: My dear mum, every single soul passes before HaKadosh Baruch Hu on the day of Rosh Hashanah, and every soul is judged and me too, despite the fact that I have no sins. But they weigh up the messages which I have passed onto you and check up how many people have done tshuva. Then they register a mass of zechuyot to our credit and the Jewish people is purified through it. It's a highly favorable time for the acceptance of the Jewish people's tshuva, both on the national and the individual level. This time period of Elul is a time of mercy in Heaven and earth. We are at the moment extremely close to our Father in Heaven and if we ask, we will receive.

Yom Kippur

Galia: Mum, Yom Kippur is a very holy day. Heaven accepts the true tshuva of every single person in the world. Yom Kippur provides a complete pardon for the person who inflicts suffering on himself and doesn't return to his past misdeeds. On this day, HaKadosh Baruch Hu judges all His creations with accuracy and justice, and those who change their ways are forgiven.

Mum: Galia, last year, after Yom Kippur, you said that, "the prayers did not fulfill their need, that there wasn't enough broken-heartedness, not enough love of Hashem, not enough truth, not enough desire to change. Mum, how will it turn out? Everyone can see that our Father in Heaven cannot allow his children to go on like this."

Galia, what do you say after Yom Kippur this year?

Galia: Mum, there were more prayers and supplications this year, and more people in battei kanesset [synagogues]. This is a situation which has improved but still far from what it needs to be because in a correct situation, most of the Jewish people fulfill Torah and mitzvot. Most is like all. So the tshuva trend will continue *be-ezrat Hashem* and that way, Hashem will redeem us on the basis of our maasim tovim and mitzvot and fulfillment of our Torah, Amen!

Succot

Galia: The festival of Succot is a very special festival. A very great kedusha comes down to this world on Succos *be-ezrat Hashem yitbarach*. Masses feel in the depths of their souls that the times are not normal. Everything is going to change.

People will want to hear the word of Hashem. And it's worthwhile taking advantage of this because it's a great time of good will. And hearts are open as they never were.

There's a lot of joy in fulfilling the mitzvot of the succa properly. It's a very deep matter, the main aspect of which, apart from remembering the miracles performed, is protection from all evil.

All who fulfill the mitzvot of the succa unite the shechinna with Hashem. Tell everyone that this is tremendous power to protect the Jewish people.

Television

Galia: Mum, television is a very big tuma. Tell everyone to get this tuma out from their homes as soon as possible. Watching so much rubbish and sexual indecency causes the soul great damage.

Instead of studying Torah or performing mitzvot, people waste their lives, passively watching something which is of no benefit and no purpose at all. Television is tuma.

[People who have gone through clinical death have made similar remarks about television. For example, the Ministry of Education senior inspector, Ezriel Davir *zichrono levracha*, who went through clinical death, came back to life and recounted what he saw in the high worlds both on the Voice of Israel radio station and on a tape. He told how, after he came back to life, he couldn't stand the television being on; he felt as though tuma was coming out of it.

Rachel Noam, a lady who was once a non-religious kibbutznik, experienced clinical death, came back to life and did tshuva. She tells in her book, *Came Back To Life*, "I couldn't stand the TV programs. I felt helpless in front of that contraption. I would get attacks of headaches and frustration to the point of tears. Television reminded me of the feeling of disappointment I had after the accident over the time I had wasted in this world, instead of the role I had to fulfill in life. I felt as though the television is programming my thoughts, my responses. I felt that that small screen darkens and hides what is beyond the material. That it's not the truth. The opposite of the truth.]

Independence Day

Galia: Mum, this Independence Day is a bitter day for us, the Jewish people, because since our independence, we are judged more severely over every single thing. The State did not choose to follow the laws of Torah and this is a big problem that makes difficulties for the whole Jewish people.

Pain And Suffering

Know in your heart that just as a man punishes his son, so Hashem punishes you.

Devorim 8:5

Galia: Suffering is love. Hashem is trying to save us and we are a stiff-necked people. Suffering is the education process of a loving father.

Mum: What is the purpose of suffering in life?

Galia: To bring a man to the truth. You mum, would not have gotten there without suffering.

Mum: True. Very true. Why did you cry on Shabbat? Is it not correct that it is forbidden to cry on Shabbat?

Galia: I want to tell you that my stomach hurt me on Shabbat. But I am also agitated because now it's a very dangerous time for the whole world and especially for the Jews. It causes stomach-ache and heartache.

It's true that it's forbidden to cry on Shabbat but that's not a law for me. I am an imbecile [*shoteh*] and not obliged to observe mitzvot.

Mum: In any case, you are not capable of committing any sin.

Galia: Right. But I can rectify my past in my present condition. The situation itself brings rectification [*metakayn*]. The suffering is like fire — purifies the soul.

Mum, I know that I am due to go through more suffering. But everything is for our good. Because I will get to Heaven purified and they won't have to refine me further there in Gehinom. It's better to accept all the suffering here and with love. Suffering purifies. Everything is for the good, and everything is from Heaven. And what Hashem wants is what will happen. Mum, it's not possible to change everything. There are some things which that's how they have been fixed by Heaven. Every little and big pain which we get in this world is for our good and for our tikun and the purification of our soul. Everything is for the good but intellectually we don't understand. The soul knows everything.

Mum: How is it that you accept your suffering with such great serenity and so reconciled? All your limitations. Your dependence on others. Your terrible condition. What a poor thing you are to have to suffer like this all your life. Aren't you fed up?

Galia: Mum, I accept everything lovingly because I know it's meant to consummate the soul; and everything is for the good. Even if a man suffers, it's all for his good so that he can bring his soul to perfection. Otherwise it would remain lacking in Heaven.

Suffering is only for the good of a person. It just purifies and cleanses his soul in order that his soul should prepare for the next world. Suffering purifies the soul throughout a person's life. And when the time comes for it to go up to the high worlds, it rises and gets there pure and ready for the unlimited pleasures waiting for it there in the higher sphere.

Everyone should be happy when he suffers and accept his suffering lovingly. Because suffering is entirely for his benefit.

Mum, I accept all my suffering lovingly because I know what is waiting for me. After all the terrible suffering of mine in this world, I will have unlimited peace and unlimited pleasures. So what's this suffering in comparison with all the good times waiting for me? I am not at all sad and I am not desperate. Because this suffering is so temporary and so passes quickly, like life itself. And in life, you have to know how to relate to the main issue and not the side issue. And the main thing, my dear mother, is only the next world and nothing else besides. Therefore, everyone has to do everything in his power so that it will be good for him in the next world. And even if it involves pain and suffering, that's negligible compared to the main issue.

A soul has to rectify the corrupted and consummate itself, and only suffering can consummate souls. We suffer so we consummate our souls and have the zchut of an eternal life of serenity and unlimited pleasure.

Mum: Galia, it tears me apart that you are so weak and thin and look so awful. I really suffer. I prayed that you won't suffer.

Galia: Mum, that's my tikun. We get all our suffering only for good and for blessing and it helps us with our tikun, to be purified and ready for the next world, to receive reward and unlimited joy.

These are the sufferings of this world. That's how our sins are atoned in this world and everything is for the good.

Mum: What else were you sent to rectify in this world apart from the sin of child-upbringing?

Galia: Mum, I was sent here to scrape off the dust which stuck to my soul because of the sin of child-upbringing. And it's getting cleaner and cleaner and there's not much left to scrape. Mum, my suffering scrapes clean.

Mum: What will happen when you finish the cleaning of your soul?

Galia: Everything is controlled by Heaven. What will be decided in Heaven — that's what will be for me, you and everybody. We accept Heaven's ruling with great love always.

Mum, the suffering is meant just to purify. It's the medicine for the soul in need of purification. You have to accept the suffering with understanding and patience because it's for the benefit of the sufferer only. And you see that clearly only in the next world. Here we have no grasp of these things at all. If a person knows how to cope with his suffering and accept it without complaint and lovingly and know that suffering is born of Hashem's loving us, Hashem takes care that that person will not have to endure great suffering. But my dear mother, everyone has to go through what his soul needs for the tikun of his soul and everything is written for him beforehand. If he observes mitzvot, Heaven goes easy on him in everything. And if he spreads Torah, Heaven will reduce a great deal of his suffering.

Mum: You have been sent by Heaven to get me to do tshuva. How were you prepared to suffer so much, all this life here, instead of suffering a tiny bit in Gehinom and immediately going into Gan Ayden?

Galia: My dear mum, I was happy to come and help you, because I knew that only I could bring you to tshuva. And all the terrible suffering, which is my lot in this world, was sweeter than honey and I accept it lovingly. We are all happy and glad to do the will of our Father in Heaven. So what is this suffering in contrast with fulfilling the roles which Hashem assigned to us in this world?

Mum, this world is passing and comes to an end, so temporary and so untrue. Unlimited pleasures await those who do the will of our Father in Heaven. Hashem is the perfect, absolute judge, and every single mitzva will bring very great reward in Heaven beyond all measure and estimate. The reward of those who spread Torah is bigger than anything one's mind can imagine. All our suffering purifies and cleanses our souls and prepares us to enter clean and pure in high worlds full of high purity.

Mum: In the high worlds, do they show the one who does tshuva his sins?

Galia: In the next world, they don't show a person who's done tshuva his sins because they forgive him. They erase all the tuma and kitrug. Sometimes this [erasure of the tuma and kitrug] is done in this world through the suffering he gets; and that's why a person should accept all the suffering he gets with great love and draw near from it and not the opposite.

Mum: Why did you have spasms and contractions yesterday and you passed out? I worried about you a lot and I really took it hard.

Galia: My dear mum, I want to tell you that all these bouts of suffering have a great polishing and purifying effect. They're hard and unpleasant, but they help to cleanse and purify the soul so much, you haven't the least knowledge or comprehension of this.

Mum: Galia, before the soul comes down to this world, do they tell it in the high world how much suffering it has to go through in its life here? Then during its life, it suffers a little each time until it completes the quota of suffering; or simply that a person's own conduct determines how much suffering he will get and when?

Galia: Mum, a person's conduct also has an influence. But all which happens to him in this world is predetermined in Heaven. A man has a pre-set plan. But every man has the possibility of changing his plan in accordance with his *maasim tovim* in this world. There are examples of people whose whole plan changed and they became *tzadikim* and went up a spiritual level. And all this is a big change from the original plan. Because we have the power to alter even hard *gezairot*. Everything depends on the person himself. Where he has got to. He just has to think and work on himself, and then he will split the skies.

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Galia: My dear mum, suffering cleans away everything and takes a person very much higher spiritually. Suffering has a mighty value in its refining, purifying and cleaning.

You have to understand that all the calculations of Heaven are very just and exact and everything is purely for the good. All these troubles are from all the filth which has clung to us because of our sinning and because of the sin of Adam Harishon whom we are a part of. The suffering of the individual and the nation as a whole atone for the nation and remove a lot of the pending *kitrug*, disasters and judgments and hasten the process of bringing the rectification of the sin of Adam Harishon to an end and the *ge-ula* of the world.

Mum, it's very hard for me to be dependent on the kindnesses of others. That's the hardest thing for me in this world. But my soul sees and knows the purpose of this terrible suffering and that comforts me. If you were to see, like me, the reason for all the suffering in this world, you would be happy and delighted over all the suffering, pain and torment in this world like in a big party. Everything is for the good. But man is hidden here in materialism with no means to spiritual understanding and vision beyond the material and the physical.

Man is so insignificant and weak and dependent on HaKadosh Baruch Hu for everything. It's important that a man never come to pride, and understand he has nothing to be proud of, because he is completely dependent on the dispensations of Heaven. Heaven dictates when he will be born, how he will live and when he will die. Man is sent to this world to fulfill a mission. And those who think they are here just to tuck into a bowl of cherries are just mistaken. Very soon, the picture of things will change completely and everything will be seen clearly.

Chazal said, Hashem chastises the person He loves. If a person has gone through 40 days without suffering, it is as though he has received the reward of the next world in this world.

The Mashgiach, Rabbi Yechezkel Levenstein zatzal told a woman who had given birth to a baby with Down's Syndrome, "If you knew how fortunate you are that you have given birth to a child like this, you would go out in the streets and dance with joy."

Hagaon Rabbi Yitzchak Zilberstein shlita told the parents of a daughter with Downs, "It's a privilege to have a child like this. All handicapped children are gilguls of the souls of very great tzadikim who were given the opportunity to come down to this world and make good [metakayn]" (Lekach Tov, Minchat Yisrael).

AIDS

Mum: Maybe you've got something to say about AIDS?

Galia: Mum, that illness is an expression of Heaven's fury and anger with mankind. Heaven is furious about man's depravity on earth. HaKadosh Baruch Hu promised He would never bring another flood to the world, the world will not be destroyed and man will not come to an end. But the perverse - all those without God inside them - are being punished and will be punished hard.

Masses of the populations of the world are carrying this fatal disease which screams out, "Dress decently! Be pure! Stop adultery! Stop promiscuity"

HaKadosh Baruch Hu hates sexual immorality, and when there is sexual immorality in the world, stern justice rears its head and metes out harsh punishments. All these acts of immorality, the licentiousness and the freedom must be stopped at once. We have to do tshuva and fulfill what were commanded by Heaven.

Purim And The Achashvairosh Feast

Galia: Mum, my soul is extremely happy on the day of the Purim celebration. A great shefa of spiritual illumination comes down to this world today. Baruch Hashem that we have the massive love of the King of Kings, HaKadosh Baruch Hu, who chose us as His people and loves us so much, and saves us from the rasha-im who plot our destruction in every generation. Hashem performs many mighty miracles for us all the time; and anyone who opens his eyes will see that the whole survival of the Jewish people is one big miracle. If it wasn't for that, we wouldn't be able to survive amid all the terrible hate and jealousy coming at us from all directions. In every generation, new Haman figures stand up against us to seek our destruction and only HaKadosh Baruch Hu saves us from them.

Mum: Galia, they say that the Jewish people was punished and nearly destroyed because they enjoyed participating in the feast of the wicked Achashvairosh. But I understand that the Jews ate kosher food in the feast, served in kosher dishes. So why were they punished and almost destroyed? What was wrong there?

Galia: Mum, it is impossible to sit down at a feast with a person who is an avowed idolater. Because any member of his company is like him. They were with him and identified with all the tuma which surrounded him.

It was forbidden to eat with him because the Jewish people are holy and pure; and they had to keep themselves separate from him.

Lotto - A Message To Her Big Brother

Mum: Your big brother said that he is ready to do tshuva, if you give him the right lotto numbers. What should I tell him?

Galia: Mum, tell him that it's silly to think that Hashem sent we brain-damaged to this world to help you all sink even deeper into the world of falsehood.

Mum: What should I do to get him to do tshuva?

Galia: Hashem will bring him back. But you have to pray in tears for him.

Trust In Hashem

Galia: It's important for a man to work on his trust in Hashem because this way, he is saved from a mass of sorrows. The power of trust in Hashem is massive and gets rid of everything working against the man who trusts in Hashem.

Mum: What can a person do so there won't be suffering?

Galia: Mum, suffering is cleansing. Don't worry. Everything is for the good and everything is from Heaven. And what Hashem wants — that's what happens. It is impossible to change everything. There are some things which Heaven has arranged for everyone.

Mum: How can you get rid of fear?

Galia: A person who does not feel the closeness of Hashem ... so he is afraid. Fear is the result of not believing. Fear is the golden calf.

Having Pets

Mum: Is there any benefit in having pets?

Galia: Mum, sometimes animals are the soul of someone who has come for tikkun; and the man who looks after him assists the tikkun of that soul. And he gains the zchut of being kind.

Mum: Is it still a kindness to look after animals even if the animals do not have a reincarnated soul which has come for tikkun?

Galia: Mum, it's kindness in any case. But if the animal has a soul which has come back, then its true kindness.

Mum: Why don't the religious have pets?

Galia: They have pets, but less, because they're more occupied with bringing up their children.

Important note: The message is in fact talking about having animals in an outside courtyard. (As for pets in the home, one should refer to a rabbi.)

Modesty And Fighting Immorality

Israel was redeemed from Egypt because of the zchut of righteous women, and because of the zchut of righteous women, Israel will be redeemed again. Chazal

Galia: Tell women that in Heaven, woman is regarded as very precious and all her glory is inside the home. A woman is not allowed to be ostentatious or dress immodestly. Anybody looking at an immodest woman sins a great sin and Heaven will punish him and the woman who caused him to sin.

Modesty is saving life because a man can die because of his sin and immodesty can overload a man's sins and bring him to be judged unfavorably. Heaven will send great reward to women who dress modestly.

Mum: What's the best way to put a stop to the immodesty in the world?

Galia: You can do it through good people and tzadikim who organize Torah classes and explain and teach the subject to the people. Mum, there is a lot of immodesty among our people and Hashem will not let it go on. Hashem loves us and will protect us from this plague too. But sometimes you have to educate a child with a few slaps and then he understands. It's better for him to understand without getting hit.

Messages To Jewish Women

The whole glory of the king's daughter is inside the home and this will be the gold in her costume. (Tehilim 45:14)

Mum: Do you have a message for the ladies who come to hear *divrei Torah* [words of Torah]?

Galia: Tell all the ladies who come to hear *divrei Torah* that their reward is enormous and huge in Heaven. They preferred to listen to the words of Hashem over all other empty things and this is regarded as great righteousness and piety.

Women's meetings are a big zchut for the whole Jewish people and they get rid of a masses of tuma and put the Jewish people in a good light and soften up all the future blows. Tell the beloved Jewish women not to get anxious or fear anything and especially not all the turmoil which the world is about to be thrown into which is all for good and for blessing. They should put their trust in Hashem *yitbarach* and work a lot on having trust and know that only HaKadosh Baruch Hu decides everything. If you have mitzvot and maasim tovim to your credit, don't be afraid.

Mum, tell each Jewish women that Heaven regards her as the precious king's daughter. HaKadosh Baruch Hu looks upon us from Heaven and sees each precious daughter of his and is delighted and happy with her and her maasim tovim and all those ladies who try to come closer.

Dear mum, HaKadosh Baruch Hu sees that there are also daughters of His whom He loves who do not behave and dress properly and HaKadosh Baruch Hu weeps over them. Hashem loves all His beloved people. Modesty is critical for us. It is one of the biggest and most serious problems of this final generation, a generation in which immodesty has spread in every direction and adds to the tuma

and destruction. HaKadosh Baruch Hu is waiting for the whole flock to arrive, including the most distant and the slowest. Otherwise the wolves will get them.

My dear mum, Heaven asks every Jewish woman to be careful about being modest inside the home and out of it. To keep the laws of family purity, which is vital for our existence. Every woman should undertake keeping Shabbat and lighting Shabbat candles and working on her character. She should give in and be flexible about her views and be an *aishet chaiyil* [from *Proverbs*, accomplished woman, i.e., a woman dedicated to a home of Torah]. Modesty is the air we breathe. It is in our arteries and blood. Its lack is responsible for our destruction and the shedding of our blood. It raises you up and lowers you.

Modesty today is a big breach in the fence. Anyone who wants can get in and help himself. All the forces of evil and the sitra achra take advantage of the breaches and they get inside and take anything they can get their hands on. All of us are judged together. Yell at everyone to close up the terrible breaches that have opened up. With the power of modesty, close and diminish drastically all the huge holes which have opened up in the fence and the rampart of the Jewish people and its defense. Any woman who undertakes to be modest will close up mighty gaps which have opened up and stop the forces of tuma getting at the Jewish people and causing it continuous, daily sorrows. The wish to be like non-Jews and copy them caused enormous sorrows to the Jewish people in all the times.

Covering Hair

Galia: A Jewish woman is the king's daughter and obligated to cover her hair and there is no room here for compromise.

The modesty of the Jewish women is like the air we breathe. Covering the hair testifies to modesty. If women knew the punishment they get for everyone who saw their hair, they would be afraid of showing it in public.

Hair draws attention to the woman and confuses those who see her. That's why it is important that she hide her hair and every single part of the flesh of the body, so only her face and the ends of her fingers should be seen. Everything else must be covered like a precious jewel more valuable than gold and pearls completely closed up in a jewelry box, encased, preserved and protected. This is true of the Jewish woman who is the jewel of the Jewish people.

If up to now she has caused the public to sin, she can do tshuva quickly which in these days of good will, will be accepted with love and all the charge sheets listing her demerits due to her lack of modesty and many sins will be deleted. All this if she has really and truly decided to undertake modest self-presentation, including covering her body according to the requirements of our law including her hair. Covering the hair is like wearing a steel helmet which protects the head in war. That way, it's a spiritual guard against disasters and hard gezairot.

As for all the other questions as to which type of hair cover, every Jewish woman must contact a rabbi and consult him about the forms of cover and the types of cover adopted and allowed by the law

in all the religious communities of Israel. And one should not deviate from what the *poskim* [religious legal authorities] say because their pronouncements are affirmed by Heaven. Otherwise they would not be chosen as *poskim* for the Jewish people.

The Holy Torah

Galia: The Torah was given as a present from Heaven through the love of Hashem for us, and it is an asset worth more than gold. Because it is everything; and everything is in it for all the worlds. There is unlimited spiritual pleasure to be had from our holy Torah. And we, the *am segula* [special nation], were worthy enough to get it and we must go on proving ourselves that we were worthy of receiving it.

Every Jew must study Torah. The Jewish nation exists in the *zchut* of our Torah and the whole world exists in the *zchut* of the Torah of the Jewish race. The more Torah, the better. The Torah is the soul of this world and this world is its material body. Mum, listening to Torah all the time is wonderful. It causes the soul exquisite pleasure.

Mum: You told me once that you want to study Torah. Do you still want to?

Galia: Mum, I yearn to study Torah. I know you don't have time, but if you find a volunteer, I'll be very happy.

Mum: But even so, I'll have to come along myself to facilitate communication. And, apart from that, your soul knows everything, no?

Galia: Even if the soul knows, I'll be very happy. It's a great spiritual pleasure to study Torah. Our holy Torah is for all the worlds, and it is beyond our understanding to understand this with the limited means of the mind. Only in the world of truth, does one see the real truth and understand everything. In the world of truth, you get different tools for comprehension and knowledge which a man does not have here. But they are tools which every soul has, and they can come into use only in the high worlds.

Mum, Men must study Torah, because only that way can they succeed in getting close to the Creator of the World. But a woman is close to the Creator because of her nature and if she also studies Torah, she gets even closer to the Creator of the World and has more enjoyment from this closeness to Him *yitbarach shemo* of our beloved King.

Mum: Do women receive reward for studying Torah, and when they go to hear *divrei Torah* [Torah classes]?

Galia: A woman also gets rewarded for study of the Torah. But it's all calculated differently than for a man. Women also have very great reward in Heaven and they are loved very much.

Mum: May everything you told me be publicized? They are not secrets of Heaven?

Galia: Mum, there are no secrets of Heaven. But there are secrets which just special people have the *zchut* to learn, and that is the light I meant which is starting to be revealed in the world to the masses without them having to exert themselves so much. Hashem has mercy on His beloved people

and is revealing to them the secrets of the Torah to anyone interested. Because HaKadosh Baruch Hu *yitbarach veyitaleh shemo* desires to redeem us already from our troubles and in His goodness renew this world.

Mum, Hashem's Torah was given to us, only to the children He cherishes, and to no one else. And we are the chosen people, because HaKadosh Baruch Hu chose us, but in the course of our history, we disappoint our Father in Heaven. Hashem loves us despite everything because there are pure tzadikim and people on such high levels in the Jewish people, that in their merit the whole nation is so beloved. It's like a splendid meal with a lot of side dishes, but the main course is so tasty that a man is happy to eat this meal worth more than gold with all the side dishes. It comes together.

Mum: Why is it bad for a woman and forbidden for her to study Kabala and read the *Zohar*?

Galia: A woman has no duty to involve herself with that. Although women have extra understanding, they are light-headed and it is impossible for them to get involved with high things which demand an expansive mind. You can be damaged by dealing with something which is not suited to the vessel which contains it. The vessel could explode. It's like filling up a glass of water with a hose which supplies water at high pressure. The glass will get broken and the water will pour out. The spiritual vessel is too small to contain all the *shefa* which this deep pursuit brings.

Also men who get into Kabala and study high things before they have studied Talmud, *Torah se-baal peh*, the entire Talmud and poskim, say vulgar things, do not observe Torah and mitzvot and study for the prestige and do not maintain an extra measure of holiness and purity, mix the secular and the holy together. That's dangerous because you can get damaged spiritually and physically very badly.

The Erev Rav And The Jewish People In The Desert

Mum: Is there an *erev rav* among us? Who are the *erev rav*?

Galia: Mum, the *erev rav* are those who joined us in the exodus from Egypt. They are the ones who cause us all our troubles all the time. They are not proper Jews. They are a mixture of Jews and people who pretend to be Jews and in every generation, they causes us endless troubles and disputes.

Mum: How can we know who the members of the *erev rav* are today?

Galia: We don't know who they are today. But if there will be difficult times, they'll be the first to run away and disown us and that will be the sign that they are the *erev rav*.

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Mum: Why did the Jewish people want to go back to Egypt after the exodus if it was so terrible for them there, and especially after they saw so many miracles and wonders?

Galia: Dear mum, if you study the matter well, you'll see that the *erev rav* who joined the Jews were responsible for all the troubles and the sin of the golden calf. Today too, a sizable part of the Jewish people are *erev rav* who try every way possible to cause troubles for the Jews and try and create a situation in which the nation will cease to survive *chalila*. They will be the first to be harmed

in the first selection. This can only warn us today and serve as an open, serious warning to all those who already know the truth that they have to behave with extreme caution and trust Hashem and fulfill His mitzvot. Otherwise they will be punished more severely than all those who have still not discovered the truth.

Mum: Galia, when the Jews left Egypt, they left bondage for eternal freedom. They saw miracles and wonders. But how did they feel about having to start all over again, to wander in the desert for so many years without a roof and with all the difficulties that entails?

Galia: They were happy to be released from the wickedness of the Egyptians who subjected them to hard, slave labor and were extremely cruel to them. Even the terrible desert was Gan Ayden compared to Egyptian slavery. And they had the zchut of seeing the mighty revelations which we too *be-ezrat Hashem* shall see and not in the distant future! As I told you, we are the generation of the *geula*. And the truth is beginning to be revealed in our generation.

And also this communicating with me is one of the truths which are coming down into the world and being revealed. And now additional truths will be revealed all the time. And more light will come down. More and more. It is impossible to bring down all the shefa of light in one go. People are not set up to receive a shefa of light so big in one go. Even the little truth and the small light which are starting to come down are hard for people to digest and understand. Hashem in His mercy and enormous love for the Jews is very slowly and gradually sending the light and the shefa elyon to this world. But not in one go. Each time, a little shefa of light comes down till the whole truth will be revealed. We can now see a little of the truth which is penetrating the slits in the world's cut off screen. We have had the zchut.

People are more aware of all which is happening in such areas as clinical death, gilgulim of souls, the Torah codes, and communication with the soul of the person with brain-damage and other things which clearly shows us the extension of life after death and this world as a place of temporariness and passing.

Tzadikim

Galia: Everyone can be a tzadik and it's a lot of work on yourself, to act for the sake of Heaven. It's hard but you get zchut for how much you try.

Mum: Galia, can anyone really be a tzadik?

Galia: Mum, everyone can be a tzadik. It just depends on him alone — how much he wants it and how much he does to get to it. Mum, tzadik, that's a very high level but if a person acts, does things and conducts himself with *chassidut* [piety], he has an even higher level. [The work, *Messilat Yescharim*, for example, describes the differences between the tzadik and the chassid.]

Mum: Does everyone have the potential to be a tzadik?

Galia: Most of us came to the world with a great deal of capability. But most people don't take advantage of their ability.

Mum: How can a person overcome his physical desires and his middot?

Galia: Mum, that's difficult. But everyone can work and improve all of his middot if he just wants to and works on it. Everything depends on him. The greatest tzadik is the one who controls his yaitzer hara and does tshuva. Not specifically the one who does not have a yaitzer hara. We are here in a daily war against the yaitzer hara. There is no let up. When a man thinks he is a tzadik, he is in bigger danger. Everyone has to make an effort in this world as though it's his last time here. He cannot come back every time. And then he remains eternally on the last level in this world.

We shouldn't forget that Heaven is more stringent with the souls of tzadikim and is very exacting with them. Tzadikim are judged very severely and based on their ability. A lot more is expected of tzadikim because they have a much higher ability than the rest.

Mum: What does a dream about tzadikim mean?

Galia: Dreaming about tzadikim is a powerful sign that blessing and shefa will come to the person.

Mum: Is everyone in Gan Ayden a tzadik?

Galia: There are souls which are tzadikim and aren't tzadikim in Gan Ayden. But the tzadikim have a part in Gan Ayden which is luxurious and glorious. Also someone who has more zechuyot than sins can enter Gan Ayden after *miruk* [refinement of impurity]. But the pleasures he will have will be shallow in comparison to the tzadikim who went to so much effort in this our world.

Mum: Those who didn't do much — also don't get much?

Galia: Mum, that's exactly how it is. Everything in accordance with the investment each one put into it and everyone reaps only what he planted.

Mum: Galia, you have a great zchut in that through you and with your help, I spread Torah, baruch Hashem. Does your zchut also protect your father and brothers?

Galia: Mum, the zechuyot are a mighty protection for dad and my brothers, and you obviously, because of your own zchut. Because children who are tzadikim provide their parents with zechuyot in the next world and also can protect them in this world.

Mum: What are the majority of souls in the world? Are they souls of tzadikim or are tzadikim the minority?

Galia: Mum, the majority are not tzadikim, only a minority. Everyone is judged according to his ability and those with special ability are required to apply special caution in every single thing.

Mum: Once I dreamt about my grandmother *zichrona levracha*, my mother's mother. So beautiful and tall, although she was in fact in her lifetime of small stature and simple. I dreamt that she is dressed in such beautiful pink clothes and a hat or some kind of tall pink head cover. And she carries herself completely erect, tall, beautiful and radiant.

Galia: That's how your grandma is in Heaven. She has a very high standing because she is a perfect tzadika. And the clothes she wears there fit in with the level of her importance. Because that's the only thing which determines how you dress in the next world. According to the maasim tovim we did in this world.

Mum: Have you also got beautiful clothes in the high world? You are also a tzadika. So why do you suffer so much?

Galia: Mum, I have also got really beautiful, wonderful clothes there. And everything I suffer here is in order to be purified and get to the afterworld whole and purified of all the impurity of sins, so that I can go directly to Gan Ayden. Mum, all of us came to this world with enormous capability, but most people don't make use of their capability.

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Mum: What do you say about the death of the tzadik, Rabbi Ben-tzion Abba Shaul *alav hashalom*, may his zchut protect us? [died 5758]

Galia: Dear mum, every tzadik taken to the next world is a massive loss for the Jewish people. While alive, the tzadik is a mighty protection for everyone in his time and the prayers of a tzadik are accepted and atone for the generation. When he dies, the defense is weakened, because there is no one to stand like a shield against the disasters. And, if it were not for the mercy of Heaven, a lot of troubles would result. We need a lot of people who perform a lot of mitzvot to protect the generation. Masses are in fact doing tshuva, and Heaven is extremely pleased with this. But you have to carry on all the time and observe and fulfill Torah and mitzvot truthfully without falsehood. Heaven knows when a man serves Hashem with perfect faith and when he is only putting on a show.

Mum: Does a person who completes his tikkun in this world become a tzadik?

Galia: Mum, it's not like that. Even if he completes his tikkun, he is not necessarily a tzadik; rather that the soul has consummated itself. There are souls which have consummated themselves, and they are not tzadikim.

Mum: Where will they end up in Heaven?

Galia: They will get into Gan Ayden but they will not be in the part for perfect tzadikim. It's all a matter of the zchut which each individual soul has.

Mum: How can a soul increase its zechuyot and be a tzadik?

Galia: Everyone can get to be a tzadik if he is truthful and honest and loves his fellow, fulfills Torah and mitzvot and does everything for the sake of Heaven, takes the good and the bad with the same degree of thankfulness and has *yirat Shamayim* [the fear of Heaven]. Everything depends on the person and his actions.

Mum: Galia, how can I work on myself to get to high spiritual levels like yours, to be a perfect tzadika like you?

Galia: My dear mum, you asked something very hard. To be like me means terrible suffering. Today, when I am in a dysfunctional body which hardly serves me, I am coming to atonement in that in my state, I cannot sin even if I want to. That way I rise up levels of holiness. It needs a lot of working on yourself and love of Hashem.

Mum: What about all the sins, if I had any? Have they been erased?

Galia: Mum, even if you had any sins once, they are in the process of being erased, disappearing and melting away. Over the time, when you accept the yoke of Heaven, with Heaven's mercy, the sins turn into zechuyot. But I say to you again, it's a lot of work on yourself.

The Blessing Of A Tzadik

Galia: Mum, the bracha of a tzadik can bring the person blessed great salvations.

Lighting Candles For Departed Tzadikim

Mum: If we light candles very often for tzadikim, aren't we troubling and disturbing their peace?

Galia: No, the opposite is correct. If the one lighting the candle *le-ilui nishmat* ha-tzadik [the elevation of the soul of the tzadik] is worthy, the tzadik will plead for him and his prayer will be accepted. But a person should not pray to the tzadik, only in the zchut of the tzadik.

The candles you light for the tzadikim help you because the souls cast more light and can ask Heaven to show mercy to you and the person who lit. Candles have a special power of spiritual help for the one who asks [i.e., prays]. Mum, a flame in this world has the power to light up in the higher spiritual worlds. The flame of physical candles has spiritual power.

Mum: When you light a candle for a departed, for example, for my late mother *zichrona levracha*, does the soul know? Is it happy?

Galia: Mum, if you light a candle for a certain soul, it is happy and comes to help the one who has lit the candle. Family relatives who have departed from this world are happy that people remember them and light candles for them which raise them higher.

Mum: Galia, is lighting candles for the departed and mentioning their names before a Torah class regarded as an act of kindness?

Galia: Mum, every soul you mention experiences joy in Heaven. It's doing these souls a big kindness. Because they don't have the power to change the situation they're in one little bit. Only the living have the power to change their status.

Mum: Does it help, if you mention the names of tzadikim in a time of trouble (even without lighting a candle)?

Galia: Mum, saying holy names [i.e., of tzadikim] can certainly help the one who says them.

Mum: Is the only way to build up zechuyot from our maasim tovim?

Galia: Mum, our zechuyot can build up from a person's own maasim tovim and also from the maasim tovim of tzadikim he has in his family, both living and dead tzadikim. All his and their zechuyot combine and he will receive from this according to the calculations of Heaven.

No one gets anything which is not due to him. Everything he gets is just what is due to him.

Important note about lighting candles for departed tzadikim.

A person should not ask the tzadik himself to answer his prayers. A person must entreat HaKadosh Baruch Hu, who can do everything, to have mercy, to answer the prayer in the zchut of the particular tzadik. A person may ask the tzadik to plead on our behalf, to pray for us and ask for Heaven's mercy on us and all the Jewish people.

Family Purity

Galia: Mum, it's important that every (married) Jewess immerse in the mikve. Because immersion causes the purification of her soul and that she be with her husband in purity. The children born to them will come in holiness to this world, and this will give them the initial basis for searching for the truth and the path of the holy Torah.

A woman's purity enables her to bring children to the world with holy souls and these souls will have a natural desire to look for the path of Hashem. Because holiness clings to holiness and tuma is drawn to tuma. That is why family purity and going to the mikve are so important.

Religious Radio Stations

Mum: Do the Torah talks and discussions, which you hear from time to time, in class on the radio, on the religious channels, do you and the other children in the class good?

Galia: I want to tell you that every soul loves to hear Torah talks and discussions.

Mum: You like listening to songs?

Galia: Religious songs, yes. Mum, I want to tell you that all these religious radio stations are doing an enormous amount for the cause of Heaven.

Tell everyone that the time is very important and great, and everyone has to do tshuva because there's no time and also there's no other way. It's impossible to keep going on the path of sin. There has to be a change. To go only the way of Hashem. There's no other way.

Religious radio channels are like air for the soul, for us Jews, in these difficult times. All these fine religious radio channels are succeeding in bringing masses of Jews to HaKadosh Baruch Hu, Torah and mitzvot. And all those who support these religious radio channels are partners in these important mitzvot of bringing Jews to religion in this so terribly fateful period for our precious people. They should carry on full scale and in whatever way they can to wake up the masses. All their activity is blessed, precious and desired by Heaven.

All those who spread Torah in the Jewish people will see great things, salvation and great, wonderful events. In Heaven, they cause joy, delight, happiness and admiration. They cannot imagine how much Hashem loves them. Their reward will be beyond all measure and calculation!

Dear mum, lately the radio channels have suffered many disruptions. The forces of tuma are at war over their existence and we have to fight in order to lay down a path to the truth, purity and light which will break through and shine on us.

Radio is a tool of mighty power and reaches the masses in their homes. The words of the holy Torah are getting inside their homes without any effort. The religious radio channels which are involved in holiness for the sake of Heaven are magnificent. They must continue spreading Torah among the masses. Masses of Jews are coming back to our Father in Heaven because of the precious religious radio channels.

It's very important that these channels preserve purity of conduct, holiness and perfect faith. Not to fall through listening to the council of the yaitzer hara, and be careful to avoid kitrug, not even the slightest kitrug, and check very exactly every word broadcast. The Jewish masses listen. It's important to be careful about all the messages they put out on the radio and the relations between the staff members, because affection, friendliness and peace, integrity and decency are the rules which can preserve the survival of all the precious radio channels. So they should be extremely careful because these things are critical for the preservation of our souls. And that way, the broadcasts will be free and open and the messages will be passed on easily without disruptions and they will strengthen the masses who today are in such need of the words of Torah and thirsty for the word of Hashem.

Mum, Heaven will only help the person whose whole purpose is the cause of Heaven and does everything honestly and with perfect decency. Those who do not do things according to the principles of the Torah are destined for a mighty fall. Only the religious channels which are honest, decent and clean will survive.

Religious stations are waging wars to the death with the forces of wickedness and tuma which make accusations all the time and try to cause disruption and destroy, and they are on the point of termination. Any wounded animal can illustrate how a creature will fight furiously for its life and unafraid of anything, because it's already lost everything and its life has melted away for ever in front of its own eyes. Similarly, the forces of tuma which see that they have lost the war. That's the reason why there is so much trouble and confusion in the whole of the Jewish nation, their various areas and sections. And the nearer the ge-ula gets to us, the confusion will become deeper. This is the last stand of the forces of evil, and it's lost from the outset. That's the reason why they are fighting with such force. And they'll try all the time to damage more and more, anything to do with holiness.

Soon many aspects of the media will change, and very few legal licenses for a limited number of religious stations will be received. It all depends on the clean conduct of all those serving what is holy on the religious channels. Those who are unfit and put on a show as if they are fit are the rot inside the apple, and the rot is spreading and just spreading till the red apple which looks so fine from the outside is ruined. So you have to get rid of the first rot with a knife and so stop the rot spreading a lot and then the apple will be magnificently beautiful.

Love

Mum: What can you tell me about love?

Galia: Love is the need not to feel alone. It's the need to feel that somebody cares about us. Love of this kind is a refuge from the hard world.

Love has to be for the sake of Heaven, based on the laws of the Torah. God's love is an example to us. Because Hashem loves us unconditionally. Even if we rebel and go far from Him, He still loves His children. Hashem loves all of us, like a mother who loves all her many children. Love without conditions and for the sake of Heaven is true love.

When a man and a wife love each other, it has to be a holy thing and without physical conditions. He and she build together with Hashem a small *beit hamikdash*, and it's all for the sake of Heaven. The greatest love is that we have the opportunity to do His will *yitbarach*. Also in loving a child, we are doing the will of Hashem, and educating the child to *avodat Hashem* [worship of Hashem]. And this is the biggest love and happiness for a father and mother.

All love comes directly from Hashem. Hashem is all love. In the afterworld, there is the limitless love of HaKadosh Baruch Hu for all His creatures and there is a limitless shefa of a love beyond human understanding. It belongs only to the person who has the *zechut* to receive this limitless happiness. Those are the people who toiled all their life in this world in Torah, mitzvot and maasim tovim.

Mum: Why is it so important for you to be with me at home on Shabbat?

Galia: Mum, being close to you causes me great happiness. Only you give me true love and that is what keeps me going. Your love gives me the strength to continue. I feel that I am not alone in this world of falsity. Without love, you feel alone here in this world. Your love, your hugs and kisses gave me the strength to carry on living.

My dear mum, I love you very much. You cannot even imagine how attached we are to each other. It's very hard for a person to live without love. A man cannot live without love. He is not built to live his life without the love of someone in the world. A man's greatest life force is the love he can give and receive.

Mum: Galia, I love you very much. A lot of women and girls who hear my talks about you tell me to tell you that they love you. They send you kisses and bless you with a full recovery. Does that help you?

Galia: I get happiness from all the women who send me true love. I feel their love helping me and giving me more strength to continue here in this world which is so full of pain and suffering.

Perfecting Your Character [Tikkun Hamiddot]

Galia: We must improve our situation in every sphere of middot [good character traits]. A person can work and improve all his middot if he just wants to. Everything depends on him. It's hard but anyone can improve his middot if he wants to enough and works on it.

All your life, you have to carry on and work on your middot and on everything. Life is hard work and fulfilling mitzvot and working on middot is a huge effort.

Mum, work on middot is one of our assignments in this world; and it's one of the most important assignments. Because the man who works on his middot will get to the afterworld in a state of perfection and prepared to live there in the wonderful harmony which prevails there. But if he did not perfect his middot, he won't be able to blend in. It's like a rusty cog. If you put it in the machine, the whole machine won't run. So from the beginning, you don't put it in the machine.

Bringing Up Children

Mum: Galia, you told me you came back to this world because of a sin in child upbringing. Is bringing up children so serious that you suffer here for so long?

Galia: Mum, failure in child-upbringing is to kill whole generations.

Mum: What did you do wrong in the way you brought them up?

Galia: I didn't make a point of teaching them the most important things — Torah and maasim tovim.

Mum: But you said that my father *zal*, your son in your last gilgul, entered Gan Ayden!

Galia: Everything is perfect justice. Heaven is more exacting with the souls of tzadikim and very demanding of them. Tzadikim are judged very stringently and based on their capability. Much more is demanded of tzadikim because they have a much higher capability than the rest of the people.

Hashem through His great love for us teaches us, sometimes with candy, sometimes with slaps. If we understand what He wants and learn the lessons, then the eternal life is very good. Suffering is love. Hashem tries to save us. Suffering brings a man to the truth.

Man is born with the ability to be a tzadik or *rasha*, chus veshalom. When young, he's like an imbecile who doesn't understand properly and he also does not have the ability to understand. When he grows up, he has an intelligent mind, and then the war between his two wills begins in full force. A man is at war all his life and the tzadik succeeds (maybe) in getting rid of his yaitzer hara.

Mum: How is it that two children in the same family who get the same education grow up so different. One grew up to become a tzadik and the second not so much.

Galia: Mum, one can and wishes to conquer his yaitzer hara and the second prefers the lie which he enjoys. There are conscious processes and there are subconscious ones. That's the reason why upbringing is so important.

Mum: Does the soul in Heaven after 120 start from fresh like a baby and little by little find itself?

Galia: No, mum.

Mum: Is Heaven a continuation? Does the soul carry on from the point it left off here?

Galia: Right. It's the next stage. Mum, bringing up children is one of the most important and toughest assignments a person has in this world. Because what he teaches and what he sows, that's what he'll reap and that's what the world will reap too. So it's a good thing to invest a lot in bringing them up when they're young. That will produce a large amount of high quality crop.

Tell everyone that it's in their interests to invest a great deal in bringing up children because they'll get all the zechuyot for doing so, and also of their children. If their children go on the path of Hashem, it all goes to the credit of their parents.

Heaven is delighted with all the children who embark on a Torah education. They are happy, their lot is fortunate and the lot of their family and all those who perform this holy task. Go up and succeed! Hashem be with you, brave soldiers. It's a time of favor. Heaven provides a lot of help to all those who take the first step in changing over to religious education and to all the many blessed people who assist in this holy work. Every child who goes over to Torah education hurries up the end of the exile and the revelation of mashiach tzidkaineu.

Mum: Galia, I thought about the fact that you sinned in child-upbringing and, lo and behold, in your tikun, you are in fact educating me and teaching me, and by doing so, you are making good [metakayn] the sin in child-upbringing.

Galia: Mum, you understand things. This is in fact the tikkun of child-upbringing. To educate is the tikkun for education. And what you said is correct.

Charity And Being Kind

Galia: Mum, charity is a very great virtue. It's a mitzva which can save a person from death. It's a very great mitzva and gives a person special zechuyot in Heaven. Charity is kindness and always a wonderful thing to do for anyone at any time.

It helps a great deal to donate with a loving heart and true desire to unfortunate people and those who suffer and make their hardship easier. The charity a man gave accompanies him to Heaven and provides powerful protection both in this world and the afterworld. The individual contributions are like angels who go along with the person and guard him all the time.

Mum, the world exists because people help each other. If people did not help each other, the whole world would not be able to survive for even a moment. The world would return to emptiness and void. All the kindnesses which we humans do here hold up the foundations of the high worlds. Kindness is the basis of our survival. Without helping others, we would not survive. Those who help others are in fact helping themselves and the continuation of their existence and others. If no one in the world would help anyone, no one would survive. And if people do help others, the world and everyone survive.

Mum: Can you tell me something about *maaser*?

Galia: Mum, *maaser* is a mitzva of the Torah. We are commanded to give a tenth of our income to charity and the donations we make help us more than we help others. Our helping others and charity create angels who plea on our behalf in this world and the next world.

Sandak

Mum: Are all the sins of a sandak pardoned?

Galia: It's a wonderful privilege to be a sandak because being a sandak atones for his sins, but only on condition that the person decides to go on the straight path. Without that, also being a sandak does not help. It's like the Day of Atonement which atones for the person who fasts and suffers and decides to go on the path of Hashem. But if that is not his intention, it won't help him and won't atone for him. Everything depends on the decision of the person to walk on the path of Hashem and fulfilling Torah and mitzvot.

Mum: Why can't a woman be a sandak like a man. That way her sins would also be atoned?

Galia: Mum, there are mitzvot meant for men, and there are mitzvot which are meant only for women. Everyone comes for the purpose of his role in this world. Women have certain roles and men have different roles.

The Decorated Room

Mum: Have you noticed the beautifully decorated room you've got? (I hung on the walls of Galia's room in her care center photos of ducks, teddy bears, and birds, etc.)

Galia: I want other photos. Photos of tzadikim. Of grandpa and grandma. Of Baba Sali. The Blessing of the Home. Aishet Chayil.

Mum: But I've got no time now. When I get the time or a holiday ... it'll take a little time.

Galia: Photos of tzadikim. There's no time!

Mum: No time for what?

Galia: Everything. These pictures cause me suffering. It's not kosher.

Mum: Galia, they're pictures of birds and animals. It's allowed to hang up pictures like these.

Galia: But it's not right for the Jewish soul.

Mum: It's a girls' room and the pictures are right for girls of your age. (Galia was 10.)

Galia: Wrong. It's all right for non-Jews of my age.

(I took them all down and hung up pictures of tzadikim: the Lubavitcher Rebbe, Baba Sali, the Chafetz Chayim *aleichem hashalom*, Rav Caduri, the text of Aishet Chayil, the Blessing of the Home, Shema Yisrael, Modeh Ani, etc. Galia radiated happiness.)

Galia Criticizes An Article In Ma'ariv

Mum: An article which was published in the newspaper *Ma'ariv* [a major Israeli daily] on 19.9.96 on your care center, on the home you're staying in here stated, "Only at the end, in one of the residential areas, in the prettiest room in the center, I met the parents. *TO MY SWEET GALIA, FROM MUM, WITH LOVE* ... that's all that was written on the series of carefully painted pictures hung over the bed. I choked, because of the recognition which suddenly dawned on me that the terrible and painful sights which I had seen in the course of the day ... they are actually someone's children ... because of the understanding that loving them and living with them are not always things which necessarily go together."

I went over the last two lines and said to Galia, 'That's very touching, isn't it?'

Galia: Yes. But the journalist doesn't understand what in fact is the love of a parent and what the love of our Father in Heaven is. It hurts me, this article. It's bad that these silly pictures seem to her love. She doesn't understand that when you hung them up, you loved me less. Now I have your whole heart. You don't need pictures when you have me, Galia, your daughter.

She doesn't understand that all the parents, with pictures or without them, suffer and love and want their children healthy and whole. But Hashem is testing them.

Mum: I am moved by the fact that at last I have a true daughter.

Galia: That's the mistake of everyone. We brain-damaged always were true children but only very special parents felt this.

Mum: They felt this without being able to communicate?

Galia: Yes. There are parents who felt and feel this without being able to communicate.

Message To Liars

Galia: Someone who lies will not be given eternal life. Even if he does other mitzvot — it doesn't help him. Because there is no possibility of him entering Gan Ayden if he lies. In Gan Ayden, there is no place for liars.

The Evil Eye

Mum: Galia, do thought and words have a power to change things?

Galia: Sure. Jealousy and hate in the heart have a negative power which can cause a person even to feel bad. Jealousy and hate are the evil eye. But if a person is protected by maasim tovim, simple faith and Torah study, there is no danger.

The evil eye is the force a person has in his eyes to harm others because he is jealous of them and his eye is resentful. He can't bear someone else's good fortune. So he harms them even without realizing it and projects poison to them and it harms their health. The evil eye has very destructive power. Mum, tell everyone to work on this trait and they themselves should develop a good eye.

Mum: How do you take care not to be harmed by the evil eye?

Galia: A person must observe Torah and mitzvot. Then he is less vulnerable than others who don't observe Torah and mitzvot. But what helps the most is helping others which really protects a person from the evil eye.

Abortions

Mum: When does the soul enter the body? Is it before birth?

Galia: Before. The moment the child is formed.

Mum: So those who perform abortions kill someone who has a soul.

Galia: Yes. Abortion is terrible suffering for the soul of the child.

Mum: A woman who performs an artificial miscarriage — she's a murderess?

Galia: It depends. You have to ask a rabbi in every case.

Mum: If the rabbi tells her that it is forbidden to have an abortion, and she has one, is she a murderess?

Galia: She's worse than that. She rebels against Hashem.

Mum: Can a murderer also do tshuva and his tshuva is accepted by Heaven?

Galia: A true tshuva ... certainly.

Honesty And Rising In Levels Of Holiness

Galia: The closer the ge-ula gets, those worthy of it will receive *shefa elyon*. One of the most important things for getting this shefa is middot and purity in dealing with the next man and Heaven.

Mum: How does you rise in the levels of holiness? What is the secret?

Galia: Dear mum, the key is cleanness. Clean hands, clean soul, clean thought, clean business dealings, clean speech, clean clothes, clean body. Cleanness. This is the keyword for everything. Cleanness is in fact honesty. Honesty can take us up to very high levels. It's a good thing to work hard on being energetically honest and fair and investing in this like investing in the best share. That's the whole secret. And obviously in combination with keeping the Torah. Mitzvot and maasim tovim take a person to the highest spirituality.

Mum: What can you do so there be more honest people in the world — so everyone is honest?

Galia: My dear mum, let's pray that everyone opens up their eyes to see and understand that not only the material aspect of life is the main thing. Not all that is apparent to the eye is in fact true and he who relies on a person is relying on a thing empty of all content. Materialism, drives and lusts are like consuming fire and damage spirituality.

If everyone were to understand that there is one ruler in the world from whom everything is created and fear Him and observe the mitzvot of His Torah, everyone would be honest and truthful. This is the time of the Mashiach's coming. The soul of the Jewish race will be consummated so soon. This is the true pleasure. The spiritual perfection which the soul craves all the time. It's hard for us to understand and appreciate these spiritual things with the mind.

The End Of Tuma And The Consolidation Of Kedusha

Galia: Dear mum, you have to understand that the forces of evil know specifically that this is the end for them. Therefore, like a wounded animal, they are trying to win out with the last of their strengths and trying to bring more people to evil and extreme defiance, violence between individuals and a general violence among the nations of the world, meaning wars, and nations oppressing their own people. We must preserve our path in holiness and do the will of Heaven and not respond to the yaitzer hara who comes from the forces of evil to lure our thoughts to sin. The higher holiness rises through Torah and mitzvot, the more the power of tuma sinks and that way we will be harmed less.

Only a refined and pure soul can be a receptacle for the massive holiness coming down to the world.

When the number of people who prepared themselves to be receptacles for *orot elyonim* [high lights] grows, then kedusha can prevail in the world. This is the ge-ula of the Jews. Kedusha is ever spreading and becoming stronger. But it's not enough. And we need to do more and try to open the eyes of the sleeping. Mum, understand. People who have not prepared themselves are not capable of taking in kedusha and *orot elyonim*. They cannot act as a pipeline. It's all blocked up. But, baruch Hashem, that we have the zchut that there are some people who are receptacles who receive and they do not lose the *orot elyonim*. Through them, HaKadosh Baruch Hu, in His mercy will bring *kedusha ila-it* [high holiness] down to the world and it will remain here and spread and triumph and grow. This prepares the setting for the arrival of the redeemer [*ga-el tzedek*], who will reveal himself to the whole world.

The War Of Good And Evil And The Tikkun Of The World

Galia: Mum, good is the purpose of this world. Good and evil descended into this world in equal measure, and the role of man is to decide which shall triumph in the world — good or evil. The more man overcomes his base drives and the evil in himself and be good and be good to all others — that way, good in the world will triumph. Torah and mitzvot is a way of life which HaKadosh Baruch Hu gave us in His goodness and mercy. Heaven gave us this wonderful gift to enable man to bring down shefa of good to this world; and through this help the triumph of good over evil and *tahor* [purity] over tuma.

Everything depends on us. It's a very tough test which Adam Harishon failed. To this day, we are paying for it with all the pain and suffering we endure, to rectify evil and this tuma and make holiness and tahor rulers over the world. It's a tough and prolonged war for the human race, while the Jews have the main task, through the Torah which they got from Heaven which helps them get to good and tahor the fastest possible. We are all commanded to fulfill Hashem's Torah and His mitzvot and we do not have even an ability to understand or appreciate this. With the eye, you don't always see the reward, the pleasure, the happiness and the lights lit up in all the worlds as a result of fulfilling the mitzvot of Hashem. But those involved in the study of Torah, both students and teachers, receive great reward in this world and the next.

Mum, very soon good and tahor will triumph and rule in the world, and then the world will become a world of wonderful happiness without suffering, without pain, without injustice, without depression. It'll all be so happy and fortunate and man *be-ezrat Hashem* will finally succeed soon in rectifying all the massive distortion which started with the sin of Adam Harishon. An extremely hard tikkun which lasted so many years will soon, *be-ezrat Hashem yitbarach*, arrive at its resolution. Everyone will feel an enormous spiritual lift from all the happiness. The Jews are the chosen people, whom Hashem chose to rectify His world. They were the only ones who were capable of this task and

happy to accept upon themselves the rectification of the world, and all the rest are adjuncts and aides in service of the main participants in the effort.

The main thing, mum, is the Torah. Explain to everyone in talks and through any other method that they have to accept the Torah of Hashem yitbarach and keep His mitzvot and bring about the change and the final rectification of the world.

Mum, we are preparing ourselves to be a receptacle for the divine shefa which is due to come down to our world. All those who keep the Torah and mitzvot and do maasim tovim, and all those who work on their middot are in fact preparing the receptacle which can receive the divine shefa soon. Everything depends on us. The closer we get to our Father in Heaven and the more we fulfill the mission which we have been due to complete from the days of the creation, through our keeping Torah and the mitzvot of Hashem yitbarach, the more we will be a light and a proof for the nations of the world. Someone who has not prepared himself is not capable of being a receptacle. The joy will be so supernal and someone who is unfit will be not be able to bear the massive happiness. My dear mother, the tzadikim already feel this happiness. The *kleepa* [shell of impurity which encases a person or an entity] has already been removed from them.

Mum: A certain rabbi asked, Will all souls in the end combine and be in the body of Adam Harishon as he was created?

Galia: The object is to rectify the sin of Adam Harishon, to reach the merging of all the holy sparks, which together will be redeemed from their captivity, and achieve their object of being all part of the soul of Adam Harishon. I cannot give you more detail.

Mum: Why does the soul, which knows everything, come down to this world to study, cultivate itself, and improve its middot — to go up a spiritual level?

Galia: My dear mum, middot and cultivating yourself are not linked to knowledge. The soul does not come down through choice. It's all done against its will, if it did not manage to rectify its middot in its stay here in the last gilgul. If we were all perfect tzadikim, we would not come to this world to be rectified. What do we have to do in this world of falsity? Someone who is forced to return in a gilgul, comes in order to rectify what it damaged while it was here in its previous gilgul. That's the purpose of its descent here.

Mum: Galia, what's your opinion on free choice in this world? When you don't observe mitzvot, you get punished. Do you call that free choice?

Galia: Mum, even so, there is free choice. Everyone can choose whether to go the way of good or evil. But it is always to be recommended to go the way of Hashem yitbarach because that's the best way. The fact that man can choose, that's free choice, because no one forces him to choose anything.

Mum: But if a person does not choose good and keeping mitzvot, he will suffer. So it's obvious he will want to choose mitzvot, and that is in fact the negation of free choice.

Galia: My dear mum, if that were the case, everyone would choose mitzvot. But the fact is that masses still do not keep Torah and mitzvot properly. So is that free choice or not? You see yourself that it is. You too can also do as you want. And despite the fact that all the years, you knew that it'll be

good for those who go the way of Hashem and it'll be bad for the person who does not keep mitzvot, you chose not to fulfill mitzvot. So today too, you are free to do what you want. You have the ability to choose and act.

All the same, only high souls who come with a large load of mitzvot and zechuyot can choose to do things in the higher worlds which others cannot. Because there, choice does not exist as it does in this world. When, after 120, you get to the next world, you will understand everything. Everything is true and perfect absolute justice.

Tallit And Tefilin

Galia: Dear mum, you have to explain to people that a man needs to wear a tallit katan all the time. That's the light which surrounds us and protects us from all evil.

Instead of people tying crimson threads and going in a *chamsa* [amulet in the form of a hand worn on a necklace round the neck] and blue stones as a protection against the evil eye and all kinds of evil spirits and any kitrug, men should go in a tallit katan.

Every prince bears the seal of the king. Tzitzit and tefilin are the seal of the king which testify to his being the prince. All who put on tefilin, it's considered for him as though he fulfilled the whole Torah. Tefilin is the sign which you have to observe together with the sign of Shabbat and the sign of *brit kodesh*, *brit mila* [circumcision]. It's a very great zchut to observe these signs and doing so brings very great reward. This mitzva writes the name of Hashem on the person. The whole day, everywhere he goes, this holy name goes with the man everywhere and anyone who tries to get near him and harm him is thrown backwards because of the name of the holy and terrible name (the seal) which is engraved on him, on the tzadik who put on tefilin, the whole day.

Mum, the tefilin you put [i.e., that a person puts] on have a fantastic power to bring down shefa to the world, to receive *kedusha il-a-it* [high holiness] and drive off and eliminate the forces of wickedness and mazikim.

Anger

Galia: Mum, someone who gets angry and doesn't control himself is thought of as an idolater. Anger is the root of so many sicknesses of the body and the soul. People who get angry must work on themselves as soon as possible, because getting angry once can ruin all the work of months in which they put in masses of mitzvot. By getting angry once, they erase masses of the blessings which the person was supposed to receive.

Mum, tell everyone that the source of anger is the sitra achra, whose whole object is to confuse us and distance us from Torah and mitzvot and this is one of our hard tests in this world. You have to make the effort not to get drawn to the yaitzer hara which tells us to get angry.

We are commanded to work on this trait as on other traits and bit by bit. And the most important thing when you gets angry is simply to keep quiet. When your anger goes, you talk and think

differently. When you're angry, you can say some very serious things which there is no control of because the sitra achra helps you to say things which sometimes you cannot apologize for. And there's no means of atoning for them. Such words cause a great kitrug against a person.

Marital Harmony

Galia: Marital harmony is one of the most important things that a person has in this world.

Dear mum, Sometimes it looks like a national problem. Loads of couples quarrel and get divorced or come to verbal and physical violence and don't honor each other. But the biggest factor which causes quarrels and arguments is not observing *nidda* and *tahara* [family purity]. Many do avoid relations when it's wrong to have them but they touch each other and in doing so cause the klippa of quarrel and its soldiers to dwell in the home and then everything runs itself the way of tuma. Because everything becomes *tamai* [contaminated with evil] and the shechinnah and peace have no ability to reside where there is tuma.

Marital harmony is one of the most important things in a person's life. If a person has a disharmonious marriage, nothing works out. Everything turns on marital harmony. If it's good in the home, the shechinnah is in the home. Then there is ample income and blessing in every act. It projects all around him wherever he goes and whatever he does.

Therefore, we have to treat it as a lofty and elevated thing and completely dedicate ourselves to it with a view to giving in and being flexible in our views and being forgiving, preserve mutual trust and respect one's partner. If we just reduce the pride of each one of us, we will have the zchut of many good things, including peace which brings with it happiness, serenity, love for each other, a good atmosphere in the home and out of it and the shechinnah in the home. Everything turns on peace.

It's important to make an effort and take care of a good marriage relationship and understanding between man and wife. Peace influences spiritually and materially. When husband and wife live in peace, their material situation also improves. And when the opposite *chus vechalila*, their financial situation also deteriorates.

Chazal said: If man and wife do the right thing, the shechinnah is between them. If they don't do the right thing, fire consumes them. If they do the right thing - the name of HaKadosh Baruch Hu is between them: the yud in the Hebrew word for man and the hey in the Hebrew word for woman join to form the word for Hashem, Y-a. If they don't do the right thing, fire consumes them — the Hebrew word for man without the letter yud spells aish meaning fire and the Hebrew word for woman without the letter hey also spells aish, meaning fire.

Rosh Chodesh

Galia: Rosh Chodesh is a festival day which recurs every month. On Rosh Chodesh, there is a massive spiritual shefa which comes down to the world, more than on other days. HaKadosh Baruch

Hu is happy with those of his sons and daughters who go His way and remember his festivals and special occasions.

Rosh Chodesh is a holy time, like a minor festival and the special prayers provide blessing to all those who walk on Hashem's path. Pass onto the beloved Jewish women that it's very important to light a candle and note this holy day which Hashem gave especially to women. And the woman, the main aspect of the home, can bring about a lot of change in her home and bring fantastic shefa to her family.

We welcome Rosh Chodesh with a special meal and a candle. And there are a lot more good things you get from this. But you have to read and study *sifrei kodesh* [works of religious study].

Chanukah

Galia: If we open our eyes, to look and see the miracles and wonders which HaKadosh Baruch Hu does for us everyday and every moment, and thank Him and praise His name for this, we will be in a perfect situation. But people are ungrateful and take all this grace and shefa for granted.

Mum, you have to thank Hashem. The miracle of Chanukah reminds us of God's fantastic personal supervision of our lives that we receive throughout history. Very soon, with Hashem's help, miracles and wonders will happen whose meaning and greatness will be beyond our comprehension. We must now try and save every Jew, get him to do tshuva, keep Torah and mitzvot and do maasim tovim. That way, we will hasten the grand redemption.

A Mother's Blessing

Galia: Mum, a mother's blessing has the power to change the fate of her sons and daughters. If she is a mother who walks on the path of Hashem, all her blessings really help all her children.

The Power Of The Bracha [Blessing]

Galia: Every bracha has power. A bracha brings down spiritual shefa from the high worlds. And the greater a man's zechuyot, the more he succeeds in bringing down shefa. If the person being blessed is worthy of shefa, he will receive it all. Sometimes when the one blessed is unworthy of the blessing he receives, a kitrug can stir up against him for the reason that he is unworthy of the spiritual shefa they are trying to give him.

Saying Amen

Galia: The amen which people answer to brachot and kaddish has an extremely great virtue. It is confirmation by us that we believe in HaKadosh Baruch Hu, that he is the King of the World, and He is the one who designed and created every single thing: He is the one and only Ruler, the source of all

powers, unlimitedly powerful and rules over all His world and all the worlds. We in saying amen lovingly confirm this.

Our amen also confirms and indicates the extent of our love for our Creator and the Creator of all the worlds. And in actually answering amen, we ask Hashem, the King of the World, to give us of His good and send down great shefa to us and all His beloved Jewish people.

Spreading Torah

Galia: Spreading Torah stands like a mighty rock. All who spread Torah — Heaven helps him in everything. Today the people are so desperately in need of every crumb of kedusha. It's like saving people in the middle of dying and giving them water so they don't wither.

Mum, in Heaven they are pleased with all the efforts to spread Torah to the masses which there are. We are in a time which is extremely important for us and the ge-ula is really close. The hard work of those who disseminate Torah actually saves masses of people from going to their destruction. My dear mother, carry on with all your strength because it's really a matter of actually saving lives. Strengthening people today is their salvation. There is great joy in Heaven from the great religious revival of the Jewish people and, if only they will continue like this with all their might. It really helps the Jewish people that there are people for whom it is so important to spread Torah and make the Torah mighty in the nation.

Mum: Galia, as for those who *mezakeh harabim* [give the masses zchut, see also glossary], I read that there is a special gate in Gan Ayden that only those who *mezakeh harabim* can go through. What do say about that?

Galia: Mum, it's correct that in Heaven there are special privileges for people who *mezakeh harabim*. They work so hard in our closed world which is just beginning to be opened up and absorb the fact that the world has a king and He is HaKadosh Baruch Hu, and there is no one besides Him. All these revelations of the Torah codes, and all the autistic children like me who convey the word of the living God, it all comes from Heaven to help us see that Yitbarach is the King of the World, He is one and the one and only king, the supreme power beyond all challenge; that He has absolute control of the whole creation and the universes, and there is no one besides Him. His power and wisdom fill the world. There is no limit and there is no means of measuring the extent of His exclusive power over all the worlds.

Mum, a man who doesn't care about his own desires, and nullifies himself for the glory of Hashem *yitbarach* and all he does is for the sake of Heaven — it's regarded in Heaven as great righteousness. All who spread Torah are loved and cherished in Heaven and will receive supernal kindness. From Heaven they will dress anyone who saves a Jewish life in radiant colors which light up the whole expanse of the sky. They will see him in all the Heavens and wonder at his beauty and radiance and his palaces, palaces of spiritual crystal which await him.

Hashem gives a lot of powers to anyone who tries and wants to spread Torah. Even if it seems to a person that he has no abilities, Heaven will send him mighty powers which he won't even know where they come from. His reward will be very great in Heaven. Spreading Torah is one of the most important mitzvot in this world. They should continue with all their strength and to the limit of their power.

Mum: Galia, how can I make you happy and provide you joy in this material life, in addition to visits and communicating?

Galia: Mum, nothing in particular. Only your mitzvot and your maasim tovim and your spreading Torah can make me happy in this world of falsity.

Mum: Do you have any advice as to how to be saved from Gehinom?

Galia: You can be saved from Gehinom through spreading Torah. A man is not obliged to spread Torah in our world. Heaven treats the person who spreads Torah with great kindness. He is thought of as one who is kind to others for the sake of Heaven. Spreading Torah is one of the proven formulae for being saved from Gehinom.

The path of spreading Torah leads to high levels and every elevated effort a person puts into bring back sons and daughters to their Father in Heaven is regarded as a an act of great virtue. Heaven will reward us for what we do for His name out of love. Any act of spreading Torah by any Jew arouses great happiness in Heaven. Anyone who spreads Torah is put in the category of those who bring the ge-ula closer. We are towards the end. Mashiach will arrive and be revealed *be-ezrat Hashem* to the Jewish people awaiting him impatiently. Heaven guides the disseminators of Torah and helps them inspire the listeners to walk on the path of Torah and the mitzvot of Hashem *yitbarach*. They help someone who has the zchut, to talk and hold the interest of the audience with what he says. It looks to us that we prepare what to say, but HaKadosh Baruch Hu puts the words in our mouths. Our prayer has to be: *May the words which we shall have the zchut to be placed in our mouths, strengthen the audience for Heaven's sake.*

Any act of spreading Torah by all those who disseminate Torah in Israel is like air for breathing, to bring the ge-ula closer in these difficult days – the days of the redemption of the Jewish people. Mum, don't be afraid of anything. Hashem protects all those who go out and spread Torah, who do it for His name, to fetch in lost children. Disseminators of Torah get a lot of Heavenly help. HaKadosh Baruch Hu loves those who bring his children to their Father in Heaven.

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Galia: It's a pity that not everyone has the zchut of seeing the light which comes down to the world. So many walk along blind, locked up in the prison of their desires. They don't know the truth. Those who have the zchut can help them to see the illuminating light. Even one light in the darkness can light up the whole area, light up the soul.

Mum, our whole life we have to go through repeated and recurrent trials. Without a test, a man cannot go up spiritual levels. Before going up to the higher class, there are exams which check if the student is capable of going up to the higher class.

The person who spreads Torah is guided by Heaven. You have to feel the things inside, because that is the guidance you get without words. The mitzva of spreading Torah is massive without limit and very precious. All those who do this will receive enormous reward. It's a beloved mitzva which can bring home many children lost to Hashem. Our Father in Heaven waits and so yearns for His beloved sons and daughters. There should be no let up on this. This is the order of the hour. Anyone who is filled with the love of the Jewish people is obligated to do this. Heaven will sit in judgment over every lost Jew. It's forbidden to abandon the campaign.

You have to fight for every Jew who is still in darkness and light up his path so that he won't slip and fall into the abyss from which it is impossible to rise. Today the matter is one of actually rescuing lives. Spreading Torah is the duty of the hour for anyone who has the opportunity and qualities to do it. Not everyone has the zchut to spread Torah. Hashem ensures the success of the person who does have the zchut and helps him wherever he goes. Hashem doesn't give out presents for no reason. Only to the people who are worthy of them.

Gluttony

Mum: Galia, can you advise as to how to overcome craving food?

Galia: Dear mum, baruch Hashem that you overcame worse inclinations than that. And with the help of Hashem, you will overcome that too. That's the part of your self-development work and everyone's, to overcome base desires and tendencies which dominate us. Like every evil, it's the urging of the yaitzer hara who gives a person evil advice. You have to control it. Every crude desire you don't get the better of causes great damage, both spiritual and physical. The destruction is apparent.

After 120, when a man leaves his body and his soul goes up, nothing is hidden there. Everything is clear. All the damage he caused. And he is extremely pained by this. Death is hard for those with strong crude desires. It finally purifies and cleans the soul of all the tuma and the yaitzer hara which clung to it. After death, a lot of suffering awaits the person who didn't succeed in subduing crude desires while he was in his body.

Visits To The Sick

Galia: Visiting the sick is a mitzva of the Torah. You have to visit the sick. It helps them and encourages them. It's very important to read Tehilim for them so as to increase their zchut in Heaven. And if the kitrug is removed from them due to the prayer, they'll get well. Visiting the sick is a very deep matter and a big tikun both for the sick person and the visitor.

A Message To Those Who Sent Us Letters

Mum: Galia, do you have a message for all those who responded to the book about you and all the thanks, the brachot and love which people sent you?

Galia: Dear mum, pass onto all one common message that I am completely delighted to see that the inner being of the beloved, holy Jewish people is all love for one's fellow.

To all those wonderful people who wrote letters, I am sorry that it is technically impossible for me to reply personally to everyone who contacts me. People in all their enormous love for me forget that in fact physically I do not have the means to understand what and how to write. All communicating is with the soul. But let it be regarded as though they have received an answer. All the letters are very beautiful and really touching. I love you all. Baruch Hashem that I had the zchut to win the love of the Jewish people.

My dear mum, I feel the true and authentic love of all who write letters inquiring how I am which provides me the shefa of the highest shefas. Love melts barriers, breaks borders, creates reciprocity and the happiness of the lover and the beloved. It is impossible to live without love. Lack of love causes depletion of personality, terrible sadness and illnesses. Love gives enormous vitality and motivates us to act, rejoice, create, to do things for His name in love. I pray that HaKadosh Baruch Hu send every Jew blessing and success; to see the arrival of mashiach tzidkainu quickly without pain, without torment and suffering, to have the zchut to love and be loved.

Earthquakes

Mum: What are you allowed to say about earthquakes? What does it indicate, herald?

Galia: Mum, earthquakes are a sign and signal that Hashem is displeased with the actions of man who does not do His will *yitbarach*. Hashem is angry with us and indicates to us to stop our evildoing, and we don't understand.

Mum: What's the best thing to do to be saved from earthquakes?

Galia: To pray. Tshuva, prayer and charity remove the adverse decree.

Curses And Oaths

Mum: Galia, can you say something about cursing?

Galia: It's forbidden to curse. Because words which are spiritual have an influence in the spiritual worlds. In general, curses do not go without result. They damage the curser and the one cursed materially or spiritually. They cause serious damage, although this is not always apparent. The damage is mainly spiritual and causes the soul to develop a sickness which is very hard to cure and get rid of. Tell everyone to desist from all cursing and give more blessings only, that the one who curses is cursed himself and the one who blesses is blessed himself.

Mum: Can you say something about oaths?

Galia: You have to understand that the power of words is vast and great. Words build in the high worlds and destroy in the high worlds. Here too words have the power of destruction and ruin and building and life. You pay a high price in all the worlds for false oaths. Tell everyone to be careful about swearing and cursing. They have a mighty survival power and a grave and serious damaging effect. A person should completely refrain from swearing and cursing. A person should get used to and teach speaking cleanly and without swearing.

Mysticism And Seances

The final thing — everything is heard. Fear God, and keep His mitzvot. Because this is the whole purpose of man. (Kohelet 12:13)

Galia: Recently the phenomenon of mysticism has spread a great deal and studying non-Jewish doctrine linked to tuma, which mix in the Heavenly hosts and turn everything upside down.

Those who dabble, so to speak, in mysticism and try to communicate with spirits must understand that Kabala is not mysticism and a Jew is not allowed to call up spirits. Because every attempt to communicate with spirits by a person who does not keep Torah and mitzvot and doesn't keep Shabbat and put on tefilin and keep an extra holiness results in communicating with the forces of tuma, and he becomes contaminated by them and they confuse his mind and he ends up hurt both materially and spiritually.

It's just impossible that children and teenagers, who think of trying to talk to dead relatives, sit together in some impure spot, boys and girls together, indecently dressed, and think that they are talking with their dead relatives when in fact they are talking to demons [*shaydim*]. Because it's forbidden to disturb the dead and their souls. Heaven will certainly not give permission to a holy soul to talk through a board and a cup in an air raid shelter [commonly, a bare cellar] where in all probability there is no kedusha and there's not even a mezuzah.

Only tuma, for which such conditions are extremely conducive, responds to teenagers and adults who try to talk with worlds of holiness. Doing this puts them and their families in danger. Tuma will not give away anything for nothing and it has the permission of Heaven to harm anyone who messes with it. They damage the mind [*nefesh*], spirit and soul of the people conducting the séance or any tuma practice. You have to explain to the public that the whole business of the séance is rooted in tuma. It's a way for the *external forces* [*kochot chitzoni-im*] to cling to a person. And the one who gives answers to questions from a glass is a demon or evil spirit. You should have nothing to do with these things at all. You can get irreparably damaged physically and mentally. Especially if the person is a Jew — then these spirits draw on the powers of holiness.

Mum, it's very important that they know how to distinguish between tuma and messages which pass through my soul in holiness and purity with the body serving merely as technical instrument only. You have to make a complete distinction between holiness and tuma, black and white, forbidden and permitted. There's no chance of getting accurate answers and information from a source which is

entirely tuma. It's like in a dream which comes through a demon [*shayd*]. It has a little truth and all the rest is lies. Because they were created for this purpose, to confuse people, and especially Jews, who are misled into following tuma. You have to warn Jews who fear for their fate and that of their children and their families, not only that there is nothing in all this but anyone who makes use of the forces of tuma for any reason whatsoever, the tuma itself uproots him from the world. And that includes all those who meddle in "improving luck and fortune" other than for the cause of Heaven and without holiness and purity.

Reading Cards And Magic

Mum: Should we include a section in the book on magic?

Galia: Definitely. It's very important that people know that Heaven tells people that it is forbidden to consult all those sorcerers and dangerous people. You have to tell the holy and precious Jewish people to stop taking advice and receiving or buying amulets and charms from people belonging to other religions and idolatry. All this reading of cards and coffee grinds, and all this massive flocking today to ask the advice of tuma and go to all kinds of Arab sheiks who dabble in tuma. All the blue eyes manufactured by Muslims in Turkey and all the various types of crimson thread are considered idolatry and conspiracy and magic.

They have to stop all this running after tuma at once which only strengthens the forces of tuma and in the end causes serious and indescribable and inestimable damage to all who turn to all this nonsense.

You have to make the public aware of it and warn them and keep them far from women who practice card-reading who are from the primal sources of the *sitra achra*. And all the images printed on cards are in fact from the images of the lower crowns from whom those women get their information. Just as there's no such thing as a kosher pig, so there's nothing holy about those cards. You cannot get correct answers from a source which is wholly tuma. There is a concept which makes Heaven very angry and that is "Kabalistic tarot cards" which is "kosher pig." There's no such thing. It's sorcery.

It's forbidden to practice sorcery and whatever else they get up to get someone to love you or things linked to fire or throwing things in the Mediterranean Ocean or hiding things in the graveyard or burning incense at home. All these are disgusting things and evil sorcery and burning incense to idols. But we'll try to minimize people's guilt and say that they learned all this from non-Jews in the Diaspora.

Nothing good comes out of this. On the contrary, it damages the soul of masses of Jews and all kinds of ignorant people. And above all you've got to be careful of women who communicate with angels. If Heaven gave its permission, the angel would appear to one of the holy *Rabbanim-mekubalim* free without payment who works in holiness and purity, not to a woman whose only object is money and praise. She talks to demons [*shaydim*] and says she is communicating with angels. My dear mum, it makes Heaven very angry. There's no such thing.

Practical Kabala And Amulets

Mum: What's your opinion of all those who dabble in practical Kabala and amulets?

Galia: Today unfortunately, there are various rabbis who dabble in, so to speak, practical Kabala whose whole object is making money which blinds their eyes. They don't know have any notion or even half a notion of practical Kabala. They're nothing but sorcerers dabbling in things when they have no permission from Heaven. And they are actually causing harm with a combination of tuma and kedusha and don't know how to differentiate.

The source of this is in a large number of books on practical Kabala on the market, new books which come out everyday by people whose object is money and fame are sold to anyone who pays.

It's completely unacceptable to photocopy an amulet which has holy names on it or burn an amulet which has on it the name of Hashem yitbarach.

You shouldn't melt lead over someone's head, claiming that gets rid of the evil eye. Tefilin, tallit, Torah and mitzvot protect against all these things. Not lead which belongs to the *externals* [*chiznoniyim*]. There are religious people who do this and don't know they're dealing with tuma and should have nothing to do with it.

The books I mentioned contain false amulet texts and holy names in a terrible mix-up and masses of amulet texts written by gentiles a long time ago. As an outcome of the exile books which were not really dealing with true Jewish kabala became intermingled with our literature. And there's a lot of confusion also in religious works which were originally written by tzadikim. But with the decline of the generations, Heaven brought it about that there be confusion with the holy names so that people who dabble in this for prestige and pride, and act not for the sake of Heaven, will not use them. Masses of Jews learned how to dabble in tuma during the exile and especially among the Muslims, in their various countries. Without knowing what the sources are, they mixed kedusha and tuma together without knowing. This confusion is found today in loads of books. Heaven opens the eyes of a few special people and helps them to separate the good from the bad.

Mum, a lot of books on practical Kabala are endorsed by known rabbis, who in some cases were deceived. And they didn't show them the whole text with all the terrible things and big confusion. And they signed letters of approval, not always being to blame, as though the books were fit. And the shechinnah screams out and cries over the pain these people cause themselves and Hashem.

Dear mum, you should be extremely careful of all kinds of forged and photocopied amulets sold today in thousands everywhere and by the tombs of tzadikim. Not only are they invalid and don't help at all, but they also harm the owner. Because they were only written for materialistic reasons and not for the sake of Heaven, in holiness and purity.

Arab Sheiks And Fortune Tellers

Mum: I heard about people who consult Arab sheiks. What do you say about that?

Galia: Mum, it hurts me a lot. I see how those Jews who go to ask the advice of the forces of evil are harmed. Tell everyone not to go to all kinds of Arab sheiks who give answers to questions by means of the oaths of demons or evil spirits. Many Jews have been harmed by this more than it has helped them. That's the way of the sitra achra. At first they give you the feeling as though the sheik helps more than all the rabbis whom the Jew has gone to. But after a short time, they cause damage. Because they were created for this purpose.

Don't go to all kinds of Arabs who try to mislead the Jewish public and to all kinds of women fortune tellers who get the information they pass on in return for being well rewarded by the sitra achra. Because it's important to the sitra achra to attract Jews. Because then they mislead them with folly, evilness of the spirit and lies. That way, it can also draw from the forces of holiness.

The Crimson Thread

Mum: Can you give us a little more information about the crimson thread?

Galia: Mum, the crimson thread is something which has spread recently. Not only is it an act of the Emori and an act of tying and closing, but it has no blessing and no holiness. It's just a means of making money 5,000 shekels out of a ball of thread which costs 20 shekels, telling people that it's a mitzva and charity. Dear mum, you have to make it clear that someone who is ill and lying and on his death bed suffers more because of that thread. It adds strength to the sitra achra. And the crimson thread comes from the side of the judgments which rule through the color of judgment, red, which they have. One should not allow any string to be tied on the hand. There is no blessing in this!

The Keys To Better Luck

Mum: Are those people who hand out keys and locks to open up your luck also part of all you're saying?

Galia: Dear mum, the lock which is supposed to open up the luck of singles has an element of sorcery. It doesn't help in the slightest to find a partner. That's pre-determined before a person is even born. Charms like these are mentioned in books about Kabala and charms. I've already explained to you that there are many books with mistakes and sections copied from non-Jewish publications and their practices. And that's the result of Jews living among gentiles. There are rabbis who are misled by the mistakes in these books and instead of checking up, make a mistake and mislead loads of others without them knowing. Its inconceivable that HaKadosh Baruch Hu would need a lock in order to enable an unmarried person to get married. My beloved Jewish people has to understand that only the holy Torah and complete and absolute faith in HaKadosh Baruch Hu will make us successful and cancel all kinds of disasters and hard gezairot. That way, we will be saved from all our visible and invisible enemies and from all kinds of kitrugim.

Non-Jews

Mum: Do you have a message for non-Jews?

Galia: My dear mum, they are also people whom God values. HaKadosh Baruch Hu, King of the World, loves them too, His creations and the work of His hands. He also waits for them to return to Him and fulfill His mitzvot, each based on his ability and level.

All non-Jews are commanded and obligated to observe the Noachide Laws. They are all the progeny of Noach, and the Torah was given only to the Jews. They are not obligated to keep the mitzvot of the Torah, but they are obligated to observe the Noachide Laws. And it's important that they conduct themselves with fairness, honesty, rightness and justice. Tell them that soon the world will come to its ge-ula and consummation, and if they want to have a part of this, they have to work on themselves and improve their behavior and love the Jewish people. Because they are the chosen people. And very soon, no one will have any doubts about this.

Tell them that very soon, the Jews, the chosen people, will have great revelations. The world as it is cannot go on. A new world will start with new rules and new patterns of behavior. A clean world of purity of middot, mutual help and love for one's fellow. Everything which was will be erased as though it never existed.

Mum: Is there some special value in the non-Jews doing tshuva?

Galia: There is value in everyone doing tshuva and being aware and knowing that only Hashem is the king of the world.

Mum: Is there such a thing as non-Jews doing tshuva?

Galia: Of course, mum. If they undertake to perfect their middot and behave properly in all areas, they get closer to our Father in Heaven; and they receive zechuyot for this. But the zechuyot they receive are far from those of the Jewish people.

Mum: Did non-Jews also come to rectify their souls in this world?

Galia: Mum, non-Jews are also souls who came to achieve rectification here. But they are in another category entirely. The whole attitude towards them is entirely different and there is no basis for comparison.

Mum: What does that mean - the attitude is different?

Galia: To us and to them. We are distinct from them in everything. We have different qualities to them, which they don't have.

Mum: Can non-Jews become tzadikim?

Galia: Dear mum, they cannot be on our level. Righteous gentiles gained a special zchut for saving the lives of Jews.

Mum: Is there some value in encouraging non-Jews to convert?

Galia: Mum, Judaism does not encourage others to convert. But we accept anyone who wants to convert with blessing and love. And if the person is genuine, he is accepted as a Jew in all aspects. In general, a person who converts is directed by Heaven to this path. Because he has the spark of a

Jewish soul which got lost; and that really is a case of “And the children returned to their borders” (*Jeremiah 31:16*).

Wasted Seed

Mum: I heard that a person who wastes his seed forms terrifying spiritual beings, and after he dies, they come and harass his soul. How can you rectify this?

Galia: Mum, there are many tikunim for this and a person must ask a rabbi. But if he deliberately goes back to what he was doing, the tikunim cannot in fact finally rectify this. So he has to make an effort and rectify his middot and control his desires.

Mum, it's a big problem for so many people. They don't know all the troubles this can cause. Someone who fails in this loses so many benefits and blocks all the shefa which comes to the world from getting to him, blocks his income, ruins his marriage and prevents loads of good things.

It's so important that they work on themselves and try and rectify what is so hard to rectify. Obviously, everyone who really tries to achieve rectification, succeeds in achieving the required tikun and will get help from Heaven for this important tikun. This is a big problem which creates forces of tuma which work against us and bring kitrug on the Jews. It increases the power of evil and reduces the power of good and weakens it.

It's important to speak about this because masses of people are not in the least aware that this issue is a problem.

Marriage And Putting Two People Together

Mum: What's the purpose of marriage? Why do you get married?

Galia: In order to fulfill the mitzva of *Be Fruitful And Multiply* as well as building a Jewish home, which is like the beit hamikdash. A man has an obligation to marry. He is not allowed to be without a wife because he can commit sins.

Mum: What is the role of a woman in this world?

Galia: To be a help to her husband. Help him study Torah, to make holiness, bring up children to love Hashem and build a mini beit hamikdash in the home. If man and wife love each other unconditionally for the sake of Heaven, that is true love, and it must be something holy and without physical conditions. He and she together build, with Hashem, a mini beit hamikdash and fulfill the verse *Be Fruitful And Multiply*. And all this is for Heaven's sake.

Mum: Is a woman who does not have a husband unable to fulfill her role in this world?

Galia: She is able to help people. Because any act of kindness is like a child which she has given birth to.

Mum: Galia, when a couple gets married, do they [i.e., Heaven] really forgive all their sins and they start a new page? Is everything really erased?

Galia: Mum, Heaven erases the sins of every couple which gets married and starts a new page for a new life. If they succeed in going on the path of Hashem, Heaven has no further reckoning with them over the past. But if they veer off the path, their past is taken into account also.

Mum: In Heaven, does the soul co-exist with its suitable other half and make it into a whole?

Galia: Mum, don't worry. Every soul gets its other half based on its zechuyot. If it has many zechuyot, it exists in exquisite happiness and all the time together with its other half. But if a man doesn't go to enough trouble in this world, and just goes looking for pleasure and just to get things from life and not give, he will not be with his other half in Heaven all the time but just a small part, and his soul will not have the zchut of perfect happiness. Hashem rewards the tzadikim who put themselves out for the sake of Heaven all their lives by giving them their other half for eternity. It's all the calculations of Heaven which you won't understand. But everything is just and clear. The souls which could have done a lot more in this world and made do with just a little will have only pain.

Mum: Can you give me more information about pairing off a couple and marriage?

Galia: Dear mum, a couple put together through sorcery will quickly fall apart and won't be a successful couple. Heaven does not allow such forces to interfere with the work of Hashem *yitbarach*. Every couple which got together through amulets and non-Jewish charms will fail in the end.

The whole issue of pairing is very deep. It involves consummation of past gilgulim. Sometimes a partner divorces because one partner completed its tikun with the other partner. Every man gets the woman who is suited to him based on his deeds and the effect of his gilgul. And a person should not have complaints and make accusations against Heaven. Who is suited to whom and for what reason, is all the calculations of Heaven, also when the couple looks unsuited. That's also for the good.

The Limitations Of The Human Brain Relative To The Soul

Galia: Mum, every contact with the public to spread Torah is very likely to bring people who still do not observe Torah and mitzvot to the Father who loves in Heaven and waits for them. Everything is spiritual and beyond our small understanding and intelligence in this world, a world of falsity and the limited perceptions of the physical brain. Even if it's the best brain, it is like the primitive man in contrast to the enlightened one. The best brain in the world is extremely primitive in contrast to the enlightened soul. Mum, intelligence is one thing and souls are something else completely. The mind is built in a very limited form.

Mum: Are even very clever people limited in comparison with the soul?

Galia: Yes mum, compared to the soul, the mind is like some primitive invention, and the soul is the wise thing.

Mum: Is that even true about highly intelligent people and geniuses like Albert Einstein?

Galia: Mum, of course. I'm talking about the best mind of the whole of humanity which in contrast to the soul is like primitive man relative to the wise old man of 120, so to speak.

Mum: Why do you speak of “the simple human mind?” The human mind is so sophisticated and not simple and even amazingly complex.

Galia: Dear mum, everything is relative. It’s like I explained to you — the difference between analogical and digital. You can’t even imagine. Because the most advanced imagination cannot grasp and understand what is being spoken of.

A Mum And Her Daughter

My first communication session with Galia took place on 9 January 1996. It was held with the assistance of a facilitator. Galia was 10 at the time.

Like A Field Of Windflowers

Mum: Galia, my little darling. The joy of my life. My life’s happiness. You are the wonderful present which Hashem in His goodness sent me. You have succeeded in bring spring into my life, all the windflowers, chrysanthemums, waterfalls and the shefa of light.

Galia: Mum, you brought spring to my soul. Again it is clean, pure and decorated like a field of windflower, which you love so much, at the height of its blossoming. That’s how my soul is decorated with your mitzvot, my dear mum. Your love helps me to march on in life.

To Be A Normal Girl

Mum: I wanted to tell you, Galia, that we never have to separate because mashiach is near and when he comes, people won’t have to die.

Galia: Mum, when mashiach comes, I will be a regular and normal child like everyone. But no one knows if he’ll have the zchut to see mashiach. We all have to pray to get to see him soon. Speedily in our days, amen!

Mum: Why do I have to take the initiative all the time and ask you questions and you on your initiative never say anything to me? What will happen if all the questions run out? You won’t write anything?

Galia: Mum, you won’t run out of questions. You’ll always have new questions. And I don’t take the initiative because I have no permission to take the initiative. I have permission to answer your questions but not to ask you. You have the zchut to ask and I have the zchut to answer. And together we can spread Torah *be-ezrat Hashem*. Amen, may it be His will!

Mum, you know how much I, your Galia, yearn to talk to you and tell you many things. But Heaven has ruled that I be in this false world with no free choice. I cannot initiate a conversation with you. What a shame that is, my dear mother! But I am delighted that you ask me so many questions, because in my answers I say things that I would have liked to initiate and say myself.

Mum: If you had the choice and you could start a conversation on your own initiative, what would you talk to me about?

Galia: I am not allowed to tell you what I am not allowed to talk to you about.

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Galia: Mum, you have to pray every single day and ask Hashem to send us His salvation quickly and cancel all the hard *gezairot*. Pray a lot. It's important to make a practice of praying everyday. It helps a person's tikun.

Mum: What helps getting to the level of love of Hashem, loving Hashem more?

Galia: To carry on doing things for the sake of Heaven. And praying meaningfully — that helps a lot. Mum, I love writing with you, even though I am asleep. The soul never sleeps. It's wonderful for me to feel your happiness when you write with me.

Mum: Galia, since I've been communicating with you, I feel like a new person, happier, calm, extremely content. Baruch Hashem. What does this communication do for you?

Galia: Mum, because of this communication, I feel I am alive again in this world. Before I felt like a dead person and now I am alive again. It's a wonderful feeling to live again.

Mum: Galia, do you get permission before you pass the messages on to me?

Galia: Mum, I don't say anything without the consent of Heaven.

Mum: Does the voice of Heaven [*bat kol*] call out specially every time I ask you a question, like you told me? Then maybe I shouldn't bother the voice of Heaven?

Galia: Mum, you're not bothering anyone. The answer to all your questions already exists. I simply pass on the answer. Every question has its answer in advance. It's hard for you to understand. But it's simple and not complicated. The answer to each question comes and immediately presents itself. Sometimes I don't get clearance to pass on the answer. Then I don't pass it on.

Mum: Who gives you or doesn't give you permission?

Galia: The answer already comes with permission or not. You aren't capable of understanding how it works in Heaven. It's beyond human understanding.

The Dress

Mum: Galia, when I went to the shop to buy you a dress, I was so heartbroken over the fact that you are in such a terrible condition. I actually cried in the shop.

Galia: Mum, don't pity me.

Mum: How can you not pity you when you are in such a terrible condition? You can't even stand on your feet.

Galia: Mum, I'm not a pitiful thing because I am at the end of my tikun. You people are still suffering. I just look like a pitiful thing. But you could say that you are the poor things. Because I am close to the truth, not confused, feel every minute the love of our Father in Heaven. You suffer from confusion. That's the biggest suffering. Yes, mum, I'm not such a person to be pitied.

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Mum: Why did I have so many problems before I became religious?

Galia: Everything is from Heaven. All the troubles of a person, in particular if he doesn't observe the mitzvot, come in a chain, one after the other, in order to awaken him to do tshuva and good deeds. And if he doesn't wake up he receives blows. Mum, you are fortunate that you woke up; otherwise you would have received difficult blows. When a person sins, he immediately creates for himself an accuser who has permission to harass him with all kinds of troubles and afflictions.

Batmitzva

Mum: What can I do to make you happy?

Galia: Mum, nothing special. Just your mitzvot, maasim tovim and spreading Torah can make me happy in this world of falsity.

Mum: Galia, soon you will be batmitzva age. What can I do to mark your batmitzva? How can I make you happy? And what present should I bring?

Galia: Mum, I have no joy from that because I am unable to be a true batmitzva. I don't have the ability to fulfill any mitzva. So how can you celebrate a batmitzva without a mitzva? But I am thrilled over the fact that I give you the opportunity to spread Torah, and this is a great zchut which has fallen to our lot, baruch Hashem. My dear, beloved mum, the biggest happiness for me is to be with you. And the book you are writing about me is the most beautiful present you can give me. So hurry up with it so you can give it to me on time. It'll be wonderful for me and you, both in this world and the next world.

Passed Out

Mum: Galia, how do you feel now and why did you pass out on Shabbat?

Galia: Mum, today I'm perfectly fine, baruch Hashem. Everything which happens to us is from Heaven and controlled by Heaven and we have no control of this at all.

Mum: A seizure and passing out is terrible suffering, isn't it?

Galia: Mum, that's right. I have no control over my body and my body has no balance, because my brain, which is the center, doesn't function all that well. It doesn't relay the right commands to all the body, and my whole body goes out of control. It's terrible suffering for my body.

Mum: Why did you tell me not to leave you alone even for a moment when this happens to you? (I just went away to order an ambulance and prepared things to take to the hospital.) How could I have helped you?

Galia: Mum, you are my tzadika and you do everything for me. But when I pass out, you have to watch all the time to see that I my tongue doesn't get swallowed because I can suffocate. You have to make sure that I am on my side all the time until it goes. Until the attack is over, you shouldn't leave me even for a moment because it's life and death.

Important note: In any medical question, the reader should refer to a doctor only and not rely on the above passage.

Mum: What can I do for you to prevent situations like this?

Galia: My dear mum, you can pray for me.

Mum: When it happened to you, I said *Shma Yisrael*. Did it help you?

Galia: Mum, that helped me a great deal. Your saying Tehilim was also a help. Tehilim open up the gates of mercy, and help a person a great deal at a time of danger.

Mum: On Friday, you told me you wanted to be a normal girl, to talk freely, to go for walks with me. Is that the reason you cried on Friday and told me you are attached to me and want to be at home with me all the time? I want to tell you, my precious Galia, that if I had the physical and psychological strength, I would keep you at home all the time. But I don't. If I had the financial means, I would hire you a permanent caregiver.

Galia: My dear, beloved mum. I told you these things because sometimes my condition is too much to bear. But I manage to get on top of it and carry on. I want to tell you that this ability to get on top of things is greatly due to you.

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Mum: What was the reason why you didn't want to eat on Shabbat?

Galia: My dear mum, sometimes I don't eat because my body gets so satisfied, it creates difficulty for my soul. I want to purify my soul as much as possible and being satisfied all the time doesn't purify.

Mum: Does the soul decide whether the body eats or not? Is the soul the supervisor of the body?

Galia: Mum, the soul tells the body what to do. And sometimes the body resists because it has powerful desires. Then it has a war with the yaitzer hara, and in the end you see who wins.

Mum: Do you like to come home, even though I'm so busy at home?

Galia: Mum, it's not important to me that you're busy. Being with you gives me fantastic pleasure. They look after me here well, but you give me true love and that's what stimulates me to keep going.

Mum: When a man dies, does he really enter a dark tunnel?

Galia: Mum, don't worry about these things. Just worry about building up as many mitzvot and maasim tovim as possible so that you can take them with you to the next world. Because that's the only thing you take there. Every day that you do more mitzvot, maasim tovim and spread Torah, I only gain. It's also considered my achievement. Because I helped you a lot to do tshuva. And because of that, I get a lot of reward for all your mitzvot.

Great Loneliness

Mum: Why are you crying. Perhaps you're sad about something?

Galia: My dear mum (Galia cries) I am very sad because Shabbat is getting near and I am here all alone without my dear mum. I grow stronger all the time through the love you give me, and you, the dutiful mother, see to my needs all the time and visit me. But I miss you so much all the time. And I am extremely lonely here, staying here without mum, even though the attention given here is very dedicated. I long for your love, my dear, beloved mum, so much. The hardest thing for me is the Shabbatot there. (Galia cries a lot.) Mum, I understand you very well and I know you don't have enough strength for everything.

Mum: Would you rather that I give less time to zikuy harabim and have you home more?

Galia: Mum, your spreading Torah very much raises my spiritual level, and it's worth more to me than all your taking me home. But still understand, dear mum, I am very lonely here. (Galia cries terribly.) It's very sad for a girl — so many years without her mother.

Mum, don't take it to heart. Because my mood will change soon. I'll go to sleep and I will go on a trip round the high worlds (i.e., in her dreams) and I won't feel the terrible sadness I have in this world which is my lot. I accept everything with great love, because Heaven is purifying me. This is better than suffering in the next world. Here it's easier to bear the pain and suffering. (Galia cries profusely.)

Mum: Are you so sad because I'm not with you all the time?

Galia: Mum, very, very. Sometimes, it gets too much and then I cry. But normally I can get the better of it. (Galia cries all the time.)

Mum: I love you very much, Galia. I spoke about you on the radio in Jerusalem and also in talks I gave this week.

Galia: All your spreading Torah is wonderful for me. I am happy over this despite the fact that sometimes my life is sometimes a little difficult for me.

Mum: Galia, everyone has difficulties in life. Everyone has difficulties of a different type. There are some with health problems, money, old age, getting married. Every one has his special suffering.

Galia: Mum, that's right. But sometimes it's very difficult for me and I am in a bad mood like now. It'll go. Usually, I overcome it.

Mum: You are the one who's actually spreading Torah because I do it because of you. You said that Heaven reduces the suffering of those spread Torah. Is that true?

Galia: Mum, that's very true, and that's what's happening in my case. Your spreading Torah helps me too and I suffer less. I could be suffering a lot more. So baruch Hashem that he gave me the zchut of your mitzvot. It's a big zchut for me and also for you.

Mum: Galia, are you on the whole happy and pleased that you came here to do this tikun of yours and get me to do tshuva?

Galia: I was glad to come to this world so as to get you to do tshuva. It was no light task for me. But I am happy that I succeeded in standing up to this mission. Mum, Heaven informed me before my being sent to you and I agreed to come. I knew I would be very successful with you and that way, I could conclude my tikun.

Mum, you are the happiness of my life. You are my only love.

Our communication gives me fantastic pleasure, because - look! - we can talk, even if not through the mouth. Hashem had mercy on the two of us and allowed us to talk a great deal, as much as we want. So what if we talk in a way different from the way people usually do it in our world. The main thing is that we can talk and it doesn't matter how.

You are the most wonderful gift Hashem *yitbarach* gave me in this world, my world of pain and suffering. You are the light in all my surrounding darkness. You light up my life and soul. You are my only happiness here.

Mum: Galia, Hashem gave you a mother like that because Hashem knows you deserve a mother like that because of your great virtue. Otherwise, you wouldn't get a mother like that, right?

Galia: Mum, you're right. And you know that Hashem is the perfect judge and gives everyone according to his action. Mum, you are the delight of my whole life in this world. I know how difficult life is for you, but it'll be much worth your while after 120. All that's left is a person's *maasim tovim* which we can take with us to the high worlds and glorify in them. Mum, it's worthwhile to concentrate in this world more on action, *mitzvot* and *maasim tovim* because we don't have time. This world passes like a fast shadow, and in the next world, there is eternity.

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Mum: What do we have to do to sweeten the judgments if there will be *chus vechalila* a hard time for the Jews? Should we get women together for Torah classes?

Galia: Mum, you don't have to wait till it happens. You have to get women together for Torah classes and Tehilim groups and do this all the time. This will greatly help to prevent hardships. If *chus vechalila*, something bad happens, reading Tehilim helps a great deal and arouses Heaven's mercy. And prayer. Pray a lot. Prayer has the power to change fate.

*

Mum: What should I concentrate on to succeed in the fulfillment of my purpose in this world?

Galia: Mum, you can give more care to prayer because prayer has a fantastic power to bring a person closer to the Creator and give the masses *zchut*. It's the formula for succeeding in fulfilling one's mission in this world. And obviously, being careful in *avodat Hashem* [service of Hashem] and observance of Torah, *mitzvot* and *maasim tovim*.

The Real Handicapped

Mum: In the next world also, after 120, will you be handicapped?

Galia: Mum, in the next world, there are no handicapped. They are only here for *tikun*. The person who is handicapped and pathetic in the next world are the ones who did not get to go into Gan Ayden and they still wander round or they are already in Gehinom. They are the real handicapped. They are the poor people.

*

Mum: Is it possible to communicate with you more?

Galia: Mum, I get joy from every single alphabet letter I write to you. If you could see the letters with spiritual vision, you would see that each letter I write is completely decorated with muslins and they flutter and fly towards you. It's all radiance and precious lights. Every letter has tiny wings which carry it to its destination. And it's a great pleasure to watch how the letters fly to you.

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Mum: A certain leaflet distributed around wrote that there's going to be a difficult time for the Jews chus vechalila. And I heard on a tape that Hashem has mercy on the tzadikim and brings them back to Him before the difficult time starts so that they won't have to endure sadness and suffer over the torment of the Jews.

Galia: Hashem is the perfect judge and cares for every one of his creations from the biggest to the smallest. Mum, there will be a hard time in the not too distant future. The nation carries on indifferently. They don't know and are not aware of the fact that in every generation the enemy rises against us to destroy us so that we will return to our Father in Heaven. The best way to return to our Father in Heaven is to do tshuva. It's a pleasant, easy and good way. If we don't understand, Hashem explains to us very clearly that we have no one to rely on apart from our Father in Heaven. Tell everyone to think deeply about what I said.

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Mum: In my opinion, this world is very beautiful. It has trees, flowers, birds, fields, wonderful views, sun. Everything is extremely beautiful. Just the people aren't always. But the world is very beautiful.

Galia: Mum, it's a wonderful world. And it will be perfect the way you imagine it. But only when mashiach comes and all the tikunim are complete. The soul of Adam Harishon will again be consummate. Everything will be different. And it'll be a wonderful world just as described in religious works. All those things will come about. There will be rivers and rivers of oil, and rivers and rivers of wine, and everything will grow in a day. A little baby will be able to observe, look and see secrets of all the worlds.

Everything will happen, mum. Everything soon. The salvation of the Jews will happen soon. The ge-ula of the Jewish nation is near. Mum, the end is getting very near. It's already here at the entrance. Our generation will *be-ezrat Hashem* have the zchut to see mighty events and the fulfillment of the prophecies.

We all have to become pure quickly. Because only purification can enable us to receive the light which is so mighty and wonderful. Only clean receptacles will be able to receive it, receptacles built to be cleansed and refined, holiness and purity. All the dirty receptacles will explode. When the big light comes, they will explode because they won't be able to bear it. They are unsuited for this. Only clean receptacles will be able to receive it and disperse it. The light can only be placed in shiny, gleaming receptacles which it can pass through and not in dirty receptacles which stop it, receptacles which are good for nothing.

Zchut Avot

Mum: Is *zchut avot* that parents and grandparents etc. give their zechuyot to their children? If so, what are they left with if they give their zechuyot to their children?

Galia: Parents pass onto to the person who has *zchut avot* zechuyot which they don't need at all for themselves and which are simply surplus for them. It's like someone who owns millions of gorgeous apples and during the whole of his life, all he can eat is a few thousand apples. So what does he need all those millions of apples for? He is happy to give them to others.

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Mum: You said that in the next world, there is only harmony. There is no loneliness and isolation. But in the next world you go on living with the same souls who lived in this world, since in the end, everyone passes on to the next world. So how do they suddenly change to becoming such good and pleasant people?

Galia: Mum, you pass on to live with those who are compatible with the particular soul. Every soul lives with the souls which are compatible. This does not always happen in this world because it's for a person's tikun.

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Mum: Why did I have so many problems before I became religious?

Galia: Mum, everything is from Heaven. All a man's troubles. And especially if he does not keep mitzvot. He gets a chain of troubles, one after the other, so he wakes up and does tshuva and maasim tovim. And if he doesn't wake up, he gets hit. Mum, you're lucky that you woke up, because otherwise you would've got hit hard. When a man sins, he immediately creates a *mekatraig* [angel prosecutor in Heaven. Here the *mekatraig* not only pleads against the person but, having proved his case, inflicts upon him actual hardship.] who has permission to harass that person with all kinds of trouble and suffering.

*

Mum: Before I became religious and before we started communicating, I had an inner feeling that you would save me from death. But I never understood logically how that could come about.

Galia: Mum, the feeling you had was correct. I really did, *be-ezrat Hashem*, save you from spiritual death. I am your salvation and you are my salvation.

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Mum: Do you have any message for parents of brain-damaged children?

Galia: Mum, tell them that that their child came to rectify and purify his soul and to rectify the souls of his parents and family. The child's terrible condition assists him in the process of purification and helps his family find their rectification. There is a lot of blessing in a child of this type who comes to the world in such an awful state. Heaven pre-plans everything for the benefit of the individual and his particular situation.

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Mum: They say that a each mitzva creates a good angel. Are the good angels his and with him all the time, also after the person dies?

Galia: Mum, every mitzva creates an angel to plead for the person. Also when he is alive, the good angels help the person and protect him from all evil. And certainly in the next world, which is a spiritual world, and the angels are spiritual beings. Then the soul can also see the angels and communicate with them.

Mum: Is it to be understood from what you said that the evil angels want to harm him?

Galia: Yes, mum. His misdeeds create bad angels on the lookout how to harm the person. Sins are *mekatrigim* [pl. of *mekatraig*. See above and glossary.] who destroy at will as far as their strength and the evil with which they were created them allow them to.

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Mum: Why is it that one of the topics in prayer which makes me cry while praying is the part on Jerusalem which is still destroyed?

Galia: Mum, because you are sad over the destruction of the *beit hamikdash* and the destroyed spiritual center of the Jewish people. It's like a body without a soul. How is it possible not to cry over a body whose soul has left it and it is in such a terrible state? Can you see a body without a soul and not mourn over it? Jerusalem, the soul of our precious Jewish people has to come back to us soon. Like in the resurrection of the dead, it will make this dead body live again.

A Tangible Light

Mum: What do you suggest to the person who has become weak spiritually?

Galia: Everyone goes through downs in order to experience highs and it's a very natural process. You have to pray to Hashem and ask Him to help us to help ourselves and strengthen ourselves all the time. We in this world are in a perpetual test and in trials to our last dying day. And who is the victor? The one who succeeds in not stumbling all his life. It's a very hard assignment. Because the *yaitzer hara* can tell you that you are perfect. But in fact he just wants to ruin you. When a person feels that he is a *tzadik* and perfect, a red light should light up inside him. He has to stop everything at once and do a cleaning up job.

I am happy that Hashem opens our eyes and let's us see the truth which at the moment is pouring down on the world. Fortunate are those who have the *zchut* to see this shining truth. Most people still don't. They didn't prepare themselves to receive the light which is coming down to the world. Those who work on themselves can see a little of it because the light can penetrate clean and transparent containers. The closed containers swallow the light and don't let it pass outwards. These closed containers don't feel and don't see this light. Very soon this light will flood our world and no one will be able to be mistaken about it anymore. The light will be genuinely perceptible. You will see it with your eyes.

Mum: What are you referring to? Are there going to be miracles?

Galia: Mum, there will be amazing revelations which the human eye has never seen and fortunate are those who will have the zchut to see them. To our great sorrow, it seems that most people won't. But as I told you, there are changes all the time. Everything is dynamic and changes and if only as many precious Jews as possible will go back quickly to our Father in Heaven, so that they can get to see the miracles and wonders which awaits us soon.

PART 3

25 PROOFS OF THE AUTHENTICITY OF THE COMMUNICATION WITH GALIA AND FACILITATED COMMUNICATION

PART 3

PROOFS OF THE AUTHENTICITY OF THE COMMUNICATION WITH GALIA

Proof #1 - The First Message Decisive Proof Of The Authenticity Of The Communication With Galia

Because of the lecture I heard about the subject of facilitated communication or, for short, FC, and communication with people with autism, I obtained the telephone number of a facilitator from the US, a teacher of special education who had studied FC in the States . (See the account of this in Part 1.)

I phoned and we fixed for a communication session with Galia.

As the date drew near, I decided to prepare written questions in advance so I could read them to Galia in the event that, in my excitement, I'll forget what to ask. I prepared questions such as: "Galia, why did you come to the world in this condition?" "What can I do for you?" "How can I help you?" etc. On the top of the sheet, I wrote, "Galia, I love you." It was very important for me to tell her that I love her.

On the day of the session, Tuesday, January 9, 1996, the facilitator arrived, carrying a spelling board, marked with all the letters of the alphabet. She put the board down in front of Galia, supported Galia's hand and asked Galia: "You want to write?"

Galia pushed her hand towards the spelling board and pointed at the letters, "Y-E-S." Galia continued pushing her hand, pointing to the letters and wrote, "M-U-M, I L-O-V-E Y-O-U." I burst out crying.

Then, before I asked her anything, and even before I took out my list of questions from my bag (which I had forgotten, due to my excitement) an amazing thing occurred. Galia, pushed her hand, pointed at the letters on the board and wrote me answers to all my questions in the order I had written them. Galia wrote:

"Mum, I am the soul of your grandma, Simcha, who died.

Heaven sent me to this world to rectify a sin in child-upbringing.

You have zchut avot and Heaven has sent me to get you to do tshuva."

Enormous excitement took hold of me. I cried. I trembled. I felt faint amid a storm of emotion. From the first moment, I knew the communication was authentic. From the first moment, it was clear that my daughter, Galia, is the one writing. There was no chance that the American facilitator knows my grandma who died before I was born. Even my children don't know the name of grandma. There was no chance that the facilitator knew what I had planned to ask Galia and, moreover, in the order that I had written them!

Proof #2 - Messages Which I Had No Means Of Knowing Myself

One of the most decisive proofs of the authenticity of the communication with Galia was that she wrote me messages which appear in the Zohar, Kabala, Gemara, Mishna, Chazal, and which I had no means of knowing myself, and certainly not in the brief period of a few months after I became religious.

In a few months, I learned to communicate with Galia myself. Galia wrote me amazing messages which I had no understanding of, messages on the subjects of mashiach, ge-ula [redemption], angels, gilgul [transmigration] of souls, old age, dreams, the shefa [heavenly influence on the material and spiritual state of the world] descending from the holy of holies in Heaven, the composition of the incenses burnt in the Temple, *Song of Songs*, suffering.

Galia sent me to a Rabbi who took the trouble to look over the messages, a renowned scholar, one of the halachic experts of our times.

The rabbi was moved by the fact that Galia had sent me to him. To my amazement it turned out that Galia's messages were all sourced in the Zohar, Gemara, Mishna, Rabeinu Yona, Chazal and other major religious works. It emerged that the messages, which were for me a complete discovery, like the discovery of America, were known to Galia's soul. Galia knows the whole Torah. The Mishna, the Zohar, everything. Communication with Galia is with her soul and not with her mind. Galia has the mental capacity of a baby only.

Examples Which Authenticate My Words

In one of the sessions, Galia wrote me an amazing message about Jerusalem.

Galia: Mum, Jerusalem is the holy city and every grain in that town is full of holiness and wrapped in it. Anyone who can live in holy Jerusalem — it's counted a very big zchut for him. He will be surrounded by *kedusha ilau-it* [high holiness]. Since of all countries, the land of Israel is the holiest of all of them.

And of all the cities in the land of Israel; Jerusalem is the holiest of them.

And of all the sites in Jerusalem, the Temple Mount is the holiest of all of them. And the site of the Holy Of Holies is the holiest place in the world. It is the entrance gate for the divine shefa which HaKadosh Baruch Hu in His great mercy and love for His precious Jewish people pours down on us from Heaven.

Mum, now Jerusalem is a destroyed city and HaKadosh Baruch Hu is pained over its destruction, and ours, His beloved Jewish people. Also the Jerusalem in Heaven is sad and waiting for the big lights to be lit up in it soon *be-ezrat Hashem yitbarach*.

All the mitzvot of the Jewish people light up shining and radiant lights in it. When the Jewish nation returns to our Father in Heaven, the Jerusalem in Heaven fills with happiness and joy.

I thought, in my ignorance, that Galia was revealing some Heavenly secrets. I was even a little afraid. It turned out that Galia was conveying a message contained in the Zohar (*parshat Truma*): "The

Holy Land is the center of the world and the middle of the Holy Land is Jerusalem and the middle of Jerusalem is the House of the Holy of Holies, and all the good and all the sustenance of the whole world, comes down there from above, and there is nowhere in the world which does not receive its sustenance from there.

The dominion of the secret of faith is within the central point of the entire Holy Land in the House of the Holy of Holies, and even though it does not exist at present, even so, its zchut feeds and supplies the whole world, and food and sustenance go from there to everyone, and even though the Jewish people are outside the Holy Land, even so, food and sustenance exist in the world through the power and zchut of the land.”

Massechet Ta'anit (p.5:1) states: “HaKadosh Baruch Hu said, ‘I will not come to the Heavenly Jerusalem, until I come to the earthly Jerusalem.’”

Medrash Tanchuma (Introduction, *Kedoshim*) states: “The Holy Land is the navel of the world since it occupies the middle. And Jerusalem is in the middle of Israel. And the Beit Hamikdash is in the middle of Jerusalem. And the inner Temple is in the middle of the Beit Hamikdash. And the Ark is in the middle of the Inner Temple. And the source stone [*even hashatiya*] is in front of the Inner temple, from which the world flows.”

Rav Chiyun writes in his work, *Treasures of the Final Days*: “When this joy existed in the lower world, this joy existed in the high world. Now that there is mourning in the lower world, there is mourning in the high world; and since this will be built in the lower world, it will be built in the high world.”

It is extraordinary how close Galia’s message on Jerusalem is to our original holy sources. Is it possible that I could have written down concepts from the Zohar, Talmud and Medrash, which I had never before seen or heard?! Is it possible that I could record things that I didn’t know?!

Second Example

In one session, Galia conveyed an extraordinary message, which left me speechless.

Galia explained to me that: “Fulfilling mitzvot in this world, tailors for a person, clothes whose beauty is impossible to imagine. Everyone is dressed in accordance with his deeds in this world.

In the next world, there is no such thing as being without a body. Each world has the body appropriate to that world and its purpose. In the next world, which is a spiritual world, there are spiritual clothes. And the clothes a person wears depends entirely on his actions and how far he rectified himself in this world.

So it’s extremely important to fulfill the mitzvot and do maasim tovim. Each mitzva builds our glorious spiritual clothes and decorates them with countless adornments.

Those who do not do mitzvot are in a pathetic plight there — because what clothes have they got to wear? They are naked without clothes. And they do not have a further chance of getting clothes. Because that possibility exists only in this world.

They are dependent upon the favors of others, for their only chance is that someone will do a good deed for them in this world. And there is no guarantee that somebody will.

The bitterest fate a person can have is to arrive in the next world without mitzvot. He is in a really sad state. And it's a pity for his soul because it has no clothes.

It's like in this world when a man is poor, destitute and has no clothes. He freezes in the rain and winter. And also in summer, he goes around ashamed. Everyone sees he's got no clothes.

In the next world, everything is clear: if he's got no clothes, we all know he has no mitzvot.

So, Mum, mitzvot create the most beautiful clothes. You don't have such beautiful clothes in this world. You can't even imagine how beautiful they are."

After hearing this from Galia, I was informed the *Zohar* (*parshat Truma*) states the same thing almost word for word:

When the spirits leave there for this world, the body and the clothes of the Garden of Eden are removed from them and they are dressed in the body and clothes of this world, and they make their abode in this world, in this clothing and in this body which is the product of a putrid drop.

And when the time comes for him to leave this world, he does not go until the Angel of Death removes this clothing and body. Since the Angel of Death has removed the body from the spirit, the spirit goes and dresses itself in the other body, that of the Garden of Eden which was removed from it when it came to this world.

The spirit has no happiness without that body there. And it is happy to be rid of the body of this world and dress in the other, perfect clothing of the Garden of Eden which is like this world. With this body, he sits and walks and looks to find out the higher secrets — secrets which he cannot know and see while he is in this world in this body.

And when the soul dresses in the clothing of that world, how many delights and how many joys he has there.

HaKadosh Baruch Hu performs people a kindness by not divesting man of his clothing in this world until He prepares for him other clothes finer and more wonderful than these in Gan Ayden. Except for the wicked of this world who do not fully repent to their Master before dying. They come naked to this world and they return there naked. And the soul goes around feeling shame before the other souls because it has no clothing at all.

And they are sent to Gehinom ... those who did not think of repenting, go down to Hell. And they never go out of there for generation after generation. And in accordance with the level of wickedness which the rasha sinned — so is he given his place in Gehinom.

Similarly, *Yalkut Meam Loez*, *Bereshit*, part 1:

In the second chamber of Heaven, there are many types of clothes which good Jews are invited to wear before appearing before HaKadosh Baruch Hu. For every mitzva which a man does in this world, with the right intention, for the sake of Heaven, the appointees for this activity in that chamber prepare a pleasant outfit for him. If the soul is very pure, it leaves the Dinor River quickly and they dress him in that outfit and bring him to Heaven in the charge of the angel, Michael.

If it is a soul bare of mitzvot and polluted from sin, they push him to the other side of the chamber and there hordes of punishment angels beat him until they drag him away to Gehinom.

Galia tells us that performing mitzvot in this world tailors for the person the most beautiful clothes, our spiritual clothes of glory, and decorates them with limitless adornments. You can see this clearly in the *Yalkut Shimoni* Medrash on Bereshit. This section describes the clothes of glory the tzadikim are dressed in when in Gan Ayden:

Rebbe Yehoshua ben Levi announced: There are two marble gateways to the Garden of Eden attended by sixty thousand angels, the face of every one of whom glows like the bright sky. As the tzadik approaches, they remove the clothes he was dressed in for burial and dress him in eight garments of the clouds of glory and place two crowns on his head, one of jewels and pearls, and the other of gold and furs, and place eight myrtle branches in his hand.

They bring him to a place by a stream surrounded by eight hundred types of rose and myrtle and each tzadik is placed under a private canopy as befits his glory and four rivers flow out of it: one of milk, one of wine, one of nectar and one of honey.

And above each canopy is a gold vine with thirty pearls set in it and each pearl radiates a special holy light. Each canopy is supplied with a table made of jewels and pearls. Sixty angels stand by each of the tzadikim and tell him, "Go and drink the honey in joy and drink the wine whose vintage dates to the six days of creation.' Distinguished scholars are in front of the tzadik discussing their studies. And each of these scholars is under two canopies, one of stars and the other of the sun and the moon. Between each canopy there is a partition of the clouds of glory.

There is also the well known story of the glorious outfit which the "Maggid" angel revealed to Rabeinu Maran the Beit Yosef, of blessed memory. The angel wore this in his constant appearances before the Beit Yosef to demonstrate the outfit the Beit Yosef will wear in the next world.

The examples are limitless; and space and time do not allow the inclusion of more.

Proof #3 - Galia Passes On The Names Of Her Grandfathers Through Communication

In one of the first sessions, when Galia still communicated with me through a facilitator, Galia wrote to me of my late father ז"ל. I asked Galia, "What's my father's name?" To my surprise, Galia (through the facilitator) wrote the name of my father, *Abraham*. The facilitator had no means of knowing the name of my father who died over twenty years ago.

Galia also reported the name of her paternal grandfather, *Menachem*. My father died over 20 years before this session and Menachem also died a long time ago. The facilitator could not have known either of their names.

Proof #4 - Different Children Using Different Facilitators Pass On Identical Messages

It is extraordinary to discover that different brain-damaged children in different areas of Israel, including Galia, who communicate through different facilitators, who have no link and do not coordinate (they don't know each other) write out the same messages, almost with the same words and on the same subjects: souls, ge-ula, mashiach, prayer, lashon hara [speaking badly of people], Gehinom, Gan Ayden, angels, tshuva, and spiritual inspiration, messages to the Jewish nation, the Heavenly court, Torah and mitzvot, etc. This demonstrates the authenticity of FC and obviously the authenticity of the communication with Galia.

For comparison, see the tens of messages written by brain damaged and autistic people that are quoted in the book by Rabbi Yehudah Srevnik, *Secrets of the Soul*, and the booklets on communication which have recently come out: *Last Words Of The Last Generation* (2 booklets), *And I Will Put My Spirit In You. What Does The Soul Say?*, and others.

This similarity leaves no doubt that the information expressed in their messages, derives from the same divine source in the high worlds. HaKadosh Baruch Hu *yitbarach shemo* enables us to peek and see a bit of the wondrous light that is coming down to our world and gives us light in this dark era.

Examples of Proof #4

The examples are taken from the words of people with autism and brain damage and recorded in the above publications and very much match the words of Galia.

Helping Others

Hashem is preparing the world for a change! ... Bring everyone back to Torah. This will bring Mashiach without suffering ... Tell him that he is in spiritual danger and that he has to do tshuva ... To do everything as far as possible for the sake of Heaven ... Someone who wants to save himself during this period, should help others ... Helping others with all your heart for the sake of Heaven — that can bring Mashiach.

(child, aged 4½, suffering from cerebral palsy and blindness)

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Love Of Hashem

Firstly, you have to work on love of Hashem. This is the push and motivation for everything in the world.

(girl suffering from cerebral palsy)

*

Imminent Great Revelation

In the near future, there will be a great revelation and you should prepare yourselves. Tell everyone that the end is coming quickly ... The Jewish nation is in great danger. You have to bring people to do tshuva. There is no time. Every moment is important. In the Heavenly Court, they will ask, “Why didn’t you get so-and-so to do tshuva?” I can tell you that you all have to do tshuva quickly because the end is coming ... There is nothing more important in the world than Torah ... Those who think that entry into the Garden of Eden is a pushover are in bigger danger ... You have to prepare for frightening, hard times for the Jewish people. The truth which will be revealed will be hard ... for those used to lying. Hashem is now accepting tshuva. But a sad fate awaits those who don’t know how to do tshuva ... Everyone has do tshuva now, because the end is coming. Hashem will reveal the truth.

There are going to be times which will be so hard that no one will have the time or the head to do tshuva ... I am now the messenger of Hashem to warn Torah scholars particularly as well as all Jews ... to tell all the Torah scholars that the yeshua is in their hands, it depends on their sincere tshuva. The Torah scholars are the ones who have to be the closest to the Torah ...

When you want to get someone to start becoming observant, the first thing to teach him is love of Hashem. All those who are far from Hashem feel a lack of love. Those are the painful issues, love and happiness ... The mitzva of the generation is to get people to do tshuva ... In the Heavenly Court, they will ask, “Why didn’t you do tshuva?” And if you tell them you didn’t know how to do tshuva, they will tell you, “Go straight to Gehinom.”

(18-year old youth in vegetable state)

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Hard Times

We are in an extremely difficult time ... Doing tshuva can save us and the whole world ... I am very sad because I know that the Jewish people will go through hard times, and we are not ready. You have to go out a lot and get people to do tshuva ... Heaven will demand a reckoning from every Jew for every moment of his life ... Jews are sleeping the sleep of blind fools who do not see the plain truth ... The world has to be reborn and the birth can be difficult or easy.

It depends on the mother — the Jewish people. If the mother is a tzadika, she does not suffer. A mother whose main interest is the material aspect of this world will suffer a lot ... I know that this is just the beginning of the birth. You have to prepare through prayer, study, charity, and love of your fellow Jew. These will be the Jew's best guardians. This can lead to the annulment of bitter decrees and bring about an easy birth and the crowning of the Mashiach.

(Autistic child, 5 years, 5 months)

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Harmful Spirits

I see over the community thousands of harmful spirits who say, 'You created us.' We who look as though we are asleep have come to wake up those who are sleeping the sleep of the lie.

(Brian-damaged child of 7)

*

End On The Horizon

The end is on the horizon and there is no time for taking it easy ... Getting Jews to do tshuva will help me ... I have always cried over the suffering of the Jewish people ... Help me and the whole people to bring back as many souls as possible ... I can only say that there will be hard times for the Jewish people.

(5 year old girl suffering from cerebral palsy)

*

Prayer

S: How can I get my non-religious brothers to become religious?

T: Prayer is the only way, praying with bitter tears.

(unconscious wife of a Rosh Yeshiva)

*

Darkness And Disunity

To help people with all your heart, with everyone.... Helping people is Torah and Torah is helping people.... The great Torah scholars always made a business of helping people. How is it possible to understand Torah without love for your fellow? How can you feel someone's heart without doing him some kindness. A man needs to study Torah and help others. Together, that's perfection ...

In the era of Mashiach, those who didn't do tshuva will disappear from the face of the earth ...

This method of communication is not prophesy exactly. But, the last warning to the Jewish people to do tshuva ... We are not prophets. We are people who have sinned who have come back here to help Jews to see the truth. It's part of our rectification. It's true that what we say is not very clear at the moment..... But in the future, everything will be clearer. But woe unto the one who won't believe the spectacle before his eyes.

This generation is in heavy darkness. Only Hashem can bring us out of it, because the darkness is already too heavy. You have to get Jews to do tshuva so that there will be people who can be saved on the Day of Salvation [Yom Heyeshua]. Save every Jew, don't stop to rest, lives are in danger ... You have to put all your strength into getting people to become observant as much as possible, because the day of judgment is drawing near. You have to work harder because the Jewish people is in very great danger ...

So many miracles take place everyday. But the blind demand more miracles. The only rectification for this generation is prayer with a broken heart, full of tshuva. We need mass tshuva, religious people also. Not to pray for individuals but for the whole people because we are on trial together, because our greatest sin is disunity.

Intellectually you know the truth — that every man is alone in this world. There is hardly anyone who loves the next man more than he loves himself. But our Father in Heaven loves us with all our faults. Here we are isolated, alone. In the afterworld, we are all an integrated whole, inseparable from the shechinnah.

Here in this world we wait for the ecstasy which is waiting for us in the next world. All the time here we expect to get this from people. But we end up disappointed ...

You have to see in your life how much Hashem loves us ... When a father gives so much love to his child, he has to feel love for his father also. That helps you to help others, a lot of help and only because that's what Heaven wants.

Learn to love every Jew because this is the basis of holiness ...

The world as it is now will end in the near future. And you have to go out and save lives by getting people to do tshuva. This is the task of this generation. Obviously, also every religious Jew has to do tshuva. Our times are special because the salvation is very soon. Everyone feels this in the air.

(brain-damaged girl of 10)

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Tshuva

Get ready because the end is near and we are not ready. Tshuva. Tshuva. Tshuva. Get every Jew to understand that he has to save himself from spiritual death.

The last gilgulim will come to an end, and each one of us will be judged separately. There's no time left for going out. No time for trips. No time for shopping sprees. Look at me and understand there's no time left. I was young and strong. Now take a good look at me. Your turn will also come to appear in court.

(youth in vegetable state)

*

The Heavenly Court

We are not any more in a situation where we can contaminate our souls. You are in a worse situation. Our trial in this world is over. But you have a very hard road in front of you. We cannot perform mitzvot.

Love every Jew.

Work on your middot and helping others because we don't have much time here ... Roll up your sleeves and join the war to save Jewish souls before we won't be able to save them anymore.

You have to help others a lot, day and night, to save Jews, not to rest, to be like Avraham Avinu.

I can only tell you that the Heavenly court — it's terrible, and the judges judge a man down to the last detail. The judges are the messengers of Hashem. Even tzadikim quake in fear of the Day of Judgment.

(Brain-damaged child of 20)

*

Unity Among Religious People

This is the darkness before the great light. We, the retarded of this world, have been sent to show the truth. This is part of our rectification.

The Jews who are the hardest to help are the religious Jews who think they are saints and have nothing to do tshuva for. They are sure their place is waiting for them in the Garden of Eden. No one makes an effort to work with them to improve them. No one dares.

The time is coming to an end. If we don't look for perfection by ourselves, then Hashem will do it by means of His great wisdom. And when Hashem does it, it won't be the easy way. It will be much better if we go ahead ourselves and do tshuva, much better if we personally take the initiative and search our deeds.

The religious community has to go through a hard time, be hit hard. And we need unity, because if not, the believers will also suffer. Unity among religious people is the only thing which can save us from the birth pangs of mashiach.

(child of 4, suffering from cerebral palsy)

*

Adam Harishon

There is only one way out of this black, terrible situation. Collectively each and every Jew must find the Truth and accept it wholeheartedly. We can achieve this highest of all spiritual levels in one of two ways. Either Hashem will bring a terrible tragedy (Heaven forbid) that only He can save us from by doing open miracles, or the Jewish people as a whole must seek that Truth and accept it voluntarily.

Adam Harishon was the greatest human ever to exist. All souls find their source in his. He was the perfect creation. However Hashem created him with free will and this point only Adam Harishon himself could perfect. He failed and we, the sparks of his soul, have been trying ever since to rectify this obstacle to perfection. This is precisely Chet Ha-egel [sin of the golden calf]. If we manage to achieve pure tshuva and total bitachon [trust] in Hashem's Kingship then this lowest of all generations can achieve perfection.

(20 year-old with autism)

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Personal Experience

I wish now to warn all who read this essay to check into their lives and find where they are lacking. Then they must do tshuva before they end their time world, like me. I mean, that they should avoid the possibility of being sent back here for rectification. This is a terrible punishment. I think it maybe worse than Gehinom.

I only became aware that I could communicate my experiences when a goy in Cincinnati taught Susie to communicate with me. I could not believe that I was let out of my prison. I felt Hashem had pity on me! It was such a relief. Now I understood that not only was it a chesed [doing kindness] for me but also an obligation. I am obligated to tell those Yidden who wish to hear that Hashem is absolute creator and ruler of the world.

(child with autism, aged 10)

Proof #5 - "Mum, Don't Marry Him!"

At the time I became religious, I was a divorcee. I had met a certain man and thought about marriage to him. In my second session with Galia (1/16/96), Galia wrote: "Mum, don't marry him. He is not a yira shamayim [person who fears Heaven and thus observes Torah without external compulsion such as a penalty in a state penalty system]. He's not for you. He'll cause you problems in becoming religious. He's not sincere. He'll bring you down."

She followed this with other specific, detailed points which made me check into him more thoroughly than I had done. After doing this, I discovered, to my great surprise, that everything that

Galia wrote was correct. If we were married, I would have fallen into the pit and at best manage to get divorced after a difficult divorce process. Or I might not have even extricated myself. Baruch Hashem, the relationship ended.

I came to Galia and told her, “Galia, I want to thank you. You saved me. Everything you said about the man was correct.”

Galia wrote to me, “Hashem sent you the message.”

Via the facilitator Galia wrote me many messages about what was going on in my personal life. They were amazingly correct and precise. The facilitator could not have known the information Galia conveyed.

Proof #6 - “No Need For An Operation”

My sister went through a stomach operation but her condition rather than improve got worse. She suffered from unbroken attacks of stomach cramps, and high temperature. Since her surgeon had gone abroad, my sister consulted three top specialists All of them were resolute that there was no alternative but to perform a further operation to treat infection and complication.

I asked Galia about my sister. How could I help her? Galia wrote on Friday, 11/ 21/ 97, “Mum, in a short time, the whole illness will disappear as though it never existed. In the meantime, she is atoning for her sins, because suffering very much purifies the soul. So, mum, she’ll get out of it all very soon and there is no need for any operation, because her doctor will locate the problem and also treat her for it.”

Mum: The doctor who operated on her?

Galia: Yes, he will know how to solve the problem. Because that’s how Heaven has planned it all.

In fact, my sister had certain doubts about Galia’s pronouncement. After all, three specialists had declared that my sister must undergo a further operation. She still has the doctors’ written opinions, testifying to this. (My sister was a police-woman on the Israeli Police Force for many years.)

On Sunday, 11/ 23/97, the surgeon came back from abroad and my sister went to him at Wolfson Hospital in Cholon prepared psychologically and physically for an operation.

To the surprise of all of us, the surgeon decided to apply simple external treatment which, sure enough, solved the problem. The surgeon said there is no need for an operation. My astounded sister undertook to observe Shabbat.

Baruch Hashem, Healer of All Flesh and the Worker Of Wonders.

Proof #7 - Her Expressions, Reactions And Gestures

Galia’s facial expressions and gestures fit in with the content of the message she passes on and show she understands what she is saying.

Galia is a good girl, pleasant, easygoing and smiles a lot. If in a session, Galia relays sad or painful messages (mainly, her messages to the Jewish people) she cries with tears the whole time she is conveying the message. In all her other messages, on any issue whatever, she does not cry. Sometimes she laughs and makes sounds and gestures of happiness when delivering joyous messages.

After I produced a tape of my personal story of Galia, I played it to her. Galia started crying terribly and without let. Really heart-breaking. I asked Galia why she is crying, and she answered, “I don’t like listening to unhappy things.” (The tape starts with me describing all the torment we went through with Galia: all the times she passed out, running to hospital, the treatments, the sadness and the pain, the nights we didn’t sleep.) I immediately stopped playing the tape and she slowly calmed down.

Proof #8 - Not Looking At The Spelling Board

Galia also generally communicates without looking at the board. She sometimes even communicates when she is asleep.

There are certified videos showing children with brain-damage and autism from America, Australia and other places communicating through a spelling board or keyboard without looking at the letters at all. (I possess a number of films showing this).

In fact most of the brain-damaged children who communicate through FC throughout the world do not need to look at the spelling board.

An ordinary person would have to look at the letters on the board. Brain-damaged people do not have to. Communication with Galia is communication with a soul. The level of understanding of Galia’s cognitive functioning is that of a baby a few months old. But the soul is spiritual, part of God on high, eternal. A person’s soul knows everything, knows all the languages, sees the secrets of the high world; hears the voice of Heaven [bat kol] announcing what is about to take place in the world (as reported by the Zohar in parshat Shemot); and does not need to see the keyboard or cardboard spelling board in order to communicate.

It is very similar to a séance, which is communication with the dead. In a séance, the glass which moves around a spelling board (the identical board used for communication with Galia) conveys the messages of the soul. You get one letter, then the next letter links up, and the letters spell out a word.

By the way, the Torah forbids conducting séances in its law, *None Of You Shall Seek Out The Dead* (Devarim 18: 10, 11). It is also extremely dangerous and can result in great spiritual and material damage which can never be put right. See Galia’s extraordinary messages on séances.

It’s hard to know who is really the handicapped person. In Hebrew the word for *world* also implies hidden. The world hides many things, hides the truth.

Proof #9 - Knows The Contents Of My Briefcase

Galia was able to tell me in a communication session with a facilitator what I had in my briefcase without me opening it.

In one of the early sessions, I asked Galia through a facilitator, “When I came to see you yesterday, what was inside my briefcase?” Galia pointed and wrote out on the board, “A megillah.”

That was correct. I was carrying with me *Megillat Esther*. The facilitator assisting the session could not have known this.

Proof #10 - How Was It On Shabbat?

In one session, Galia wrote to me via the facilitator about how she enjoyed Shabbat at home with me. The facilitator did not know Galia had been with me on Shabbat.

On Sunday, 4/21/96, Galia wrote to me via the facilitator, "Mum, you were so good to me on Shabbat. All the feeling you had. You were so happy. I love you so much. You're closer to the truth. In your heart, you are getting very near to Hashem, and His truth. And the atmosphere of the home on Shabbat — you look for what is in truth allowed and forbidden. And even though it is difficult for you, you are progressing. And even if you are not always ready to make some change, I know that in the end you will change completely."

Galia also noted that I would change completely. This is what occurred. I changed completely.

Proof #11 - The Dream

On 22/10/97, I told Galia of a dream my brother had. In commenting on this dream, Galia wrote out a message very similar to what the *Or Hachayim HaKadosh* wrote about mashiach in a commentary on a verse in *Bamidbar* (24:17):

Mum: My brother dreamed that he saw 11 angels inside 11 squares which covered the whole of the sky. Each angel was gigantic. The angels were beautiful and shone exquisitely. The angels were preventing anything from passing through them to the earth from doing so.

Galia: Mum, his dream speaks for itself. Because you see in the dream that the Jewish people are protected by a heavenly army. Hashem, through his love for the Jewish people, will not let anyone harm us. These 11 angels represent the 11 tribes and just one tribe is missing and this is the tribe which will produce mashiach very soon. I am not allowed to tell you which tribe that is. But it is clear that we are surrounded by mighty heavenly forces of Heaven which protects us through Hashem's love for us. And there is nothing to be afraid of.

The commentary of the *Or Hachayim HaKadosh* found in *parshat Balak* 24:17 states:

If the ge-ula comes to pass through the means of the zchut of Israel, that will be wonderful and the redeemer will be revealed with heavenly spectacles. The redeemer will be revealed by Heaven with a wonder and a sign. Which will not be the case if the ge-ula occurs simply because history has reached its end and the Jewish people is

unworthy of it. It will be in a different fashion. Scripture states of this that the redeemer will arrive a pauper and riding a donkey. 'And a tribe of Israel will emerge' (Bamidbar 24:17) [i.e., the relevant tribe will produce mashiach] means that a tribe in Israel will come to the forefront in the way a phenomenon of this kind tends to occur in the world, that is, through natural means.

Proof #12 - No Need For A Gas Mask

Everything which Galia wrote about Iraq and the tension in the Persian Gulf occurred. The messages appear in the first two Hebrew editions of *Galia*.

Mum: Galia, I've brought you a mask with a pump and I've checked that everything works OK. What do you say — are we going to need these masks?

Galia: Mum, we won't need any mask now. They are testing us in Heaven. (So it was. Saddam did not fire at Israel missiles with chemical warheads, and Israelis had no need for gas marks.)

Before the war started (December 1989), the UN forces launched an initial aerial attack. I told Galia,

Mum: Operation Desert Fox has started. America has started bombing Iraq. What do you say about it?

Galia: Don't get tense over the American bombing in the Gulf. They'll stop in a couple of days. They're just an initial show of force, to show they mean business, and frighten them. The real bombing hasn't started.

Proof #13 - When You're Ready To Give A Talk, The Public Invite You

In our ninth dialog with the help of the facilitator, Galia wrote:

Galia: Mum, I want to tell you that you must get Jewish people to do tshuva. It will also help me, mum. You can volunteer for Lev LeAchim or an organization like it.

Me: What should I do there?

Galia: Talk to non-religious people.

Me: How? What should I say to them?

Galia: Tell them about me in lectures to women. You speak well and have belief in your heart. That's all you need. But you have to study to understand properly and pass it on to others. This is from Hashem. He sent you for this work.

Mum, you have to prove yourself! This is the biggest challenge that you have had in your life.

Me: But who's to say that after I finish preparing a talk, they'll want to invite me to lecture about you? [Who knows me? I thought.]

Galia: Mum, don't worry. That'll happen. The moment you are ready to give talks, you'll be invited.

It's amazing how HaKadosh Baruch Hu causes things to happen. When I finished preparing a lecture, as though by chance, Galia's caregiver when she was a baby, just "happened" to telephone me.

I told her about Facilitated Communication and my desire to give talks about it to people.

Hardly a few minutes passed and Galia's caregiver rang me again and told me she spoke to the wife of the Rabbi of the community in which she lives and the Rabbi's wife will be happy to have me address the women's group in her home.

That's how HaKadosh Baruch Hu *yitbarach shemo* got me to start giving lectures about Galia all around the country. It was exactly as Galia described: *Don't worry. That'll happen. The moment you are ready to give talks, you'll be invited.*

The moment I was ready to speak about Galia, I was invited to give talks. In a short time, I had spoken about Galia to hundreds of women in lectures through Israel. The ways of Hashem are wondrous!

#14: Galia's Predicted The Success Of Her Books

It was Galia who prompted me to write a book about her (the first Hebrew edition of *Galia. Messages From Heaven*) and also predicted its success and influence.

Before The Publication Of The First Book On Galia:

Galia: My dear mum, in Heaven, they've decided that you should write a book. They want to give you this *zchut*. My dear mum, the book will be a success; and the two of us will receive massive reward beyond all appreciation and reckoning, more than what you can imagine because of the book's *zechuyot*. We have to do as much as possible to save the people. The book and everything you've been through was all meant to save Jewish people. Hashem is helping you and instead of starting with a booklet, you start with the book, *baruch Hashem*. Don't worry. The book will sell to the masses in big quantities. Heaven will direct you whom to turn to.

Indeed everything which Galia wrote came to pass, *baruch Hashem*.

Galia: The book will succeed be-ezrat Hashem in getting through to the hearts of the masses. The book will convey its message to a very wide range of people.

Amazingly, everything came true.

Galia: You finished writing the book? Heaven will see to you receiving suitable letters of commendation from important rabbinic figures and it will be printed and be issued to the blasts of a fanfare. It will be a big bestseller.

All this came true, *baruch Hashem*. The book received rabbinic letters of commendation, attracted a lot of publicity on its publication and became a bestseller. Exactly as Galia wrote.

In response to this success, Galia commented,

Galia: My dear mum, this gives me supreme pleasure. The book will be a big hit and masses of Jews will strengthen themselves and do tshuva through reading the book. Mum, a great zchut has fallen to our lot, baruch Hashem..

Yes, thousands drew strength *baruch Hashem* and did tshuva from the reading the first and second editions of *Galia*.

Galia: The book has great powers to influence the public on a big scale, and everyone who reads the book will gain strength from it. And this will accrue to our zechuyot.

Before The Publication Of The Second Book On Galia:

As I was about to publish a further book about Galia, *Goodbye to Galia?*, Galia commented,

Galia: The book will come out very soon be-ezrat Hashem, and I am very happy. Your precious second book about me will bring masses to have faith and will make masses of people think. Mum, don't worry about anything. The book will attract a huge audience, and it will be a very big success story.

This also tuned out as Galia said, *baruch Hashem*. The second edition was published, as Galia wrote in her messages, brought masses to have faith and stirred many to think, and became a huge success story. Just as Galia declared. And who knows how many more people will do tshuva because of the great wonder which Hashem sent us from Heaven, because of Galia, the *tzadaiket*, and her messages from the world of truth.

And is it likely that I would have published a further book, *Goodbye to Galia?*, which predicts and describes the imminent departure of Galia, my beloved daughter, and the lengthy preparation she is giving me for her departure from this world, if it wasn't clear to me beyond a shadow of doubt that all of Galia's messages are totally and utterly true?

Proof #15 - Interviews In The Media

In a message which featured in the second book, *Goodbye to Galia?*, which was published on July 21, 1999, Galia wrote that the media would contact me for interviews.

It's amazing how all the predictions of Galia come true. Since publication of the book, I have appeared on Israeli Television Channel 2 and, and in a multi-page feature in *Kol Bo*, the major N. Israel weekly.

The Television Interview

On Tuesday, 12/21/99, exactly as Galia wrote, I appeared live on Channel 2, on the popular show, *Avraham and Yaakov*, hosted by the renowned TV personalities, Avri Gilad and Kobi Midan. At peak viewing hour in front of a million viewers, I spoke for a quarter of an hour of the communication sessions with Galia, the messages, the books and there was a short clip of a session with Galia. Wonder of wonders. Exactly as Galia noted beforehand.

The Press Feature

Kol Bo ran a 4-page feature with extensive descriptions and photos in its weekly edition of January 21, 2000. The paper is distributed in Haifa and the whole of the north of Israel in hundreds of thousands of copies. The feature spoke about Galia and FC. Unbelievable how Galia informed me in advance of this interview.

PROOFS OF THE AUTHENTICITY OF FACILITATED COMMUNICATION

Despite the dilemmas involved in confirming the validity and effectiveness of Facilitated Communication or FC, the following proofs speak for themselves.

According to Professor Biklen of the University of Syracuse in New York State and one of the leaders in the field, the main proof today of the authenticity of the method is the messages which are obtained through communicating which the facilitator cannot know himself. (See on.) In his opinion — *The proofs for every instance are to be derived from the occurrence itself.*

The dispute flows from a number of studies which tried to examine the method, its effectiveness and validity and only a minority of the results obtained provided proofs in support of FC.

In the opinion of Mrs. Rosemary Crossley, one of those who discovered the method in Australia: *The tests whose nature was subject to dispute were made by people of an opinion which negated FC from the outset, who hoped the brain-damaged examinees would fail in the test.*

Tests of this kind, according to the opinion of Rosemary Crossley, call into question the self-confidence of the brain-damaged. They suffer severe limitations which frustrate their ability to perform properly in a test.

Supporters of the method argue that faith in the ability to communicate of the one using FC (the brain-damaged person) is a pre-condition for forming a basis for the success of his being able to perform during the course of the test.

In the opinion of Professor Biklen:

An additional explanation for the failure of the tests of the validity of the method relates to the fact that people who suffer from developmental deficiency, especially those suffering from autism, have difficulties in mustering words. It can be argued that they suffer from developmental dyspraxia which creates a situation in which producing communication is difficult because of their inability to control their motoric movements.

This claim fits in well with the rationale which says that giving the user of FC (the person with brain damage) motoric support by means of a facilitator enables him to overcome the motoric limitations which deny him the ability to communicate normally.

Proof #1 - Communicating Without A Facilitator

One of the decisive proofs of the authenticity of FC is that the fact that there are people with autism and brain damage who over the time overcome the need for hand support. They become able to communicate independently and type their thoughts and wishes by themselves without the help of a facilitator.

Some make do with light, partial support only such as touching them on the sleeve, shoulder, head. I possess certified films from the U.S., Australia and other places which show people

communicating by themselves without the help of a facilitator at all. (The films have been shown at various times on Israeli TV on the scientific and educational channels.)

I have a video which documents a brain-damaged person communicating independently without any support at all in front of an audience of thousands in a conference which took place in the University of Syracuse in the State of New York in the US in 1993. (I myself witnessed a boy in Israel communicating without the help of a facilitator.)

I also have a film about a girl called Sharisa in which you see her father in a television interview talk about his brain-damaged daughter who suffers from severe mental retardation. The father said that according to psychological tests, she has an IQ of 10 (the IQ of a normal person is 90-100).

The father agreed to an experiment in which his daughter would communicate through FC, although he doubted whether his daughter would succeed. "When a student started to work with her using Facilitated Communication, Sharisa amazingly wrote 120 poems and 9 short stories and she spoke about all that she felt," her father testifies in the film. Today, the girl is no longer in need of a facilitator.

I also possess a certified video which shows Ellen, a child defined as having autism, communicating with light support. The facilitator touches Ellen's sleeve or shirt and she points to the letters on the board and writes. There are also films of Rosemary Crossley who discovered the method in Australia assisting communicating by lightly touching the shoulder of brain-damaged people.

I have evidence of children defined as having autism and severe brain damage who, thanks to FC, study math and biology in regular schools.

Jeff Paul, for example, a teenager classed as having serious brain damage, attends a regular algebra class. Jeff is currently in a regular high school in Syracuse, and is in fact a gifted pupil. He writes poems for the school magazine.

The U.S. government invests millions of dollars in the use of FC in 38 states. It is all tax payers' money and no one challenges this.

Proof #2 - Courts Admit FC Evidence

An article in one of the FC web sites notes that a number of courts in the U.S. regard evidence given through FC as acceptable. In a case of abuse in Wichita, Kansas, FC evidence was given, on the basis of which the jury found the accused guilty. (I have a short clip of this trial, while In America, a film has been produced about the trial which has been shown in the States and throughout the world on cable television.) Also, the New York Supreme Appellate Court allowed Luz P., a girl with brain damage, to give evidence through FC. Her evidence was accepted by the high court as admissible evidence.

Would U.S. courts accept FC evidence if Facilitated Communication was not authentic? The fact speaks for itself.

Proof #3 - Autistic Students Could Identify The Contents Of A Closed Box

The Supreme Court of Victoria in Australia checked into the issue and ruled in favor of Rosemary Crossley, who discovered FC in Australia and determined that her students were the authors of what was written in sessions and that FC is authentic. In a test, the court sent the facilitator out the room and showed students of Rosemary the contents of a box. Then the box was closed. The facilitator was called back into the courtroom and the children, through the facilitator, were asked to identify the contents of the box. They did this accurately. (See the section on how the method was discovered in Australia.)

Proof #4 - The Gifts

A group of psychologists, speech experts and educators in Australia tested the authenticity of FC by distributing gifts to some mentally disabled students without facilitators knowing what the gifts were. Through these facilitators, the students were asked to identify the gifts. Nearly all of them succeeded in doing so.

#5 The Testimony Of Professor Biklen

Prof. Biklen of the University of Syracuse in New York State, U.S., has traveled a number of times to Australia with the object of examining the authenticity of FC. Prof. Biklen states that he observed a number of communication sessions in Australia in 1989, including sessions with Jonathan who suffers from autism. Jonathan communicated independently without the help of a facilitator. Also with Louis, 24 with autism, who communicated for the first time in his life with the help of Mrs. Rosemary Crossley.

#6 - Professor Schawlow And Carol Lee Berger Both Come To The Same Discovery

Professor Arthur L. Schawlow of the University of Stanford in the US, Nobel Prizewinner for Physics, one of the discoverers of the laser, and his wife, Aurelia, discovered the method with their autistic son, Artie. The doctors had recommended the Schawlows to put him in an institution and forget about him. And indeed Artie was in an institution until the day he communicated with his parents and asked them to take him home. Artie went home the same day and never returned to the institution.

In 1990, Professor Schawlow put an advertisement in the national journal of autism, *Advocate*, asking for information from people who work with autistic children. Carol Lee Berger, one of the discoverers of FC in the States, responded and invited him to observe her work in her clinic. He came along and introduced himself as the parent of an autistic child. To his surprise, he discovered her method was identical to what he himself discovered with his autistic son, Artie (and identical with the method which was discovered by Rosemary Crossley in Australia and a number of others during a period of a few years).

Professor Schawlow admits that the most moving moment of his life was the moment he succeeded in communicating with his autistic son, Artie — more than the moment of winning the Nobel Prize for Physics.

One of the proofs of the authenticity of FC is the discovery of an identical method in different countries in different continents by different people who have no link to one another.

Proof #7 - Facial Expressions And Reactions Indicate Authorship

Facial expressions, sounds, laughter or other signs testify that the person communicating knows what he is saying. For example, Louis, in a communication session with Rosemary Crossley in wrote, “I am not retarded. My mother thinks I am stupid.” A tear emerged from his left eye as he typed. Countless similar forthright remarks are on record in Israel and the US.

Proof #8 - Individual Style

The character and style of FC communication varies from user to user, even if the same facilitator has been used. You also see patterns of mistakes differ. In addition, an FC-user will preserve the same style with different facilitators.

Prof. Biklen makes the following observations in support of the argument that the source of the spelled-out messages is the FC-user, not the facilitator:

- Any brain-damaged user tends to make spelling errors peculiar to him.
- The aspects of the user’s writing style are peculiar to him.
- The style and pace of the refined motoric movements relative to the alphabet board or keyboard are consistent even if facilitators change.
- Some brain-damaged users compose unusual sentences and phrases which one cannot reasonably imagine were authored by the facilitator.
- The individual personality of the brain-damaged person comes through in the style and composition of the messages.

Proof #9 - The Content Of The Message Comes From The FC User

The content of the printed message proves that it comes from the user and not the facilitator. According to Prof. Biklen: “Sometimes brain-damaged users produce messages whose content the facilitator has no prior knowledge of.”

For example (one of many):

a) When the facilitator asked Bryan from Australia if his two parents would come to visit afterwards or just one of them, he typed “Both of them.” Indeed later his two parents came to take him.

b) Jennifer of the US wrote a story about her dog called Dorsi. Her instructor commented: “But you haven’t got a dog.” When Jennifer’s mother came later, it emerged that in the past, the family had a dog called Dorsi.

With Galia, I had no means of knowing the religious content of her messages. She began speaking of deep religious issues shortly after I began to be religious for the first time in my life and knew nothing of the religion’s teachings. According to rabbis, Galia’s messages are found in Jewish source works, the Zohar, Talmud, Mishna, Rabeinu Yona, etc.

The newspaper *Kol Bo*, circulated in Haifa and the north of Israel, published on 1/21/2000 an article on the communication with Galia. In preparing the article, it seems that the journalist contacted the headmistress of a school for autistic children in Haifa to obtain her reaction to FC. The principal, Mrs. Shula Kalish, evidently responded that she would contact one of the mothers of her children whom she knew had experimented with FC, sure that this mother would give a negative report.

Instead the child’s mother answered as follows: “Five years ago, I contacted a facilitator in Zichron Yaakov, and asked her if she would teach me FC. My daughter was then 11. After 3 meetings, the facilitator told me she would not go on. I brought my sister and asked her if she would teach her. With her it worked.

Question: What messages did your daughter pass on?

Mother: She knew that she is named for my husband’s great-great grandmother, something which my sister did not know. There were messages about it being hard for her and her role in the world. She all the time wanted to talk about her father and that surprised us, because in fact she had no special link with him.

There is a lot of telepathy involved. You can feel it in her answers. For example, once a girl was here from national service and she asked questions through my young daughter. The questions dealt with the character of her friend and the mark she would get in an exam she was soon to take. My daughter passed on a precise picture of the characteristics of the friend and wrote down the mark she would get. After a few days, the girl phoned up excited and said that that was the mark she got.

Another time, we were in my sister’s house and we asked my daughter what my mother is doing now. My daughter answered, “Fixing the soup.” We rang up my mother’s home and it came out that at that moment she was putting spices in the soup.

Question: Did it have any influence on you?

Mother: My husband and I did not go through any change. My brother did tshuva.

Proof #10 - A Recent Study For An MA In Bar Ilan U.

In the summer of 1998, Mrs. Chani Chukat completed a pioneering research project for her M.A. on the subject of this alternative method of communication. Mrs. Chukat is the daughter of the

head of the Special Education Dept. in Bar Ilan U, Israel and her thesis is entitled *Attitude Of Parents To Their Under-Developed Children After Exposure Of The Children To A Channel Of Alternative Communication*. The thesis was accepted by the university's examination panel which includes professors and doctors and copies of the work may be seen in the library of the School of Education in Bar Ilan.

The work includes *inter alia* a table (p.34) which shows the change in the professional assessment of the intelligence rating of the children before and after exposure to FC over a period. Prior to FC, the children were rated as retarded "seriously" or "heavily." After FC, most of the children are rated as having normal intelligence.

On pp. 34-35 of the study, Mrs. Chuket notes: "The opinions of the professionals was obtained through interviews. The professionals based their opinions on medical reports and formal tests (which were conducted in the Institute of Child Development and by the clinicians themselves, each one in the field of her expertise) which were obtained before exposure to the communication channel, and on the basis of their practical experience in their work with children before use of Facilitated Communication."

What is remarkable is that before Facilitated Communication, the professionals unanimously pronounced all the children as having deep retardation. Afterwards, the experts changed their view: the level of the cognitive functioning of 5 of the children was sound and a further child was found to be above the level of his age.

As for the parents' attitudes: "With one exception, all parents changed their attitude drastically and attributed to their children a cognitive functioning within the ordinary age boundary and beyond it."

An additional M.A. thesis under the auspices of The School of Communication, Tel Aviv University, is currently in progress.

GLOSSARY

<i>after 120</i>	in Jewish tradition, a euphemistic method of referring to a person's death. "When you're 120," i.e., <i>When you die</i> ...
<i>aishet chayil</i>	from <i>Proverbs</i> , accomplished wife, i.e., a woman dedicated to a home of Torah also the text of the poem about the <i>aishet chayil</i> (<i>Proverbs</i> :31:10-31)
<i>atzilut</i>	one of the kabalistic spheres
<i>baalat tshuva</i>	feminine form of <i>baal tshuva</i> , a woman who has become religious
Baba Sali.	popular name for Rabbi Yisrael Abuchazera, a great Torah personality who made a deep impression on the Israeli public from his arrival in 1964 to his death in 1984.
<i>bat kol</i>	Heaven's voice. Galia speaks of the voice constantly calling out announcements in Heaven. Chazal also spoke of the <i>bat kol</i> calling out to individuals on earth on special occasions.
<i>battei kanesset</i>	plural form of <i>beit kanesset</i> . Synagogues
<i>be-ezrat Hashem</i>	with Hashem's help
<i>bitachon</i>	trust in God. Much attention is given in learned studies to a full definition of its meaning.
<i>brit mila</i>	circumcision
<i>chamsa</i>	amulet in the form of a hand worn on a necklace round the neck, etc., purportedly for protection
<i>chassid</i>	person of great saintliness
<i>Chazal</i>	the Mishnaic and Talmudic sages
<i>chesed</i>	doing kindness
<i>chet ha-egel</i>	sin of the golden calf
<i>chibbut hakever</i>	lit., beating of the grave. Immediately after death, a process of torment inflicted on the dead soul by angels, leading up to the trial in Heaven
<i>chova</i>	demerit. Galia and learned studies speak of Heaven assessing the fate of the individual, the nation, the world, etc. on the basis of a balance of merits and demerits, <i>zechuyot</i> and <i>chovot</i> .
<i>chovot</i>	plural of <i>chova</i>
<i>divrei Torah</i>	literally, words of Torah, i.e., Torah speeches, comments, etc., written or verbal
<i>erev rav</i>	a group of Egyptians who joined the Jews in the exodus from Egypt and acted as a fifth column, seeking to undermine the Jews' high spiritual goals. The <i>erev rav</i> is said to survive and be active to this day
<i>Gan Ayden</i>	Garden of Eden, Heaven
<i>Gehinom</i>	Hell
<i>ge-ula</i>	the redemption. God will redeem the world from the forces of evil.
<i>gezaira</i>	decree in Heaven, usually to punish through adversity, even catastrophe
<i>gezairot</i>	plural of <i>gezaira</i>
<i>gilgul</i>	incarnation. In general, part of the theory, popularized under the influence of the great 17 th century kabalist, the Ari, that this world is a sphere of spiritual rectification (<i>tikun</i>). Rectification is achieved through ethical living and through suffering to atone for sins. A soul is repeatedly sent back to this world to live a

	further life till it reaches <i>tikun</i> , and this is <i>gilgul</i> . a person sent back to live a further life. It is accepted that nearly everyone today is a <i>gilgul</i> .
<i>gilgulim</i>	plural of <i>gilgul</i>
<i>hilula</i>	celebration on the <i>yahrzeit</i> (anniversary of the death) of a <i>tzadik</i>
<i>kaddish</i>	mourner's prayer to help the dead soul
<i>kaddish d'rabannan</i>	similar to the regular <i>kaddish</i> , but including also a blessing for Torah scholars
<i>Kaf Hakela</i>	see Galia's definition
<i>kedusha</i>	holiness the forces of holiness
<i>kedusha il-a-it</i>	high holiness
<i>kiruv</i>	lit., bringing close. Activities – e.g., seminars, lectures, public meetings, talking to people in the street, special <i>yeshivot</i> , etc. - to influence the non-religious to become religious
<i>kitrug</i>	accusation, i.e., in Heaven. Man on earth is continually judged in Heaven. Misdeeds can provoke accusation which may lead to condemnation. <i>Kitrug</i> can be directed at individuals, groups, nations, etc.
<i>kitrugim</i>	plural of <i>kitrug</i>
<i>kli kibul</i>	receptacle, i.e., in a spiritual sense. Being pure enough to be a beneficiary of fortunate divine influence.
<i>klippa</i>	lit., shell. In <i>kabala</i> , evil forces with an encasing action, a heritage of the formation of the world. Galia uses the term to denote how sin can attract mystic forces of evil (the <i>klippa</i>) which proceed to consolidate a presence of destructive, evil influence.
<i>kochot chitzoni-im</i>	lit., external forces. Evil forces
<i>kodesh kedoshim</i>	inner sanctuary of the Temple
<i>lashon hara</i>	lit., evil speech; speaking badly of people, a grave sin in Torah law. Its scope is far wider than what is understood by "slander."
<i>le-ilui nishmat</i>	lit., for the ascension of the soul. The fate of the soul in Heaven is re-evaluated from time to time, especially on the <i>yahrzeit</i> (anniversary of the death). If fortunate, a soul will rise a level. Good deeds in this world for the sake of the dead soul - <i>le-ilui nishmat</i> - can influence Heaven to grant the soul ascension.
<i>le-ilui nishmat ha-tzadik</i>	for the elevation of the soul of the <i>tzadik</i>
<i>ma'asim tovim</i>	good deeds
<i>mash-chit</i>	lit., destroyer, a destructive angel
<i>mazikim</i>	damaging spirits
<i>mekatraig</i>	a prosecutor in Heaven. See <i>kitrug</i> .
<i>melave malke</i>	ritual meal held after Shabbat to accompany the Queen of Shabbat on her departure
<i>melitz yosher</i>	advocate in Heaven on behalf of an individual, the Jewish people, etc. A <i>melitz yosher</i> may be an angel or a departed <i>tzadik</i> or any person with the <i>zchut</i> to act as a <i>melitz yosher</i>
<i>melitzei yosher</i>	plural of <i>melitz yosher</i>
<i>metakayn</i>	rectify, set right
<i>mezakai harabim</i>	those who give <i>zchut</i> to the masses,
<i>mezakeh harabim</i>	give the masses <i>zchut</i>
<i>middot</i>	character traits
<i>middot tovot</i>	good character traits
<i>mikve</i>	purification bath
<i>miruk</i>	lit., vigorous polishing, a process in Heaven to purify the soul

<i>Modeh An mussar</i>	prayer said on waking up in the morning lit., admonition, i.e., inspiration to search one's soul and improve conduct
<i>nitzotzot</i>	lit., sparks. In kabalistic theory, shards of light trapped in <i>klippot</i> (see <i>klippot</i>). A person's devotion to God releases these sparks and moves the world forward to its restoration.
<i>or haganuz</i>	lit., hidden light. A light withdrawn from the world early on in the creation and reserved for tzadikim.
<i>pargod</i>	screen cutting off Heaven from human view
<i>parsha</i>	weekly Torah reading
<i>parshiot</i>	weekly readings from the Chumash
<i>poskim</i>	religious legal authorities
<i>Rabbanim</i>	plural of rabbi
<i>rasha</i>	man who practices evil
<i>rasha-im</i>	plural of <i>rasha</i>
<i>Rov</i>	Rabbi
<i>shaydim</i>	Demons
<i>shechina</i>	divine presence
<i>shefa</i>	abundance provided by Heaven
<i>shefa</i>	lit., plenty. Force Heaven sends to this world which provides it with its material and spiritual supply.
<i>Sheaf elyon</i>	higher form of <i>sheaf</i>
<i>sheva</i>	7 days of mourning following burial
<i>shoteh</i>	imbecile, person lacking normal intelligence
<i>Sifrei kodesh</i>	works of religious study
<i>Sitra achra</i>	forces of evil
<i>siyatta d'shmaya</i>	the help of Heaven
<i>taanit dibbur</i>	period of self-imposed silence with the object of self-purification
<i>tahor</i>	pure. See <i>tamai</i> .
<i>talmid chacham</i>	proficient Talmudic scholar
<i>tamai</i>	impure. A spiritual concept. Adjective of <i>tuma</i> . Opposite of <i>tahor</i> , pure. In Galia's messages, <i>tuma</i> mostly implies a state of contamination by the forces of evil. <i>Tamai</i> and <i>tahor</i> have a further application. In biblical and chazalic belief, the body and many physical items have spiritual integrity. When this integrity is sound, they are described as pure or <i>tahor</i> ; and when affected, they are described as impure or <i>tamai</i> .
<i>tikun</i>	lit., rectification. In kabala, Heaven commonly sends a soul to the world with a mission to rectify some moral failing it possesses. It might be for example, throwing temper tantrums. The soul is sent back to the world (<i>gilgul</i>) with the object of learning to be calm and accepting. This will be its <i>tikun</i> . If by the time of death, the soul fails to achieve <i>tikun</i> , it may be subjected to a painful process of rectification in the afterworld or sent to earth again for a further attempt.
<i>tikunim</i>	plural of <i>tikun</i>
<i>Torah se-baal peh</i>	lit., the oral Torah. The interpretation of the law originating at Sinai
<i>tshuva</i>	return to God, penitence becoming religious
<i>tshuva shlayma</i>	complete penitence, i.e., rectification of all past sins and evil tendencies
<i>tuma</i>	the forces of spiritual impurity; opposite of <i>tahara</i> . See <i>tamai</i> .
<i>tzadaiket</i>	female of tzadik
<i>tzadika</i>	female of tzadik

tzadik	One who through painful, self-sacrificing devotion to the letter and spirit of the law, has been rewarded by Heaven with a high spiritual level. The level will be commensurate with the tzadik's degree of devotion. There are few tzadikim; and in the present and the past, there are numerous levels of tzadikim. Jewish doctrine holds that the tzadik is the justification for the world continuing to exist. Many tzadikim also use supernatural powers for the good of men.
tzadikim <i>umim and tumim</i>	plural of tzadik In the Biblical era, a plate of precious stones with letters engraved upon them. In answer to a question, the letters would light up and convey divine messages. By derivation, an expression to mean, the divine seers of our race.
<i>yaitzer hara</i>	the evil will. A force inside the person and outside of him, which seeks to lure him to disobey God's will. Opposite of <i>yaitzer hatov</i> .
<i>yaitzer hatov</i> <i>yeshua</i>	the good will salvation, deliverance from suffering. Galia uses the word to mean the deliverance of the Jewish nation from the exile it has been in since the destruction of the second temple.
<i>yira shamayim</i>	one who fears Heaven, God. Because of his fear, a <i>yira shamayim</i> can be trusted to desire to observe Torah.
<i>yirat shamayim</i> <i>Zchut</i>	fear of Heaven. See <i>yira shamayim</i> . merit, granting a person a privilege either here or in Heaven. A person will be given zchut because of a good deed. A person is also tried in Heaven for his good deeds and his sins. As part of the determination of his case, his <i>zechuyot</i> (see <i>zechuyot</i>) will be weighed against his <i>chovot</i> (see <i>chovot</i>).
<i>zchut avot</i> <i>zechuyot</i> <i>zichrona levracha</i> <i>zikuy rabim</i>	the favor of Heaven because of the good deeds of forbears plural of <i>zchut</i> of a dead person, <i>May his memory be a blessing</i> providing the public with <i>zechuyot</i> . Reduced to its common denominator, the term means prompting or enabling another to fulfill a mitzvah. However, the term is mostly used today to imply public work for Torah such as <i>kiruv</i> or giving Torah lectures, classes, etc.

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